



LEANING IN WITHOUT STRESSING OUT

2015
AWS
FALL CONFERENCE

OCTOBER
3-6
CHICAGO, IL

2015 AWS CONFERENCE

Leaning In Without Stressing Out

Saturday, October 3, 2015

InterContinental Chicago Magnificent Mile
505 N. Michigan Ave, Chicago, IL

AWS



2015

WELCOME

You know that announcement on the airplane about putting on your own oxygen mask first? Our goal for the 2015 AWS Conference is to help you do just that while we enhance your professional persona. This year's meeting has lots of new things to offer you, from a self-care session to start the day, our first ever AWS brunch, a workshop on Executive Presence, and tips and tricks for wellness on the go and across your career. We will have a scientific session featuring the best work of AWS members that was submitted to the American Journal of Surgery this year.

And, of course, we're meeting on **SATURDAY**—don't forget to note the day change from our traditional Sunday.

We hope that you'll find this year's program an opportunity to grow, to learn, to network. Most importantly we want to help you with leaning in without stressing out.

See you in Chicago!
Amalia

NEW IN 2015: REGISTER ONLINE!

JOIN THE CONVERSATION



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7:30AM – 8:30AM

WELLNESS SESSION, CANYON RANCH

Come enjoy some early-morning self-care, get tips to take home with you. Comfortable clothing suitable for gentle movement strongly recommended!

8:30AM – 9:30AM

GENERAL REGROUPING TIME

9:30AM – 10:30AM

STARR STUDENT AND RESIDENT POSTER SESSION

AWS students and residents are generating some wonderful science. See our scholarly future during this session.

10:30AM – 11:30AM

SCIENTIFIC SESSION MODERATOR: LOIS KILLEWICH

The best papers from the AWS submissions to the American Journal of Surgery from this year will be presented.

11:30AM – 12:30PM

BRUNCH WITH SPONSORS AND EXHIBITORS

Saturday brunch? You bet! It's time for delicious food and an opportunity to network with our meeting sponsors.

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12:30PM – 12:50PM

ANNUAL BUSINESS MEETING

Find out what is happening with your organization and participate in election of the new officer slate.

12:50PM – 1:00PM

BREAK

1:00PM – 1:10PM

QUICK WELLNESS: CHAIR YOGA JOYCE MAJURE

AWS Past President Joyce Majure shares some easy exercises you can do anywhere to stretch and recenter.

1:10PM – 2:45PM

EXECUTIVE PRESENCE WORKSHOP BETH RUSKE AND BETSY SOBIECH, TIARA INTERNATIONAL

Do you want to be more effective in your communications and presence? This workshop will help build on your skill set to improve your executive presence.

2:45PM – 3:00PM

BREAK

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3:00PM – 3:10PM

QUICK WELLNESS: DANCE PARTY!

Get out of those chairs, ladies! Let's get energized and have a few minutes of fun.

3:15PM – 4:30PM

PANEL PRESENTATION: PRODUCTIVITY AND WELLNESS ACROSS THE SURGICAL SPECTRUM

Surgeons in various practice environments and career stages share their best tips and tricks for leaning in without stressing out.

- Amy Liepert, Madison, WI (*early-career – academic*)
- Britney Culp, Salt Lake City, UT (*early-career – private*)
- Linda Farkas, Durham, NC (*mid-career – academic*)
- Robin Williams, Nashville, TN (*mid-career – private*)
- Betsy Tuttle-Newhall, Greenville, NC (*senior – academic*)
- Joyce Majure, Lewiston, ID (*senior – private practice*)
- T. Salewa Osemi, San Diego, CA (*military practice*)

4:30PM – 5:30PM

WINE AND CHEESE MIXER

Celebrate the day and network with friends—old and new.

Don't stress about attire—we want you to be comfortable and able to focus on the session. Feeling good in your yoga pants after the morning wellness session? You're welcome to stay in them. Is your best you stylish in business casual? Or are you coming and going from other meetings and need to be fully professional? Please come as you are to the AWS Conference!

2015 AWS CONFERENCE

AWS Foundation Awards Dinner

Monday, October 5, 2015

Blackstone Hotel

636 S. Michigan Avenue, Chicago, IL



AWS FOUNDATION AWARDS DINNER



AMERICAN COLLEGE OF SURGEONS

*Inspiring Quality:
Highest Standards, Better Outcomes*

100+years

6:00PM – 7:30PM

RECEPTION FOR WOMEN SURGEONS AND GUESTS

The American College of Surgeons' Women in Surgery Committee is sponsoring a reception for women surgeons attending the Clinical Congress and their guests. All AWS members are encouraged to attend and network. AWS Members wishing to attend the reception, but unable to stay for the AWS banquet, are asked to designate attendance on the reservation panel to assist with planning.



7:30PM – 10:00PM

AWS FOUNDATION AWARDS DINNER

Please join us for the 2015 AWS Foundation Awards Dinner as we celebrate another year of progress and success for women in surgery. AWS President, Nancy Gantt, MD, FACS will lead the recognition of individuals nominated by their peers and teachers for outstanding effort. Recipients of the Nina Starr Braunwald Award, the Olga Jonasson Distinguished Member Award, the AWS Past Presidents' Honorary Member Award, the AWS Hilary Sanfey Outstanding Resident Award and the Patricia Numann Medical Student Award will all be recognized and honored for their efforts and contributions to surgery. Attire is semi-formal.

Individual dinner tickets \$150/\$175

Sponsor a reserved table of 10 – \$3,000*

*The funds raised from table sponsorships go toward support of the mission, programs and services of the Association of Women Surgeons Foundation. Table sponsorships (minus the cost of dinner) are tax deductible.

2015 AWS CONFERENCE

AWS Networking Breakfast

Tuesday, October 6, 2015

Nordstrom Café, Nordstrom

55 E. Grand Ave, Chicago, IL



8:00AM – 10:00AM

AWS NETWORKING BREAKFAST

Members and non-members are invited to a complimentary breakfast on Tuesday morning. Take this opportunity to meet and network with peers and mentors. No registration required.

GENERAL INFORMATION

Hotel Information

Reserve your hotel room using the ACS Clinical Congress materials. The ACS Website at www.FACS.org contains all the information you need to reserve your hotel room.

Cancellation Policy

All cancellations must be received in writing by September 15, 2015 and will be refunded less a 20% processing fee (of total amount paid). Refunds will not be issued after this date.

CONTINUING MEDICAL EDUCATION CREDIT INFORMATION

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Surgeons and the Association of Women Surgeons. The American College of Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™

The American College of Surgeons designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the AMA PRA Category 1 Credits™ listed above, a maximum of 2.75 credits meet the requirements for Self-Assessment.



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*Inspiring Quality:
Highest Standards, Better Outcomes*



**AMERICAN COLLEGE OF SURGEONS
DIVISION OF EDUCATION**
*Accredited with Commendation by the
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