LEANING IN WITHOUT STRESSING OUT

2015 AWS FALL CONFERENCE
OCTOBER 3 - 6
CHICAGO, IL
WELCOME

You know that announcement on the airplane about putting on your own oxygen mask first? Our goal for the 2015 AWS Conference is to help you do just that while we enhance your professional persona. This year’s meeting has lots of new things to offer you, from a self-care session to start the day, our first ever AWS brunch, a workshop on Executive Presence, and tips and tricks for wellness on the go and across your career. We will have a scientific session featuring the best work of AWS members that was submitted to the American Journal of Surgery this year.

And, of course, we’re meeting on SATURDAY—don’t forget to note the day change from our traditional Sunday.

We hope that you’ll find this year’s program an opportunity to grow, to learn, to network. Most importantly we want to help you with leaning in without stressing out.

See you in Chicago!
Amalia

NEW IN 2015: REGISTER ONLINE!
2015 AWS CONFERENCE
Leaning In Without Stressing Out
Saturday, October 3, 2015
InterContinental Chicago Magnificent Mile
505 N. Michigan Ave, Chicago, IL

7:30AM – 8:30AM
WELLNESS SESSION, CANYON RANCH
Come enjoy some early-morning self-care, get tips to take home with you. Comfortable clothing suitable for gentle movement strongly recommended!

8:30AM – 9:30AM
GENERAL REGROUPING TIME

9:30AM – 10:30AM
STARR STUDENT AND RESIDENT POSTER SESSION
AWS students and residents are generating some wonderful science. See our scholarly future during this session.

10:30AM – 11:30AM
SCIENTIFIC SESSION MODERATOR: LOIS KILLEWICH
The best papers from the AWS submissions to the American Journal of Surgery from this year will be presented.

11:30AM – 12:30PM
BRUNCH WITH SPONSORS AND EXHIBITORS
Saturday brunch? You bet! It’s time for delicious food and an opportunity to network with our meeting sponsors.
12:30PM – 12:50PM

**ANNUAL BUSINESS MEETING**

Find out what is happening with your organization and participate in election of the new officer slate.

12:50PM – 1:00PM

**BREAK**

1:00PM – 1:10PM

**QUICK WELLNESS: CHAIR YOGA**  **JOYCE MAJURE**

AWS Past President Joyce Majure shares some easy exercises you can do anywhere to stretch and recenter.

1:10PM – 2:45PM

**EXECUTIVE PRESENCE WORKSHOP**  **BETH RUSKE AND BETSY SOBIECH, TIARA INTERNATIONAL**

Do you want to be more effective in your communications and presence? This workshop will help build on your skill set to improve your executive presence.

2:45PM – 3:00PM

**BREAK**
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3:00PM – 3:10PM
QUICK WELLNESS: DANCE PARTY!
Get out of those chairs, ladies! Let’s get energized and have a few minutes of fun.

3:15PM – 4:30PM
PANEL PRESENTATION: PRODUCTIVITY AND WELLNESS ACROSS THE SURGICAL SPECTRUM
Surgeons in various practice environments and career stages share their best tips and tricks for leaning in without stressing out.

• Amy Liepert, Madison, WI (early-career – academic)
• Britney Culp, Salt Lake City, UT (early-career – private)
• Linda Farkas, Durham, NC (mid-career – academic)
• Robin Williams, Nashville, TN (mid-career – private)
• Betsy Tuttle-Newhall, Greenville, NC (senior – academic)
• Joyce Majure, Lewiston, ID (senior – private practice)
• T. Salewa Osemi, San Diego, CA (military practice)

4:30PM – 5:30PM
WINE AND CHEESE MIXER
Celebrate the day and network with friends—old and new.

Don’t stress about attire—we want you to be comfortable and able to focus on the session. Feeling good in your yoga pants after the morning wellness session? You’re welcome to stay in them. Is your best you stylish in business casual? Or are you coming and going from other meetings and need to be fully professional? Please come as you are to the AWS Conference!
AWS FOUNDATION AWARDS DINNER

6:00PM – 7:30PM
RECEPTION FOR WOMEN SURGEONS AND GUESTS
The American College of Surgeons’ Women in Surgery Committee is sponsoring a reception for women surgeons attending the Clinical Congress and their guests. All AWS members are encouraged to attend and network. AWS Members wishing to attend the reception, but unable to stay for the AWS banquet, are asked to designate attendance on the reservation panel to assist with planning.

7:30PM – 10:00PM
AWS FOUNDATION AWARDS DINNER
Please join us for the 2015 AWS Foundation Awards Dinner as we celebrate another year of progress and success for women in surgery. AWS President, Nancy Gantt, MD, FACS will lead the recognition of individuals nominated by their peers and teachers for outstanding effort. Recipients of the Nina Starr Braunwald Award, the Olga Jonasson Distinguished Member Award, the AWS Past Presidents’ Honorary Member Award, the AWS Hilary Sanfey Outstanding Resident Award and the Patricia Numann Medical Student Award will all be recognized and honored for their efforts and contributions to surgery. Attire is semi-formal.

Individual dinner tickets $150/$175
Sponsor a reserved table of 10 – $3,000*

*The funds raised from table sponsorships go toward support of the mission, programs and services of the Association of Women Surgeons Foundation. Table sponsorships (minus the cost of dinner) are tax deductible.
2015 AWS CONFERENCE

AWS Networking Breakfast
Tuesday, October 6, 2015
Nordstrom Café, Nordstrom
55 E. Grand Ave, Chicago, IL

8:00AM – 10:00AM

AWS NETWORKING BREAKFAST

Members and non-members are invited to a complimentary breakfast on Tuesday morning. Take this opportunity to meet and network with peers and mentors. No registration required.

GENERAL INFORMATION

Hotel Information
Reserve your hotel room using the ACS Clinical Congress materials. The ACS Website at www.FACS.org contains all the information you need to reserve your hotel room.

Cancellation Policy
All cancellations must be received in writing by September 15, 2015 and will be refunded less a 20% processing fee (of total amount paid). Refunds will not be issued after this date.

CONTINUING MEDICAL EDUCATION CREDIT INFORMATION

Accreditation
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Surgeons and the Association of Women Surgeons. The American College of Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™
The American College of Surgeons designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the AMA PRA Category 1 Credits™ listed above, a maximum of 2.75 credits meet the requirements for Self-Assessment.
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AWS WOULD LIKE TO THANK THE 2015 CONFERENCE PLANNING COMMITTEE:

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Association of Women Surgeons
35 E. Wacker Drive, Suite 850, Chicago, IL 60601 Phone 312 224 2575 Fax 312 644 8557 WomenSurgeons.org
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