



September 20 – 29, 2019

National Ballroom Dance Week

Salsa!!!
FlashMob!!!

Purpose here is not to teach how to dance salsa but to simply help with memorization of the choreography when learning with the music and separately with the beat counts. Ready access to the videos for each part is really the key.

| Part | Bars | Description/Comment | Action | Video with/without music |
|--------|---------|---------------------------------|---|---|
| | | Download the music | | Music only link (no Video) Purchase music |
| | | Video of entire routine | | With music: https://youtu.be/zUv5IEI8He4 |
| Intro | 1 - 4 | Chanting only | Your choice! | With music: |
| | 5 - 8 | Chanting with piano | Your choice! | https://youtu.be/xkk2P3YdiT8 |
| | 9 - 12 | Chanting with piano & singing | Your choice! (Giacomo enters) | |
| | 12 - 16 | Chanting with piano & singing | Your choice! | |
| | 17 - 20 | Chanting with piano & singing | Your choice! (Melissa enters) | |
| Part 1 | 21-24 | side by side no touching! | Forward, back (repeat) | With music: |
| | 25-28 | no touching! | Left break, right break (repeat) | https://youtu.be/1SEvL6ds3oY |
| | 29-32 | no touching! | Left turning complete individual boxes (1/4 turn each bar) | |
| | 33-36 | no touching! | | Without music: |
| | 37-40 | no touching! | Left, cross front to right, right, cross front to left (repeat) | https://youtu.be/O0sGLWV2h3U |
| | 41-44 | no touching! | 1/4 circle left -tap, 1/4 circle right - tap (repeat) | |
| | 45-46 | no touching! | 1/4 circle left -tap, 1/4 circle right - tap | |
| | 47-48 | end in frame | leader - 1/2 circle to left to frame; follower - full circle left to frame | |
| Part 2 | 49-52 | frame to holding hands | frame: leader forward, back, forward, back opening to cross body lead | With music: |
| | 53-56 | holding hands | hand hold: leader forward, back, forward, back opening to cross body lead | https://youtu.be/627MacnrKBQ |
| | 57-60 | holding hands | hand hold: leader forward to tuck turn, back, forward, back opening to cross body lead | |
| | 61-64 | holding hands | forward (follower RH over leader head), back (follower LH over leader head), hand hold: leader forward, back opening to cross body lead | Without music: |
| | 65-68 | holding hands | hand hold: leader forward to tuck turn, forward, back opening to cross body lead | https://youtu.be/XfbeC8iwsy0 |
| | 69-72 | holding hands to opening out | forward (follower RH over leader head), back (follower LH over leader head), hand hold: leader forward, back opening to cross body lead | |
| | Part 3 | 73-76 | lead LH holding follow RH | lead facing front to tuck turn, lead forward with follow RH over lead head to lead shoulder |
| 77-80 | | Release hands | lead right, left, 3/4 turn to hand shake; lead forward; cross body lead with follow spin; cross body lead (no spin) to hand shake | https://youtu.be/5Xel8s-fuFQ |
| 81-84 | | hand shake | lead open break to hip catch; repeat | Without music: |
| 85-88 | | hand shake | cross body lead; open break to sweetheart | https://youtu.be/nBLcv8b6zpQ |
| 89-92 | | | open break to sweetheart; open break to sweetheart (Part 3 ends in sweetheart holding hands) | |
| Part 4 | 93-96 | in sweetheart | Complete circle (lead forward, follow back) | With music: |
| | 97-100 | switch to handhold side-by-side | Follow complete circle around lead counterclockwise; Lead left, right, left, right | https://youtu.be/9ULphBe5f-Q |
| | 101-104 | Patty cakes | Patty cake with crouch (repeat) | Without music: |
| | 104-107 | Patty cake then back-to-back | Patty cake; turn back to back | https://youtu.be/x9841Xe1zHE |
| | 108-111 | hold!! | Hold looking over shoulders | |
| | 112-115 | walk away then square | Apart, apart (with turn); slow walk tight half square clockwise; | |
| | 116-118 | finish square | slow walk half square to facing; walk to frame | |
| Part 5 | 119-122 | in frame, finish holding hands | 1 1/4 box clockwise | With music: |
| | 123-126 | holding hand | sweetheart basic (repeat) | https://youtu.be/1EClw4gu-vw |
| | 127-130 | follow hand sweeps lead waist | tuck turn, leader turn, tuck turn, walk around each other | Without music: |
| | 131-134 | arm-in-arm | outward break, inward break, cross body lead, walk away | https://youtu.be/0gE-qAV8svs |
| | 135-138 | | walk away | |