



**Get peace of mind  
with medical advice.**

Call **800-777-7904**.

Whether it's the middle of the afternoon or the middle of the night, medical advice is just a phone call away. Kaiser Permanente's registered nurses will help you with your flu symptoms, cuts and sprains, or backaches—whatever you have questions about. And there's no extra cost.

The nurse is connected to your Permanente primary care doctor, your health care team, and our Urgent Care centers, so you'll be guided to the next steps for your care if you need more than the nurse's advice. For medical advice, call **800-777-7904** (TTY **711**).

If you're not sure what kind of care you need, just call and the nurse will guide you.

#### **Video advice with a doctor**

You can have a video visit with a physician trained in emergency medicine. The visits are for those 18 years and older, with certain medical conditions. The advice nurse will help determine if your situation is right for a video visit. You will need a computer or mobile device with a built-in camera

and microphone, and you must be present in Maryland, Virginia, Washington, DC, Florida, North Carolina, West Virginia, or Pennsylvania during the call.

#### **See your doctor from home, work, or on the go**

What can you get medical advice for by video?  
Among other conditions:

- Backaches
- Bone breaks
- Bug bites
- Burns
- Cuts and wounds
- Eye problems
- Flu
- Joint problems
- Medication questions
- Shingles
- Skin problems
- Sore throat
- Sprains/injuries
- Vomiting/nausea

**Urgent Care  
Hospital care  
Medical advice**



Call **800-777-7904**  
to get the care you need.

# Urgent Care

Call **800-777-7904** (TTY **711**) to get the care you need, or come in if you are experiencing any of the following:

- Belly pain
  - Breathing trouble
  - Broken bones
  - Chest discomfort
  - Deep cuts
  - Earaches
- Eye infections
  - Flu
  - Rash or skin infections
  - Sprains and strains
  - Urinary tract infections
  - Vomiting, diarrhea, or nausea

These are examples of conditions that are treated in Urgent Care. If you think you are experiencing an emergency medical condition,\* call **911**.

## Urgent Care centers

Open evenings, weekends, and holidays, our Urgent Care centers are located in Maryland, Virginia, and Washington, DC.

## 24/7 Urgent Care centers

At our medical centers that have Urgent Care 24/7, you get:

- Physicians trained in emergency medicine
- Less wait time and lower cost shares† than a typical hospital emergency room
- 24/7 pharmacy and laboratory services
- 24/7 advanced imaging services, including CT, MRI, and ultrasound
- An observation unit where patients can be monitored for up to 24 hours

\*An emergency medical condition is one that, in the absence of immediate medical attention, may result in 1) placing the health of the individual (or, with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy, 2) serious impairment to bodily functions, or 3) serious dysfunction of any bodily organ or part. Refer to your *Evidence of Coverage, Membership Agreement, or federal brochure RI 73-047* for the complete definition of emergency medical conditions.

†Cost share depends upon your plan. For specific information, please check your *Membership Agreement, RI 73-047, Evidence of Coverage, or Certificate of Insurance*.

The continued availability and/or participation of any facility cannot be guaranteed. Kaiser Permanente reserves the right to relocate, modify, or terminate the location and hours of services for Urgent Care. For the most up-to-date information, visit [kp.org/urgentcare/mas](https://kp.org/urgentcare/mas).

# Kaiser Permanente Urgent Care locations

## Maryland

1.

**Kaiser Permanente Baltimore Harbor Urgent Care**  
815 E. Pratt St., Baltimore, MD 21202  
5 p.m.–1 a.m. M–F, 9 a.m.–5 p.m. Sat, Sun, holidays
2.

**Camp Springs Urgent Care**  
6104 Old Branch Ave., Temple Hills, MD 20748  
5:30 p.m.–8 a.m. M–F, 24 hours Sat, Sun, holidays
3.

**Gaithersburg Urgent Care** ★24/7  
655 Watkins Mill Road, Gaithersburg, MD 20879
4.

**Kensington Urgent Care**  
10810 Connecticut Ave., Kensington, MD 20895  
5:30–1 a.m. M–F, 9 a.m.–9 p.m. Sat, Sun, select holidays
5.

**Largo Urgent Care** ★24/7  
1221 Mercantile Lane, Largo, MD 20774
6.

**South Baltimore County Urgent Care** ★24/7  
1701 Twin Springs Road, Halethorpe, MD 21227
7.

**White Marsh Urgent Care**  
4920 Campbell Blvd., Nottingham, MD 21236  
5 p.m.–1 a.m. M–F, 9 a.m.–5 p.m. Sat, Sun

## Virginia

8.

**Fredericksburg Urgent Care**  
1201 Hospital Drive, Fredericksburg, VA 22401  
5:30 p.m.–1 a.m. M–F, 9 a.m.–5 p.m. Sat, Sun, holidays
9.

**Manassas Urgent Care**  
10701 Rosemary Drive, Manassas, VA 20109  
5:30 p.m.–1 a.m. M–F, 9 a.m.–5 p.m. Sat, Sun, holidays
10.

**Reston Urgent Care**  
1890 Metro Center Drive, Reston, VA 20190  
5:30 p.m.–1 a.m. M–F, 9 a.m.–9 p.m. Sat, Sun, holidays
11.

**Tysons Corner Urgent Care** ★24/7  
8008 Westpark Drive, McLean, VA 22102
12.

**Woodbridge Urgent Care** ★24/7  
14139 Potomac Mills Road, Woodbridge, VA 22192

## Washington, DC

13.

**Kaiser Permanente Capitol Hill Urgent Care** ★24/7  
700 2nd St. NE, Washington, DC 20002

[kp.org/urgentcare/mas](https://kp.org/urgentcare/mas)

# Hospital care

## Go where Permanente physicians are on call 24/7

When you need inpatient or outpatient hospital care, we’ve chosen award-winning hospitals to be our partners for coordinating your care (see map). These hospitals, located throughout Maryland, Virginia, and Washington, DC, are our premier hospital partners.

Each was carefully chosen based on quality of care, comfort, and service. You can have peace of mind knowing you are cared for by Permanente physicians you can trust, and who have your medical history at hand.

To learn more, visit [kp.org/premierhospitals](https://kp.org/premierhospitals).

## Kaiser Permanente premier hospitals

### Maryland

1.

Anne Arundel Medical Center
2.

Greater Baltimore Medical Center
3.

Holy Cross Hospital
4.

Saint Agnes Hospital
5.

Suburban Hospital

### Virginia

6.

Reston Hospital Center
7.

Stafford Hospital
8.

Virginia Hospital Center

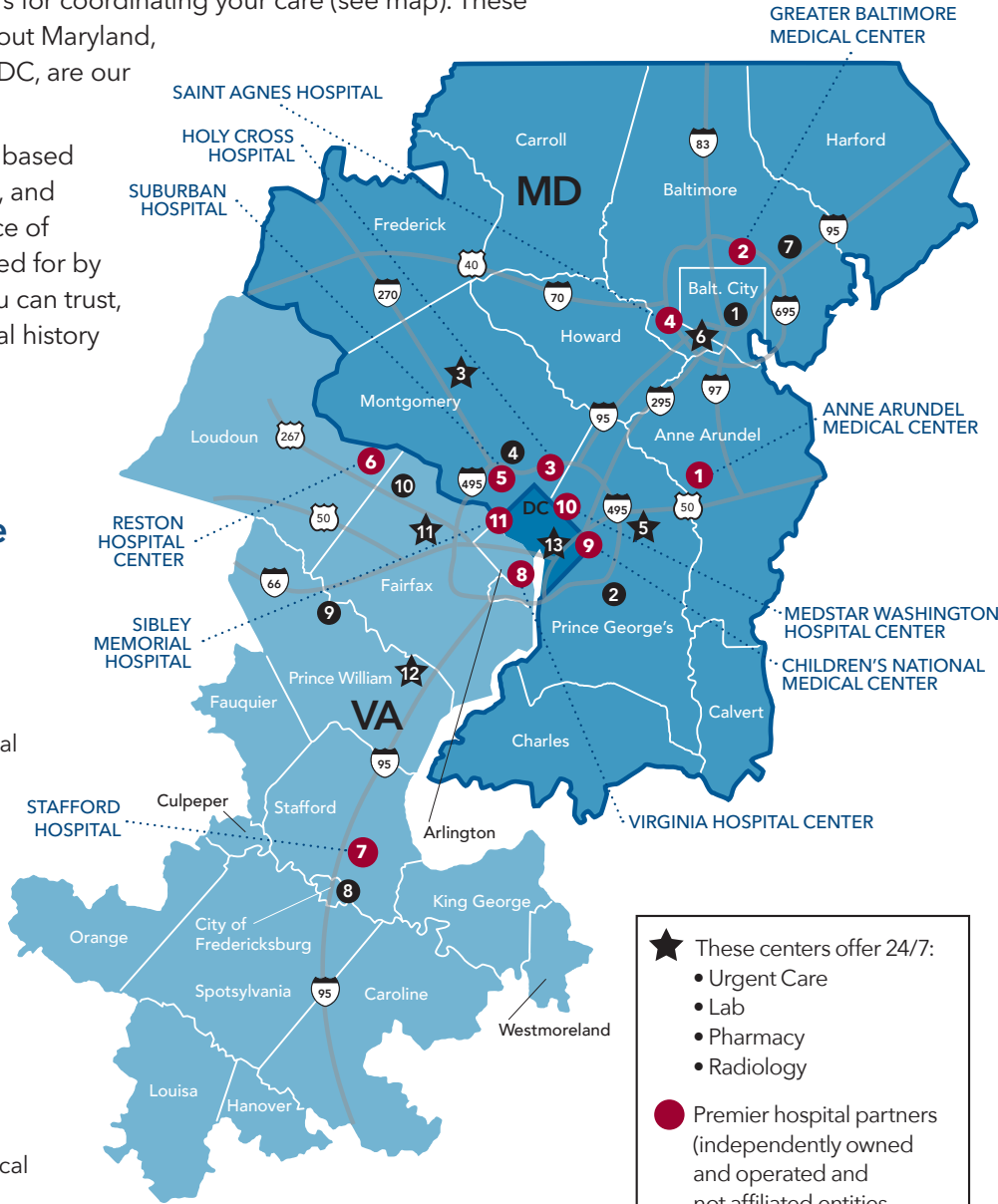
### Washington, DC

9.

Children’s National Medical Center
10.

MedStar Washington Hospital Center
11.

Sibley Memorial Hospital (labor and delivery only)



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These centers offer 24/7:

- Urgent Care
- Lab
- Pharmacy
- Radiology

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Premier hospital partners (independently owned and operated and not affiliated entities of Kaiser Permanente)

Your hospital network may be different. Consult your *Kaiser Permanente Physician Directory* for more information.