



CHIROPRACTIC NUTRITION - 48 CE DC/48 NUTRITION

SEPT 25-26, OCT 17-18, NOV 7-8, 2020
MOD 1, WISC. DELLS • MODS 2 & 3, AURORA • MOD 4-TBD

Return to: WCA, 2401 American Lane, Madison WI 53704 • Fax 608-256-7123 • Phone 608-256-7023
Email registration@wichiro.org • Online www.wichiro.org

COURSE OVERVIEW: This 48-hour course fulfills requirements for DCs to receive their Nutrition Counseling Certification in Wisconsin. Chiropractors who complete this course may not only sell supplements, vitamins, and herbs, they may also provide counsel, direction, guidance, advice or recommendations to their patients regarding the health effects of these substances.

Nutrition is a powerful tool you can use to dramatically improve your patients' results and it is an integral part of any functional medicine practice. Each module in this four module course provides essential components every practitioner can use to implement nutrition in a clinical setting.

INSTRUCTOR: David Seaman, DC

SPONSORED BY: NCMIC

LOCATION, LODGING & ADDITIONAL COURSE INFO ON REVERSE

REFUND & REGISTRATION POLICIES *Please read carefully.*

EARLY BIRD RATE: REGISTER 10 Days before the class, receive 10% OFF.

CANCELLATION / REFUND POLICY: You may cancel your registration or transfer to a different class without penalty until 10 days before the event. From 2-9 days before an event, cancellations or transfers will incur a \$15 administrative fee. NO refunds or changes less than 24 hours before the event starts. For multi-day events, this policy is in effect from day one of the event.

FOR THE SAFETY OF ALL ATTENDEES: If you become ill with a fever or other COVID-like symptoms a week before the seminar, please stay home and contact us at registration@wichiro.org. If you are traveling to or at the seminar with a fever or other COVID-like symptoms please go home immediately and contact us at registration@wichiro.org.

	REGISTRATION OPTIONS	DATE / TIME	REGULAR RATE		AMOUNT DUE
			MEMBER	NONMEMBER	
<input type="checkbox"/>	CHIRO NUTRITION MODULE 1 - 12 CE DC/12 Nutr.	Includes Lunch each day Fri Sept 25, 10:15 am-5:15 pm Sat Sept 26, 8:15 am-3pm Exam at end of class.	\$265	\$360	
<input type="checkbox"/>	Yes! I would like to attend General Session Friday, 8:00 am (no additional cost)		See Convention Reg. for 1-day options	See Convention Reg. for 1-day options	
<input type="checkbox"/>	Yes! I would like to add-on Thursday OR Sunday (circle one) for an additional fee.		+99	+125	
<input type="checkbox"/>	CHIRO NUTRITION MODULE 2 - 12 CE DC/12 Nutrition	Sat Oct 17, 8am-5pm Sun Oct 18, 8am-12pm Exam Sun Oct 18, 12pm	\$265	\$360	
<input type="checkbox"/>	Sat Only - 8 CE DC/8 Nutrition		Sat only \$175	Sat only \$240	
<input type="checkbox"/>	Sun Only - 4 CE DC/4 Nutrition		Sun only \$90	Sun only \$120	
<input type="checkbox"/>	CHIRO NUTRITION MODULE 3 - 12 CE DC/12 Nutrition	Sat Nov 7, 8am-5pm Sun Nov 8, 8am-12pm Exam Sun Nov 8, 12pm	\$265	\$360	
<input type="checkbox"/>	Sat Only - 8 CE DC/8 Nutrition		Sat only \$175	Sat only \$240	
<input type="checkbox"/>	Sun Only - 4 CE DC/4 Nutrition		Sun only \$90	Sun only \$120	
<input type="checkbox"/>	CHIRO NUTRITION MODULE 4 - 12 CE DC/12 Nutrition-TBD				

ATTENDEE INFORMATION PLEASE PRINT CLEARLY • ONE ATTENDEE PER FORM

First & Last Name _____ WCA Member? Y / N

Clinic Name _____ Supervising DC _____

Address _____

City _____ Zip _____ Phone with area code _____ - _____ - _____

Email (required for confirmation) _____ Initial Licensure OR Renewal

PAYMENT INFORMATION

Method: Visa MasterCard Discover Amex Check Payable to WCA # _____ DISCOUNT CODE _____

Credit Card # _____ Expiration _____ / _____ CVV Code _____

Name on Card _____

Billing Address on Card _____

TOTAL DUE
\$ _____



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COURSE OVERVIEW

4 MODULES, 12 CE DC/12 NUTRITION PER MODULE

Though not recommended, since the modules are self-contained they may be taken in any order.

MODULE 1 will establish the foundation for using nutrition in a clinical setting to improve your patients' results. We will cover the role proteins, fats and carbohydrates play in the diet as well as how to alter them for specific conditions. We will also cover the therapeutic use of each vitamin and mineral as well as non-essential nutrients — including CoQ10, lipoic acid, L-carnitine, L-arginine, L-glutamine, N-acetylcysteine and phytonutrients – and review how to spot deficiency and/or excess use of these nutrients. The health effects of alcohol, artificial sweeteners, digestive and systemic enzymes and glandulars will also be covered in this seminar.

MODULE 2 Incorporating nutrition into clinical practice requires more than a basic knowledge of when to use specific nutrients. In order to elicit lifelong dietary change and healing, specific skills are required. Module 2 provides a model on how to move your patients' through lifestyle and dietary changes as well as how to design your office flow to maximize results and profits. We all need tools to get our jobs done; this seminar will outline several important testing and screening tools that can be used to help identify the underlying cause(s) that may need to be corrected in order to optimize your patients' results. Nutritional supplements can greatly speed up the healing process when used correctly. As health care providers, we need to know the supplements we are recommending are safe and effective. To that end, we will cover important nutrient-drug-food interactions that every practitioner needs to be aware of. Once more, we will help you see through claims of 'high quality' supplements and show you exactly how to differentiate between good quality and poor quality supplements. The difference could be life altering to your patients.

MODULE 3 is a protocol-rich seminar that shows you how to apply clinical nutrition to the most common health conditions you already see every day in your practice, including multiple ways to address inflammation and chronic pain, musculoskeletal conditions, gastrointestinal conditions, cardiovascular conditions, peripheral neuropathy, sciatica, conditions related to the immune system, adrenal fatigue, chronic fatigue and thyroid imbalances. Focus is on detoxification, adrenal stress, food allergies, cultural influences, obesity, pediatric conditions and diabetes.

MODULE 4 will show you how to apply clinical nutrition to the most common health conditions you will see in your patient population over their lifetime, ranging from infancy to the elderly. In addition, we will cover the subjects of weight loss and sports nutrition in great detail. We will review the underlying metabolic imbalances that often prevent people from losing weight as well as how to customize exercise recommendations to maximize body fat loss. In addition, we will review exactly how to develop dietary programs for different classes of athletes and break down important nutritional concepts, including nutrient timing, fuel sources before, during and after workouts/events and how to maximize recovery and performance.

LOCATIONS/LODGING

Please note, this course takes place in three different locations.

- Module 1 is in Wisconsin Dells
- Modules 2 & 3 are in Oconomowoc
- Module 4 TBD

MODULE 1

Kalahari Resort & Convention Center
1305 Kalahari Drive
Wisconsin Dells, WI 53965

MODULE 2

Aurora Summit Medical Center
36500 Aurora Drive
Summit, WI 53066

MODULE 3

Aurora Summit Medical Center
36500 Aurora Drive
Summit, WI 53066

MODULE 4- TBD

INSTRUCTOR BIO

Dr. David Seaman has been writing about chronic inflammation for almost 30 years. He wrote the first published scientific article about how diet can induce inflammation and promote pain. His articles about pain, inflammation, diet, and obesity have been referenced by researchers at the Centers for Disease Control (CDC), Harvard Medical School and many other universities in the United States, as well as universities in Canada, Brazil, Europe, Middle East, India, Australia, Russia, and other Asian countries. He can be found at www.DeFlame.com and www.drdauidseaman.com.



Complete 8 or more hours of this course and receive a 5% risk management discount from NCMIC (2.5 for part-time DCs) for 3 consecutive policy years!



Thank you to our sponsor!