

## **AHS Plenary Debate – references, Paul Martin**

### **Reviews**

- Martin PR, MacLeod C. Behavioral management of headache triggers: Avoidance of triggers is an inadequate strategy. *Clin Psych Rev.* 2009;29:483-495.
- Martin PR. Managing headache triggers: Think ‘coping’ not ‘avoidance’. *Cephalalgia.* 2010;30:634-637.
- Martin PR. Behavioral management of migraine headache triggers: Learning to cope with triggers. *Current Pain and Headache Reports.*2010;14:221-227.

### **Empirical papers**

- Martin PR. Headache triggers: to avoid or not to avoid, that is the question. *Psychology and Health.* 2000;15:801-809
- Martin PR. How do trigger factors acquire the capacity to precipitate headaches? *Behav Res Ther.* 2001;39:545-554.
- Martin PR, Callan M, Reece J, MacLeod C, Kaur A, Gregg K, Goadsby PJ. Behavioral management of the triggers of recurrent headache: A randomized controlled trial. *Behaviour Research and Therapy.* 2014;61:1-11.