



Medical Responsibility

It is the responsibility of each delegate to do everything possible to ensure their own safety and well-being for the duration of the Congress. Thorough planning is mandatory. It is imperative that every delegate has adequate medical insurance and sufficient medication. Each delegate must carry information that will identify who they are and who should be contacted in case of emergency.

You MUST have medical insurance at the Congress

- Contact your insurance provider to make sure you have adequate medical coverage during the Congress..

If your local insurance provider cannot give you the coverage you need, you can search the internet for additional insurance, using terms like:

- Emergency travel insurance
- Medical travel insurance
- Out of country medical insurance
- Contact your doctor to see if they can recommend a local doctor or medical facility for you.
- Travel with a care partner if you think it will be difficult traveling alone

You MUST carry appropriate personal medical information

- Each delegate must carry, AT ALL TIMES, information that will identify who they are and who should be contacted in case of an emergency. This information can be written on a card that is tucked into the individual's registration badge. This would include:
 - Contact information for your medical coverage
 - Written prescriptions for all your medications
 - Contact information for your traveling companion and/or someone back home
 - Information on how to contact your doctor and (if available) the name of a local doctor
 - Identification stating you have Parkinson's disease

*In case of a health or medical emergency during the Congress, your first stop is the **Emergency First Aid Room** at the Congress.*