

10 RESOURCES YOUR FAMILY CAN USE DURING COVID-19

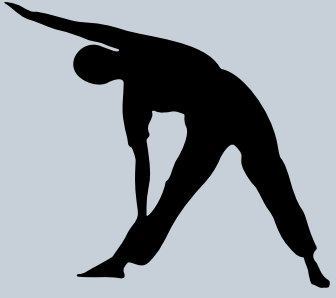
With many working from home and children out of school, we've put together a few great resources to pass the time.



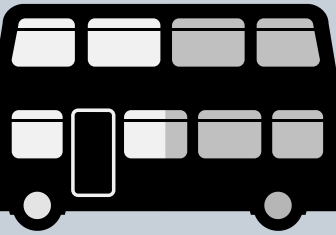
IN FLEET MANAGEMENT

WIFM looks to provide a resource for women fleet leaders that encourages personal and career fulfillment through mentoring, fleet expertise sharing, fleet and business community involvement and networking.

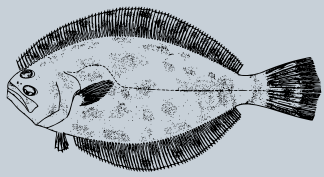
For Families



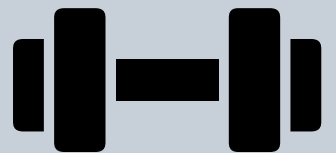
With kids needing gym credit while homeschooled, look to downdogapp for free yoga classes



Even though you can't travel, virtual field trips are still an option.



Seaworld has animal info books and videos available for your curious kids

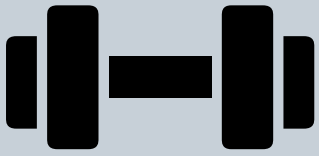


Kid fitness classes everyday at 10AM EST-1pm PST from Sami Circuit

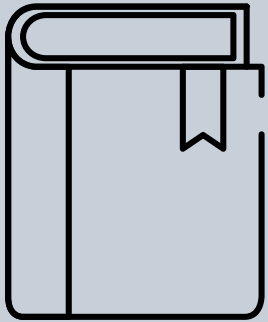


Disney is offering free courses in storytelling, sound and design for animation

For Adults



Get 2 FREE Months of Gold's Gym Fitness & Training App Access



Audible has hundreds of books for free for young listeners through adults



Take a grown up field trip of over 19 different immersive museum exhibits



Psychhub is offering free COVID-19 mental health resources



Smiling Mind offers an app for meditation and relaxation during this stressful time