Renew Now for 2019

Most memberships expired on August 31, 2018. If you have not renewed yet, make sure to login to the ACOMS website and submit your dues payment to ensure continued benefits. Full-time academicians, active duty military, and OMS in their second year following completion of residency receive 50% off membership dues.

ACOMS is pleased to offer complimentary membership for residents and OMS in their first year after residency. To take advantage of this offer, email us a photograph of your letter or certificate of proof.

If you are thinking about registering for even just one ACOMS course between now and August 2019, you will receive the most value by renewing your membership, rather than paying the non-member registration fee. Contributions play an important role in helping us continue our mission to enhance surgical excellence through education. Payments are tax-deductible as charitable contributions to one of several funds that support education and research to advance the specialty and support the next generation of surgeons. Our dues have not increased in the past ten years and the College is proud to continue to provide high quality continuing education at a great value.
Have you ever asked yourself, “What kind of learner am I?” How do you best receive information? Are you a visual learner, a tactile learner, an auditory learner, or a combination? Each one of us has a preferred method of learning new things. The ability to teach requires understanding this basic concept about your students. Not everyone learns the same way.

This idea drives ACOMS to create programs to incorporate multiple styles of learning. Whether online or in-person, ACOMS offers something for OMS at any stage of their career. The needs of our members inspire our course development. Results from the most recent needs assessment survey identified content areas most important to our membership and the teaching formats they prefer (see figures below).

This past year, ACOMS developed new programs addressing complications in OMS and a hands-on cadaver training in obstructive sleep apnea. Additionally, ACOMS launched its first ever online Master Class webcast series in virtual surgical planning for orthognathic surgery, which is currently available in the ACOMS Learning Center through 2019.

The most recent membership needs assessment led to the development of a spectacular curriculum for the next year and beyond. This is a continuous process and we always want to hear from our members. New programs include didactic and hands-on sessions to cater to all learning styles. Our September trauma course included a hands-on cadaver lab and provided an outstanding overview of soft tissue injuries of the head, neck, and face. Our first ever ACOMS head and neck course, *Exploring the Boundaries of Head and Neck Surgery*, convenes January 18-19, 2019 in sunny Miami. With a world-renowned international faculty, the program will not disappoint those interested in learning.
more about the current state of treating these special patients.

Our Lifestyle Series is planned to launch next summer. These courses will be limited to 15 participants and focus on a particular area of interest in the lifestyle area, as well as have a great scientific program. If you have an idea for a lifestyle course, please take a moment to complete this brief survey. So far ideas include fishing, wine tasting, golfing, wellness, and touring the Bourbon Trail. I look forward to hearing your ideas and turning them into reality!

The Annual Residents Meeting this year moved to a new location in November. Dallas will host this year’s event, which promises to be a great one with spectacular mentors, speakers, and our resident presentations. I am so proud to have so many wonderful resident members in this organization. We developed the Question of the Week and our online master classes with you in mind. We are looking forward to your continued participation in the college after graduation.

Family time is also important to us at ACOMS. We are continuing the tradition of offering our Annual Winter Meeting with FACES on the slopes of Telluride, Colorado, where accompanying family members will enjoy world-class ski terrain and beautiful views of the surrounding San Juan mountains. The wonderful Hands-on Facial Cosmetic Surgery Course in New Orleans is also this winter as well from March 9-10, 2019. The spring of 2019 will have our 40th Annual Scientific Conference and Exhibition in Santa Fe, New Mexico in conjunction with the annual session of the American Dental Society of Anesthesia (ADSA). Of course, our famous our famous annual Recertification Review Boot Camp is entering its seventh year. The Boot Camp will remain in its current format for 2019 as a review course for busy practitioners. It is a weekend packed with excellent information from the best in our field.

The future looks bright as our international colleagues continue to reach out to ACOMS to collaborate on meetings. This past September, the European Association of Cranio Maxillo Facial Surgery (EACMFS) invited ACOMS to speak at their congress in Munich. Members of ACOMS presented the historical timeline on a special session on virtual surgical planning, as well as the future of the College. Our annual meeting in 2020 will be located in Miami, Florida, in collaboration with Asociacion Latinoamericana de Cirugia y Traumatologa Bucomaxilofacial (ALACIBU).

Last, but not least, is the development of V/R and A/R surgical programs for our membership. I have embarked on this presidential journey to find the best learning centers in the world to develop a platform to allow both trainees and senior surgeons to learn new techniques, as well as hone skills in an environment that will allow us to practice until it is perfect without the inherent risks to patients. How many hours will you need to spend in the simulator to be considered competent in the future? Think about it.

Happy fall, everyone! Now get back to school.

Stephanie Drew, DMD, FACS
EXPLORING THE BOUNDARIES OF HEAD & NECK SURGERY

JANUARY 18-19, 2019 | ROYAL PALM SOUTH BEACH | MIAMI, FL

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COURSE DIRECTORS: R. Bryan Bell, MD, DDS, FACS, FACD and Rui Fernandes, MD, DMD, FACS, FRCS(ed)

REGISTER AT ACOMS.ORG/MIAMI
Subscription to OOOO is a complimentary ACOMS membership benefit. The following articles are featured in the Oral and Maxillofacial Surgery section of the September issue. Visit oooojournal.net to read more.

**A multimodal analgesic protocol may reduce opioid use after third molar surgery: A pilot study**

**Authors:** Caitlin Magraw, Matthew Pham, Timothy Neal, Barry Kendell, Glenn Reside, Ceib Phillips, Raymond P. White Jr.

**Abstract:** This study was designed to assess the number of opioid doses available to patients from filled prescriptions after adoption, in 2017, of a multimodal analgesic protocol that included opioid prescribing to manage postoperative pain.

**Prevalence of primary open-angle glaucoma among patients with obstructive sleep apnea**

**Authors:** Arthur H. Friedlander, Lindsay L. Graves, Tina I. Chang, K. Karl Kawakami, Urie K. Lee, Shannon C. Grabich, Zhuang T. Fang, Michelle R. Zeidler, JoAnn A. Giaconi

**Abstract:** Our objective was to determine primary open-angle glaucoma (POAG) prevalence among obstructive sleep apnea (OSA) patients because the perioperative environment risks further damaging the optic nerve.

**The effect of ovariectomy and 2 antiresorptive therapeutic agents on bone response in rats: A 3-dimensional imaging analysis**

**Authors:** Priscilla Coutinho Romualdo, Nayane Barbosa Fernandes Furlanetto Cunha, Graziela Bianchi Leoni, Manoel Damião Sousa-Neto, Alberto Consolaro, Alexandra Mussolino de Queiroz, Raquel Assed Bezerra da Silva, Lea Assed Bezerra da Silva, Paulo Nelson-Filho

**Abstract:** The aim of this study was to evaluate bone mineral density (BMD) and microarchitecture in femurs and maxillary bones of ovariectomized (OVX) rats treated or not treated with alendronate (ALD) or odanacatib (ODN).

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**Deadline Extended**

Submit an abstract for the 7th Annual Residents Meeting for a chance to get published in OOOO and win other prizes.

November 10-11, 2018 Dallas, TX
[acoms.org/residents](http://acoms.org/residents)

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Member Spotlight

Joshua E. Lubek, MD, DDS, FACS
Associate Professor & Fellowship Director
Oral-Head & Neck/Microvascular Surgery
Department of Oral & Maxillofacial Surgery
University of Maryland, Baltimore, MD

When did you first join ACOMS and how did you become more involved with the College?
I first joined ACOMS as a resident member; however, I did not become more actively involved until 2017 when I was asked to be on the Continuing Education Committee for the 2017-2018 year. Since that time, I have become more involved with educational aspects of ACOMS; such as my faculty participation in recent and upcoming courses on topics such as Maxillofacial Trauma and Head and Neck Cancer. My appointment as Section Editor in Oral and Maxillofacial Surgery for Oral Surgery, Oral Medicine, Oral Pathology, Oral Radiology (the official scientific journal for ACOMS) has also helped to further involvement in ACOMS, as we encourage scientific publication within this peer-reviewed journal along with an editorial reserved for ACOMS to select a topic to publish as well.

How did you decide to become an oral and maxillofacial surgeon?
During dental school I developed a keen interest in the specialty of oral and maxillofacial surgery. I was fascinated by the numerous and varied surgical procedures within the specialty and decided to shadow and extern with multiple OMF surgeons, both in the academic and private office setting. I completed an internship year at the University of Michigan, which sparked my passion and desire to become an OMFS-Head & Neck Cancer Surgeon.

Recently, you co-directed our trauma course on the Management of Maxillofacial Soft Tissue Injuries.

Why is this course on treating trauma patients important for the OMS community?
Trauma is core to OMFS training. It has allowed us a specialty to maintain presence within the hospital environment and has been a gateway to expansion of our surgical scope to include complex reconstruction, craniofacial deformities, head and neck cancer, and cosmetic surgery. I understand that it is time consuming, never convenient, and poorly reimbursed, but it can be highly rewarding and we are in a unique position to provide a great service to our local communities. Dr. Salam (the course co-director) and I decided on a course dedicated to soft tissue trauma, as we felt that very often the maxillofacial trauma courses offered focus on the management of facial fractures with less emphasis on soft tissue injury and reconstruction.
I would recommend to the dental students interested in the specialty to meet their OMFS faculty and not only spend time in the outpatient clinics but to experience the OMFS life within the hospital and the operating room environment.

To the residents, make the most of your training program by reading constantly, working hard, being prepared, listening to your patients, getting involved with research projects, being available, and acting professionally. Surgery truly is an apprenticeship—it takes numerous years and hard work (some would say a grueling process), but you will be very thankful of your training the first time you have to perform a surgery as a board-eligible, independent oral and maxillofacial surgeon.

I still believe there is a lot of work for us to do in proving the societal benefit of oral and maxillofacial surgery. It is only possible as long as we continue to train great generations of surgeons year after year.

What advice do you have for dental students and residents who are just embarking on their careers?
Oral and maxillofacial surgery is a wonderful specialty with a unique opportunity to bridge the gap between medicine and dentistry. The ability to care for patients and their families (both the extremely sick and those who are healthy) can be highly challenging and rewarding.
Environmental Emergency Preparedness

Environmental emergencies — such as tornadoes, hurricanes, flooding, blizzards, fires, chemical spills, radiation exposure, etc. — can have short- or long-term consequences that might range from minor issues or disturbances to severe damage.

For OMS practices, preparation and planning are essential components of emergency preparedness, and these activities should take into account what steps should take place if an environmental disaster compromises staff, infrastructure, or technology.

Major areas of consideration in contingency planning include communication, utilities, technology, emergency equipment/supplies, sheltering/evacuation, and relocation. This checklist includes basic questions in each of these categories and may serve as a helpful tool in developing, evaluating, or updating your practice’s emergency response plan.

<table>
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<th>Communication</th>
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<td>Has your practice identified primary and secondary methods for communicating with staff and patients during an environmental emergency (e.g., phone, email, text, website, social media, etc.)?</td>
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<td>Does your communication plan take into account potential loss of critical services, such as Internet or phone service?</td>
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<tr>
<td>Does your emergency response plan specify who is responsible for internal and external communication activities, and are staff members aware of what steps they should take?</td>
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Click here to view full checklist.
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Jumpstart Your Career

Visit the ACOMS Career Center to view opportunities in oral and maxillofacial surgery. The Career Center is available to all job-seekers at no cost. Job-posters that are members of ACOMS receive a discount on posts, which can include OMS, fellowships, and surgical and administrative staff positions.

- **Associate Professorship**, Department of Dentistry and Oral Health, Aarhus University, Denmark
- **Oral Surgeon**, 42 North Dental, Connecticut
- **Oral & Maxillofacial Surgeon**, Texas Tech University Health Sciences Center, Texas
- **Oral Surgery**, Guthrie Clinic, Pennsylvania
- **Chair, Department of Dental Medicine and Oral Maxillofacial Surgery**, Nassau University Medical Center, New York
- **Certified Registered Nurse Anesthetists**, Dartmouth-Hitchcock, New Hampshire
- **Operating Room Nurse**, TriStar Centennial Medical Center, Tennessee
- **Multiple Patient Care & Nursing Opportunities**, Barnes-Jewish St. Peters Hospital, Missouri

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