Books & Research Articles


Treatment and Assessment


**Professional Books – Research**


**School-Based Cognitive Therapy References**


CBT for Learning and Intellectual Disabilities


CBT for Aspergers


Dr. Tony Atwood in Australia has written and lectured extensively on this topic. Dr. Tony Atwood.

Selective Mutism


Consumer Books


**Depression and Anxiety**


**Post-traumatic stress disorder**


For a discussion on further outcome studies, as well as additional mental health concerns such as **Separation Anxiety, Phobias, Conduct Disorder, Oppositional Defiance Disorder, Distress Due to Medical Procedures, and those listed above**, please see the following two articles.


**Materials for Use in Therapy**

Kendall, P. (1994). *Coping Cat; Coping Cat notebook; Stop and think workbook (2nd ed)*. Ardmore, PA: Workbook Publishing.


