

## 2018-2019 INDIVIDUAL VOLUNTEER LOG FORM

Please **estimate** your time for September and submit this form to your unit in September, 2019.

There are numerous volunteer opportunities in our communities and many people interested in volunteering. Most people volunteer without the expectation of recognition or compensation because volunteering offers a personal satisfaction and reward that cannot be found in other activities. People volunteer for particular reasons and look to do something that not only benefits their community, but that also inspires **them**. Volunteering should provide a winning experience for everyone—the volunteer, your organization, and the community. (adapted from the NRTA Toolkit)

**NAME:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**UNIT NAME:** \_\_\_\_\_

**\*\*This form may be returned at each unit meeting or at the end of the fiscal year depending on the operating procedure of the unit.**

Category	Description/Examples	Total Hours
<b>WITH OUR YOUTH (unpaid)</b>	<ul style="list-style-type: none"> <li>➤ Tutoring, Mentoring, Volunteer Teaching</li> <li>➤ Church youth work, Youth Organizations</li> <li>➤ Special projects (Little Red Schoolhouse, etc.)</li> </ul>	
<b>WITH OUR COMMUNITY (unpaid)</b>	<ul style="list-style-type: none"> <li>➤ Church activities</li> <li>➤ Hospital/Care center volunteer</li> <li>➤ Public office volunteer (city or county)</li> <li>➤ Docent (museums, garden tours, etc.)</li> <li>➤ Public Service Board/Trustee/Foundation</li> <li>➤ Mobile meals/nutrition/transportation</li> <li>➤ Service organizations (VFW, AARP, etc.)</li> </ul>	
<b>WITH WREA (unpaid)</b>	<ul style="list-style-type: none"> <li>➤ Serving as a unit officer or committee member</li> <li>➤ Attending Spring District Meeting</li> <li>➤ Attending workshops/seminars</li> <li>➤ Attending the WREA State Convention</li> <li>➤ Lobbying</li> <li>➤ Unit historical work</li> <li>➤ Other</li> </ul>	

**Please list the organizations you volunteered for this year:**