



ELECTION TO THE alpha BOARD OF DIRECTORS 2023-2025

ACCLAIMED:

For the Northwest Region:

- **Trudy Sachowski** (BOH, NWHU)

Trudy Sachowski has played key leadership roles within the Northwestern Board of Health as Vice Chair/Risk Management Chair, Constitution Review Chair, and on numerous committees.

As the alpha North West BOH Representative, she enthusiastically provides leadership and advocacy for Ontario's local public health system. Trudy has held the offices of alpha President and Vice-President, BOH Chair and Vice-Chair. Under her leadership and with her guidance, alpha developed key public policy positions, products, and educational events to support the work of public health. This includes providing leadership on alpha's response to the pandemic, working towards ensuring a sustainable future for local public health, and engaging effectively with Ontario's key decision makers and policy influencers. Trudy brings her Métis heritage and perspective to the table.

As an Ontario Volunteer Service Award recipient her volunteerism includes serving as: Ontario Parent Council Chair, Northwestern Healthy Living Partnership Chair, Dryden Public Library Board Chair, and Northwestern Early Years Steering Committee Vice-Chair. She serves on Points North Family Health Board of Directors and AMO's Health Task Force.

Trudy is a recipient of alpha's Distinguished Service Award (2022) in recognition of her exceptional qualities of leadership and showing of exemplary devotion to local and provincial public health.

For the North East Region:

- **René Lapierre** (BOH, SDHU)

René Lapierre has been a City Councillor for the City of Greater Sudbury since 2014. He has also been the Board of Health Chair for Public Health Sudbury & Districts since 2015. He is a proud father of three children, married to his wife Melissa for 28 years, and soon-to-be grandfather. René has been serving his community on multiple boards and volunteer groups. For the past three years, René has participated as the North East representative for the alpha Board of Directors and looks forward to continuing his role as the North East representative. His background in pre-hospital care as a Paramedic since 1992 along with his current leadership role as Coordinator of the Paramedic program at Collège Boréal in Sudbury have helped build his extensive understanding of the role of prevention in keeping communities healthy and out of the healthcare system. He is an expert in governance concepts and has successfully completed his Professional Director designation with Governance Solutions. Because of this experience and knowledge, René has been active on the bylaw sub-committee for alpha Board as well. René hopes to receive the continued support of his colleagues in the North East for him to continue as the alpha representative.