



... because every child needs a permanent, loving, and culturally sensitive family

Stages of White Parent's Anti-Racist Identity Development with Resources

Adapted from

Deborah Haynor and Lori Miller www.pactadopt.org/app/servlet/documentapp.DisplayDocument?DocID=415

John Raible <https://johnraible.wordpress.com/about-john-w-raible/what-is-transracialization/>

Stage One – We Are Family

- Primary task is creating a family
- Focus on making the child of color their own
- “Love is enough”
- Parent may see being colorblind as the goal

Foundational Resources

- Race: The Power of an Illusion
www.pbs.org/race/000_General/000_00-Home.htm
- Race: Are We So Different?
www.understandingrace.org/home.html
- Transracial Parenting in Foster Care & Adoption
www.ifapa.org/pdf_docs/TransracialParenting.pdf
- Curriculum for White Americans to Educate Themselves on Race and Racism
<http://citizenshipandsocialjustice.com/2015/07/10/curriculum-for-white-americans-to-educate-themselves-on-race-and-racism/>

Videos About Colorblindness

- I Don't See Color www.youtube.com/watch?v=5qArvBdHkJA&t=6s
- Colorblind: Rethinking Racism www.youtube.com/watch?v=uQkJnLSPf5k

Stage Two – We Are A Multicultural Family

- Focus is on celebrating child's birth culture
- Parent minimizes differences by emphasizing ways child is similar to
- Parent is often comfortable in Stage Two and gets stuck here

Implicit Bias Resources

- Do You Have Racial Bias? www.youtube.com/watch?v=cykcpqSpVZo&nohtml5=False
- American Denial: Implicit Bias Test
www.youtube.com/watch?v=ZWa09tUzqf4&feature=youtu.be
- Harvard's Implicit Bias Test <https://implicit.harvard.edu/implicit/takeatest.html>
- Implicit Bias Review by Kirwan Institute <http://kirwaninstitute.osu.edu/wp-content/uploads/2015/05/2015-kirwan-implicit-bias.pdf>
- Bias Cleanse www.lookdifferent.org/what-can-i-do/bias-cleanse

White Privilege Resources

- White Privilege Lessons from a White Mama of Black Children www.elephantjournal.com/2016/01/white-privilege-lessons-from-a-white-mama-of-black-children/
- The Promise: A Lesson in White Privilege www.youtube.com/watch?v=A89xhMV63rQ
- Cracking the Codes: Joy DeGruy "A Trip to the Grocery Store" www.youtube.com/watch?v=Wf9QBnPK6Yg
- Explaining White Privilege to a Broke White Person www.huffingtonpost.com/gina-crosleycorcoran/explaining-white-privilege-to-a-broke-white-person_b_5269255.html
- Why Does Privilege Make People So Angry? www.youtube.com/watch?v=qeYpvV3eRhY

Stage Three: We Are an Anti-Racist Family

- White parent is talking with other White parents about what it means to parent transracially
- Parent is critically observing cross-racial interactions and considering the impact of them
- Parent is thinking about race/racism a lot
- Parent is actively seeking opportunities to learn more about the impact of race, individual's experience with race and institutional racism

History Resources

- National Museum of African American History & Culture <https://nmaahc.si.edu/>
- People's History of the United States by Howard Zinn
- Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong by James Loewen
- An Indigenous Peoples' History of the United States by Roxanne Dunbar-Ortiz
- Sundown Towns: A Hidden Dimension of Racism Across America by James Loewen
- Slavery By Another Name by Douglas Blackmon
- The Color of Law: A Forgotten History of How Our Government Segregated America by Richard Rothstein
- Shattered Bonds: The Color of Child Welfare, Dorothy Roberts

Websites with Resources Written or Recommended by Adoptees

- The Adopted Life www.youtube.com/embed/gNH71bnLjxA
- Adoptee Reading <http://adopteereading.com/>
- Adoptee Blogs www.healthline.com/health/best-adoptee-blogs#4
- Dear Adoption <https://dearadoption.com/>
- I Am Adopted <http://iamadopted.net/>
- Adoptees On www.adopteeson.com/
- Harlow's Monkey <https://harlows-monkey.com>

Books Written and/or Edited by Adoptees

- Flip the Script: Adult Adoptee Anthology
- Outsiders Within: Writing on Transracial Adoption
- In Their Own Voices: Transracial Adoptees Tell Their Stories
- In Their Voices: Black Americans on Transracial Adoption
- In Their Parents' Voices: Reflections on Raising Transracial Adoptees

- [In Their Siblings' Voices: White Non-Adopted Siblings Talk About Their Experiences Being Raised with Black and Biracial Brothers and Sisters](#)
- [The Harris Narratives](#)
- [Black Anthology: Adult Adoptees Claim Their Space](#)
-

Talking to Children and Youth About Race and Racism

- The Dos and Don'ts of Talking to Kids of Color About White Supremacy www.colorlines.com/articles/dos-and-donts-talking-kids-color-about-white-supremacy
- Raising Race Conscious Kids www.raceconscious.org/
- Talking About Race and Racism www.adoptivefamilies.com/talking-about-adoption/talking-about-racism-race/
- 60+ Resources for Talking to Kids About Race and Racism <https://bouncebackparenting.com/resources-for-talking-to-kids-about-race-and-racism/>

Microaggressions

- If Microaggressions Happened to White People <https://www.youtube.com/watch?v=KPRA4g-3yEk>
- I, Too, Am Harvard www.youtube.com/watch?v=57IM9fp9aNU

Teaching Children and Youth Survival Skills

- Get Home Safely: 10 Rules for Survival www.youtube.com/watch?v=wqJ-psD9vJw
- The Talk: Race in America www.pbs.org/video/talk-race-america-talk-race-america/?utm_source=Facebook&utm_campaign=bhm_2018
- What to Do If You Are Stopped By the Police www.youtube.com/watch?v=F2T67-SEvLg
- Stop the Violence Safety Video www.facebook.com/coffeyanderson/videos/10154201872210993/