Smallest of Patients

Best of Care

13th National Neonatal Nurses Conference

September 8–11, 2013

Caesars Palace Hotel
Las Vegas, Nevada
Las Vegas is the most exciting and entertaining city in the world! Everything that you would expect from a world-class metropolis, and more, is right here for your pleasure.

This is a city that has something for everyone. While you are here, be sure to see all the great attractions the city of Las Vegas has to offer. Recognized all over the world, the famous Las Vegas Strip is where you can enjoy a walk in the warm desert evening, and view a dazzling, outdoor water light show. You can get a glimpse of amazing world famous re-creations like erupting volcanoes, the Eiffel Tower, the New York skyline, and the Sphinx of Egypt in front of the various hotels and casinos.

Las Vegas offers top quality entertainment, including headliner shows, Broadway style musicals, concerts, attractions, and world–renowned shopping. Don’t miss the Forum Shops at Caesars Palace. Las Vegas nightlife will keep you busy every night, and art displays, music, and museums will take you on a journey from the classic to the contemporary.

And, of course, we have planned an outstanding program for you. Top experts in neonatal nursing offer an exceptional educational experience. Poster presenters add to the program with interactive dialog to enhance your conference experience and enlighten you to what’s going on in NICUs across the country and around the world. As a neonatal nurse, we understand that you need to be on the cutting edge and, while treatment strategies evolve and technology advances, it remains the goal of the conference to help you ensure and facilitate the best possible patient outcomes.

Join us in Las Vegas! See you there!

**Purpose of this Conference**

The purpose of this conference is to provide clinically current information on the technical, medical, and nursing aspects of neonatal care as well as the legal and ethical implications related to that care. The educational sessions provide information to nurses and other health care professionals who care for newborn, premature, and ill infants and their families. Specific objectives for each presentation will be listed in the conference program materials.

### Conference Schedule

**Saturday, September 7**

4:00–7:00 PM  Registration Open

**Sunday, September 8**

**Preconference Workshops**

6:30 AM–5:00 PM  Registration Open

7:00–8:00 AM  Networking Opportunity—(Coffee, Tea, Pastries)

8:00 AM–4:30 PM  Full Day Programs (6.5 contact hours)

010  S.T.A.B.L.E. Cardiac Module–An Advanced Course for Future Instructors

Howard Stein, MD

The S.T.A.B.L.E. cardiac module provides general guidelines for the assessment and stabilization of neonates with suspected congenital heart disease (CHD). Included in the intensive session is physical examination of neonates with suspected CHD, anatomic features, clinical presentation and initial stabilization of neonates with CHD, with emphasis on differentiation of cardiac from pulmonary disease. Specific heart lesions are covered in detail. Also discussed are modifications to the six S.T.A.B.L.E. assessment components that are necessary when caring for neonates with suspected or confirmed CHD.

Additional in-depth discussions of embryology, the physiology behind heart disease, the assessment of CNS and respiratory assessment, and hemodynamic instability will focus on intervention and stabilization of neonates. The session will conclude with additional discussion of the logistic aspects for prepping the neonate prior to transport and transfer guidelines.

020  Beware! You Are Entering the Danger Zone! REAL Strategies for Disarming an Environment that Puts Your Patients (and YOU) at Risk

Kelley Shultz, MD

Sherri Lee Simons, MSN, CCRN, RNC-NIC

This preconference day promises to deliver solutions made simple for situations and people that put patients (and YOU) at risk in the perinatal ‘hood. Our presenters will pull out the “big guns” and leave participants armed for critical situations and wounded environments. Practice (simulation) battles boost the group’s confidence in winning any war. You will leave ready for any battle you face and you’re assured to laugh and will find a great abundance of fun!

8:00 AM–12:00 PM  Half-Day Morning Program (3.75 contact hours)

030  Neonatal Pharmacology

Jim Thigpen, PharmD, BCPS

This preconference session is dedicated to a comprehensive review of various neonatal pharmacology topics. Throughout the session, case studies will be used to both evaluate and stimulate further discussion on the covered topics. Emphasis will be placed on current evidence-based therapy as well as future directions in neonatal pharmacology and pharmacotherapy.

1:00–5:00 PM  Half-Day Afternoon Programs (3.75 contact hours)

040  Early Neonatal Nutrition: Does it Really Matter?

Linda J. Juretschke, PhD, RNC-NPT, APN/NNP-BC, CCNS

New information continues to emerge about the importance and long-term benefits of early nutrition for neonates. Dr. Juretschke discusses developmental physiology of the gastrointestinal system and evaluates available evidence for providing early parenteral and enteral nutrition for neonates of varying gestational ages. Long-term effects of early neonatal nutrition are discussed.

050  Managing the Legal Pitfalls of Practice: The Road to Patient Safety

Laura Mahlmeister, RN, PhD

Dr. Mahlmeister describes the most common claims of nursing negligence in maternal–neonatal settings. The impact of federal law, the Nurse Practice Act Accreditation Standards and evidence-based practice guidelines are discussed. New liability issues for charge nurses, preceptors, nurse educators, and clinical managers are explored. Case law examples are used to clarify nurses’ legal jeopardy. Effective risk control strategies for front-line clinicians as well as charge nurses, clinical managers, and educators are delineated. Participants are guided to identify high-risk situations that often result in claims of malpractice. You will learn strategies for providing safe and effective care when faced with challenges such as limited clinical resources or delayed or ineffective provider responses.

Visit academyonline.org for up-to-date conference information
Monday, September 9

6:30 AM–6:00 PM  Registration Open
6:30–7:30 AM  Networking Opportunity (Coffee, Tea, Pastries)

General Sessions

7:30–7:45 AM  Welcome/General Announcements
7:45–8:45 AM  GS 101  Playing Dick Tracy: What the Future NICU Will Be Like

Susan M. Ludington, CNM, PhD, FAAN
Dr. Ludington focuses on upcoming changes to the NICU to accommodate the emerging evidence regarding 24/7 parenting to minimize the stress of separation, how to deal with a toxic NICU environment, preparing for the Baby Friendly-NICU push, and beginning your journey toward Parents As Primary Providers.

8:45–9:45 AM  GS 102  Neurally Adjusted Ventilator Assist (NAVA) Ventilation in Neonates: Can a Baby’s Brain Control a Ventilator?

Howard Stein, MD
The diaphragmatic electromylogram can be utilized as a neural trigger to provide synchronous pressure support ventilation, known as NAVA, in patients. This allows the ventilator to synchronize with the patient for breath initiation, inspiratory pressure and breath termination. Scientific principles and available literature about the effect of NAVA ventilation on neonatal patients are discussed. Short- and long-term outcomes using the neural trigger for NAVA ventilation is compared to flow triggered, conventional ventilation.

9:45–11:15 AM  Refreshment Break—Please Visit Exhibits and Posters (Coffee, Tea)

11:15 AM–12:15 PM  GS 103  Psychoactive Medications and Their Effect on the Fetus and Neonate

Jim Thigpen, PharmD, BCPS
Dr. Thigpen offers a brief historical overview of the use psychoactive medications during pregnancy. Included in the discussion is what is done and do not know about these medications during pregnancy and how they affect the fetus and the neonate.

12:15–1:30 PM  Lunch—Exhibits Open and Poster Viewing

1:30–2:30 PM  A Workshops (Concurrent Sessions)

111  Neurally Adjusted Ventilator Assist (NAVA) Case Studies: Learning How to Use a New Technology in the NICU

Howard Stein, MD
NAVA ventilation utilizes a neural trigger to synchronize the ventilator with the patient’s respiratory drive for breath initiation, inspiratory pressure, and breath termination. Dr. Stein discusses basic guidelines on how to pick patients for NAVA or non-invasive (NIV) NAVA, how to initiate, manage, and wean a neonate on NAVA or NIV NAVA. Differences in ventilator operation between NAVA and NIV NAVA will be covered. Using case studies, unique NAVA parameters such as NAVA level, apnea time, and peak pressure alarm are discussed.

112  Electronic Medical Records: Potential Pitfalls and Pragmatic Precautions

Laura Mahlmeister, RN, PhD
Dr. Mahlmeister discusses research-based findings regarding the pros and cons of electronic charting and the use of electronic medical records (EMRs). Recommendations will be offered to ensure the timeliness and accuracy of electronic charting, and the security of EMRs. Legal issues concerning “Cut and Paste” functions, Electronic Nursing Care Plans or Care Paths, and Provider “Alerts” or “Reminders” will be enumerated. The necessity of linking biometric data and critical lab values with electronic nursing notes is also discussed. Legal considerations regarding late entries, reporting critical test results, altering data once it is electronically entered in the EMR, recording patient handoffs, and communicating relevant information to other team members are explored.

113  Neonatal Arrhythmias: Case Studies

Jobeth Pitcher, EdD, RNC-NIC, BC
Neonatal nurses can readily recognize bradycardia, tachycardia, and SVT because these are the most commonly occurring neonatal arrhythmias. However, what about the others? Research has demonstrated that “if we don’t use it, we lose it,” and this is precisely what can happen when we are not frequently exposed to the less common arrhythmias that can occur in neonates. This session includes case studies for the audience to solve regarding emergent and uncommon neonatal arrhythmias.

114  Extraterine Growth Restriction: How to Prevent, or at Least Decrease, in your NICU

Dana Lunde, DNP, RNC, APN, NNP-BC
Inadequate nutrition continues to be the leading cause of extraterine growth restriction in the extremely low birth weight infant. Despite strong evidence to support the early administration of protein, intralipids, and trophic feedings, our clinical practice remains unchanged. Dr. Lunde discusses current evidence to support the nutritional management of the ELBW infant and how the evidence may be applied to the clinical setting to prevent, or at least decrease, extraterine growth restriction.

115  Noninvasive Ventilation

Ruben Alvaro, MD, FAAP
Dr. Alvaro describes what noninvasive ventilation is (NIV), what types of NIV we have, its mechanism of action, the scientific evidence and indications of NIV, as well as the challenges and problems associated with NIV.

2:30–3:15 PM  Refreshment Break—Exhibits Open and Poster Viewing (Iced Tea, Lemonade)

3:15–4:15 PM  B Workshops (Concurrent Sessions)

121  The New Neurointensive Care in the NICU

Susan M. Ludington, CNM, PhD, FAAN
Dr. Ludington outlines the new elements of a neonatal neurointensive care unit, including the effect of current NICU nursing practice on infant brain development, the role of the neonatal neurologist, methods of continual brain monitoring, and how to interpret amplitude EEG digital and analog (waveform) data.

122  Writing for Publication

Debbie Fraser, MN, RNC-NIC
Is publishing an article on your professional “bucket list”? If so, this workshop is for you. This session covers the nuts and bolts of writing for a nursing journal from picking a topic, sending a query email, to sitting down and writing the article. Bring your topic ideas and questions and ask the expert!

123  Developing a Palliative Care Program

Cindy Collinson, MSN, CNS, NNP
Claire Vesely, RN, BSN
Our speakers share their experience of the creation and development of a multidisciplinary inpatient palliative care program in a pediatric hospital. Highlights include team composition, staff support, education, and case examples of services provided including pain and symptom management, grief and bereavement, advanced care planning, psychosocial patient and family support, and resource referral and coordination.

124  Apnea in the Preterm Infant

Ruben Alvaro, MD, FAAP
Dr. Alvaro discusses the most important aspects of different types of apneas, the most relevant pathophysiological mechanisms responsible for periodic breathing and apnea, as well as the most important information regarding treatment of apnea in preterm infants.
The NICU is constantly bombarded with new technologies. Deciding which are useful and which are overrated can be a bit perplexing. You’ll see examples of useful digital technology that have been helpful in rural settings, like Tupelo, Mississippi.

### Thursday, September 10

#### GS 201 Telemedicine: It Works in Tupelo and Could Be Coming to a Unit Near You!

Bryan K. Darling, MD

We are constantly bombarded with new technologies in the NICU. Deciding which are useful and which are overrated can be a bit perplexing. You’ll see examples of useful digital technology that have been helpful in rural settings, like Tupelo, Mississippi.

#### 8:45–9:45 AM

**GS 202 Neonatal Skin Care Update**

Carolyn Lund, RN, MS, FAAN

In this general session, Ms. Lund will include the current state of the science regarding neonatal skin care, and the updated evidence-based guideline for 2013. New information about the colonization of the skin, called the microbiome, is becoming known because of DNA technology. Recent research in the areas of bathing, skin disinfection, and medical adhesives will be presented.

#### 11:00 AM–12:00 PM

**D Workshops (Concurrent Sessions)**

**211 The Golden Hours: Care of the VLBW Infant**

Dr. Bissinger discusses care of the very-low-birth-weight infant in the first hours to day of life that impact short and long-term outcomes. Resuscitation, thermoregulation, fluids, nutrition, and IVH are discussed, incorporating not only the available evidence but potentially better practices.

### Tuesday, September 10

#### 6:00 AM

**Zumba with ANN!**

Start your day with a fun, energetic, upbeat Zumba class for conference attendees only!

#### 6:30–7:00 AM

Networking Opportunity (Coffee, Tea, Pastries)

#### 7:30–7:45 AM

Announcements/Award Presentations

#### 7:45–8:45 AM

**GS 201 Telemedicine: It Works in Tupelo and Could Be Coming to a Unit Near You!**

Bryan K. Darling, MD

We are constantly bombarded with new technologies in the NICU. Deciding which are useful and which are overrated can be a bit perplexing. You’ll see examples of useful digital technology that have been helpful in rural settings, like Tupelo, Mississippi.
2:45–3:45 pm  F Workshops (Concurrent Sessions)

231  Super Sleuth: Everything You Ever Wanted to Know about Neonatal Labs
Bryan K. Darling, MD
There is more than meets the eye with standard neonatal laboratory tests. Develop your critical eye as you learn the basics and subtleties of common labs in the NICU that may help you uncover a variety of clinical diagnoses.

232  Patent Ductus Arteriosus: To Treat or Not to Treat
Ruben Alvaro, MD, FAAP
Patent ductus arteriosus (PDA) is very common among extremely preterm infants. Although PDA is associated with several important neonatal morbidities, its role in causing these morbidities is currently in question. Despite three decades of intense research, there is still controversy as to whether or when the ductus arteriosus should be closed by either pharmacologic or surgical methods. Until further studies provide us with definitive indications to treat PDA, strict selection of patients who are most likely to benefit should be an appropriate strategy.

233  Retinopathy of Prematurity: Update on Current Treatment Possibilities
Helen Mintz-Hittner, MD, FACS
Dr. Mintz-Hittner provides an update on current treatment concepts and controversies, including a full discussion of laser therapy and bevacizumab.

234  PHN Update
Patricia Ramsay, MD, PhD
Persistent pulmonary hypertension of the newborn (PPHN) remains a major medical complication for critically ill newborns. An explanation of the complex processes involved in successful transition from fetal to extra-uterine circulation is discussed. The pathologic clinical scenarios and medical interventions to prevent and/or treat PPHN in both preterm and term infants are included in this presentation.

235  Let’s be Cool: Hypothermia and Hypoxic Ischemic Encephalopathy
Jan Thape, MSN, RNC-NIC
Ms. Thape discusses the risk factors and clinical conditions causing HIE and the hypothermia process and how it ameliorates the damage from HIE. Also included in the discussion are the nursing implications of hypothermia. She examines the “wide angle view” of HIE and hypothermia and where we were, where we are, and where we are going with the treatment of HIE.

3:45–4:45 pm  Poster Session—View posters and dialog with Poster Presenters

Wednesday, September 11

7:00 AM–12:00 PM  Registration Open
7:00 AM–8:00 AM  Networking Opportunity (Coffee, Tea, Pastries)
7:15–8:00 AM  Academy of Neonatal Nursing Member Meeting

General Sessions
(Combined Sessions with National Mother Baby Nurses Conference)

8:00–8:15 AM  Raffle Prizes, Announcements

8:15–9:30 AM  GS 301  The Future of Nursing
Robin Bissinger, PhD, APRN, NNP-BC, FAAN
Take a journey through the past to see how it has shaped the future of nursing. Look at the coming changes that will affect us as professionals, and come away with your role in empowering nursing practice, improving health care outcomes, and understanding the tools it will take to mentor the next generation to follow us.

9:30–9:45 AM  Refreshment Break (Coffee, Tea)

9:45–10:45 AM  GS 302  Drugs of Abuse
Lynn Browne-Wagner, RN, MSN
Ms. Browne-Wagner discusses the most current legal, illegal, and over-the-counter drugs of abuse and their effects on the pregnant patient, fetus, and newborn. Included in the discussion are the primary categories of drugs: narcotics, hallucinogens, amphetamine, and methamphetamine class, and sedative-hypnotics.

10:45–11:45 AM  GS 303  Don’t Worry, Be Happy!
Pual Wilkes, MD, FACOG
In the world of nursing, and in our daily lives, there are seemingly unmanageable levels of stress. We are bombarded with life altering scenarios and are often required to put our emotions away while tending to the needs of our patients. Don’t worry, be happy? Are you kidding me? Dr. Wilkes will send you on your way with tools to manage your work and home life, all with a smile!

11:45 AM–12:00 PM  Conclusion

Topics and speakers are subject to change

Conference Hotel
Caesars Palace Hotel
3570 Las Vegas Blvd. South, Las Vegas, Nevada 89105
Reservations: 702-731-7110

Single/Double: $167 + 12% tax (taxes subject to change)
Triple/Quad: $197 + 12% tax (taxes subject to change)

Reservations must be received no later than Friday, August 9, 2013. Reservations made after this date will be on a space and rate available basis. Make your hotel reservations online at academyonline.org.
Conference Information

Group Discount
Any facility/unit registering four (4) or more nurses together, will receive a discount of 25% for each registrant who signs up together for the full, main conference. Members and nonmembers may register in the same group; however, the discount is not valid with the ‘Join & Register’ category. All registrations must be submitted together, no exceptions. Please note: If a member of the group cancels, the group is no longer eligible for this discount, and the discount is forfeited. Cannot be combined with any other offer.

Continuing Education Information
Attendees may earn up to 29 contact hours for this conference, based on a 60-minute hour. (The main conference sessions provide 14.5 contact hours, preconference sessions up to 7.5, and poster sessions up to 7.) Participants must be registered for the conference, attend the sessions, and complete an online evaluation to obtain contact hours.

The Academy of Neonatal Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

The provider, the Academy of Neonatal Nursing, is approved by the California Board of Registered Nursing, Provider #CEP 6261. Florida Provider #FBN 3218, content code 2505.

Session Handouts
In an effort to keep your registration fees down, session handouts will not be printed in the program guide. Handouts will be available for free download beginning approximately two weeks prior to the conference for registered attendees. Internet access is not available in conference rooms. After the conference, handouts, audio recordings, and PowerPoint presentations will be available for most sessions and you will have access for one year postconference.

The login instructions for accessing the handouts will be emailed to you when handouts become available. You are strongly encouraged to bring with you only the handouts for the sessions you plan on attending, or download them to your computer for review after the conference. There will be room for note-taking in the program guide.

Power strips, printers, and paper copies of handouts will not be available on site.

Photography
Please note that attendance at the ANN conference constitutes an agreement by the participant to ANN’s use and distribution (now and in the future) of the participant’s image. These images are for ANN’s use only and may appear on ANN’s website, in printed brochures, or other promotional materials. Attendee registration constitutes consent for ANN’s use of these images.

Cancellation, Transfer, and Refund Policy
• All cancellations and transfers must be received in writing. For cancellations received prior to August 16, 2013, we will refund registration costs, less a $50 administrative fee. We are unable to grant refunds after August 16, 2013, but will gladly transfer your registration to a colleague if the request is made in writing to Charlene Fuhrer at fuhrerc@ajj.com.

• Refunds will be processed within 2 weeks after the conference.

• If it becomes necessary to cancel the 13th National Neonatal Nurses Conference for any reason, including labor strikes or natural disasters, liability shall be limited to a full refund of registration fees.

• Notification of a cancelled conference will be mailed at least 15 days prior to the first day of the conference, if possible.

Travel Information

Weather Conditions
Temperatures in Las Vegas in September could reach a high of 97 degrees during the day but will only be about 74 degrees in the evening. Should be great weather to get out and take a stroll down the strip after a long day of education!

Hotel Information
The grandest of Las Vegas Hotels, Caesars Palace is famous worldwide for its magnificent beauty and impeccable service. This majestic Las Vegas hotel offers a 129,000 square foot casino, 26 restaurants and cafes, sprawling gardens and pools, a world-class spa, and the renowned Colosseum live theater spotlighting world-class stars.

Caesars Palace has been designated as the headquarters hotel for the 13th National Neonatal Nurses Conference. A block of rooms has been secured for attendees at a special rate of $167 single/double, $197 triple/quad. Rates are subject to applicable state and local taxes, currently 12%. This special conference rate will be available until August 9, 2013. Reservations received after this date will be accepted on a space and rate available basis.

To make your reservations, call (702) 731-7110 or make your reservation online at the official website www.academyofneonatalnursing.org.

Airline Information
American Airlines has been contracted as the official airline for the conference.

To obtain the discounted fares that are offered through American Airlines, make your reservations online at www.academyofneonatalnursing.org. Please be sure to enter STARfile number 2693BG in the Promotional Code box.

Airport Information
McCarran International Airport is located approximately 12–15 minutes from the hotel. Shuttle service is available for approximately $8 one way and a taxi costs approximately $30 one way.

Car Rental
Avis has been chosen as the official car rental agency for the National Neonatal Nurses Conference. Rates will be in effect for rental between September 3 and September 16 and will include unlimited free mileage. For details, call reservations at Avis directly at 1-800-331-1600 or make reservations online directly through www.academyofneonatalnursing.org. To receive the discounted rates please refer to the Avis Worldwide Discount (AWD) number J907463.

Parking
Parking at the hotel is complimentary.

Visit academyonline.org for up-to-date conference information
**A. Main Conference Registration**

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* I prefer not to become a member. (Non-member prices are the same as "Join & Register").

**Group Discount:** See page 6 for details. Promotional prices do not apply to Group Discount. Loyalty Program not affected by this offer.

**Student and Retiree Discounts:** ANN member, $220. Join & Register, $295. Student and Retiree Discounts apply. Retirees must be at least 65 years of age.

**B. Single-Day Registration**

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**C. Session Selections**

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**D. Preconference Workshops**

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**F. Payment**

- Check enclosed payable in U.S. funds to: NNNC
- VISA
- MasterCard

- Credit Card #: __________________________ Expiration Date: __________ Security Code: __________

- Signature: __________________________

- Billing address same as above. If different:
  - Address: __________________________
  - City/State/Zip: __________________________

**Register online at academyonline.org**

Cancellation Policy: All cancellation requests must be received in writing on or before August 16, 2013. See Page 6 for refund policy.
13th National Neonatal Nurses Conference—Register Early for Best Price!

Faculty
Ruben Alvaro, MD, FAAP
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Medical Director of Neonatology
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Robin Bissinger, PhD, APRN, NNP-BC, FAAN
Associate Dean of Academics; Associate Professor
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Bill Gatton College of Pharmacy
Clinical Assistant Professor
Department of Pediatrics
Quillen College of Medicine
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