

# NWRA Stand Down for Water. Rest. Shade. Check List/Survey

Please help NWRA monitor the success of the Safety Stand Down for Water. Rest. Shade. by indicating the ways your company participated.

Registered on line at [www.wasterecycling.org](http://www.wasterecycling.org) to participate in the Safety Stand Down for Water. Rest. Shade.

Downloaded and familiarize leadership with the following:

- [Using the Heat Index: A Guide for Employers](#) (in English or Spanish)
- [Heat Training Guide](#) (in English or Spanish)
- [Risk Assessment Template](#)
- [Heat Stroke Warning Signs Fact Sheet](#)
- [Planning Checklist](#) (in English or Spanish)

## Monday May 16, 2016

Read today's "Safety Monday" on Water. Rest. Shade. "Beat the Heat" and Urine Chart.

Conducted a pre shift Safety Meeting and Post "Safety Monday" in restrooms, where visible for use.

Did the safety meeting include (check all that apply)

Supervisor/Manager follow the safety briefing: Using the Risk Assessment Tool, engage Employees in completing at least 5 risk assessments on work they perform regularly.

Have employees to give example of experiences they have had managing Heat Illness.

Ask for best practices from the employees that they use to manage their own Water. Rest. Shade, document their best practices, obtain or take photos (if possible).

Post tips for all employees to see.

Forward a copy of Best Practices and Photos to NWRA.

Updated company's Social Media feed using **#KeepSafetyCool**

Sample tweets: Hydrate, Rest and #KeepSafetyCool this summer.

@NWRA #StandDown on #WaterRestShare

Referred to the list of Resources in the Stand Down website for further safety ideas  
Was this list useful?

Sent press release to local media.

Did you use the Sample Safety Stand Down Social Media Content document?

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Sent in Stand Down success stories, photos, and best practices to NWRA (NWRA will highlight these stories)

## Tuesday May 17, 2016

Conducted a brief pre shift Safety Meeting and include:

Did the safety meeting include (check all that apply)

Read today's "Safety Monday" on CDC's Heat Exhaustion / Heat Stroke

Hand out and discuss each section of the [Heat Stroke Warning Signs Fact Sheet](#)

Supervisor/Manager follow the safety briefing: Using the Risk Assessment Tool, Conduct a Risk Assessment of your work area focusing on tasks that present a heat illness hazards on the waste collection route.

Updated company's Social Media feed using **#KeepSafetyCool**

Sent press release to local media.

Did you use the Sample Safety Stand Down Social Media Content?

Sent in Stand Down success stories, photos, and best practices to NWRA (NWRA will highlight these stories)

## Wednesday May 18, 2016

Conducted a brief pre shift Safety Meeting and include:

Did the safety meeting include (check all that apply)

Read today's Safety Monday on "Daily Planning for Hot Weather"

Hand out and discuss: Using the [Estimating Work Rates or Loads](#)

Supervisor/Manager follow the safety briefing: Using the Risk Assessment Tool, Conduct a Risk Assessment of your work area focusing on Water. Rest. Shade, hazards at the Transfer Station, MRF & Landfill.

Updated company's Social Media feed using **#KeepSafetyCool**

Sent press release to local media.

Did you use the Sample Safety Stand Down Social Media Content?

Sent in Stand Down success stories, photos, and best practices to NWRA (NWRA will highlight these stories)

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## Thursday May 19, 2016

Conducted a pre shift Safety Meeting and include:

Did the safety meeting include (check all that apply) Read today's

"Safety Monday" on "Heat Illness Emergency Response" Discuss the

Preparing-Responding to Heat EMERGENCIES

Supervisor/Manager follow the safety briefing: Using the Risk Assessment Tool, Conduct

Updated company's Social Media feed using **#KeepSafetyCool**

Sent press release to local media.

Did you use the Sample Safety Stand Down Social Media Content?

Sent in Stand Down success stories, photos, and best practices to NWRA (NWRA will highlight these stories)

## Friday May 20, 2016

Conducted a pre shift Safety Meeting and include:

Did the safety meeting include (check all that apply)

Read today's "Safety Monday" on OSHA's Heat Illness Smartphone App

**NOTE:** Remind everyone that Heat Illness Prevention is equally as important "At Work. At Home".

Hand out and discuss **Using the Heat Index: Introduction**

Updated company's Social Media feed using **#KeepSafetyCool**

Sent press release to local media.

Did you use the Sample Safety Stand Down Social Media Content?

## Stand Down Summary:

What did everyone at your location learn this week?

Do you still have questions the NWRA Safety Committee could help you with?

Sent in Stand Down success stories, photos, and best practices to NWRA (NWRA will highlight these stories)

# **NWRA Stand Down for Water. Rest. Shade. Check List/Survey**

## **Further Safety Stand Down Questions**

Please describe the parts of the NWRA Safety Stand Down week that you most enjoyed, felt worked the best.

Please provide your thoughts on ways that this Safety Stand Down could be improved