

Curriculum Overview

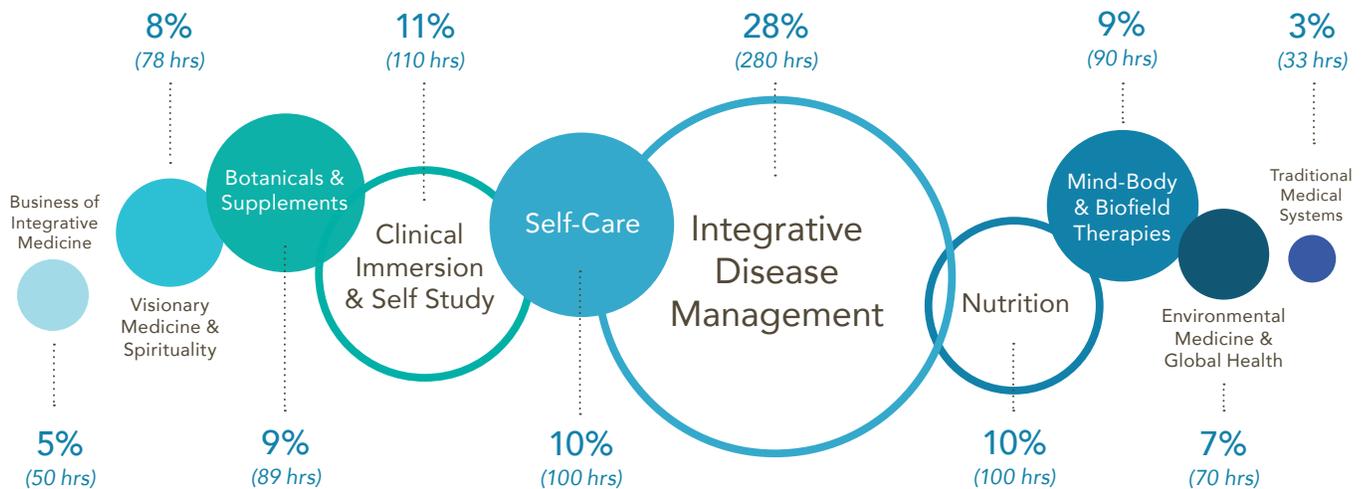
The curriculum is designed to fit the schedule of a busy clinician and allows you to self-manage your time from week to week. The hybrid program is delivered through a combination of online courses, in-person retreats, and clinical rotations taught by expert faculty. Elective modules are also woven into the curriculum, allowing you to customize your training to meet your needs.

Contact us at info@fellowship.org for additional information, including potential start dates.



The AIHM Fellowship is a 1000-hour program for clinicians who want to become leaders in integrative health and medicine. Fully engage your sense of purpose and learn effective tools that can be integrated into your practice. We invite you to apply today.

aihm.org/fellowship



Testimonials

"There was a sense of relief in coming together and validation that what we have done so far in our independent careers had not been in vain. We all felt acknowledged. I have never felt that type of unity among diverse healthcare professions. It was like someone looked me in the eye and said, 'I believe in your greatness.'"

Gretchen Seitz, LAc, DAOM

"Through the program, I'm gaining the tools and knowledge I need to have a better conversation with my patients. As I apply what I'm learning to my patients, I'm finding, they're eager to learn. Turns out, they're as ready for a new approach to healing as I am."

Mary Brittain Blankenship, MD

"The first day of medical school, I was taught that '50% of what we're going to teach you will be wrong. The trouble is, we're not sure which half it is.' I'm a science guy; I depend on research. Through the Fellowship, I am learning about the science behind integrative medicine, which I can bring back to my practice and community."

Rick Klamm, MD

Sample Program Outline

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BLOCK 1

October 9, 2017 – January 7, 2018

Visionary Medicine · Evidence Informed Integrative Medicine · Motivational Interviewing · Social Influences on Health | **Residential Retreat 1 (December 3–7, 2017)**

BLOCK 2

January 8 – April 1, 2018

Evolving Human Nutrition · Evidence Informed Integrative Medicine II · Dietary Supplements · Nutrition & Fitness | (Off 4/2 – 4/8/18)

BLOCK 3

April 9 – July 1, 2018

Mind-Body-Spirit Medicine · Botanical Medicine · Manual Medicine · Clinical Round Table (Off 7/2 – 7/8/18)

BLOCK 4

July 9 – September 30, 2018

Practical Nutrition · Traditional Medicine Systems · Introduction to Integrative Cardiology/Oncology/Pain Management/GI/Women's Health/Mental Health | **Residential Retreat 2 (October 7–11, 2018)** (Off 10/1 – 10/7/18)

BLOCK 5

October 8 – December 30, 2018

Business of Integrative Medicine · Environmental Medicine · Self Care · Clinical Immersion Prep (Off 12/31/18 – 1/6/19)

BLOCK 6

January 7 – March 29, 2019

Role of Inflammation · Herb-Drug Interactions · Integrative Pediatrics · Energetics of Food (Off 3/30 – 4/7/19)

BLOCK 7

April 8 – June 30, 2019

Clinical Immersion · Integrative Mental Health & Addiction · Integrative Women's Health · Biofield Therapies | (Off 7/1 – 7/7/19)

BLOCK 8

July 8 – September 28, 2019

Integrative Pain Management · Integrative Oncology · Integrative Men's Health · Final Exam (Off 9/29 – 10/12/19)



October 11–13, 2019

Residential Retreat 3 (October 11–12, 2019) & Graduation (October 13, 2019)

Instruction & Assessment

The majority of the curriculum will be conducted in a **virtual classroom environment**, enabling you to work from your home, office, or favorite Wi-Fi spot. The online curriculum is comprised of engaging online content and quizzes, podcasts, video presentations, and dialogues with faculty and classmates.

Fellows are required to attend two residential retreats and the clinical immersion rotation, which is unique to this fellowship program. Engage in experiential sessions, hands-on training, clinical roundtables, and work with clinicians practicing integrative medicine in a variety of settings, allowing you to put your learning into practice.