

Alabama Psychological Association

WORKSHOP-PRESENTER INFORMATION FORM Proposed Program for Joint Sponsorship

I. Workshop Title:					
II. Workshop Date (s) and Time(s):					
III. Name/Degree of Presenter(s) for program:					
IV. Length of Workshop:	Days:		at		hours/day
V. SKILL LEVEL:	Beginner		Intermediate		Advanced
VI. Brief Description of Workshop:					
VII. Learning Objectives:					
At least 3-4 for a 4 hour workshop, 5-6 for a 7-8 hour workshop. Please see the guidelines below for required statement of learning objectives.					
<i>At the completion of this workshop, participants will be able to:</i>					
1.					
2.					
3.					
4.					
5.					
6.					
VIII. BRIEF BIO OF PRESENTER(S):					
IX. FULL VITA OF PRESENTER(S) (May be attached)					

How To Write Behavioral Learning Objectives

- Learning objectives, or learning outcomes, are statements that clearly describe what the learner will know or be able to do as a result of having attended an educational program or activity.
- Learning objectives must be **observable and measurable**.
- Learning objectives should (1) focus on the learner, and (2) contain action verbs that describe measurable behaviors
- Verbs to consider when writing learning objectives:
 - Ø list, describe, recite, write
 - Ø compute, discuss, explain, predict
 - Ø apply, demonstrate, prepare, use
 - Ø analyze, design, select, utilize
 - Ø compile, create, plan, revise
 - Ø assess, compare, rate, critique
- Verbs to avoid when writing learning objectives
 - † know, understand
 - † learn, appreciate
 - † become aware of, become familiar with

Example of well-written learning objectives:

Upon completion of this workshop, participants will be able to:

1. Summarize basic hypnosis theory and technique;
2. Observe demonstrations of hypnotic technique and phenomena;
3. Explain differences between acute and chronic pain;
4. Utilize hypnosis in controlling acute pain;
5. Apply post-hypnotic suggestions to chronic pain; and
6. Practice hypnotic technique in dyads.

(American Psychological Association, 2003)