ADED 2018: Session 5 (9:15am-12:30pm)

Driving & Community Mobility: Occupational Therapy Practitioner Roles in Driving Rehabilitation

Presenters: Terri Cassidy, OTD, OTR/L, CDRS, Anne E. Dickerson, PhD, OTR/L, SCDCM, FAOTA, Jenny Nordine, OTR/L, CDRS, Elin Schold-Davis, FAOTA, OTR/L, CDRS, Susan Touchinsky, OTR/L, SCDCM, CDRS,

Learning Level: Intermediate 3 contact hours / .3 AOTA CEUs

This session will review a prepared curriculum geared towards the occupational therapy practitioner and academic leaders, looking to expand OTs engagement with addressing the client’s driving and community mobility needs. During this presentation, the discussed curriculum will be reviewed as well as the application process for qualified presenters and pathway for sharing this presentation with occupational therapy practitioners.

Application
Visit https://aded.site-ym.com/page/350 to complete the presenter application!

Presenter Information
Welcome to the Driving & Community Mobility: Occupational Therapy Practitioner Roles in Driving Rehabilitation Programs orientation and THANK YOU! We are delighted that you have decided to dedicate your time to help expand the occupational therapy practitioners’ knowledge and understanding of their role with driving & community mobility and the driver specialist’s role with on driving rehabilitation services.

Background:
The National Highway Traffic Safety Administration (NHTSA) selected the American Occupational Therapy Association (AOTA) as the contractor for solicitation # DTNH2215R00027 Occupational Therapist Involvement in Older Driver Safety. The intent of this funded work is to “procure professional and technical services to conduct outreach to occupational therapists; provide updates to current occupational therapy resources including curricula for occupational therapy practitioners; develop new resources (including a toolkit); create awareness in the occupational therapy community; provide material distribution (including website); and garner input from key stakeholders and evaluate these efforts.”

One project of this contract dedicated funding to ADED to identify, design and implement a project that would address a gap in service. ADED identified consistent and accurate occupational therapy student and practitioner education as a priority. ADED gathered a team of driving rehabilitation experts to develop this speaker toolkit. AOTA and ADED’s shared mission of increasing the capacity of professionals to address the driving and transportation challenges facing the aging population and providing interventions for safe and independent community mobility for all older adults makes this collaboration especially meaningful.
Presenter Qualifications:
The primary presenter must be an occupational therapy practitioner with experience in the field of driver rehabilitation or have a co-presenter who is a driver rehabilitation specialist or certified driver rehabilitation specialist. Both occupational therapy and driving rehabilitation should be represented.

Objectives:
Attendees will be able to
- Describe how occupational therapists are uniquely positioned to address the driving and community mobility needs of individuals with disabilities and older adults.
- Explain the Spectrum of Driver Services document and occupational therapy practitioners’ roles within the spectrum of services.
- Describe the collaborative relationship of occupational therapy practitioners and driver rehabilitation specialists.
- Identify driver rehabilitation services within their community for appropriate program referrals
- Describe the driving licensing and eligibility to drive in their state
- Describe collaborate strategies to use local transportation options for clients with driving cessation recommended
- Demonstrate the ability to use the various resources currently available for the occupational therapy practitioner, consumer and referral source.
- Appreciate the expertise required to be a driver rehabilitation specialist.

Synopsis
Expand your own approach of IADLs by exploring the vital roles that occupational therapy practitioners and driving rehabilitation specialists play in clinical practice and public health. We will focus on intervention strategies, resources, referral procedures and regulations for driver licensing.

Abstract
In 2016, the American Occupational Therapy Association updated the Driving & Community Mobility Statement to highlight the role of occupational therapy practitioners for addressing driving and community mobility as an instrumental activity of daily living (IADL). This statement acknowledges driving as an important component of driving and community mobility and states, "Occupational therapy practitioners are poised to address driving at various levels to evaluate and intervene relative to individual performance as well as contribute to the overall health and safety of the public" (American Occupational Therapy Association, 2016). This document reinforces the distinct value of occupational therapy. However, there remains a gap in practice between our global goals as occupational therapy practitioners and the readiness of practitioners to address driving and community mobility. The gap is perpetuated by confusion between the role of the occupational therapy practitioner and the driver rehabilitation specialist as well as the lack of knowledge related to the opportunities for specific occupational therapy interventions, resources, and referral strategies.

An expanded working knowledge of driving and community mobility benefits occupational therapy practitioners in all practice settings – and across the lifespan. Confidently addressing this highly valued IADL will naturally results in expanded occupational therapy services.

Specifically, this presentation will highlight the role of the occupational therapy practitioner as the expert in the IADL of driving and community mobility and how the practitioner’s role should be collaborative

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with the driver rehabilitation specialist. The practitioner will gain specific knowledge about the expertise of the specialist as well as information about local resources and strategies to initiate driving and community mobility conversations with clients. Levels of driving rehabilitation programs and driving adaptive equipment processes will be reviewed. Most importantly, participants will learn the critical value of timing and referral strategies to driving rehabilitation services.

**Module Selection:**
Based on your audience, length of presentation, and goal, this presentation may be modified. The 10 modules for this presentation include:

1. Introduction
2. Driving as an IADL
3. Spectrum of Driver Services
4. Role of OT & DRS
5. DRS Referral
6. State Specific Information
7. Clinicians Guide
8. Mobility Devices
9. Guideline 13 & Policy (optional)
10. ACOTE (optional) – great for educators, possibly for clinicians to understand ACOTE

**General Presenter Information:**
- **REMEMBER** the information in this presentation is set. The content is locked and may not be changed or altered. As a presenter you may add your own examples and case studies to expand the education.
- **State Specific Worksheet:** You will need to update the State Specific Worksheet handout for your presentation and PROVIDE a copy of this worksheet back to the committee.
- **Presentation PowerPoint:** Once you submit your completed State Specific Worksheet you will receive a copy of the presentation complete with speaker notes.
- **Slide Animations:** slides with stars next to them in the power point presentation have animation. Be sure to review the slides full screen prior to your presentation to determine timing.
- **OTA Role Questions:** Be prepared for a question about the extent to which OTAs can be involved with driver rehabilitation. OTAs are eligible to become a CDRS. A note of caution for occupational therapy assistants to be cognizant of state practice acts regarding evaluation and supervision.
- **Handouts:** be prepared to provide the following handouts for your presentation.
  - Spectrum of Driver Rehab Services
  - State Specific Guidelines (presenter must update)
  - Driving Pathways by Diagnosis Sheets (option)

*If you required a PDF of the presentation for a handout, please let the committee know*

**Additional Presenter Information**
- **Highway Safety Guideline #13:** NHTSA develops strategic plans for improving highway safety. While NHTSA cannot mandate any state to use their guidelines, they do often use incentives to encourage states to implement Guidelines. Guideline #13 is specifically about Older
Driver Safety, publicly available, and should be familiar to your state’s highway safety program. This is reviewed in module 9 and is something you, as the presenter, should be familiar with.

- **ACOTE Standards:** the occupational therapy practitioner presenter should understand the ACOTE standards and why they are included as optional in this presentation. It is important for the presenter to know that this may be the only coursework that OT/OTA students receive regarding driving and community mobility.

**FOLLOW UP SURVEY**

Following the presentation, presenters are asked to participate in a follow up survey. Information for this will be provided by one of the committee members.

**Disclaimer**

AOTA & ADED cannot provide pre-approved contact hours for this program. If you, as speaker, would like to offer contact hours, please review ADED, NBCOT and/or your state licensing requirements for contact hours and follow their requirements.

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The field of driver rehabilitation is an ever-changing science that undergoes continual development. Research and clinical experience are continually expanding our knowledge including appropriate treatments and therapies. The author(s) and associations have made every effort to ensure references and therapies are appropriated to the state of knowledge at this time. Some of the product names and patents are registered trademarks or proprietary names even though specific reference is not always made. The appearance of a name without designation as proprietary is not to be construed as representation by the author(s) that it is in the public domain.

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Should you have any questions, comments, or feedback regarding the presentation, presenters or resources, please reach out to the DRP Curriculum Team.

**References**


**Questions? Contact Us!** adededlearning@gmail.com

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Version: ADED 2018