



FUNDAMENTALS OF EXERCISE REHAB

24 CE DC/CT OCT 12-13 & OCT 26-27, 2019

WCA EDUCATION CENTER, MADISON

• Fax 608-256-7123 • Phone 608-256-7023 • Email registration@wichiro.org • Online www.wichiro.org
 Mail 2401 American Lane, Madison, WI 53704

COURSE OVERVIEW

This 24-hour education course is taught in two 12-hour modules and is designed to allow delegation of exercise to chiropractic assistants in compliance with Wisconsin's Administrative Code.

COURSE OBJECTIVES

- Train CTs in the fundamentals of exercise rehabilitation
- Provide chiropractors with practical training in physical exercise rehabilitation
- Enable DCs and their CTs to work effectively as a team to improve patient outcomes

INSTRUCTOR: Dr. Steven Yeomans, DC

REFUND & REGISTRATION POLICIES

Please read carefully - some of our policies have changed for 2019.

EARLY BIRD RATE: REGISTER **10 Days** before the class, receive 10% OFF.

CANCELLATION / REFUND POLICY: You may cancel your registration or transfer to a different class without penalty until 10 days before the event. From 2-9 days before an event, cancellations or transfers will incur a \$20 administrative fee. NO refunds or changes less than 24 hours before the event starts. For multi-day events, this policy is in effect from day one of the event.

FOR THOSE RECEIVING FREE CE (Students, New DCs) there is no fee to cancel 10 days before the event. Cancellations or changes 2-9 days before an event will incur a \$20 administrative fee. There is a \$50 fee for cancellations the day before or the day of an event, and for no-shows.

LOCATION, LODGING & ADDITIONAL COURSE INFO ON REVERSE

REGISTRATION OPTIONS			REGULAR RATE		EARLY BIRD - Register 10 days in advance	
COMPLETE 24 HR COURSE	DATE / TIME	MEMBER	NONMEMBER	-10%	AMT DUE	
<input type="checkbox"/> FUNDAMENTALS OF EXERCISE REHAB 24 CE DC/CT	See times below. Exam for CTs Sun Oct 27, 2pm	\$530	\$720			
INDIVIDUAL COURSES						
<input type="checkbox"/> FUNDAMENTALS OF EXERCISE REHAB I 12 CE DC/CT	Sat Oct 12, 11am-5pm Sun Oct 13, 8am-2pm	\$265	\$360			
<input type="checkbox"/> FUNDAMENTALS OF EXERCISE REHAB II 12 CE DC/CT	Sat Oct 26, 11am-5pm Sun Oct 27, 8am-2pm	\$265	\$360			

ATTENDEE INFORMATION PLEASE PRINT CLEARLY • ONE ATTENDEE PER FORM

First & Last Name (as it should appear on Certificate) _____
 Clinic Name _____ Supervising DC _____ WCA Member? Y / N
 Address (Certificate Mailed Here) _____
 City _____ Zip _____ Phone with area code _____ - _____ - _____
 Email (required for confirmation) _____ Initial Licensure OR Renewal

PAYMENT INFORMATION

Method: Visa MasterCard Discover Amex Check Payable to WCA # _____ DISCOUNT CODE _____
 Credit Card # _____ Expiration _____ / _____ CVV Code _____
 Name on Card _____
 Billing Address on Card _____
 (if different than clinic address)

TOTAL DUE
\$ _____



FUNDAMENTALS OF EXERCISE REHAB

24 CE DC/CT OCT 12-13 & OCT 26-27, 2019
WCA CHIROPRACTIC ASSOCIATION, MADISON

COURSE OVERVIEW

This 24-hour education course is taught in two 12-hour modules and is designed to allow delegation of exercise to chiropractic assistants in compliance with Wisconsin's Administrative Code. The course includes opportunities for practical applications and a final exam for CTs. We recommend that DCs and their CTs attend together to ensure a common understanding of best practices in exercise rehabilitation. THIS COURSE IS A MUST for following the guidelines adopted for worker's compensation in Wisconsin, and in general, as all guidelines are requiring aggressive active care implementation.

Learning objectives are as follows:

- Train CTs in the fundamentals of exercise rehabilitation
- Provide chiropractors with practical training in physical exercise rehabilitation
- Enable DCs and their CTs to work effectively as a team to improve patient outcomes

At the conclusion, the attendee will have a working knowledge of the principles of exercise rehabilitation, including office set-up, screening, functional anatomy, kinesiology, exercise procedures, tracking progress, billing options, and integration into a busy chiropractic practice.

Session 1 will cover scope of practice, basic functional anatomy, principles of physical exercise, indications and contraindications, baseline screening, outcomes and goal-setting, and physical exercise options for core stabilization.

Session 2 will cover record keeping and reporting, more advanced functional anatomy, kinesiology and joint movement, principles of extremity rehabilitation, and Range of Motion (ROM) exercise options.

LOCATION

WISCONSIN CHIROPRACTIC ASSOCIATION

2401 American Lane
Madison, WI 53704

NEARBY LODGING

- **Cambria Inn & Suites** (6 miles), 5045 Eastpark Blvd, Madison, WI 53718 608-241-7070
- **Hilton Garden Inn** (7.6 miles), 1220 S. Grand Ave, Sun Prairie, WI 53590 608-856-4500
- **Holiday Inn American Pkwy** (6 miles) 5109 W Terrace Dr., Madison, WI 53718 608-249-4220

INSTRUCTOR BIO



Dr. Steven G. Yeomans practices chiropractic in Wisconsin, and educates on orthopedics, industrial consulting, outcomes assessment and rehabilitation across the continent. He graduated cum laude from National College of Chiropractic, completed a five-year residency in orthopedics and became board certified in 1985. Dr. Yeomans' Ripon-based practice emphasizes the treatment of orthopedic and sports related injuries.