

Michelle Tilghman, DVM, CCRP, CVA

Dr. Michelle Tilghman has been practicing veterinary medicine since 1982. She is a member of American Veterinary Medical Association, AVMA, International Veterinary Acupuncture Society, IVAS, American Acupuncture Veterinary Academy, AAVA, and the American Holistic Veterinary Medical Society, AHVMA. A graduate of the University of Georgia's Veterinary School, she has focused her career on complementary modalities, utilizing her Western education coupled with her knowledge of Eastern medicine, which has been around for over three thousand years. She has been certified as an acupuncturist through IVAS since 1984, and she received certification as a canine rehabilitation practitioner (CCRP) at the University of Tennessee in 2004. As an international educator, she has taught in Brazil, Belgium, and Germany (to name only a few of the countries in which she has taught), where she instructed veterinary students and doctors in over forty sessions on the topics of acupuncture, rehabilitation, and complementary modalities. She was an adjunct professor at Virginia-Maryland Regional College of Veterinary Medicine. In 2010, she was invited to be a guest lecturer at Grand Rounds at Purdue University's School of veterinary medicine. She is a contributing author of the second edition of *Veterinary Acupuncture: Ancient Art to Modern Medicine* (Schoen Am, St Louis, 2001, Mosby). Her magazine articles are in the Animal Wellness Magazine.

She has presented many lectures on acupuncture, Chinese herbs, tongue and pulse, geriatric medicine and physical therapy at IVAS, AHVMA, AVMA and many state veterinary meeting in the United States.

She has taught acupuncture for IVAS from 1999 to 2012. In 2012 she was invited to present at the Traditional Chinese Veterinarian Conference in Su-Zhou, China. She was awarded the excellent speaker award at the 2016 World Association of Traditional Chinese Medicine in Beijing, China. She has presented at the 2015 Pan Pacific Veterinary Conference in Brisbane, Australia.

She is the past president of the AHVMA, has served on the board for the AAVA, and a past chair of international education for IVAS.

Dr. Michelle is the owner of Loving Touch Animal Center; the center focuses on integrative medicine, blending Eastern, Western and Physical Therapy for complete patient care.

Dr. Tilghman has completed the practitioner and therapist levels of medical Qigong through the International Institute of Medical Qigong. Her Qigong practice is an important in her busy life to help maintain a healthy life balance.

Dr. Michelle is the mother of daughters Naia, and Rosemary. Rosemary is a student

at Ross Veterinary School in St Kitts. She is will graduate in 2017 with her DVM. The four-legged family includes Golden Retrievers, Welsh Springer Spaniels and some feline friends including a 17-year old kitty.

Her hobbies include organic gardening and underwater photography; she is a research diver with Mote Marine Aquarium in Sarasota, Fla.