Academy of Cognitive Therapy

Case Review Rating Scale for Supervisors

Applicant:    Case Identification:
Rater:        Date of Rating:

(0)   – Not Present
(1)   – Present but inadequate
(2)   – Present and adequate

Supervisee Information

1  1. Identifying information (job, experience of CBT, professional background)
1  2. Clients worked with and particular issues for supervisee

Formulation, Target Setting and Conceptualization

1  1. Assessment of strengths
1  2. Assessment of weaknesses
1  3. Issues supervisee’s requested assistance with
1  4. Conceptualization of weaknesses or problems
1  5. Supervisee ion goals

Plan and Course of Supervision

1  1. Supervision plan
1  2. Procedures\methods used in supervision
1  3. Observation of supervisee’s work (tapes, case write up)
1  4. Supervisory relationship
1  5. Outcome of supervision

Comments:

Total Score  Pass  Fail