2022 Distinguished Service Awards

June 14, 2022
Trudy Sachowski is a true champion for public health and embodies all the eligibility requirements of alPHA’s Distinguished Service Awards, having dedicated countless hours over the past several years to public health and in the neighbouring sectors of healthcare and education. Since her 2013 appointment to the Northwestern Board of Health, Trudy has remained steadfast in her commitment to improving the health outcomes of the people of Northwestern Ontario and across the province. Appointed to the alPHA Board in 2016 as the Northwest Region representative, she enthusiastically provides leadership and advocacy for local public health. Prior to her current position as Vice-President of the alPHA Board of Directors, she has held the offices of alPHA Board of Health Section Chair from 2017 to 2021 and alPHA Board of Health Section Vice-Chair in 2016. Trudy is an Ontario Volunteer Service Award recipient. Her volunteerism includes having served as the Chair of the Ontario Parent Council, Chair of the Northwestern Healthy Living Partnership, Chair of the Dryden Public Library Board, Vice-Chair of the Northwestern Early Years Steering Committee, and she serves on the Board of Directors for the Points North Family Health Team. Of recent note, is her volunteer commitment to the Northwestern Health Unit’s COVID-19 mass immunization clinics. Trudy exemplifies exceptional qualities of leadership and has shown exemplary devotion to public health both locally and provincially. Trudy Sachowski believes in the work of public health and is driven to contribute her time, knowledge, influence, and passion to move this work forward for the betterment of the people of Ontario.
Dr. Paul Roumeliotis

Dr. Paul Roumeliotis, MD, CM, MPH, FRCP(C), CCPE, AMP

Dr. Paul Roumeliotis (“Dr. Paul”) has been the Medical Officer of Health (MOH)/CEO of the Eastern Ontario Health Unit (EOHU) since 2007. He received his medical degree and trained as a pediatrician at McGill University and holds a Master of Public Health (MPH) Degree from the Johns Hopkins School of Public Health. In 2018, he received the Canadian Certified Physician Executive credential designation.

In 2015, he signed an unprecedented multilateral agreement to become Akwesasne’s MOH in both Ontario and Quebec. He has also led many local initiatives including the regional Oxycontin task force (2010) and the local health response for flood/fire refugees and asylum seekers. A true believer of CQI, Dr. Paul led the EOHU to become the first stand-alone public health agency in Canada to be accredited by Accreditation Canada. Provincially, he has participated in numerous tables including the Provincial Council of Maternal and Child Health and co-led the first province-wide public health-LHIN collaboration.

Dr. Paul was COMOH chair during both the H1N1 and the COVID-19 pandemics. In February 2020, he coordinated the local response and media relations during the quarantine of the cruise passengers at NAV CENTRE in Cornwall. Subsequently, he became the local leader/voice of the pandemic response in Eastern Ontario – an unprecedented time of continual communication with elected officials, the public, media, the local healthcare system, enforcement agencies, and multiple community partners. As COMOH chair, he was a member on multiple provincial and regional COVID committees/tables.

Complementing his work in public health, Dr. Paul, the world’s first online physician (1995), has also earned recognition as a long-time leader in health communication innovations including co-founding the French Public Health Community of Practice and is an ardent advocate for improving the social determinants of health, with a particular focus on early childhood development and the life-course perspective.
Dr. Abbey is a graduate of the University of Toronto with an Honours BSc in Physical Anthropology (1981), her Doctor of Dental Surgery (1986) and her Master of Science in Dentistry and Diploma in Dental Public Health (1995). Patricia has always had a focus on access to dental care and a strong desire to promote her profession. She began her public health career at the City of Toronto as a clinical dentist. She worked for the Royal College of Dental Surgeons of Ontario in the Liability, Complaints and Discipline and Quality Assurance programs before finding her forever dental home at the Durham Region Health Department, where she has been the Director of Oral Health for the past twenty years. While a member of several dental organizations, Pat is especially proud of her work with the Ontario Association of Public Health Dentistry where she has held several executive positions. Throughout her public health career, she has been involved in the expansion of the CINOT program, the development and implementation of the OHISS system, the development of the dental component of the Ontario Public Health Standards and the development and implementation of the HSO program. Pat has been honoured to work with the wonderful public health professionals in Durham where the importance of Oral Health has been championed. She is looking forward to moving into a new dental clinic which will serve the vulnerable seniors in Durham through the Ontario Seniors Dental Care Program.
Distinguished Service Award

The Distinguished Service Award reflects the commitment of the Association of Local Public Health Agencies to recognize the significant contributions made to public health in Ontario by board of health members, health unit staff, and public health professionals.

Eligibility of the award is open to any of alPHa’s members, including medical officers of health, board of health members, members of Affiliate organizations and, occasionally, individuals outside the Association.

The Award is given to those individuals who have demonstrated exceptional qualities of leadership in their own milieu, achieved tangible results through long service or distinctive acts, and shown exemplary devotion to public health at local and provincial levels.

Previous Distinguished Service Award Recipients can be found here.

Congratulations to our 2022 Distinguished Service Award recipients!