

38TH ANNUAL

Association for Play Therapy International Conference



**Oct. 12-17
2021**

Little Rock Marriott
LITTLE ROCK, ARKANSAS

www.a4pt.org

MENTAL HEALTH PROFESSIONALS APPLYING THE THERAPEUTIC POWER OF PLAY

38th Annual Association for Play Therapy International Conference

October 12 - 17, 2021

Association for Play Therapy (APT)

APT is a national professional society established in 1982 to advance play therapy practice, instruction, supervision, and research. For more information regarding our mission, programs, member benefits, or to register online, visit www.a4pt.org. We look forward to welcoming you to Little Rock, AR for the 38th Annual APT International Conference!

2021 Target Audience & Conference Goals

Counselors, psychologists, school counselors, school psychologists, social workers, marriage and family therapists, and other mental health professionals both within and outside of the United States will:

- Earn continuing education credit for licensure and play therapy credentialing purposes.
- Enhance knowledge of play therapy research, theories, techniques, and how play therapy improves the therapeutic relationship with children and their families.
- Browse a variety of exhibits that feature play therapy books, videos, toys, games, and other products and services for professionals who work with children, adolescents, and their families.
- Attend special receptions, forums, and reconnect with your peers.
- Laugh, play, and share vital information and ideas with others who believe in the power of play.

Program Overview

Choose the program that best fits your needs and interests at the 38th Annual APT International Conference! With over 75 workshops and up to 37 hours of continuing education available, there is something for everyone during the six-day conference. Curriculum includes three-hour workshops, six-hour workshops, shorter evening workshops, and small discussion groups.

Workshop Levels

Use the following criteria to select workshops commensurate with your training and experience level:

- **Introductory** – workshops needed to responsibly practice play therapy, e.g. ethics, theories, playroom set-up, and choosing toys. Content is intended for attendees who may have little to no background in a specialized skill or content area.
- **Intermediate** – workshops for practicing play therapists who have

solid play therapy foundational training and experience. Content is intended to build upon attendees' existing foundational learning.

- **Advanced** – workshops for participants who have received 200 or more hours of play therapy training and experience. Content is intended to build upon attendees' established experience, knowledge, and skills in the content area.
- **Discussion Groups** – workshops that promote the exchange of ideas and active learning in a small group setting.
 - ◆ **Advanced:** for seasoned RPT/S professionals only. Content is intended to build upon attendees' well established experience, knowledge, and skills in a specialized area. Limited to 25 attendees.
 - ◆ **Intermediate:** for practicing play therapists who have solid play therapy foundational training and experience. Limited to 25 attendees.

Registrants may occasionally find some workshop content to be stressful. Concerns about content should be discussed with the applicable presenter(s).

Instructional Methodology

Instructional methodology may include didactic, audiovisual, demonstration, experiential exercises, case examples and small and large group discussions.

Eligibility Policy

The 38th Annual APT International Conference is open to mental health professionals or full-time graduate students in a mental health field. Although not eligible to receive continuing education credit, allied professionals (pediatricians, nurses, etc.) are welcome to attend. Due to the confidentiality and nature of topics presented, children (of any age) are not permitted in conference workshops. APT has the right to refuse or cancel ineligible registrations at any time and shall not be held accountable for any outside fees associated with this cancellation. If you have any specific questions regarding your eligibility status, please contact Diane Leon, Conference Coordinator, dleon@a4pt.org.

Schedule at a Glance

Tuesday, Oct. 12, 2021

TIME	OVERVIEW
7:30 am – 5:30 pm	APT Registration Desk Open
7:30 am – 5:30 pm	Exhibit Hall Open
8:30 am – 4:30 pm	Workshops: Tu1 – Tu2
8:30 am – 11:45 am	Workshops: Tu3 – Tu5
1:00 pm – 4:30 pm	Workshops: Tu6 – Tu8

Wednesday, Oct. 13, 2021

TIME	OVERVIEW
7:30 am – 6:30 pm	APT Registration Desk Open
7:30 am – 5:30 pm	Exhibit Hall Open
8:00 am – 4:00 pm	Workshops: W1 – W2
8:00 am – 11:15 am	Workshops: W3 – W6 & DG1
8:00 am – 11:15 am	*Branch Presidents Meeting
12:30 pm – 2:30 pm	*Foundation Board of Directors Meeting
12:30 pm – 4:00 pm	Workshops: W7 – W10 & DG2
4:30 pm – 6:30 pm	Workshops: W11 – W14
4:30 pm – 6:30 pm	RPT Credential Forum

Thursday, Oct. 14, 2021

TIME	OVERVIEW
7:30 am – 6:30 pm	APT Registration Desk Open
7:30 am – 8:00 pm	Exhibit Hall Open
8:00 am – 4:00 pm	Workshops: Th1 – Th3
8:00 am – 11:15 am	Workshops: Th4 – Th7 & DG3
8:30 am – 4:30 pm	*APT Board of Directors Meeting
12:30 pm – 4:00 pm	Workshops: Th8 – Th10 & DG4
4:30 pm – 6:30 pm	Th11 – Th14
6:30 pm – 8:00 pm	Welcome Reception & Poster Presentations

Friday, Oct. 15, 2021

TIME	OVERVIEW
7:30 am – 5:30 pm	APT Registration Desk Open
7:30 am – 5:30 pm	Exhibit Hall Open
8:00 am – 11:00 am	General Session
11:15 am – 12:15 pm	APT Town Hall Meeting
12:30 pm – 2:30 pm	Workshops: F1 – F7 & DG5
3:00 pm – 5:00 pm	Workshops: F8 – F14 & DG6
7:30 pm – 10:00 pm	Welcome Back Party!

Saturday, Oct. 16, 2021

TIME	OVERVIEW
7:30 am – 6:00 pm	APT Registration Desk Open
7:30 am – 6:00 pm	Exhibit Hall Open
8:00 am – 9:30 am	Awards of Excellence Breakfast <i>(pre-registration is required)</i>
10:00 am – 5:30 pm	Workshops: S1 – S3
10:00 am – 12:30 pm	Workshops: S4 – S8 & DG7
2:00 pm – 5:30 pm	Workshops: S9 – S13 & DG8

Sunday, Oct. 17, 2021

TIME	OVERVIEW
8:00 am – 12:00 pm	APT Registration Desk Open
8:30 am – 11:45 am	Workshops: Su1 – Su4

Items in Bold are open to all registered attendees.

Items noted by asterisk () are by invitation only.*

Tuesday, October 12

7:30 am - 5:30 pm

Registration Open

8:30 am - 4:30 pm

Full-Day Workshops (\$120)

Tu-1 Being Well-Grounded: Humanistic Play Therapy Theories

Mary Bennett, PhD, LPC-S, RPT-S &

Linda Homeyer, PhD, LPC-S, RPT-S

Having an understanding of a variety of play therapy theories is critical. We will compare and contrast the primary concepts of: Child-Centered, Gestalt, and Adlerian theories. We will use these theories in conceptualization, treatment planning, reflective responding and parent consultations.

Level: Intermediate

Primary Area: Seminal or Historically Significant Theories | Skills and Methods

Content Focus: Theory / Process, Treatment Planning

Theoretical Basis: Adlerian | Child-Centered | Gestalt

Tu-2 Adapting the Approach to the Child: Prescriptive Play Therapy

Heidi Kaduson, PhD, RPT-S

The prescriptive approach draws from many play therapy theories and techniques to select an intervention best suited to overcome clients' problems. This workshop will illustrate how interventions are tailored to characteristics of the clients to achieve a truly individualized approach.

Level: Advanced

Primary Area: Skills and Methods | Special Topics

Content Focus: Theory / Process, Research

Theoretical Basis: Prescriptive

8:30 am - 11:45 am

Half-Day Workshops (\$60)

Tu-3 Not A Brick: A Tale of Three Play Therapists

Mary Anne Peabody, EdD, LCSW, RPT-S,

Dawn Williamson, MSW, LCSW, RPT-S, &

Althea Simpson, MSW, LCSW, RPT-S

This experiential workshop led by Registered Play Therapy Supervisors who are certified LEGO® Serious Play® (LSP) facilitators explores hands-on learning across a multiplicity of play therapy settings. Is it just a brick or can it be so much more?

Level: Advanced

Primary Area: Skills and Methods | Special Topics

Content Focus: Group and family work

Theoretical Basis: Integrative

Tu-4 Making Space for Inspiration: The Intersection of Play Therapy Theory and Therapist Creativity

Marshall Lyles, MA, LMFT-S, RPT-S &

Tammi Van Hollander, MSW, LCSW, RPT-S

Staying connected to the therapeutic powers of play and play therapy clinical theories offers much more than ethical compliance. This highly experiential workshop allows for the participant to embrace the creativity that comes from staying grounded in sound clinical principles.

Level: Introductory

Primary Area: Seminal or Historically Significant Theories | Skills and Methods

Content Focus: Theory / Process

Theoretical Basis: Integrative

Tu-5 Pandemics and Play Therapy: Techniques for the Anxiety Disorders

Scott Riviere, MS, LPC-S, LMFT, RPT-S

2020 was a year full of the unexpected, leaving children and their families to experience a rollercoaster of emotions. This experiential workshop will assist play therapists to identify and treat anxiety and depressive disorders related to pandemics and natural disasters. Play therapy interventions to help children face fears, manage obsessive-compulsive symptoms, learn relaxation skills, and develop positive coping skills will be explored.

Level: Intermediate

Primary Area: Special Topics | Skills and Methods

Content Focus: Theory / Process, Trauma

Theoretical Basis: Integrative

1:00 pm - 4:30 pm

Half-Day Workshops (\$60)

Tu-6 Social-Emotional Competencies of African-American Children: Play Therapy as a Culturally-Responsive Intervention

LaKaavia Taylor, PhD, LPC, RPT

The presenter conducted the first randomized controlled trial to examine the impact of Child-Centered Play Therapy (CCPT) on the social-emotional competencies of African American children. Based on positive findings and clinical observations, this presentation will address essential issues related to serving African-American children, cultural adaptations to CCPT for African-American children, and how to effectively serve African-American parents. Issues related to therapist-client cultural match and ways in which play therapists can be advocates for African-American children will also be discussed.

Level: Intermediate

Primary Area: History

Content Focus: Research, Theory, Cultural Competence

Theoretical Basis: Child-Centered

Tuesday, October 12

(continued)

Tu-7 Working with Latinx Families: Enhancing Bilingual Play Therapists' Responsiveness and Skills

Diana Garza-Louis, MEd, LPC-S, RPT-S & Peggy Ceballos, PhD, NCC

This workshop seeks to enhance the multicultural competencies, advocacy skills, and clinical skills of bilingual play therapists who work with Latinx families. Through video-clips of Spanish play therapy sessions and clinical cases, the audience will discuss cultural and linguistic considerations.

Level: Advanced

Primary Area: Seminal or Historically Significant Theories | Skills and Methods | Special Topics

Content Focus: Diversity, Treatment Planning

Theoretical Basis: Child-Centered | Family Systems | Systemic

Tu-8 Favorite Childhood Tabletop Games for your Play Therapy Practice

Lisa Remey, MEd, LPC-S, RPT-S & Juliet Fortino, MC, LPC, RPT-S

Ever wonder if you can use Sorry or Clue in your play therapy practice and have it meet therapeutic needs? This fun, engaging workshop will explore how to incorporate some of your favorite childhood games into your play therapy sessions.

Level: Introductory

Primary Area: Skills and Methods | Special Topics

Content Focus: Theory / Process,

Theoretical Basis: Adlerian | Cognitive-Behavioral



Wednesday, October 13

7:30 am - 6:30 pm

Registration Open

8:00 am - 4:00 pm

Full-Day Workshops (\$120)

W-1 Play Therapy Foundations: Why, What, and How

Sue Bratton, PhD, LPC-S, RPT-S

Participants will be introduced to the nuts and bolts of play therapy including: Why-developmental, therapeutic, and empirical rationale for use of play in therapy; What-theoretical approaches to play therapy; and How-application of play therapy in practice.

Level: Introductory

Primary Area: Seminal or Historically Significant Theories | Skills and Methods

Content Focus: Theory / Process,

Theoretical Basis: Adlerian | Child-Centered | Prescriptive

W-2 From the Bottom Up Brain Based Sequential Play Therapy Interventions

Kim Vander Dussen, PsyD, RPT-S

In this workshop, participants will be exposed to the application of the Neurosequential Model of Therapeutics to play therapy treatment. Participants will have the opportunity to experience interventions designed to target disorganization and dysregulation in different regions of the brain.

Level: Intermediate

Primary Area: Skills and Methods

Content Focus: Treatment Planning, Theory / Process

Theoretical Basis: Developmental | Experiential | Prescriptive



8:00 am - 11:15 am

Half-Day Workshops (\$60)

W-3 The Right Fight: Uniting Families against Problems through Narrative Theory and Play Therapy

Nick Cornett, PhD, LPC, RPT

Problems trick families into fighting one another: Blame, control, and shame go up, and cohesion, collaboration, and self-esteem go down. Through narrative play therapy, families can unite in the right fight: It's "us vs. it," not "me vs. you."

Level: Intermediate

Primary Area: Special Topics

Content Focus: Family, Theory / Process

Theoretical Basis: Family Systems | Integrative

W-4 AutPlay Therapy Social Skills Groups for Autistic Children and Adolescents

Robert Grant, EdD, LPC, RPT-S &

Tracy Turner-Bumberry, MA, LPC, RPT-S

This workshop highlights the AutPlay® Therapy protocol for implementing play social skills groups for autistic and neurodivergent children. Group establishment, facilitation, and implementation of play therapy social skills interventions will be presented with group examples and experiential participation.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Group, Theory / Process

Theoretical Basis: Cognitive-Behavioral | Family Systems | Integrative

W-5 Culturally Responsive Play Therapy Supervision: Intersectionality and the Supervision Triad

Natalya Lindo, PhD, LPC

In addition to facilitating skill development, culturally responsive play therapy supervision incorporates culturally-attuned interventions, acknowledging cultural dimensions of each member of the supervision triad. Participants will explore their dimensions of diversity and the impact of intersecting identities on the supervision relationship and the play therapy process.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Supervision, Diversity, Equity & Inclusion

Theoretical Basis: Various

Wednesday, October 13

(continued)

W-6 Integrating Play Therapy and EMDR: Exploring the Intersection of Treatment Models for Trauma

Ann Beckley-Forest, MSW, LCSW-R, RPT-S

Exploration and sharing of case experiences and discussion of challenges, based on group participation using 8 essential considerations for a full integration of the EMDR protocol into the play therapy setting, relevant for both the EMDR-trained and EMDR-curious participant.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Trauma, Treatment Planning

Theoretical Basis: Integrative

DG-1 Exploring and Enhancing Play Therapists' Multicultural Awareness and Social Justice Advocacy

Peggy Ceballos, PhD, NCC &

Phyllis Post, PhD, LPC-S, RPT

This workshop seeks to expand the multicultural and social justice competencies of play therapists through experiential activities and in-depth discussion of oppression and privilege. The audience will discuss case conceptualization, advocacy plans, and clinical implications for clients.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Diversity

Theoretical Basis: Experiential

12:30 pm - 4:00 pm

Half-Day Workshops (\$60)

W-7 Harnessing the Magic of Group Play Therapy: A "How To" Workshop

Sarah Blalock, PhD, LPC-S, RPT-S &

Kristie Opiola, PhD, LPC, RPT

Child-centered group play therapy offers special challenges and rewards. Learn the basics of "how to" conduct child-centered play therapy in group format. This workshop will include lecture, discussion, experiential practice exercises, and video of the presenters conducting group play therapy.

Level: Intermediate

Primary Area: Skills and Methods

Content Focus: Group, Theory / Process

Theoretical Basis: Child-Centered

W-8 Play Therapy to Connect: Fostering Healthy Relationships Through Experiential Play

Sam Bunnyfield, MSW, LCSW, RPT-S &

Gloria Cockerill, MA, LCSW, RPT-S

Play therapists understand the role healthy attachment plays in developing lifelong positive mental health. This workshop will introduce Theraplay®, an attachment focused play therapy intervention, that utilizes simple play sequences to create active, emotional connections between child and caregiver.

Level: Intermediate

Primary Area: Seminal or Historically Significant Theories | Skills and Methods

Content Focus: Attachment, Theory / Process

Theoretical Basis: Attachment | Experiential | Family Systems

W-9 Conceptualizing Play Therapy Clients Through the Adlerian Concept of the Crucial Cs

Dana Holtz, EdS, LPC, RPT-S &

Nikole Pauli, MA, LMHC, RPT-S

Through the lens of Adlerian play therapy, learn to assess children's Crucial Cs (ability to connect, feel capable, be courageous, and realize they count) and design play therapy techniques to support mastery of the Crucial Cs. Come ready to play!

Level: Intermediate

Primary Area: Seminal or Historically Significant Theories | Skills and Methods

Content Focus: Assessment / Interpretation, Theory / Process

Theoretical Basis: Adlerian

W-10 Sending Out an SOS: Using Play Therapy to Address Compassion Fatigue and Burnout

Holly Willard, MSW, LCSW, RPT-S &

Clair Mellenthin, MSW, LCSW, RPT-S

As play therapists we know the power of play, but do we take the time to play and rejuvenate ourselves. It's important to actively engage in selfcare to prevent burnout for therapists, students and caregivers.

Level: Intermediate

Primary Area: Skills and Methods

Content Focus: Attachment

Theoretical Basis: Attachment | Experiential | Humanistic / Relationship

Wednesday, October 13

(continued)

DG-2 Unlocking the Creative Potential of Play Therapy Supervision: A Developmental Approach

Christina Villarreal-Davis, PhD, LPC-S, RPT-S & Renee Turner, PhD, LPC-S, RPT-S

Like clients, supervisees often need forms of expression that go beyond words. Come explore ways to integrate metaphorical and symbolic expression into the play therapy supervision process to unlock your supervisee's full potential at any developmental stage.

Level: Advanced

Primary Area: Special Topics

Content Focus: Supervision

Theoretical Basis: Developmental | Experiential | Humanistic | Relationship

4:30 pm - 6:30 pm

Evening Workshops (\$60)

W-11 Cultural Considerations in Play Therapy Work with Newly Arrived Immigrant Populations

Ivette Acevedo-Weatherholtz, MA, LPC, RPT

New arriving immigrants and refugees are an emerging population in mental health services. This workshop will address cultural considerations in play therapy work to enhance the therapeutic relationship and bridge cultural gaps along each of the Play Therapy components.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Multicultural competency

Theoretical Basis: Attachment | Integrative

W-12 Sandplay Interpretation: Basic Theory with Adolescent Case Illustration

Audrey Punnett, PhD, RPT-S & Eric Green, PhD, LCP, RPT-S

The basics of sandplay theory as developed by Dora Kalff and based on the analytical theory of C.G. Jung will be presented. The case of an adolescent will illustrate the importance of sandplay with this population during play therapy.

Level: Intermediate

Primary Area: Seminal or Historically Significant Theories | Skills and Methods

Content Focus: Sand tray / Sand play, Adolescent or Adult

Theoretical Basis: Jungian

W-13 Cultural Humility: Honoring Identity in the Practice of Play Therapy

Anne Stewart, PhD, RPT-S & Ariel Marrero, PsyD

Cultural humility focuses on aspects of culture that are central to a child and family's identity, offering a pathway to develop meaningful and culturally-attuned connections. Come learn, reflect, and practice play therapy interventions informed by the lens of cultural humility!

Level: Intermediate

Primary Area: Special Topics

Content Focus: Diversity, Trauma

Theoretical Basis: Developmental | Systemic

W-14 Grieving Children & Teenagers: Creative Art Interventions for Individuals, Groups & Families

Crystal Zelman, MSW, LCSW, RPT-S

Children and teenagers experience varying layers of loss & grief. This workshop will explore the needs of grieving children, providing you with a toolbox full of creative, expressive art interventions to support children in play therapy across various developmental stages.

Level: Introductory

Primary Area: Skills and Methods | Special Topics

Content Focus: Grief / Bereavement, Group

Theoretical Basis: Integrative



Thursday, October 14

7:30 am - 6:30 pm

Registration Open

8:00 am - 4:00 pm

Full-Day Workshops (\$120)

Th-1 Suicide Assessment, Treatment & Prevention: Restoring Hope to Youth & Families in Play Therapy

Leslie Baker, MA, LMFT, RPT-S & Mary Ruth Cross, MS, LMFT, RPT-S

Participants will learn to assess for suicide risk applying integrated attachment-based play therapy treatment and suicide prevention tools. Participants will explore play-therapy interventions for assessment, treatment and prevention and ways to support parents/caregivers & school counselors coping with youth suicide.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Attachment, Trauma

Theoretical Basis: Attachment | Cognitive-Behavioral | Integrative

Th-2 Considering Temperament for Conceptualization and Intervention in Adlerian Play Therapy

Terry Kottman, PhD, LMHC, RPT-S & Nikole Pauli, MA, LMHC, RPT-S

In this fun, experiential Adlerian play therapy workshop, explore 9 temperament traits and learn tools for assessing those traits in the play room, including temperament as one component in your conceptualization of play therapy clients, and designing play therapy interventions.

Level: Advanced

Primary Area: Skills and Methods

Content Focus: Theory / Process, Treatment Planning

Theoretical Basis: Adlerian

Th-3 Grieving From the Bottom-up: Using Expressive Therapies to Process Grief in Play Therapy

Renee Turner, PhD, LPC-S, RPT-S & Sarah Stauffer, PhD, LPC, RPT-S

The pain of grief is often unspeakable. Fortunately, expressive therapies give sensory memories and experiences a voice. Participants will consider and experience cultural and ethical implications of applying expressive arts therapy interventions in play therapy to facilitate clients' grief processes.

Level: Intermediate

Primary Area: Skills and Methods

Content Focus: Theory / Process,

Theoretical Basis: Experiential | Humanistic / Relationship

8:00 am - 11:15 am

Half-Day Workshops (\$60)

Th-4 Sunshine Circles: School Based Play Therapy Groups to Enhance Classroom Community

Gloria Cockerill, MA, LCSW, RPT-S & Andrea Bushala, MSW, LCSW, RPT

Sunshine Circles adapts Theraplay®, a modality of play therapy to group format for schools focused on developing healthy peer relationships and cohesive classroom communities. It incorporates playful, cooperative, nurturing activities to enhance students' self-regulation, emotional wellbeing and ability to learn.

Level: Intermediate

Primary Area: Seminal or Historically Significant Theories | Skills and Methods

Content Focus: Group, School-Based

Theoretical Basis: Attachment | Developmental | Experiential

Th-5 It's More Than Just Techniques: Clinical Considerations Underlying Directive Play Therapy

Sueann Kenney-Noziska, MSW, LCSW, RPT-S

Beginning play therapists stumble when learning directive interventions without considering clinical mechanisms that mediate these techniques. This seminar explores considerations & guidelines for employing directive play therapy techniques in a clinically-sound manner. Attendees will obtain clinical skills & directive interventions.

Level: Introductory

Primary Area: Skills and Methods

Content Focus: Theory / Process, Treatment Planning

Theoretical Basis: Integrative

Th-6 Dreams: A Jungian Way of Working with Children's Dreams in Play Therapy

Audrey Punnett, PhD, RPT-S

Often in play therapy, children/adolescents will share their dreams. This workshop will offer Jungian theory as a way to work with dreams; how one can use them in the context of play therapy with experiential component to working with dreams.

Level: Introductory

Primary Area: Seminal or Historically Significant Theories | Skills and Methods

Content Focus: Children's Dreams, Theory / Process

Theoretical Basis: Jungian

Thursday, October 14

(continued)

Th-7 The Use of Play Therapy with the Gender Variant and/or Transgender Child

Trudy Post Sprunk, MEd, LPC-CPCS, LMFT, RPT-S

This workshop will provide participants with the opportunity to develop a broader understanding of the therapeutic needs of the gender variant and/or transgendered youth and their parents. A wide variety of play therapy activities will be presented for assessment and mastery with this population.

Level: Advanced

Primary Area: Skills & Methods | Special Topics

Content Focus: Gender Variance, Techniques

Theoretical Focus: Experiential

DG-3 Ego, Attachment and Play Therapy

Diana Garza-Louis, MEd, LPC-S, RPT-S & Lizzie Brostella, PhD

Attachment is a key element in a child's development. Play therapy can repair the disruption that attachment disorders cause by recreating the pre-verbal stage of development and enhancing ego development and the child's sense of self.

Level: Intermediate

Primary Area: Seminal or Historically Significant Theories | Skills and Methods

Content Focus: Attachment, Diagnosis

Theoretical Basis: Attachment | Developmental | Psychodynamic



12:30 pm - 4:00 pm

Half-Day Workshops (\$60)

Th-8 Modifications of Child Parent Relationship Therapy - Toddlers, Adolescents and Adoption

Mary Bennett, PhD, LPC-S, RPT-S, Kristie Opiola, PhD, LPC, RPT, & Kara Carnes-Holt PhD, LPC-S, RPT-S

Come learn how to utilize CPRT with Toddlers, Adolescents and Adoptive families! These populations have unique needs and require additional expertise. A strong knowledge of the traditional CPRT model is required. Video examples and interactive activities will facilitate learning.

Level: Advanced

Primary Area: Special Topics

Content Focus: Theory / Process, Family

Theoretical Basis: Attachment | Child-Centered | Humanistic | Relationship

Th-9 Play Therapy with Highly Sensitive Children: Helping Them Thrive When the World Overwhelms Them

Parie Faridnia, PsyD, RPT-S & Nicole Chavez, PsyD, RPT-S

This intervention-focused workshop exposes participants to the highly sensitive trait in children. Participants will gather skills to examine how the trait impacts children's emotional well-being. Participants will discover and apply targeted play therapy techniques when working with highly sensitive children.

Level: Introductory

Primary Area: Special Topics

Content Focus: Treatment Planning, Assessment / Interpretation

Theoretical Basis: Developmental | Experiential

Th-10 Play Diagnosis & Assessment: Using Play Therapy to Diagnose and/or Assess

Heidi Kaduson, PhD, RPT-S

This workshop will focus on the formal and informal methods of assessment/diagnosis that can be done during play therapy. The didactic presentation will include video illustrations with clients and how to use the assessment as an integrative part of treatment.

Level: Intermediate

Primary Area: Skills and Methods

Content Focus: Assessment / Interpretation, Diagnosis

Theoretical Basis: Ecosystemic | Experiential | Integrative

Thursday, October 14

(continued)

DG-4 Play Therapy Instructors Reflect and Collaborate

Jodi Crane, PhD, LPCC-S, RPT-S

Participants will share ideas about the pedagogy of graduate level play therapy instruction, reflect on their own teaching, and collaborate on solutions to educational challenges. They will also receive a summary of information from recent publications in this area.

Level: Advanced

Primary Area: Special Topics

Content Focus: Play Therapy Instruction

Theoretical Basis: Integrative

4:30 pm - 6:30 pm

Evening Workshops (\$60)

Th-11 Trauma-Informed Play Therapy with Tweens: Bridging Emotional and Cognitive Development

Rachel Altwater, PsyD, RPT-S &

Quinn Smelser, PhD, NCC, LPC, RPT

This workshop aims to assist play therapists in understanding emotional and cognitive development for pre-adolescent clients who have endured traumatic experiences. Choosing play therapy interventions and discussing the impact and usability of social media and technology will be highlighted.

Level: Intermediate

Primary Area: Skills and Methods | Special Topics

Content Focus: Adolescent or Adult, Trauma

Theoretical Basis: Prescriptive

Th-12 Inside Out: Gestalt Play Therapy Techniques for Complex Trauma in Older Children

Ann Beckley-Forest, MSW, LCSW-R, RPT-S &

Annie Monaco, MSW, LCSW-R, RPT

Children with complex trauma histories and repeated treatment failures often have unrecognized attachment wounds and dissociative symptoms causing the disturbance. This experiential workshop combines Gestalt play therapy techniques including sandtray to treat children with a fragmented sense of self.

Level: Intermediate

Primary Area: Skills and Methods

Content Focus: Trauma, Sand tray / Sand play

Theoretical Basis: Gestalt | Integrative

Th-13 Creative Play Therapy Interventions for Regulating the Smallest Super Heroes

Rebeca Chow, PhD, LPC, RPT-S &

Beth Merz, MA, LPC

Play therapy interventions that integrate neurobiology and relationship-based approaches can guide children towards health and healing. During this workshop participants will learn to identify children's physiological reactions to stress, strategies to calm their central nervous systems, and the importance of regulation through play therapy.

Level: Advanced

Primary Area: Seminal or Historically Significant Theories | Skills and Methods | Special Topics

Content Focus: Trauma, Treatment Planning

Theoretical Basis: Child-Centered | Developmental | Experiential

Th-14 Helping Children to be Kind to Themselves: Play Therapy to Build Self-Esteem and Compassion.

Holly Willard, MSW, LCSW, RPT-S &

Lisa Staab Shadburn, PsyD, RPT-S

This interactive workshop uses hands-on play therapy activities and case examples to address ways to overcome negative feelings and improve self-esteem, self-efficacy, and self-compassion. Gratitude will also be discussed, including research on how enhancing gratitude can improve emotional well-being.

Level: Intermediate

Primary Area: Skills and Methods | Special Topics

Content Focus: Theory / Process, Research

Theoretical Basis: Experiential | Prescriptive

Opening Reception & Poster Presentations - Thursday, Oct. 14, 6:30 pm - 8:00 pm

An inviting opportunity for attendees, presenters, exhibitors, volunteers, and friends to connect as a community! Review play therapy research and practice-based poster presentations while enjoying light refreshments in a relaxed atmosphere.



Friday, October 15

7:30 am - 5:30 pm

Registration Open

General Session

8:00 am - 11:00 am

Diversity in Play Therapy: Past Experiences, Present Needs and Future Growth

Moderator: Mandi Meléndez, MA, LMFT-S, LPC-S, RPT-S

A panel of play therapists with diverse backgrounds will share multifaceted experiences of challenge, privilege and support as they became part of this evolving field. Audience interaction will encourage inclusivity and integrative growth in the field of play therapy.

12:30 pm - 2:30 pm

Two Hour Workshops (\$60)

F-1 Play Therapy with Transgender and Gender Variant Youth

Bridget Dixon, MSW, LCSW, RPT-S

After attending this workshop, participants will be able to apply Child Centered Play Therapy techniques that they already have, identify new direct interventions for working with Transgender youth and their families and compile local resources that support this community.

Level: Intermediate

Primary Area: Skills and Methods | Special Topics

Content Focus: Gender Variance, Family

Theoretical Basis: Attachment | Child-Centered | Family Systems

F-2 Puppet Play Therapy: Play Therapy in the Palm of Your Hand

Elizabeth Kjellstrand Hartwig, PhD, LPC-S, RPT-S &

Jamie Langley, MSSW, LCSW, RPT-S

Did you know that puppets are a creative and experiential tool for children to express themselves? This interactive workshop will demonstrate how to employ puppet play therapy with children at different developmental levels.

Level: Introductory

Primary Area: Skills and Methods

Content Focus: Puppet Play Therapy,

Theoretical Basis: Humanistic / Relationship

F-3 Playfully Breaking the Silence: Group Play Therapy For Male Survivors of Childhood Sexual Abuse

Sunkyung Chung, PhD, LPC-S, RPT-S &

Laurie Hightower, PhD, LMFT-S, RPT-S

This workshop will explore the benefits of using Group Play Therapy with male survivors of childhood sexual abuse to address complex trauma. Experiential activities will demonstrate how to explore feelings, decrease fears, and build healthy relationships.

Level: Intermediate

Primary Area: Skills and Methods | Special Topics

Content Focus: Trauma, Group

Theoretical Basis: Experiential

F-4 Adding to the ACEs of Minority Populations: COVID-19 and Implications for Play Therapy

Edward Hudspeth, PhD, LPC-S, RPT-S &

Theresa Libios, MA, LPC-Associate

Complex situations, such as the pandemic, lead to multiple mental and physical health issues. For minority communities and considering existing health disparities, the impact is greater. As such, treatment considerations are best addressed through systemic efforts that involve individuals, families, and communities. Modalities that meet these goals include (a) Filial Play Therapy, (b) Theraplay, and (c) the multiple adaptations of Child-Parent Relationship Therapy.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Trauma, Diversity & Culture

Theoretical Basis: Attachment

F-5 Play Therapy Supervision - Exploring the Unique Challenges of the Play Therapist Supervisor

Teri Krull, MSW, LCSW, RPT-S

Supervision styles vary within the field of play therapy. This 2-hour instruction is designed to review the tasks of supervision as it relates to the changing/new contexts and varied professions within play therapy. Participant discussion will be encouraged/expected.

Level: Advanced

Primary Area: Special Topics

Content Focus: Supervision, Ethics

Theoretical Basis: Integrative | Prescriptive | Systemic

Friday, October 15

(continued)

F-6 Play Therapy Supervision Essentials: Elements for Success

Carrie Longest, MS, LMHC, RPT-S

It is critical supervisors are prepared to provide play therapy supervision grounded in a supervision theory framework. In this session, RPT-Ss will learn the essential elements to provide ethical and theoretically grounded play therapy supervision.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Supervision,

Theoretical Basis: Developmental | Integrative

F-7 Our Sensory System in Play Therapy

Kim Vander Dussen, PsyD, RPT-S

In this experiential workshop participants will be exposed to play therapy interventions designed to teach them about their own sensory profile and that of children in play therapy while learning how to use sensory experiences to facilitate co-regulation.

Level: Intermediate

Primary Area: Skills and Methods

Content Focus: Theory / Process, Treatment Planning

Theoretical Basis: Developmental | Prescriptive

DG-5 Countertransference, Compassion Fatigue, & Child Sexual Abuse: An Advanced Discussion

Sueann Kenney-Noziska, MSW, LCSW, RPT-S

Much is at stake when using play therapy with sexually abused children. Countertransference and compassion fatigue can be challenging/complex. This advanced discussion will explore the impact of countertransference and compassion fatigue on the play therapist and the play therapy process.

Level: Advanced

Primary Area: Special Topics

Content Focus: Trauma,

Theoretical Basis: Integrative

3:00 pm - 5:00 pm

Two-Hour Workshops (\$60)

F-8 Child Parent Relationship Training (CPRT): Advanced Dimensions of Process and Application

Sue Bratton, PhD, LPC-S, RPT-S &

Garry Landreth, EdD, LPC, RPT-S

CPRT is a filial therapy model based on impressive research. Based on presenters' experiences, participants will explore advanced dimensions of applying CPRT. Case examples and developmental adaptations will be discussed.

Level: Intermediate

Primary Area: Seminal or Historically Significant Theories

Content Focus: Filial Therapy, Group

Theoretical Basis: Child-Centered | Filial

F-9 After the Hurt: Combining Theory, Practice and Play through the COVID Era

Rebeca Chow, PhD, LPC, RPT-S

Play therapy can be challenging during the COVID era, so many ideas and treatment needs! During this workshop, therapists will enhance their play therapy practice by examining treatment through a multi-lens approach, integrating neurobiology with a variety of in-person or online play therapy techniques and resources.

Level: Advanced

Primary Area: Seminal or Historically Significant Theories | Skills and Methods | Special Topics

Content Focus: Trauma, Treatment Planning

Theoretical Basis: Child-Centered | Developmental | Experiential

F-10 Supervisor, Supervisor: How Does your Garden Grow?

Paris Goodyear-Brown, MSSW, LCSW, RPT-S

This workshop grounds the play therapy supervisor in an attachment framework and guides our responses to supervisees at every stage of the developmental process (with a special focus on boundary development) in order to help our emerging play therapists bloom!

Level: Advanced

Primary Area: Seminal or Historically Significant Theories | Skills and Methods

Content Focus: Supervision, Attachment

Theoretical Basis: Attachment | Integrative | Prescriptive

Friday, October 15

(continued)

F-11 Using PLAY to Work with Children At-Risk of Suicide

Dennis Lin, PhD

This workshop will introduce the suicide concerns among young children, provide a brief review of Applied Suicide Intervention Skills Training (ASIST), and address the play therapy principles and techniques that are integrated in each step of ASIST.

Level: Introductory

Primary Area: Special Topics

Content Focus: Trauma

Theoretical Basis: Humanistic / Relationship

F-12 Integrating Sand & Play Therapy Interventions in Child & Adolescent Eating Disorder Treatment

Alexandra Meyers-Ellett, PhD, LPC, RPT

This workshop will explore the use of sand tray, play therapy, and expressive interventions for child/adolescent eating disorders. Appropriate screening, implementation, benefits and risks will be discussed. Techniques will be provided for application in both individual and group settings.

Level: Intermediate

Primary Area: Skills and Methods | Special Topics

Content Focus: Techniques with Special Populations, Sand tray / Sand play

Theoretical Basis: Child-Centered | Experiential | Humanistic / Relationship

F-13 Play Therapy for Gold Star Military Children and their Families

Christina Watts-Figueroa, MA, LMFT, RPT, & Lisa Remey, MEd, LPC-S, RPT-S

This workshop will provide an overview of Gold Star Military Families. Clinicians will learn about play therapy modalities that explore grief and loss and promote attachment. Participants will participate in experiential activities that will explore grief and promote healthy attachment.

Level: Intermediate

Primary Area: Skills and Methods | Special Topics

Content Focus: Attachment, Family

Theoretical Basis: Attachment | Developmental | Family Systems

F-14 How Did We Get Here? The History of Play Therapy

Dee Ray, PhD, LPC-S, RPT-S

Participants will engage in an experiential journey into history of play therapy in which we trace our roots. Using real-life stories, interactions, and research from early play therapy architects, participants will learn the current state of approaches and everyday practice.

Level: Introductory

Primary Area: History

Content Focus: History, Research

Theoretical Basis: Integrative

DG-6 Cultural Opportunities in Play Therapy: How They Are Expressed, How to Seize and Respond to Them

Yumiko Ogawa, PhD, LPC, RPT-S & Cheng Yi-Ju, PhD, LPC, RPT

The presenters will discuss how cultural opportunities emerge in play therapy, and what helps play therapists develop cultural comfort to be able to effectively respond to such opportunities. This is based on a qualitative study.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Diversity, Research

Theoretical Basis: Child-Centered | Humanistic / Relationship



Welcome Back Party! -

Friday, Oct. 15, 7:30 pm - 10:00 pm

We're back and in person! Let's celebrate our coming together with a much-deserved Welcome Back Party. We missed seeing you last year and invite you to join us for a night full of music, fun, and dancing.

Saturday, October 16

7:30 am - 6:00 pm

Registration Open

Awards of Excellence Breakfast

8:00 am - 9:30 am

Join us as we celebrate and recognize 2020 and 2021 award winners, Leadership graduates, APT chartered branches, and retiring Board Members. *Pre-registration is required*

10:00 am - 5:30 pm

Full-Day Workshop (\$120)

S-1 Unifying Jungian Analytical Theory and Neuroscience to Build Healing Pathways with Play Therapy

Richard Gaskill, EdD, LCPC, RPT-S & JP Lilly, MS, LCSW, RPT-S

Play therapy developed before modern neuroscience. Consequently, models relied on historical experience and theory for legitimacy. Neuroscientific principles offer support for many play therapy approaches. This workshop examines neuroscientific principles and concepts in relationship to Jungian Analytical Theory and constructs

Level: Advanced

Primary Area: Special Topics

Content Focus: Theory / Process, Trauma

Theoretical Basis: Jungian

S-2 Parents as Partners in TraumaPlay: Attachment, Paradigm Shifts, and Story Keeping

Paris Goodyear-Brown, MSSW, LCSW, RPT-S

This workshop offers a multitude of immediately usable evidence informed TraumaPlay interventions for families as well as lots of newly created tools that help parents (and teachers) simplify neurobiological concepts, shift discipline strategies and become better Story Keepers.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Attachment, Trauma

Theoretical Basis: Attachment | Integrative | Prescriptive

S-3 Are They Getting Better? Tracking, Evaluating, and Articulating Progress in Play Therapy

Dee Ray, PhD, LPC-S, RPT-S

How do we know play therapy is working? This session will provide a system for identifying and measuring progress in play therapy both in and out of session. This session is applicable to all orientations but will use CCPT examples.

Level: Intermediate

Primary Area: Diagnosis & Assessment

Content Focus: Treatment Planning

Theoretical Basis: Child-Centered

10:00 am - 12:30 pm

Half-Day Workshops (\$60)

S-4 Ethics in Play Therapy Supervision: Challenges and Opportunities

Jeff Ashby, PhD, RPT-S

Play Therapy supervision can create unique ethical challenges. However, these challenges also offer opportunities to model ethical practice. Using discussion and case examples, this workshop will aid you in making, and modeling, ethical choices in play therapy supervision.

Level: Intermediate

Primary Area: Skills and Methods

Content Focus: Ethics, Supervision

Theoretical Basis: Integrative

S-5 Child Teacher Relationship Training: Partnering with Teachers Using Play Therapy

Kara Carnes-Holt, PhD, LPC-S, RPT-S & Kim Coggins, PhD, NCC

This advanced interactive workshop equips counselors to partner with teachers to meet social-emotional needs of children. By utilizing Child Teacher Relationship Therapy, a well-researched play therapy approach, counselors can maximize their impact on underserved populations in their community.

Level: Advanced

Primary Area: Skills and Methods | Special Topics

Content Focus: School-Based

Theoretical Basis: Child-Centered

Saturday, October 16

(continued)

S-6 Applying Theraplay® with Children in International Crisis Work

**Evangeline Munns, PhD, RPT-S,
Claudio Mochi, MA, RP, RPT-S,
& Isabella Cassina MA**

This workshop will briefly cover the main tenants of Theraplay®, an attachment-based model of play therapy, and how it has been applied to children in disaster and poverty-stricken areas. Lecture, videos and experiential activities will be included.

Level: Intermediate

Primary Area: Seminal or Historically Significant Theories | Skills and Methods | Special Topics

Content Focus: Attachment, Trauma

Theoretical Basis: Attachment

S-7 An Ecosystemic Approach to Play Therapy: Assessment, Case Formulation and Treatment Planning

Kevin O'Connor, PhD, ABPP, RPT-S

Participants will learn an organized, step-wise model for conducting intakes, developing case formulations, setting treatment goals and designing both overall treatment plans and specific in-session activities to address the treatment goals in a manner consistent with Ecosystemic Play Therapy. Participants should have a working knowledge of Ecosystemic Play Therapy theory and practice.

Level: Advanced

Primary Area: Seminal or Historically Significant Theories | Skills and Methods

Content Focus: Treatment Planning, Assessment / Interpretation

Theoretical Basis: Ecosystemic

S-8 Child-Centered Play Therapy Rooms: Creating Spaces that Facilitate Child-led Therapeutic Growth

**Maggie Parker, PhD, LPC, RPT-S &
Kasie Lee, PhD, LPC-MHSP, RPT**

Creating and maintaining a play therapy room can be a daunting yet exciting and creative task. Presenters will share recommendations from play therapy scholars and other child development experts to help transform diverse spaces into welcoming and therapeutic playrooms.

Level: Advanced

Primary Area: Seminal or Historically Significant Theories

Content Focus: Theory / Process, Diversity

Theoretical Basis: Child-Centered | Humanistic / Relationship

DG-7 Child-Teacher Relationship Training: A Trauma-Informed Approach in Title 1 Schools

**Phyllis Post, PhD, LPC-S, RPT &
Amy Grybush, MA, LPCA**

Child-teacher relationship training (CTRT) trains teachers to use play therapy skills in classrooms. This discussion group will address 3 CTRT interventions in high-poverty elementary schools. Modifications to the program that include a focus on trauma, ACEs, social justice, and resilience included.

Level: Intermediate

Primary Area: Skills and Methods

Content Focus: Theory / Process, Diversity

Theoretical Basis: Child-Centered

2:00 pm - 5:30 pm

Half-Day Workshops (\$60)

S-9 When I Feel Better, You Feel Better: Enhancing Child Parent Relationships:

Erin Dugan, PhD, LPC-S, RPT-S

The importance of enhancing the parent's ability to effectively parent is crucial in the process of play therapy. A sequentially designed therapeutic process as well as a review of essential play therapy techniques will be presented.

Level: Intermediate

Primary Area: Skills and Methods

Content Focus: Attachment, Family

Theoretical Basis: Attachment | Child-Centered | Family Systems

S-10 "Sense-sational" Play Therapy: Play Interventions for Sensory Processing Sensitivities

Cary M. Hamilton, MA, LMHC-S, RPT-S

An overview of the presentation, neurobiology, and challenges associated with children that have sensory sensitivities. Learn sensory-informed interventions to be used in play therapy as an adjunct to other seminal theories. Participants will learn interventions to use in play therapy.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Neurodiversity / Sensory Processing, Diversity

Theoretical Basis: Gestalt | Integrative

Saturday, October 16

(continued)

S-11 When the Family Narrative Changes: Maintaining Connection with LGBTQIA Child with Play Therapy

Carmen Jimenez-Pride, MSW, LCSW, LICSW-CPS, RPT-S

A child may be a member or have curiosity about the LGBTQIA community and this discovery may halt, or even destroy the narrative parents have unknowingly placed on the child. This workshop will focus on maintaining the connection between the LGBTQIA child and family with play therapy.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Family, Diversity

Theoretical Basis: Adlerian

S-12 You Can Use Theraplay® with THEM? A Panel Discussion with Theraplay Experts

Mandy Jones, MSW, LCSW, RPT, JD,

Marshall Lyles, MA, LMFT-S, RPT-S,

Ritamaria Laird MA, LCPC, &

Mandalyn Castanon, MA, LMHC

Theraplay® is easily adapted for clients with unique needs. This panel discussion explores adjustments made for in-home play therapy, incorporating animals, use with infants and parents in substance abuse treatment, and for those who have experienced medical trauma.

Level: Intermediate

Primary Area: Seminal or Historically Significant Theories | Special Topics

Content Focus: Theory / Process, Treatment Planning

Theoretical Basis: Attachment | Family Systems | Integrative

S-13 Humpty Dumpty in Supervision: Using Storytelling and Art to Overcome Trauma “Shattering”

Sarah Stauffer, PhD, LPC, RPT-S &

Michelle Pliske, MSW, LCSW, RPT-S

Play therapists may feel “shattered” by holding trauma stories. Play therapy supervisors can promote supervisee development and client healing through art, imagery, and storytelling. In this interactive workshop, RPT-Ss will apply expressive arts and storytelling interventions to their cases.

Level: Advanced

Primary Area: Skills and Methods | Special Topics

Content Focus: Supervision, Theory / Process

Theoretical Basis: Integrative | Prescriptive | Systemic

DG-8 Play Therapy and Autism: A Critical Review

Robert Grant, EdD, LPC, RPT-S &

Kevin Hull, PhD, LMHC, RPT

This group discussion explores strengths and limitations of play therapy as an approach to working with autistic children and families. Research, evidence-based practices for autism, and clinical outcomes of play therapy theories and approaches will be discussed.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Research, Theory / Process

Theoretical Basis: Developmental | Integrative | Prescriptive



Sunday, October 17

8:00 am - 12:00 pm

Registration Open

8:30 am - 11:45 am

Half-Day Workshop (\$60)

Su-1 Play Therapist Self-Care: Now More Than Ever, Maintaining Emotional Competence and Keeping Our Sanity!

Jeff Ashby, PhD, RPT-S

Especially in recent times, play therapists consistently extend themselves on behalf of the clients they serve. In this experiential workshop, we'll learn and practice self-care techniques that can assist the play therapist in upholding the ethical mandate of emotional competence.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Ethics

Theoretical Basis: Adlerian

Su-2 Working with Aggression and Intensity in the Playroom

Lisa Dion, MA, LPC, RPT-S

Aggression is a part of play therapy and knowing how to make it therapeutic is often a challenge. Using neuroscience, come learn how to help your child clients work through their aggression and intense play leading to healing and transformation.

Level: Intermediate

Primary Area: Special Topics

Content Focus: Theory / Process, Trauma

Theoretical Basis: Experiential | Humanistic | Relationship

Su-3 Therapeutic Powers of Play in Neurobiologically-Informed, Play Therapy Complex Trauma Treatment

Edward Hudspeth, PhD, LPC-S, RPT-S

Considering the nature and impact of complex trauma, treatment should occur in stages, be grounded in the therapeutic powers of play, and be applied through the relationally and developmentally sensitive nature of neurobiologically-informed play therapy.

Level: Advanced

Primary Area: Special Topics

Content Focus: Trauma, Theory / Process

Theoretical Basis: Attachment

Su-4 Oh the Places You'll Go! Using Guided Imagery and Expressive Arts in Play Therapy

Clair Mellenthin, MSW, LCSW, RPT-S

Guided imagery coupled with expressive arts are powerful tools to have in your toolbox. Learn to integrate the powers of play, imagination, and mindfulness in this workshop exploring the how, why, and when to utilize guided imagery in play therapy.

Level: Intermediate

Primary Area: Skills and Methods

Content Focus: Theory / Process, Assessment / Interpretation

Theoretical Basis: Attachment | Gestalt | Integrative



Continuing Education

The APT Conference is co-sponsored by The Association for Play Therapy and The Institute for Continuing Education. Continuing education credit and certificates of attendance are offered as listed. Continuing education credit is awarded on a session-by-session basis, with full attendance required for each session attended. The continuing education processing fee is \$25.00 per person (\$30.00 on site). The Conference offers a total of 37.00 contact hours. Conference attendees are required to check in at the continuing education desk to receive CE materials and instructions for obtaining continuing education credit. Verification of continuing education contact hours earned at the Conference are mailed to attendees following the Conference. To receive CE credit, attendees must complete CE materials, sign in/out daily, and complete an evaluation of sessions attended.

Questions: If you have any questions regarding continuing education credit, the program, presenters, or learning objectives, please contact The Institute for Continuing Education at: 800-557-1950 / e-mail: instconted@aol.com.

Learning Objectives: For a listing of learning objectives by session, contact The Institute. Session learning objectives will be posted on the APT Conference website prior to the Conference.

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New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists. Provider PSY 0043.

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Social Work: Application for social work continuing education has been submitted. The APT website will be updated regarding approval.

Florida: Florida Dept. Health, Div. SW, MFT, Counseling Provider BAP 255, expiration 03/22.

New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provided SW-0025.

Ohio: Ohio Board Counseling and Social Work, provider RCS 030001.

New Jersey: This program has not been submitted for pre-approval.

Marriage-Family Therapy:

California: The Institute for Continuing Education, provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This program meets the qualifications for up to 37.00 hours of continuing education credit for LMFTs, LCSWs, LPCCs, as required by the California Board of Behavioral Sciences.

Ohio: The Institute for Continuing Education is recognized as a provider of continuing education by the Ohio Marriage and Family Therapist Board, Provider RTX 100501.

New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Marriage and Family Therapists as an approved provider of continuing education for licensed marriage-family therapists, Provider MHC-0012.

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Ethics sessions: Participants are responsible for checking with their state regulatory board to determine if workshops containing "ethics content" meets the regulations of their State Board for the awarding of "ethics credit hours."

Non-Credit Events: Continuing education credit is not offered for breakfast, luncheon, reception, dinner events, poster sessions, board meetings, annual meetings, committee meetings, networking sessions, or tour activities. If you have questions, contact The Institute for Continuing Education at the number listed above.

Instructional Methodology: Instructional methodology may include didactic, audiovisuals, demonstrations, experiential exercises, case examples, small and large group discussions.

Continuing Education Contact Hours Offered by Day:

Tuesday, October 12	6.00 hour
Wednesday, October 13	8.00 hours (includes evening workshops)
Thursday, October 14	8.00 hours (includes evening workshops)
Friday, October 15	6.50 hours
Saturday, October 16	5.50 hours
Sunday, October 17	3.00 hours
Total hours offered:	37.00 hours

Conference Presenters

- Ivette Acevedo-Weatherholtz, MA, LPC, RPT, University of New Mexico, Albuquerque, NM
Rachel Altwater, PsyD, RPT-S, Creative Psychological Health Services, Catonsville, MD
Jeff Ashby, PhD, RPT-S, Georgia State University, Atlanta, GA
Leslie Baker, MA, LMFT, RPT-S, Therapy2Thrive® Ruby Hill Marriage and Family Counseling Center, Inc., Pleasanton, CA
Ann Beckley-Forest, MSW, LCSW-R, RPT-S, Private Practice, Buffalo, NY
Mary Bennett, PhD, LPC-S, RPT-S, Austin Stone Counseling Center, Austin, TX
Sarah Blalock, PhD, LPC-S, RPT-S, Texas State University, San Marcos, TX
Sue Bratton, PhD, LPC-S, RPT-S, Bratton Counseling and Consulting, Crested Butte, CO
Lizzie Brostella, PhD, Instituto Clínico Brostella, Panama City, Marbella, Panama
Sam Bunnyfield, MSW, LCSW, RPT-S, Healing Space Therapy, Chicago, IL
Andrea Bushala, MSW, LCSW, RPT, The Theraplay Institute, Evanston, IL
Kara Carnes-Holt, PhD, LPC-S, RPT-S, University of Wyoming, Laramie, WY
Isabella Cassina, MA, International Academy for Play Therapy and PsychoSocial Projects, Lugano, Switzerland
Mandalyn Castanon, MA, LMHC, Suanne Gresham Center, Muncie, IN
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Bridget Dixon, MSW, LCSW, RPT-S, Monarch Play Therapy, Lawrence, KS
Erin Dugan, PhD, LPC-S, RPT-S, APT Board of Directors; Louisiana State University Health Sciences Center New Orleans, New Orleans, LA
Parie Faridnia, PsyD, RPT-S, OC Family Wellness Group, Irvine, CA
Juliet Fortino, MC, LPC, RPT-S, Juliet Fortino, PLLC, Tucson, AZ
Diana Garza-Louis, MEd, LPC-S, RPT-S, Rio Grande Counseling Center, Austin, TX
Richard Gaskill, EdD, LCPC, RPT-S, Sumner Mental Health, Wichita, KS
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Kevin Hull, PhD, LMHC, RPT, Liberty University, Lakeland, FL
Carmen Jimenez-Pride, MSW, LCSW, LISW-CPS, RPT-S, Outspoken Counseling and Consulting, Augusta, GA
Mandy Jones, MSW, LCSW, RPT, JD, The Theraplay Institute, Evanston, IL
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Beth Merz, MA, LPC, The Children's Place, Kansas City, MO
Alexandra Meyers-Ellett, PhD, LPC, RPT, Northeastern State University, Broken Arrow, OK
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Yumiko Ogawa, PhD, LPC, RPT-S, New Jersey City University, Jersey City, NJ
Kristie Opiola, PhD, LPC, RPT, University of North Carolina at Charlotte, Charlotte, NC
Maggie Parker, PhD, LPC, RPT-S, The George Washington University, Washington, DC
Nikole Pauli, MA, LMHC, RPT-S, Private Practice, Cedar Falls, IA
Mary Anne Peabody, EdD, LCSW, RPT-S, APT Foundation Board of Directors; University of Southern Maine, Lewiston, ME
Michelle Pliske, MSW, LCSW, RPT-S, Firefly Institute, Hillsboro, OR
Phyllis Post, PhD, LPC-S, RPT, University of North Carolina at Charlotte, Charlotte, NC
Audrey Punnett, PhD, RPT-S, Private Practice, Fresno, CA
Dee Ray, PhD, LPC-S, RPT-S, APT Board of Directors; University of North Texas, Denton, TX
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Scott Riviere, MS, LPC-S, LMFT, RPT-S, APT Board of Directors; Healing KIDZ, Lake Charles, LA
Lisa Staab Shadburn, PsyD, RPT-S, University of California, San Diego Extension, San Diego, CA
Althea Simpson, MSW, LCSW, RPT-S, Brighter Day Therapeutic Solutions, PLLC, Woodbridge, VA
Quinn Smelser, PhD, LPC, RPT, George Washington University, Washington, DC
Trudy Post Sprunk, MEd, LPC-CPCS, LMFT, RPT-S, Tucker Center for Personal Growth, Tucker, GA
Sarah Stauffer, PhD, LP (Switzerland), LPC, RPT-S, Association ESPAS, Lausanne, Switzerland
Anne Stewart, PhD, RPT-S, APT Board of Directors; James Madison University, Harrisonburg, VA
LaKaavia Taylor, PhD, LPC, RPT, University of North Texas, Denton, TX
Renee Turner, PhD, LPC-S, RPT-S, Expressive Therapies Institute, San Antonio, TX
Tracy Turner-Bumberry, MA, LPC, RPT-S, Seva Counseling, Milledgeville, GA
Tammie Van Hollander, MSW, LCSW, RPT-S, Main Line Play Therapy, Bryn Mawr, PA
Kim Vander Dussen, PsyD, RPT-S, APT Board of Directors; The Chicago School of Professional Psychology Irvine, Irvine, CA
Christina Villarreal-Davis, PhD, LPC-S, RPT-S, Liberty University, Lynchburg, VA
Christina Watts-Figueroa, MA, LMFT, RPT, Yellow Ribbon Counseling PLLC, Killeen, TX
Holly Willard, MSW, LCSW, RPT-S, Grandview Family Counseling, Bountiful, UT
Dawn Williamson, MSW, LCSW, RPT-S, Private Practice, Dundee, OR
Cheng Yi-Ju, PhD, LPC, RPT, Rider University, Lawrenceville, NJ
Crystal Zelman, MSW, LCSW, RPT-S, Morris County Play Therapy, Denville, NJ

Registration Information

Register by September 10, 2021 to SAVE!

- **Online:** www.a4pt.org
- **Mail:** APT, 401 Clovis Avenue #107, Clovis, CA 93612

Fees increase after September 10, 2021. Payment in full is required at time of registration. Only on-site registrations will be accepted after September 30, 2021. On-site registrants are not assured seating in their preferred workshops.

Individuals requiring special accommodations as defined by ADA must register by September 10, 2021.

Conference Fees

Total Fees = Registration fee + Workshop fees + CE fee

Registration Fee (Required):

Includes access to workshop handouts and name badge for admittance to exhibits and receptions.

- Member registration fee: **\$25** (\$125 after September 10)
- Non-Member registration fee: **\$125** (\$225 after September 10)
- Student registration fee: **\$15** (\$65 after September 10)

Workshop Fees:

Customize your conference experience! Select and pay only for those workshops you wish to attend.

- Full day (5 - 6 hours): **\$120**
- Half day or Evening (2 - 3 hours): **\$60**

Continuing Education Fee:

This **\$25** fee (\$30 on-site) covers Continuing Education and/or a Certificate of Attendance for the entire conference.

Guest Registration Fee:

This **\$100** fee admits guest to the Exhibit Hall, Opening Reception, Poster Presentation, Friday Keynote, and APT After Party. Guest registration does not grant admission to workshops.

Purchase Order Fee:

This **\$15** fee is applicable only if submitting a school or agency purchase order. All purchase orders must be paid in full by September 22, 2021.

Transportation

Clinton National Airport (LIT) is 6.1 miles from the Little Rock Marriott.

Shuttle: The Little Rock Marriott offers a free airport shuttle for guests. Shuttle pick-up area is outside of baggage claim Exit D. Call (501) 906-4000 to request a pick-up (reservations are not available).

Rideshare: Uber and Lyft pick-up location is Shuttle Pick-up area outside of baggage claim Exit D.

Taxi: Taxi service is available outside of Exit H on the west side of baggage claim. Fares to the Little Rock Marriott are approximately \$18 (one way).

Travel Agent: Attendees are invited to contact Dana Huckestein, Altour Travel, dana.huckestein@altour.com or (559) 431-0414, to arrange their airline and rental car reservations. A \$35 service charge is added to each airline ticket.

Hotel Information

Little Rock Marriott

3 Statehouse Plaza
Little Rock, AR 72201 (501) 906-4000

Guest Room Rate: \$159 plus tax for single/double (includes Wi-Fi in guest rooms).

Parking: Self-parking at Statehouse Convention parking garage (approximately 2 blocks from hotel): \$6 per night
Valet parking: \$25 per night.

Reservations: Reserve online at www.a4pt.org. Room availability and special rates are available until **September 10, 2021**, or until the space is filled. We urge you to make your hotel reservations early.

Cancellation Policy

Registration cancellations must be submitted to APT in writing by **September 10, 2021**.

- **Impact of Coronavirus on the APT Conference:** APT is working with the Little Rock Marriott on safety protocols and will continue to monitor recommendations from the CDC and WHO. However, should public health guidelines prevent in-person gatherings, we will provide registration refunds upon request. Please use care when booking travel arrangements; APT is not responsible for airfare or other travel reimbursements should public health guidelines require cancellation of the in-person conference.
- The Conference fees, minus a \$75 administrative charge, will be refunded only if request is received by September 10, 2021.
- Because registrations generate contractual and non-refundable guarantees between APT and other parties, registration refunds will neither be made after September 10, 2021 nor to parties who register but do not attend.
- Registrations may be transferred to another person without penalty only if original registrant notifies APT.
- APT reserves the right to cancel this conference in the event of unforeseen circumstances. If such occurs, APT will attempt to notify registrants at least 10 calendar days prior to the conference and refund all registration, workshop, continuing education, and tour fees. In all instances, the liability of APT is limited to refunding such fees.

Disclaimers

- Registrants understand and agree that any photograph, video, or audio recording of themselves may be used to further promote the Annual Conference or APT.
- The Annual Conference is sponsored by APT for educational purposes only. The material presented is not intended to represent the only or best approaches to the topics being discussed and participants waive any claim they may have against APT for assurance on information presented.
- For the optimum experience of all, children under 18 years are not allowed in conference venues for the duration of the event.
- APT expects professional conduct by attendees at all times while at sponsored events.



38th Annual Association for Play Therapy International Conference
October 12 - 17, 2021

Registration Form

Please print:

Name: _____ Degree: _____ Agency: _____

Address: _____ City: _____ State: _____ Zip: _____ Country: _____

Phone: _____ Email: _____ (required for confirmation email)

Emergency Contact Name: _____ Emergency Contact Phone: _____

Registration Fee:

		Fees
APT Member:	\$25 (\$125 after Sept. 10)	\$ _____
Non-APT Member:	\$125 (\$225 after Sept. 10)	\$ _____
Student:	\$15 (\$65 after Sept. 10)	\$ _____

Workshop Fees: Assignment is based on availability at time of registration and payment.

	1st choice	2nd choice	Fees
Tue, Oct. 12			
(Tu1 - Tu2) 8:30 am - 4:30 pm \$120/each OR	_____	_____	\$ _____
(Tu3 - Tu5) 8:30 am - 11:45 am \$60/each	_____	_____	\$ _____
(Tu6 - Tu8) 1:00 pm - 4:30 pm \$60/each	_____	_____	\$ _____
Wed, Oct. 13			
(W1 - W2) 8:00 am - 4:00 pm \$120/each OR	_____	_____	\$ _____
(W3 - W6 & DG1) 8:00 am - 11:15 am \$60/each	_____	_____	\$ _____
(W7 - W10 & DG2) 12:30 pm - 4:00 pm \$60/each	_____	_____	\$ _____
(W11 - W14) 4:30 pm - 6:30 pm \$60/each	_____	_____	\$ _____
Thur, Oct. 14			
(Th1 - Th3) 8:00 am - 4:00 pm \$120/each OR	_____	_____	\$ _____
(Th4 - Th7 & DG3) 8:00 am - 11:15 am \$60/each	_____	_____	\$ _____
(Th8 - Th10 & DG4) 12:30 pm - 4:00 pm \$60/each	_____	_____	\$ _____
(Th11 - Th14) 4:30 pm - 6:30 pm \$60/each	_____	_____	\$ _____
Fri, Oct. 15			
(F1 - F7 & DG5) 12:30 pm - 2:30 pm \$60/each	_____	_____	\$ _____
(F8 - F14 & DG6) 3:00 pm - 5:00 pm \$60/each	_____	_____	\$ _____
Sat, Oct. 16			
Awards Breakfast 8:00 am – 9:30 am <input type="checkbox"/> Attending <input type="checkbox"/> Not Attending <i>Included with Saturday registration fees.</i>			
(S1 - S3) 10:00 am - 5:30 pm \$120/each OR	_____	_____	\$ _____
(S4 - S8 & DG7) 10:00 am - 12:30 pm \$60/each	_____	_____	\$ _____
(S9 - S13 & DG8) 2:00 pm - 5:30 pm \$60/each	_____	_____	\$ _____
Sun, Oct. 17			
(Su1 - Su4) 8:30 am - 11:45 am \$60/each	_____	_____	\$ _____

Optional Item Fees:

Continuing Education Certificate: \$25 \$ _____

This CE Fee covers your continuing education credit hours and verification of attendance for the entire week. \$30 if added on-site.

Purchase Order Fee: \$15 \$ _____

Applicable only if submitting a school or agency purchase order.

Guest Registration Fee: \$100 \$ _____

Admits guest to the Exhibit Hall, Poster Presentation, Welcome Reception, Keynote, After Party, and Panel Presentation.
This fee does not include admission to workshops.

Foundation for Play Therapy Contribution: \$ _____

Your voluntary charitable, tax-exempt contribution to the Foundation supports conference scholarships for students, research, and public awareness.

TOTAL DUE (add all fees) \$ _____

Method of Payment: Payment must accompany registration.

VISA MasterCard or Check # _____

Signature: _____

Card #: _____

Exp. Date: _____ AVS Code _____

_____ (please initial) I have read and agree to abide by the printed Cancellation Policy, Disclaimers and all other organizational policies printed in this brochure.

_____ Pursuant to the Americans with Disabilities Act, do you require specific aids or services? If checked, registration must be received by September 10, 2021.

Networking Opportunities in Little Rock!

Don't miss out on one of the most valuable aspects of your conference experience - the ability to network with colleagues! The APT Conference offers many opportunities to make new friends and catch-up with peers.

Little Rock Marriott

The Little Rock Marriott is located in the heart of downtown Little Rock, with many rooms offering views of downtown Little Rock and the Arkansas River. The hotel is conveniently located near the Clinton Library and other famous attractions.

"Join Me!" Networking Dinners

Connect with new and old colleagues when you attend one or more of these casual, networking dinners. Groups will be led to nearby restaurants within walking distance. All are welcome to these no host dinners. Stop by the APT Registration desk for details.

Opening Reception & Poster Presentations - Thursday, Oct. 14, 6:30 pm - 8:00 pm

An inviting opportunity for attendees, presenters, exhibitors, volunteers, and friends to connect as a community! Review play therapy research and practice-based poster presentations while enjoying light refreshments in a relaxed atmosphere.

Welcome Back Party! - Friday, Oct. 15, 7:30 pm - 10:00 pm

We're back and in person! Let's celebrate our coming together with a much-deserved Welcome Back Party. We missed seeing you last year and invite you to join us for a night full of music, fun, and dancing.

Experience Little Rock

Little Rock has an abundance of cultural and natural attractions! Known for its civil rights history that shaped the state and the nation, Little Rock is home to six destinations along the U.S. Civil Rights Trail. If you are looking for an outdoor adventure, Pinnacle Mountain State Park, the Arkansas River Trail, the Big Dam Bridge, and 50 other city parks are just minutes away. After you are done exploring, have a good time at the River Market district, a year-round market where you will find Arkansas live music, shops, stalls, and tables of food and unique products. Explore the many educational attractions, unique neighborhoods, or plan your outdoor adventure at www.littlerock.com.



**Over 75 workshops to choose from offering
up to 37 hours of continuing education for:**

- **Counselors • Marriage and Family Therapists**
- **Psychologists • School Counselors**
- **School Psychologists • Social Workers**



www.a4pt.org