November/December 2019 Community Events Edition

Parenting Series: Navigating Friendships and Playground Politics

Seneca Academy
November 13, 2019 (Tonight!)
March 4, 2020
April 29, 2020

Join child psychologist Dr. Michelle Parker for the first of three FREE parenting workshops during the 2019-2020 school year! Establishing and nurturing friendships is an important life skill. In this workshop we will explore how parents can help children: develop meaningful and authentic friendships through empathy and kindness; join groups and share effectively; and understand the “hidden curriculum” of social norms and how to resolve conflicts.

https://wwwсенecaacademy.org/parenting

Recognizing & Easing Your Child’s Anxiety

The Harbor School
November 13, 2019 7:00-8:30 pm

Anxiety affects children at every age. Because worries and anxiety are a normal part of development, it can be difficult to know when it is becoming a problem and what to do about it. In this presentation, we will discuss the signs and types of anxiety children experience, from separation anxiety to social anxiety, and effective strategies parents can utilize to intervene and support their children’s growth and success. More events Jan 9th and March 19th. Learn more here.
Severn School is pleased to welcome back special guest speaker Dr. Lisa Damour - psychologist, best-selling author, monthly New York Times online columnist, and regular contributor to CBS News. Dr. Damour will speak to parents about her ongoing work and new book Under Pressure, Thursday, November 14 at 7 pm in Price Auditorium on Severn's Teel Campus. No charge; registration is required: http://bit.ly/aimsdamour.

The Power of Different: The Link Between Disorder and Genius
The Odyssey School
November 14, 2019 at 6:45 p.m.
Join us as we welcome our 2019 Lindsay Dryden Speaker, Dr. Gail Saltz. Dr. Saltz will present on her book of the same title.

Join us and learn how the unique wiring of every brain can be a source of strength and productivity, and contribute to the richness of our world.
The very conditions that cause children and adults to experience difficulty at school, in social situations, at home, or at work, are inextricably bound to creative, disciplinary, artistic, empathetic, and cognitive abilities.
This presentation will feature a review of the neuroscientific research that demonstrates the link between specific mental health issues and learning disabilities and exceptional abilities, and illustrations from historical geniuses and everyday individuals who are leaning into their brain differences to:
*Identify areas of interest and expertise
*Develop work around
*Create the environments that best foster their talents

Limited seating is available. RSVP to events@theodysseyschool.org
The Odyssey School Founders’ Theater

Authentic Assessment Colloquium
The Sienna School
November 15, 2019

The Siena School is delighted to invite educators from around the region to join us for a free half-day colloquium about Authentic
Assessment on November 15th. Project-Based Learning expert, Suzie Boss, will deliver a keynote address sharing tools and strategies to expand your assessment toolkit, better equipping you to help students reach goals that matter to them. Data from Siena’s Authentic Assessment Self-Study will be presented before attendees participate in two workshops. Sessions will include, an "Unconference" workshop where participants share resources, discuss pedagogy and imagine the future of Authentic Assessments; and a structured group mediation workshop designed to help participants overcome real hurdles to implementing Authentic Assessments in their schools, classrooms or practices today.

To find out more and to register: https://www.thesienaschool.org/resources/colloquium.cfm

The Decline of Play Outdoors – And the Rise in Sensory Issues

Glenelg Country School
November 20, 2019

This workshop explores the risks, challenges, and the importance of unrestricted outdoor play. Angela Hanscom, author of Balanced & Barefoot: How Unrestricted Outdoor Play Makes for Strong, Confident, and Capable Children, will discuss how the decrease in time and space for children to move and play outdoors relates to the simultaneous rise we are seeing in the number of children presenting with sensory and motor deficits. Nationwide, classroom teachers are observing more and more children having trouble with attention, falling out of their seats in school, increased clumsiness, and even aggressiveness with games like tag on the playground. Using the same philosophy that lies at the heart of her popular TimberNook program—that nature is the ultimate sensory experience, and that psychological and physical health improves for children when they spend time outside on a regular basis—Angela Hanscom offers several strategies to help children thrive in outdoor environments using a therapeutic approach to nature play.

The event is free and open to the public; however, registration is appreciated for planning purposes. Registration can be completed at http://www.glenelg.org/dragondialogues.

Our Whole Lives: Sexuality Education Training

Friends School of Baltimore
November 20, 21, and 22, 8:00 a.m. – 4:00 p.m.

Friends School will host Our Whole Lives (OWL) authors and...
sexuality educators for a three-day intensive sexuality education training. Our Whole Lives (OWL) is a lifespan sexuality education curriculum that gives clear messages about the following key sexuality issues: self-worth, sexual health, responsibility, justice and inclusivity. Our Whole Lives recognizes and respects the diversity of participants with respect to biological sex, gender identity, gender expression, sexual orientation, and disability status. The activities and language used throughout the program have been carefully chosen to be as inclusive as possible of this human diversity." You can learn more about why sexuality education is critical for the youngest of children in this recent Washington Post article, where OWL is mentioned, and learn more about the Our Whole Lives curriculum here. Please note: though this is presented in some Unitarian Universalist congregations, the curriculum is itself is secular. For more information reach out to Amy Melchin at amelchin@friendsbalt.org

The French Winter Market
Rochambeau, The French International School
November 23, 2019

Join us for a delightful day of shopping, French and gourmet specialities, our International Bistro, family activities like train rides, craft workshops, and much more. Don't miss our bilingual book sale and to practice your French and say "Bonjour !" (admission is free).
Link: https://wintermarket.rochambeau.org/

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