Stages of White Parent’s Anti-Racist Identity Development with Resources

Adapted from
John Raible [https://johnraible.wordpress.com/about-john-w-raible/what-is-transracialization/](https://johnraible.wordpress.com/about-john-w-raible/what-is-transracialization/)

Stage One – We Are Family

- Primary task is creating a family
- Focus on making the child of color their own
- “Love is enough”
- Parent may see being colorblind as the goal

Foundational Resources

- Race: The Power of an Illusion [www.pbs.org/race/000_General/000_00-Home.htm](http://www.pbs.org/race/000_General/000_00-Home.htm)
- Race: Are We So Different? [www.understandingrace.org/home.html](http://www.understandingrace.org/home.html)
- Transracial Parenting in Foster Care & Adoption [www.ifapa.org/pdf_docs/TransracialParenting.pdf](http://www.ifapa.org/pdf_docs/TransracialParenting.pdf)

Videos About Colorblindness

- I Don’t See Color [www.youtube.com/watch?v=5qArvBdHkJA&t=6s](http://www.youtube.com/watch?v=5qArvBdHkJA&t=6s)
- Colorblind: Rethinking Racism [www.youtube.com/watch?v=uQkJnLSPf5k](http://www.youtube.com/watch?v=uQkJnLSPf5k)

Stage Two – We Are A Multicultural Family

- Focus is on celebrating child’s birth culture
- Parent minimizes differences by emphasizing ways child is similar to
- Parent is often comfortable in Stage Two and gets stuck here

Implicit Bias Resources

- Do You Have Racial Bias? [www.youtube.com/watch?v=cykcpqSpVZo&nohtml5=False](http://www.youtube.com/watch?v=cykcpqSpVZo&nohtml5=False)
- American Denial: Implicit Bias Test [www.youtube.com/watch?v=ZWa09tUzqf4&feature=youtu.be](http://www.youtube.com/watch?v=ZWa09tUzqf4&feature=youtu.be)
- Harvard’s Implicit Bias Test [https://implicit.harvard.edu/implicit/takeatest.html](https://implicit.harvard.edu/implicit/takeatest.html)
- Bias Cleanse [www.lookdifferent.org/what-can-i-do/bias-cleanse](http://www.lookdifferent.org/what-can-i-do/bias-cleanse)
White Privilege Resources

- White Privilege Lessons from a White Mama of Black Children
- The Promise: A Lesson in White Privilege [www.youtube.com/watch?v=A89xhMV63rQ](http://www.youtube.com/watch?v=A89xhMV63rQ)
- Cracking the Codes: Joy DeGruy "A Trip to the Grocery Store" [www.youtube.com/watch?v=Wf9QBnPK6Yg](http://www.youtube.com/watch?v=Wf9QBnPK6Yg)
- Why Does Privilege Make People So Angry? [www.youtube.com/watch?v=qeYpvV3eRhY](http://www.youtube.com/watch?v=qeYpvV3eRhY)

**Stage Three: We Are an Anti-Racist Family**

- White parent is talking with other White parents about what it means to parent transracially
- Parent is critically observing cross-racial interactions and considering the impact of them
- Parent is thinking about race/racism a lot
- Parent is actively seeking opportunities to learn more about the impact of race, individual’s experience with race and institutional racism

History Resources

- National Museum of African American History & Culture [https://nmaahc.si.edu/](https://nmaahc.si.edu/)
- People’s History of the United States by Howard Zinn
- Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong by James Loewen
- An Indigenous Peoples’ History of the United States by Roxanne Dunbar-Ortiz
- Sundown Towns: A Hidden Dimension of Racism Across America by James Loewen
- Slavery By Another Name by Douglas Blackmon
- Shattered Bonds: The Color of Child Welfare, Dorothy Roberts

Websites with Resources Written or Recommended by Adoptees

- The Adopted Life [www.youtube.com/embed/gNH71bnLjxA](http://www.youtube.com/embed/gNH71bnLjxA)
- Dear Adoption [https://dearadoption.com/](https://dearadoption.com/)
- I Am Adopted [http://iamadopted.net/](http://iamadopted.net/)
- Harlow’s Monkey [https://harlows-monkey.com](https://harlows-monkey.com)

Books Written and/or Edited by Adoptees

- Flip the Script: Adult Adoptee Anthology
- Outsiders Within: Writing on Transracial Adoption
- In Their Own Voices: Transracial Adoptees Tell Their Stories
- In Their Voices: Black Americans on Transracial Adoption
- In Their Parents' Voices: Reflections on Raising Transracial Adoptees
• In Their Siblings' Voices: White Non-Adopted Siblings Talk About Their Experiences Being Raised with Black and Biracial Brothers and Sisters
• The Harris Narratives
• Black Anthology: Adult Adoptees Claim Their Space

Talking to Children and Youth About Race and Racism
• The Dos and Don’ts of Talking to Kids of Color About White Supremacy  www.colorlines.com/articles/dos-and-donts-talking-kids-color-about-white-supremacy
• Raising Race Conscious Kids www.raceconscious.org/
• Talking About Race and Racism www.adoptivefamilies.com/talking-about-adoption/talking-about-racism-race/
• 60+ Resources for Talking to Kids About Race and Racism  https://bouncebackparenting.com/resources-for-talking-to-kids-about-race-and-racism/

Microaggressions
• If Microaggressions Happened to White People  https://www.youtube.com/watch?v=KPRA4g3yEk
• I, Too, Am Harvard  www.youtube.com/watch?v=57IM9fp9aNU

Teaching Children and Youth Survival Skills
• Get Home Safely: 10 Rules for Survival  www.youtube.com/watch?v=wqJ-psD9vJw
• The Talk: Race in America  www.pbs.org/video/talk-race-america-talk-race-america/?utm_source=Facebook&utm_campaign=bhm_2018
• What to Do If You Are Stopped By the Police  www.youtube.com/watch?v=F2T67-SEvLg
• Stop the Violence Safety Video  www.facebook.com/coffeyanderson/videos/10154201872210993/