25th National Mother Baby Nurses Conference

9th Annual Symposium for Nurse Leaders

September 7–10, 2022
Renaissance Palm Springs
Palm Springs, California
9th Annual Symposium for Nurse Leaders

8:00 AM–4:00 PM  Full Day Session (6.5 contact hours)

010
Death of the Skills Fair: Competency Assessment Done the Wright Way
James Edwards, MSN-ED, RN, NPD-BC, CCRN-K, CEN

Staff competency assessment and validation is an important part of any patient safety program. Skills fairs are fraught with challenges and are not proven methodologies to better patient outcomes. This intermediate-complexity workshop shares one hospital's experience on a journey to change its way of assessing and validating employee competence—and the lessons that inform its work today.

Leading From the Front: Managing Change and Competencies to Improve Care
Lakisha Flagg, DrPH, MPH, RN, CPH

Dr. Flagg's presentation includes an overview of foundational considerations for managing the 'people side of change' as well as review of use cases for skills application. Implications of and opportunities for promoting systems-level thinking will also be discussed.

Preconference Sessions

Wednesday, September 7

8:00 AM–11:30 AM  Morning Programs (3.25 contact hours)

020  Neonatal Pharmacology, Part I: Go with the Flow: Pharmacotherapy for Hypotension and PDA
Christopher McPherson, PharmD
Amy Jnah, DNP, MSN, NNP-BC

Our speakers describe the physiology and pharmacology of neonatal cardiovascular support. The first half focuses on the physiologies of hypotension and hypoperfusion. Volume expanders, inotropes, and vasopressors utilized to support these physiologies are explored in detail. The second half focuses specifically on cardiogenic hypoperfusion caused by patent ductus arteriosus. The physiology of ductal steal is described, and the risks and benefits of available pharmacotherapies utilized to constrict the duct are explored.

040  Legal Risk and Professional Responsibility: REAL Survival Skills!
Laura Mahlmeister, RN, PhD

Heightened demands for accountability have made front-line nurses, educators, and managers increasingly vulnerable to claims of negligence. Our work environments demand competence, quality, and safety as well as compliance with healthcare law and accreditation standards. Dr. Mahlmeister focuses on skills that empower nurses, enhance work satisfaction, and improve patient outcomes.

12:30 PM–4:00 PM  Afternoon Programs (3.25 contact hours)

030  Neonatal Pharmacology, Part II: Breath Easily and Go with Your Gut: Pharmacotherapy for BPD Prevention and Neonatal Gastrointestinal Challenges
Christopher McPherson, PharmD
Amy Jnah, DNP, MSN, NNP-BC

The first half of this in-depth workshop focuses on the pathophysiology of BPD and describes the risks, benefits, and optimal timing of pharmacotherapy to prevent this morbidity. The second half describes the pathophysiology of common neonatal gastrointestinal challenges. We explore in detail the mechanisms and data supporting pharmacotherapies utilized to address these challenges.

050  Improving Quality Improvement: A Hands-On Methods Workshop
Munish Gupta, MD, MMSc

Effective quality improvement (QI) interventions, using robust and rigorous methods, is a foundation of excellent newborn care. This workshop provides a hands-on approach to learning basic and not-so-basic QI methods. Participants will be invited to identify a QI target in the workshop, and then will complete a series of exercises to move from an idea to a structured framework for improvement.

Conference Opening Keynote & Welcome Reception

4:15–5:15 PM
Doing What We Do…With a Lot Less!
Kelley Shultz, MD, FAAP

Dr. Shultz shares accounts of work being done in a developing country that has been very successful at decreasing maternal mortality and the mortality of infants less than a week old without the technology that we take for granted. She shares the successes of a train-the-trainer model and discusses the future of this mission work and what it means to the children of this region.

5:15–6:30 PM
Welcome Reception, Exhibit Hall Opening, and Poster Viewing. Welcome to the conference! Food, Music, Networking, Posters, and Exhibits. Come join us as we gather in-person to welcome you!

NCC codes

- LRN: Low Risk Neonatal Intensive Care
- MNN: Maternal Newborn Nursing
- OB: Inpatient Obstetric
- Rx: Hours of Pharmacology Content
Thursday September 8

7:00 AM–4:30 PM  Registration Open

8:00–8:15 AM  Welcome/General Announcements

8:15–9:15 AM  301 Legal Tools Mother Baby Nurses Need to Know
Laura Mahlmeister, PhD, RN

Although Mother Baby units are often considered low-risk settings, nurses caring for families in the postpartum period still face potential legal liability. In many Mother Baby units, 20–30 percent of women are post-surgical patients. Infants formerly placed in “observation” nurseries now room-in with mothers who may not be ready to care for them. Dr. Mahlmeister examines legal risks for Mother Baby nurses and strategies to minimize liability.

9:15–10:15 AM  302 Early Recognition of Maternal Compromise
Suzanne McMurtry Baird, DNP, MSN, RN

Dr. Baird describes the early warning signs of maternal compromise and explores steps to assess and manage.

10:15–11:30 AM  Refreshment Break—Exhibits and Posters Open

11:30 AM–12:30 PM  303 Are We Safe—Electronically Speaking?
Kelley Shultz, MD, FAAP

Dr. Shultz explores medication safety, including some history and how electronic medical records and other technology have impacted it. Issues specific to pediatrics in conjunction with general issues are discussed. Examples of medication errors are presented with possible strategies to avoid them.

12:30–1:45 PM  Lunch Break—Exhibits and Posters Open

1:45–2:45 PM  304 Obstetric Maternal Sepsis Bundle
Suzanne McMurtry Baird, DNP, MSN, RN

Sepsis resulting from maternal infection is the second leading cause of pregnancy-related death. Although screening and initial care of a septic nonpregnant patient with sepsis is standardized in nonpregnant adults, many challenges exist for early recognition and management of sepsis and septic shock in the obstetric population. This lecture will outline maternal sepsis bundle components.

2:45–3:45 PM  Refreshment Break—Exhibits and Posters Open

3:45–4:45 PM  A Workshops (Concurrent Sessions)

321 Swallow Dysfunction and Infant-Driven Feeding: It’s a Lot to Digest
Katy Peck, MA, CCC-SLP, CBIS, CLE, BCS-S

Speaking from a speech-language pathologist’s perspective, Ms. Peck discusses dysphagia in late preterm infants. She addresses principles of oropharyngeal dysphagia, tracheal aspiration, and common etiologies of swallow impairment often associated with this population. Modified barium swallow studies and fiberoptic endoscopic evaluation of swallow are used to facilitate understanding of the biomechanics of swallowing. Methods to optimize oral feeding safety are discussed.

322 Our Journey to Family-Centered Care in the OR
Julie Vasher, DNP, RNC-OB, CNS, C-EFM, C-ONQS

Dr. Vasher describes her community hospital’s journey to provide a Family Centered Care experience for families in the OR. This includes the initiation of immediate skin-to-skin care, see-through drapes, and other enhancements to the families’ experiences in the OR.
The picturesque moment of happiness once a baby is born is a timeless, yet modern, fable of motherhood. This vision neglects the dark side of childbirth, that of postpartum mood and anxiety disorders (PMADs). Dr. Lee discusses a maternal adaptation framework that can serve as a mitigation strategy in these disorders. In addition, it helps to protect the fundamental attachment and bonding within the maternal-infant dyad.

The option of vaginal birth after cesarean (VBAC) to the patients in her community. She includes some historical information related to VBAC and the steps taken to gain confidence with their teams and present a successful VBAC implementation plan. Lessons learned to gain confidence with their teams and present a successful VBAC implementation plan. Lessons learned

**We Brought VBAC Back!**

**Julie Vasher, DNP, RNC-OB, CNS, C-EFM, C-ONQS**

Dr. Vasher describes the steps her hospital took to offer the option of vaginal birth after cesarean (VBAC) to the patients in her community. She includes some historical information related to VBAC and the steps taken to gain confidence with their teams and present a successful VBAC implementation plan. Lessons learned and key data collection are discussed.

**Neonatal Hyperbilirubinemia:**

**How to Mellow Out the Yellow**

**Tara L. Billings, DO**

Dr. Billings discusses neonatal hyperbilirubinemia. The various causes of jaundice are explored as well as how to treat.

**Breastfeeding Disparities in the African American Community**

**Kimberly Seals Allers, BA, MS**

Despite some improvements, lingering racial disparities in breastfeeding rates still exist, particularly at the 6-month and 12-month exclusivity milestones. Ms. Allers identifies five key cultural and structural barriers to breastfeeding for the African American community as well as eight strategies for overcoming barriers, engaging with community and communicating effectively with Black women, men and birthing people. You will better understand how current breastfeeding messaging and protocols may be disconnected from the lived experience of African American women and will understand strategies for developing more culturally appropriate messaging and outreach.

**You are Entering the Danger Zone:**

**How to Actually Be the Best Place to Work!**

**Sherri Lee Simons, MSN, RNC-NIC, CCRN**

Nurses spend most of their lives at work. In fact, the only place they spend more time is in bed! Even before the pandemic triggered a new wave of workplace burnout, nurses reported dissatisfaction in the workplace. Nurses should hope (if not expect) that the workplace is an environment of joy. Ms. Simons explores how to make your work the best place to be. Come join the lesson, learn some great stuff, and have fun!
Saturday, September 10

7:00 AM–1:00 PM  Registration Open

General Sessions
7:45–8:00 AM  Announcements & Raffle
Combined Sessions with Mother Baby and Advanced Practice Conference
8:00–9:00 AM

401 Battling Bias: Centering the Lived Experience to Advance Perinatal Care
Kimberly Seals Allers, MS
Explicit bias has been well documented as directly linked to the Black maternal mortality crisis and high rates of Black infant deaths. In addition to anti-bias training and evidence-based maternity care, how can centering the lived experience of care of Black birthing people advance equity and improve perinatal care? Using data from Irth (as in Birth, but without the B for bias), a hospital review platform for Black and brown women to find and leave experiences of care at OB/GYNs, birthing hospitals, and pediatricians. Irth captures the intersectional experiences of birth at U.S. hospitals from Black women, including lactation support, and analyzed the data to identify trends and patterns of bias to develop insights, and actionable strategies to improve perinatal care and support for Black and other families of color.

LRN5  MNN3  OB6

11:15 AM–11:30 AM  Concluding Remarks

Topics and Speakers are Subject to Change

Call for Abstracts
We invite you to submit an abstract for a poster or podium presentation to present at this outstanding conference. Posters and podium presentations offer the perfect opportunity to network, exchange ideas, and improve the quality of nursing education for neonatal and mother baby nurses. Submission deadline is June 30, 2022. See academyofneonatalnursing.org for guidelines and submission information.

Statement of Purpose
The purpose of this conference is to provide current and clinically applicable information for prenatal, intrapartum, and postpartum care of the mother as well as infant care, both in the hospital and through transition to home. The educational sessions provide information to nurses and other health care professionals who care for the expectant and postpartum mother and her newborn. Specific objectives for each presentation will be listed in the conference program materials.

Continuing Education
Attendees may earn up to 35 contact hours of continuing education for this conference, based on a 60-minute hour. (The main conference sessions provide 14 contact hours, preconference sessions up to 6.5, and poster sessions up to 8.) An additional 6 bonus credits will be added for full conference attendees when the conference concludes. Participants must be registered for the conference, attend at least 90% of each session, and complete evaluations to earn continuing education contact hours.

The Academy of Neonatal Nursing is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation.

The provider, the Academy of Neonatal Nursing, is approved by the California Board of Registered Nursing, Provider #CEP 6261; Florida Provider #FBN 3218, CE Broker #50-3006.
Weather
Typical temperatures in Palm Springs in September will get up to about 100 degrees during the day and a low of 72 degrees in the evenings. Be sure to pack a sweater, light jacket or wear layers in the air-conditioned meeting rooms. We also suggest that you bring comfortable walking shoes for your conference activities.

Airport & Transportation
Palm Springs International Airport is 1.5 miles away from the hotel. Estimated taxi fare: $7 (one way). Estimated ride share service fare: $15–25 (one way).
Ontario International Airport is 70 miles from the property. Los Angeles International Airport is 124 miles from the property.

Delta Airlines
Please click here to book your flights!
You may also call Delta Meeting Network® at 800-328-1111 Monday–Friday, 7:00 AM–7:30 PM (CT) and refer to Meeting Event Code NMV74.

Avis Rental Car
Your Avis Worldwide Discount or AWD number is J907463.
When calling Avis at 800-331-1600 to make reservations, attendees should provide our reservations agents with this AWD number to ensure they receive the best available car rental rates.

Looking for an Online Option?
On-Demand Conference
Purchase access to this conference for convenient, on-demand viewing beginning October 1, 2022. You will have access to any recorded lecture (synched with slides) from both conference programs to view or listen to anytime from the convenience of your work, home, or mobile device. This purchase includes over 25 lectures!
You will have a full year to evaluate the sessions and earn up to 28 CNE contact hours. See below for pricing.

Photography
Please note that attendance at this conference constitutes an agreement by the participant to ANN’s use and distribution (now and in the future) of the participant’s image. These images are for ANN’s use only and may appear on ANN’s website, in printed brochures, or other promotional materials.
Name: ___________________________  Credentials: ___________________________

Home Address: ____________________________________________________________

City ___________________________  State __________  Zip/Postal Code: __________

Daytime Phone: (_______) ____________________  Mobile Phone: (_______) ______

E-mail Address: (Required for communication) ____________________________

Employer: ____________________________________________________________

Nursing License #: ___________________________  State _______  ANN Member # (if applicable) __________

Dietary/Disability needs? _______________________________________________________________________________

Please let us know who you are:

1. Area of practice: □ Mother Baby Unit □ Level I Nursery □ Level II Nursery □ Postpartum □ L&D □ Other
2. Are you involved in any purchase decisions in your unit? □ Yes □ No
3. Your primary role is: □ Staff Nurse □ Educator □ Manager □ Clinical Nurse Specialist □ Other
4. Your highest level of nursing education is: □ Associate □ Diploma □ Baccalaureate □ Masters □ Doctorate □ Other
5. Certified? □ NCC □ AACN □ Other □ None
6. Deliveries per year at your facility: □ 200–500 □ 501–1,000 □ More than 1,000
7. Tell us how you heard about this conference. □ Academy Connection eNewsletter □ Ad in Neonatal Network
   □ At a previous conference □ Brochure mailed to my home □ Postcard mailed to my home □ Brochure mailed to my unit
   □ E-mail □ Facebook □ Friend/Colleague □ Web search □ Other
8. How many previous ANN conferences have you attended? □ 0 □ 1–3 □ 4 or More

Student Rate: $260. Student must provide proof of student status with registration, nursing programs only.
Retiree Rate: $300. Retirees must be at least 65 years of age.
One discount per registrant.

By completing and submitting this registration form you agree to comply with all rules and guidelines designed to prevent the spread of COVID-19 as indicated by any federal, state, local laws as well as any imposed by the venue.

SELECT CONCURRENT WORKSHOPS (General sessions open to all registrants.)

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<thead>
<tr>
<th>Thursday</th>
<th>321</th>
<th>322</th>
<th>341</th>
<th>342</th>
<th>343</th>
<th>351</th>
<th>352</th>
<th>353</th>
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<tbody>
<tr>
<td>Friday</td>
<td>341</td>
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<td>343</td>
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Main Conference Registration Fees

- Early Bird through 6/30/22: □ $400
- Early Registration through 8/1/22: □ $460
- Regular/On-site after 8/1/22: □ $530
- On-Demand: □ $400

Preconference Fees (select one)

- □ Wednesday 9/7
  - Full Day 010: □ $220
  - Morning half day 020: □ $110
  - Afternoon half day 030: □ $110

Single Day Registration Fee

- □ Thursday 9/8
- □ Friday 9/9
- □ Saturday 9/10: □ $220

PAYMENT TOTAL

☐ Check enclosed payable in US funds to: ANN

Amount Enclosed $ __________

OR charge my □ VISA □ Master Card _______ - _______ - _______ - _______ - _______ - _______ - _______ - _______
☐ Discover

Expiration Date _______  Security Code _______

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3 Ways to Register

ONLINE: academyofneonatalnursing.org

FAX: 856-218-0557

MAIL

MBNC Registration

PO Box 56

Pitman, NJ 08071-0056