



New Grant Opportunity Seeks to Improve Prediabetes Recognition and Diabetes Prevention Strategies among African American and Hispanic Women

January 30, 2019 (Washington, D.C.) – The American College of Preventive Medicine (ACPM) is partnering with the American Medical Association (AMA) and Black Women's Health Imperative (BWHI) to support the development of new approaches addressing prediabetes in populations at high risk for developing diabetes, including African American and Hispanic women.

ACPM will award multi-year grants to three health care organizations to test and evaluate innovative approaches to screen, test, and refer patients to CDC-recognized lifestyle change programs supported by the National Diabetes Prevention Program.

ACPM is accepting [proposal submissions](#) for this funding opportunity through March 19, 2019 at 5:00 p.m. EDT.

The grant opportunity is designed to test and evaluate innovative approaches to address prediabetes in the target population and strengthen community support to improve enrollment and retention in CDC-recognized type 2 diabetes prevention program.

Throughout the United States, 84 million Americans, or 1 in 3 adults, have prediabetes.(Ref 1) Research has shown that enrolling those who have prediabetes into a structured lifestyle change program can reduce their risk of type 2 diabetes by 58 percent, and a 71 percent reduction for patients over age 60.(Ref 2)

ACPM and its collaborating partners will provide technical assistance, resources and tools, and expertise to achieve the goals of the project. It is anticipated to involve a 4-month start up period and continue for three years, contingent upon the availability of funds. Dedicated effort will be devoted to evaluation of the project for a defined time period following the end of the project.

Financial support for this grant program is provided by the Division of Diabetes Translation within the National Center for Chronic Disease Prevention and Health Promotion at the Centers for Disease Control and Prevention (CDC).

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The **American College of Preventive Medicine (ACPM)** is a medical society for physicians with expertise in both clinical care and population health. The College is a national leader in

increasing physician awareness of prediabetes and improving their capacity to screen and refer their patients to a National DPP lifestyle change program. ACPM offers the [Lifestyle Medicine Core Competencies Program](#), a comprehensive, evidence-based curriculum for providers with an interest in offering lifestyle medicine as frontline therapy to reverse, treat and prevent lifestyle-related chronic conditions and hosts a premier [prediabetes resource center](#).

The **American Medical Association (AMA)** is the powerful ally and unifying voice for America's physicians, the patients they serve, and the promise of a healthier nation. The AMA attacks the dysfunction in health care by removing obstacles and burdens that interfere with patient care. It reimagines medical education, training, and lifelong learning for the digital age to help physicians grow at every stage of their careers, and it improves the health of the nation by confronting the increasing chronic disease burden. For more information, visit [ama-assn.org](#).

The **Black Women's Health Imperative (BWHI)** is the only national organization dedicated solely to improving the health and wellness of our nation's 21 million Black women and girls – physically, emotionally and financially. In 2012, the Black Women's Health Imperative was one of six national organizations selected by the Centers for Disease Control and Prevention (CDC) to take the National Diabetes Prevention Program (NDPP) to scale, based on evidence from the original NIH-funded Diabetes Prevention Program research study. That was the start of the *Change Your Lifestyle. Change Your Life.* (CYL²) initiative which has evolved into the Imperative's lifestyle change program to support individuals in preventing and managing multiple chronic and obesity related conditions.

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REFERENCES

1. Centers for Disease Control and Prevention National Diabetes Statistics Report. *Estimates of Diabetes and Its Burden in the United States, 2014*, Atlanta GA. US Department of Health and Human Services, Centers for Disease Control and Prevention. 2014.
2. Reduction in the Incidence of Type 2 Diabetes with Lifestyle Intervention or Metformin. *N Engl J Med* 2002; 346:393-403. doi:10.1056/NEJMoa012512

WEB RESOURCES

<https://www.acpm.org/page/dppawardproposals>