

Transition Risk Assessment

Assess how challenging you are finding that particular area of transition on a 1-10 scale, where “1” means very easy and “10” means very difficult.

Type of Transition	Check each area that applies	Assess relative difficulty for you (1-10)
Moving into new industry/profession		
Joining a new organization (campus/headquarters/organization)		
Moving to a new area of the same university/organization		
Moving from one function to another (i.e.- conduct to FSL, etc)		
Taking on a cross-functional role for the first time		
Moving geographically		
Taking on a newly created role		
Entering an organization which major change is already going on		
Leading former peers		
Having to do two jobs at the same time (finishing old role while starting new one)		
Being Promoted to a higher level		
	Total	

Add numbers in the right-most column to calculate your Transition Risk Assessment