February 28, 2023

sylvia.jones@ontario.ca

The Honourable Sylvia Jones
Minister of Health and Deputy Premier
Ministry of Health
College Park 5th Floor, 777 Bay St
Toronto, ON M7A 2J3

Dear Minister Jones:

**Letter of Support – Physical Literacy for Healthy Active Children**

On February 16, 2023 at a regular meeting of the Windsor-Essex County Board of Health, the Board considered a letter from Sudbury & Districts Public Health to Directors of Education, Local School Boards, Sports and Recreation Organizations and Early Learning Centres, encouraging them to work to improve physical activity levels among children and youth, including agencies that provide comprehensive physical literacy training to teachers, coaches, recreation providers and early childhood educators.

The following motion was passed:

**Motion:** That the WECHU Board of Health support the letter from Sudbury & Districts Public Health to Directors of Education, Local School Boards, Sports and Recreation Organizations and Early Learning Centres, encouraging them to work to improve physical activity levels among children and youth.

The Windsor-Essex County Health Unit fully supports the above recommendation, and thanks you for your consideration.

Sincerely,

Fabio Costante, Chair
Windsor-Essex County Board of Health

c: Kenneth Blanchette, CEO, WECHU
Windsor-Essex County Directors of Education
Loretta Ryan, Executive Director, aPHA
Ontario Boards of Health
Lisa Gretzky, MPP Windsor-West
Andrew Dowie, MPP Windsor-Tecumseh
Anthony Leardi, MPP Essex
Trevor Jones, MPP Chatham-Kent