

# Every Dose, Every Day



Many studies show that as many as 3 out of 4 patients do not take their medications with the biggest reason being the high cost of drugs. Remember you can always talk with your nurse, doctor, or pharmacist if you are unable to pay for your medications. Refer to the list below for more information on Patient Assistance Resources.

Your nurse, doctor, or pharmacist can help you fill out any forms that are needed.

## Medication Assistance Resources

NOVARTIS (Entresto-sacubitril-valsartan)		
<b>Benefits</b>	Free 30-day trial Maximum of 60 tablets.  \$10 dollar co-pay card for 30- 60- or 90-day supply.	<b>Eligibility</b>
		U.S. residents only Meet the income requirements Have limited or no prescription coverage.  Only valid for patients 18 years and older. Cannot be submitted to any public or private third party payor or any federal or state healthcare program for reimbursement.
		<b>Information</b>
		Novartis Patient Assistance Foundation, Inc. P.O. Box 52029 Phoenix, AZ 85072-2029  Phone: 800-277-2254 Fax: 855-817-2711
RxHope - Hope for Everyone		
<b>Benefits</b>	Patients and their caregivers and healthcare providers can search for medications, patient assistance programs or pharmaceutical companies to provide free or low cost medications.	<b>Eligibility</b>
		The company assists if patients are eligible for patient assistance and then helps you with the application process.
		<b>Information</b>
		Web: <a href="http://www.rxhope.com">www.rxhope.com</a>
Arbor Pharmaceuticals Patient Assistance Program (BiDil-isosorbide dinitrate)		
<b>Benefits</b>	Prescription Savings Card Patients may pay as little as \$0 for up to 90 tablets on the first prescription. All other refills are discounted to as little as \$15 per prescription	<b>Eligibility</b>
		<ul style="list-style-type: none"> <li>• Not covered by any private, public, or Medicare Part D health insurance and prescription coverage programs.</li> <li>• U.S. residents only</li> <li>• Outpatient currently under the care of a physician.</li> <li>• Income less than or equal to 200% of the Federal Poverty Guideline (300% for BiDil) for the size of your household</li> </ul>
		<b>Information</b>
		Phone: 844-884-8700 Web: <a href="http://www.bidil.com">www.bidil.com</a> Web: <a href="http://arborpharma.com">arborpharma.com</a>
NeedyMeds		
<b>Benefits</b>	Good source information on patient assistance programs, and free or low-cost medical care.  Discount cards and coupons are available on the site or can be found by searching the Internet.	<b>Eligibility</b>
		<ul style="list-style-type: none"> <li>• Discount cards do not have an income or residency requirements.</li> <li>• No fees or registrations.</li> <li>• Can be transferred to other persons.</li> <li>• Can be used if there is no insurance coverage; not covered in the patient's insurance plan or if the co-pay or deductible is too high.</li> <li>• Can be used in the Medicare "donut hole."</li> <li>• Can be used for over the counter and prescription medications.</li> </ul>
		<b>How to Get It</b>
		PO Box 219 Gloucester, MA 01931  Phone: 800-503-6897 Web: <a href="http://www.needy meds.org">www. needy meds.org</a>



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## Medication Assistance Resources

### Partnership for Prescription Assistance

<b>Benefits</b>	<p>Free service.</p> <p>Helps patients without prescription coverage get the medications needed for free or low cost, brand name medications.</p>	<b>Eligibility</b>	<p>An application is required for each medication.</p> <p>The application will describe eligibility and require proof of income</p>	<b>Information</b>	<p>Phone: 888-4PPA-NOW (888-477-2669)</p> <p>Web: <a href="http://www.pparx.org">www.pparx.org</a></p>
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### RxAssist Patient Assistance Program Center

<b>Benefits</b>	<p>Helps find free and low cost medications.</p> <p>The site has patient assistance programs as well as access to download applications, print medication coupons and find charitable programs for uninsured or needy who do not have the means to pay for medical care.</p> <p>Has a database of drug company programs that provide free drugs and co-pay assistance.</p>	<b>Eligibility</b>	<p>Each program has different requirements.</p> <p>The most common requirements are:</p> <ul style="list-style-type: none"> <li>• Be a U.S. citizen or legal resident</li> <li>• Have no prescription insurance coverage</li> <li>• Meet program income guidelines</li> </ul>	<b>Information</b>	<p>Web: <a href="http://www.rxassist.org">www.rxassist.org</a></p>
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## How to reduce medication costs:

1. Mail order pharmacy prices are often lower than found at the pharmacy and the medication is delivered to your home!
2. Many national chains like Walmart, Walgreens, CVS, Rite Aid, and Costco have a generic drug list called "The Four Dollar List". A 30-day supply costs \$4.00 and a 90-day supply is \$10.00. They may also have a tiered list with different prices for each tier. For example,
  - \$5 for tier 1
  - \$10 for tier 2
  - \$15 for tier 3
3. Ask for generic medications to reduce costs.
4. RiteAid has a prescription discount club that costs only \$5 per year and gives discounts on some medications.

Resource for this article:

CR Shaw - 2014 - Nurse Pract. 2014 Jul 13;39(7):43-7

