

MEMBER SPOTLIGHT

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Hometown

Madison, Mississippi

How long have you been a member of WHF?

Around a decade. Off and on since about 2017.

Please describe your involvement with WHF.

WHF has been a wonderful opportunity to build relationships with financial services professionals and gain valuable insights into regulatory, legislative, and industry developments. I also enjoyed being involved with the WHF Foundation Board during the pandemic. With Navy Federal serving as a sponsor, I'm excited to reconnect with the WHF community and engage in its programming once again.

What have you gained from being a member?

One of the things I've always appreciated about Women in Housing & Finance is the opportunity to connect with thoughtful, accomplished professionals who approach the financial services industry from so many different perspectives.

WHF has provided valuable opportunities to learn more about the regulatory, legislative and policy developments shaping our industry, often through conversations and programming that offer insights beyond my own day-to-day responsibilities.

Just as importantly, I've appreciated the relationships and sense of community. Whether you're working in government, at a financial institution, in a trade association, or in another part of the industry, there's tremendous value in learning from one another, exchanging ideas, and building connections that extend beyond our individual organizations.

Fun Fact

Outside of the office, you'll find me tending to my pink roses or spending time with my miniature schnauzer, Jupiter. They both keep life interesting, although one is considerably better at following directions!

Describe your journey in the financial services industry and how your career has evolved to your current position.

My career path has been anything but traditional, and sometimes I look back and surprise myself with how it has all come together.

I entered the legal profession during a particularly challenging job market, having completed college during the height of the financial crisis. Opportunities for new attorneys were limited, and finding my footing required persistence, flexibility, and a willingness to pursue opportunities that didn't necessarily fit a conventional career plan.

My early experiences took me to Capitol Hill, where I clerked with the House Committee on Financial Services, and later to a lobbying firm to support financial services advocacy. I also was a law clerk at the Financial Services Roundtable, now the Bank Policy Institute. Those experiences introduced me to the intersection of law, public policy, and the financial services industry and helped to shape my career direction.

I eventually landed my first salaried professional role in New York City with PwC's Financial Services Risk and Regulatory practice. That experience gave me valuable exposure to the industry from a consulting and risk-management perspective. About a year later, however, I was laid off, another early reminder that career growth rarely follows a straight light.

That setback ultimately led me to the credit union movement, where I joined NAFCU, now part of America's Credit Unions as a Regulatory Compliance Counsel. Over several years, I developed a strong foundation in financial services regulation and gained a deeper appreciation for the credit union mission.

From there, I joined the Consumer Bankers Association, where I spent approximately four years working regulatory affairs and legislative advocacy. That experience broadened my perspective beyond legal interpretation to include policy development, industry advocacy, and the ways financial institutions engage with policymakers and regulators.

In 2022, I joined Navy Federal Credit Union as an Assistant General Counsel. My initial work focused heavily on regulatory examinations, audits and supervisory matters. Over time, my portfolio evolved to encompass a broader range of regulatory, risk-management, operational and consumer financial services litigation issues. Those experiences allowed me to work across the organization, strengthen my business judgment, and increasingly focus on how legal expertise can support sound enterprise decision-making.

In September 2026, I began a detail with the Public Policy team, bringing my legal, regulatory, and advocacy experience together in a leadership capacity. It's an exciting opportunity to contribute from a different vantage point, strengthen relationships, support the team and help advance the credit union's policy priorities.

Along the way, I've also had the privilege of serving as an adjunct professor of business law at Howard University's School of Business. Teaching has become an important part of my professional journey. It challenges me to communicate complex ideas clearly,

stay intellectually curious, and invest in the next generation of professionals and leaders.

If there's one lesson that I've taken from my journey, it's that resilience, curiosity, and a willingness to embrace unexpected opportunities can take you places you never imagined.

What do you love most about what you do?

I'm a problem-solver at heart. I genuinely enjoyed taking something complicated, disorganized, or inefficient and finding a way to make it work better.

Financial services offers no shortage of interesting challenges, and I love the opportunity to bring different perspectives together, untangle complex issues, and develop practical solutions. Some of the most rewarding work has involved transforming an unclear process or difficult problem into something more organized, functional and effective.

I also appreciate that our work has a real-world impact. Behind the regulations, policies, and business decisions are people whose financial well-being depends on institutions getting things right.

Hobby(ies)?

I love traveling and staying active. Travel gives me an opportunity to experience different cultures and perspectives, while fitness helps me stay grounded and energized.

How do you make the best use of your day?

I try to approach each day with intention, starting with a clear understanding of my priorities while leaving room for the unexpected. Physical activity is an important part of my routine, and I find that starting the day with movement helps me clear my mind, manage stress, and stay focused. I also try to be thoughtful about how I spend my time, prioritizing meaningful progress over simply being busy and making room to pause and recharge when needed.

Just as importantly, I make time to invest in relationships. Sometimes the most productive part of my day isn't something I've checked off a list, but a conversation that offers a fresh perspective, strengthens a connection, or helps move an idea forward.

Who or what inspires you?

I'm deeply inspired by the credit union movement and its philosophy of "people helping people." As someone raised in Mississippi, where community, relationships, and neighbors looking out for one another are deeply rooted in our values, that mission resonates with me personally.

I believe financial services can be a powerful force for improving people's lives, particularly in communities where access to opportunity isn't always guaranteed.

Knowing that my work can advance that mission and make a meaningful difference is incredibly motivating.

Who do you look up to the most and why?

I've never really had a singular role model. I consider myself a student of life, and I find inspiration in all sorts of people, experiences, and even nature.

Sometimes it's watching a colleague deliver a presentation so effortlessly that their knowledge and confidence shine through. Other times, it's something as simple as tending to my roses and appreciating how instinctively they seem to know when to bloom and when to go dormant.

There's a lesson in that, too. We all experience seasons of growth, rest and renewal, whether in our careers, relationships, or personal pursuits. I try to remain curious, pay attention, and take something valuable from the people and experiences around me.

What is the best advice you have ever received?

One of the lessons that has stayed with me since growing up in church is the importance of being a good steward of what you've been given.

I've come to understand stewardship as something much broader than managing resources. It's about recognizing the value of the opportunities, relationships, and moments we're entrusted with. Whether it's an opportunity to stretch professionally, share knowledge, or simply listen and extend kindness to someone who needs it, I try to be intentional about what I do with those moments.

My goal is simply to appreciate the opportunities I'm given, make the most of them, and leave people, places and situations a little better than I found them.