

InfoBreak

alPHA's members' portal



Jul - Aug. 2026



Key Highlights

- *Leader to Leader* article from alPHA Chair, Carmen McGregor (see below).
- Recap of the 2026 alPHA AGM & Conference.
- Information on the July 2026 government relations lunch and learn session, being offered by alPHA.
- 2026 AMO Conference information.
- Welcoming the 2026-2027 alPHA Board of Directors.

Welcome to the summer edition of the alPHA *InfoBreak*! This bi-monthly newsletter remains a timely, relevant, and shareable resource for alPHA Members, and I encourage you to circulate it within your organizations.

From June 8 to 10 in Toronto, the conference continued the important conversation on the role of local public health in Ontario's public health system. This year also marked alPHA's 40th anniversary, an important milestone for our association.

The event opened on Monday with a mobile workshop, followed by an evening reception featuring keynote speaker Pete Bombaci from GenWell, who highlighted the essential role of human connection in community well-being.

Tuesday's program began with remarks from Premier Doug Ford, Deputy Premier and Minister of Health Sylvia Jones, OMA President Dr. Rebecca Hicks, and Mayor Douglas Lawrance, Chair of the Northwestern Health Unit Board of Health.

This update is a tool to keep alPHA's Members apprised of the latest news in public health including provincial announcements, legislation, alPHA activities, correspondence, and events. Visit us at alphaweb.org.

President Margaret Froh of the Métis Nation of Ontario delivered a powerful keynote, *Advancing Public Health Through Métis Leadership and Partnership in Ontario*, offering important insights into distinctions-based partnerships and Métis leadership in advancing health equity. The Conference and AGM were followed by Section meetings, rounding out a productive and engaging three days.

Thank you to alPHA's co-host, the Northwestern Health Unit; to all presenters and participants; and to event organizer Loretta Ryan and the alPHA Staff team for collectively making the AGM, Conference, and Section meetings a resounding success.

A key component of the AGM is the annual resolution session. The 2026 resolutions, together with the standing resolutions and the 2024–2027 Strategic Plan, pave a clear path for the newly elected alPHA Board of Directors and for your public health association moving forward.

To the 2025–2026 alPHA Board of Directors and its Executive Committee under the leadership of Dr. Hsiu-Li Wang: thank you for your time, commitment, and service to Ontario's public health system over the past year.

As Chair of the 2026–2027 alPHA Board of Directors, I am appreciative of the board's confidence and trust. I look forward to working with this exceptional governance board of public health leaders, with the alPHA Staff, and with you, alPHA Members.

Since taking office, we have hit the ground running. Planning is underway for an exciting year for alPHA including fall workshops and a Winter Symposium. alPHA representatives are participating in provincial committees, focus groups, and public health tables, contributing to the strengthening public health initiative, the review of the Ontario Public Health Standards, and the public health funding review. Collectively, we are advancing a resilient, sufficiently resourced local public health system.

I want to acknowledge the ongoing support of Loretta Ryan, Chief Executive Officer, and the alPHA Staff, who continue to provide essential support to the alPHA Board of Directors, alPHA sections, and to alPHA Members.

The year ahead will be both busy and consequential for alPHA, for local public health, and for Ontario's public health system. I hope you are able to find time this summer to rest, reconnect, and rejuvenate.

In leadership,

Carmen McGregor

Chair, alPHA Board of Directors (2026-2027)

AMO Conference Resources



Next month, many alPHA Members, particularly from the Boards of Health Section, will be attending AMO's 2026 Annual General Meeting and Conference, taking place from August 16-19, in Ottawa.

Whether you're an alPHA member attending the conference or participating in a delegation, here are some key alPHA resources:

- alPHA [Resolutions](#) and [Correspondence](#) including [alPHA Letter 2026 Ontario Budget](#)
- PH Matters Infographic: *Public Health Matters #5: A Strong Economy Supported by Healthy Communities* ([English language](#) and [French language](#)). Other infographics can be found [here](#). The corresponding [English language](#) and [French language](#) videos are also available.
- [BOH Shared Resources Page](#) including: [BOH Orientation Manual](#) and [BOH Governance Toolkit](#)
- *Information Break*: Be sure to check the archive of newsletters. These can be found [here](#).



Government Relations Lunch & Learn: Making the Most of Your Interactions with Provincial Decision-Makers

As municipal and public health leaders prepare for the 2026 Association of Municipalities of Ontario (AMO) Conference, alPHA is pleased to offer a special Lunch & Learn designed to help members maximize their interactions with provincial decision-makers. Speakers are Sabine Matheson and John Perenack, Principals, StrategyCorp, in conversation with Loretta Ryan. Registration deadline: 12 p.m. on July 22, 2026.

alPHA Annual General Meeting and Conference: Recap



Thank you to everyone who attended, spoke at, and moderated the 2026 alPHA Annual General Meeting and Conference that was held June 8-10. These important events continued the important conversation on the critical role of local public health in Ontario's public health system. It was only a success because of you and all of your hard work!

On June 9, alPHA's membership debated four Resolutions submitted for consideration as alPHA positions. In passing all four, motions were carried to call for changes to the HBV vaccination schedule ([A26-01](#)), building public health inspector (PHI) workforce capacity ([A26-02](#)), improved regulations for alcohol labelling ([A26-03](#)), and enhancements to the Ontario Works program to improve food security ([A26-04](#)). Letters introducing each Resolution have been sent to the relevant decision makers and may be viewed in the [correspondence library](#). We remind our members that these materials are available publicly and their use to reinforce similar local efforts is encouraged.

The [Annual General Meeting Report](#), [Annual Report](#), and other conference-related materials can be found on the [Conference](#) webpage. On the [Presentations](#) webpage (please note, you will need to be logged into the alPHA website to view the files): PHO/DLSPH HealthMAP, AMO Update - BOH Section Meeting, HPO Resource - Health Promotion and Governance, and LeNoury & Malek - BOH Succession.

The winner of the after-event survey gift card is Joanne King, Renfrew County & District Health Unit. Congratulations!

alPHa Annual General Meeting and Conference: Recap (continued)

A special shoutout goes to Dr. Hsiu-Li Wang for chairing the event. Thank you as well to the alPHa Staff: Loretta Ryan, Gordon Fleming, Melanie Dziengo, and Lynne Russell for all of their hard work on planning the events and for making it all a success!

We would like to thank and acknowledge Northwestern Health Unit for co-hosting the AGM and Conference. Thank you to our platinum level sponsors: The Personal; NaloxOne; Trimedica; GenWell, and Leaders for Leaders, and bronze level sponsor: Mosey and Mosey. Lastly, we would like to acknowledge Dryden Fibre Canada for their event support and for providing trees as a conference gift.

alPHa Annual General Meeting and Conference: Distinguished Service Awards (DSAs)



The DSAs, that were presented at the conference, recognize exceptional qualities of leadership, tangible results through lengthy service and/or distinctive acts, and exemplary devotion to public health at the provincial level.

alPHa was pleased to announce this year's recipients: Jamie McPherson, Boards of Health Section, Northwestern Health Unit; Dr. Elspeth 'Pepi' McTavish, Council of Ontario Medical Officers of Health Section, Durham Region Health Department; Dawn Sauvé, Affiliates, Ontario Association of Public Health Dentistry; Susan Stewart, Affiliates, Health Promotion Ontario, and Adalsteinn 'Steini' Brown, Dalla Lana School of Public Health (news release [here](#)). To learn more about these award winners, please click [here](#).

Congratulations to the 2026 DSA recipients!

alPHa AGM and Conference: Recap: Margaret Froh, Métis Nation of Ontario (MNO)

Advancing Public Health Through Métis Leadership and Partnership

Highlights from President Margaret Froh's Keynote at the 2026 alPHa Conference

MNO President Margaret Froh delivered a compelling keynote to Ontario's senior public health leaders at the 2026 alPHa Annual General Meeting and Conference, calling for bold, distinctions-based partnerships and a renewed commitment to equity across Ontario's public health system.

President Froh opened by grounding the audience in Métis history through the story of Josette Miner, a midwife and herbalist whose work reflected generations of Métis women carrying knowledge of wellness, caregiving, and traditional medicines. "Public health has always lived in relationships," she said, underscoring that Métis approaches to health and healing long pre-date formal systems and continue to shape community wellness today.

She emphasized that the MNO is a self-governing Indigenous government representing more than 32,000 registered citizens across Ontario. Métis people live in every public health unit catchment area, often without being visibly recognized in service delivery. "Distinctions matter," she stated. "Métis citizens have distinct histories, governance, and priorities, and public health approaches must reflect that reality."

A central focus of her remarks was the long-standing partnership between the MNO and the Institute for Clinical Evaluative Sciences (ICES), which has generated Métis-specific health data since 2008. This research consistently demonstrates higher rates of diabetes, asthma, COPD, and cardiovascular disease among Métis citizens, as well as increased mental health and addictions-related visits during the pandemic. These findings support Ontario Public Health Standards requirements for population health assessment, surveillance, and equity-informed planning, while highlighting opportunities to strengthen prevention, outreach, and follow-up through Métis-specific approaches.

President Froh also highlighted the growing number of Métis learners entering health and public health careers through MNO-supported bursaries, placements, and mentorship opportunities. "Public health systems are strengthened when the people shaping them reflect the communities they serve," she said. She closed with a clear call to action: deepen distinctions-based partnerships, strengthen culturally safe outreach, and build programs with (not for) Métis communities. "The strongest public health systems are built with the communities they serve. The MNO looks forward to continuing this work together."

Her message resonated strongly with conference delegates, reinforcing that meaningful partnership with Métis communities is essential to advancing health equity and achieving better health outcomes for all Ontarians.

Thank you

2026 alPHA AGM and Conference sponsors!

alPHA would like to thank Northwestern Health Unit for co-hosting the 2026 AGM and Conference. We would also like to thank:

This event is co-hosted by alPHA and Northwestern Health Unit



Platinum level sponsors:



Bronze level sponsor: With special thanks to:





Exclusive alPHA Member Offer: Human Connection 101

GenWell was excited to be part of the alPHA Conference, meet so many members, and share practical tools to support stronger human connection in workplaces and communities. We hope you enjoyed the resources and conversations from the event.

As a follow-up, GenWell is pleased to offer alPHA members a preferred rate on Human Connection 101: Building a Culture of Connection. Designed for senior leaders and/or all staff, this 1.5-hour interactive workshop explores the importance of social health and human connection at work. Participants gain practical tools and ideas to strengthen relationships, build belonging, and create more connected day-to-day work experiences.

The session helps teams understand how human connection can support employee engagement, satisfaction, retention, and cross-functional collaboration. Participants will identify opportunities to strengthen connection across their organization and consider practical behaviours leaders and staff can adopt right away.

Workshop experiences typically begin at \$7,500. As a preferred offering for alPHA members, GenWell is pleased to offer this workshop at a special rate of \$5,500.

Workshops delivered outside the Greater Toronto Area may include additional travel and accommodation expenses.

To learn more or explore dates, please connect with us at angela@genwellproject.org or visit GenWell.ca.

Stay Healthy This Summer with alPHA's Workplace Health & Wellness Resources

Summer is the perfect time to enjoy the outdoors while making your health and well-being a priority.

As part of alPHA's Workplace Health & Wellness resources, Members have access to a growing collection of downloadable infographics designed to support healthy choices throughout the year. This season, be sure to check out *Refresh Your Summer*, featuring delicious non-alcoholic beverage ideas for staying hydrated whilst embracing the vibrant spirit of summer! Check out these non-alcoholic options that will keep you refreshed all summer long:



It's also vital to prioritize our health, particularly our skin, in the face of continuous exposure to high summer temperatures, and our *Sun Safety* Infographic has practical tips to help protect yourself and your family from harmful UV exposure. Consider the following recommendations to protect your skin while enjoying your summer:



Welcome to the 2026-2027 alPHA Board of Directors!

2026-2027 alPHA Board of Directors

Executive Committee



Ann-Marie Kungl
BOH Section Chair



Dr. Hsiu-Li Wang
Past Chair



Dr. Pepi McTavish
alPHA Vice Chair



Carmen McGregor
alPHA Chair



Trudy Sachowski
Treasurer



Dr. Trevor Arnason
COMOH Section Chair



Cynthia St. John
Affiliate Exec. Rep.

Members at Large



John Bell



Conny Glenn



Sue Perras



Charles Ozzoude



Dr. Michelle Murti



Dr. Ninh Tran



Dr. Azim Kasmani



Dr. Kit Young Hoon



Caitlyn Paget



Paul Sharma



Shannon Robinson



Heidi Pitfield



Carolyn Doris



Joanne Figliano-Scott



alPHA is pleased to welcome its Board of Directors for the 2026-2027 term. This dedicated group of public health leaders from across Ontario will guide the association's work over the coming year, bringing a wealth of experience in local public health governance and policy.

Leading the Executive Committee is Carmen McGregor as alPHA Chair, supported by Dr. Pepi McTavish as Vice Chair, Trudy Sachowski as Treasurer, and Dr. Hsiu-Li Wang continuing on as Past Chair. Rounding out the Executive Committee are Ann-Marie Kungl (BOH Section Chair), Dr. Trevor Arnason (COMOH Section Chair), and Cynthia St. John (Affiliate Executive Representative).

They are joined by 14 Members at Large: John Bell, Conny Glenn, Sue Perras, Charles Ozzoude, Dr. Michelle Murti, Dr. Ninh Tran, Dr. Azim Kasmani, Dr. Kit Young Hoon, Caitlyn Paget, Paul Sharma, Shannon Robinson, Heidi Pitfield, Carolyn Doris, and Joanne Figliano-Scott.

alPHA wants to thank all of the board members for their continued commitment to strengthening public health across Ontario, and looks forward to a productive year ahead.

SAVE THE DATE!

INTRODUCING THE

alPHA

LEADERSHIP SERIES:

Navigating Change



NOVEMBER 3–6, 2026
HALF-DAYS | ONLINE



*More information
coming soon!*



Co-hosted by Peel Public Health



2026 alPHA Workplace Health and Wellness Month Recap



The alPHA Workplace Health and Wellness Month (WHWM) continues to be a success! The response from the Membership has been overwhelmingly positive. We want to thank so many of you for participating during the month of May. We received many pictures of Members walking, biking, canoeing, doing yoga, and taking care of their physical, mental, and social health.

We loved seeing the activities from Renfrew County & District Health Unit, Thunder Bay District Health Unit, North Bay Parry Sound District Health Unit, Northwestern Health Unit, the alPHA Staff, and members of the alPHA Board of Directors! Thank you for your very active participation. On this page is just some of the public health units' activities.

We are not done encouraging you to take care of your physical, mental, and social health. alPHA continues to share information via our newsletter. We also have a dedicated [webpage](#) with infographics and other resources, including a WHWM infographic on [heart health](#), [active transportation](#), and [GenWell Weekend](#). Thank you to the alPHA Staff, particularly Lynne Russell, for their work on WHWM and for participating too! Thank you again to everyone who participated.

We would also like to thank Pete Bombaci, from GenWell, for kicking off WHWM. We appreciate his support, and we hope you were able to create meaningful connections at the conference. To learn more about GenWell and their work, please click [here](#).

As promised, we had a draw for a gift card, and the winner is an individual from Durham Region Health Department. Stay healthy and we hope you join us in next year's WHWM!

2025-2026 alPHA Annual Report



alPHA's annual reports highlight the work we do in supporting member health units to improve the health of all Ontarians. To read this year's, please click [here](#).



Quick Wins: Practical leadership and team-building tips you can put into action today.

A Simple Team-Building Activity That Actually Gets People Talking

Public health leaders spend a lot of time bringing people together to solve complex problems. Whether it's a leadership meeting, a project team, a committee, or a staff retreat, one challenge remains the same: How do you get people engaged quickly?

This update is a tool to keep alPHA's Members apprised of the latest news in public health including provincial announcements, legislation, alPHA activities, correspondence, and events. Visit us at alphaweb.org.

Quick Wins: Practical leadership and team-building tips you can put into action today.

One of our favourite tools is a simple game called **Virtual Scattergories**. It works just as well in person as it does online, takes less than 10 minutes, and creates energy, laughter, and connection before the real work begins.

How It Works

Step 1: Pick a Letter - Choose any letter of the alphabet (although X, Q, and Z tend to create more frustration than fun).

Step 2: Explain the Rules - Participants have three minutes to come up with one answer for each category. Every answer must begin with the chosen letter. Players earn one point for every unique answer. If two people give the same response, neither receives a point. For an added challenge, proper nouns with alliteration (for example, "Candy Cane" for the letter C) earn one point for each alliterating word.

Step 3: Share the Categories: Item that is frozen; Television show; Vegetable; Something that is purple; Type of sport; Flavour of ice cream; Reason a child is grounded; Animal in a zoo; Country; Something found in a forest; Colour, and Celebrity.

Step 4: Start the Timer: Give participants exactly three minutes to complete their answers. For larger groups, place people into pairs or small teams. Virtual breakout rooms work well for this.

Step 5: Reveal the Answers: Go through the categories one at a time. Participants share their responses and score points for answers nobody else chose.

Step 6: Celebrate the Winner: Tally the scores and recognize the winner with a virtual standing ovation, bragging rights, or a small prize.

Why It Works: The best team-building activities aren't necessarily the most elaborate. They're the ones that create connection. This activity encourages creativity, sparks conversation, and lowers barriers between participants. It reminds people that before we tackle complex challenges together, it's worth taking a few minutes to build relationships and have some fun.

Leaders for Leaders works with Public Health Units across Canada to help their teams build trust, accountability, collaboration, and change readiness through workshops and keynotes.

Visit leadersforleaders.ca or email us at info@leadersforleaders.ca.

alPHA Chief Executive Officer featured at the Canadian Society of Association Executive Summer Summit



From Evidence to Influence: Demonstrating ROI in Government Relations

Loretta Ryan, CEO, alPHA, spoke about how to turn complex data into a clear, compelling narrative that resonates with decision-makers. This session explored how alPHA used its Public Health Matters infographics to translate complex evidence into clear, compelling narratives that support government relations objectives. These tools were designed not just to inform, but to influence—helping decision-makers understand how investments in local public health contribute to healthier communities and a stronger economy.



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alPHA Correspondence

Through policy analysis, collaboration, and advocacy, alPHA's Members and staff act to promote public health policies that form a strong foundation for the improvement of health promotion and protection, disease prevention, and surveillance services in all of Ontario's communities. A complete online library of submissions is available [here](#). These documents are publicly available and can be shared widely.

- [alPHA Letter - A26-01, HBV Vaccine Schedule](#)
- [alPHA Letter - A26-02, PHI Capacity](#)
- [alPHA Letter - A26-03, Alcohol Labeling](#)
- [alPHA Letter - A26-04, Ontario Works Benefits](#)
- [alPHA Letter - OAG Inquiry: Immunization Programs](#)



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Board of Health Shared Resources

A resource page is available on alPHA's website for Board of Health members to facilitate the sharing of and access to information, orientation materials, best practices, case studies, by-laws, Resolutions, and other resources. In particular, alPHA is seeking resources to share regarding the province's *Strengthening Public Health Initiative*, including but not limited to, voluntary mergers and the need for long-term funding for local public health. If you have a best practice, by-law or any other resource that you would like to make available via the newsletter and/or the website, please send a file or a link with a brief description to gordon@alphaweb.org and for posting in the appropriate library.

Updated resources will be released soon. Meanwhile, the ones available on the alPHA website include:

- Orientation Manual for Boards of Health (Revised version to be released soon)
- Review of Board of Health Liability, 2018, (PowerPoint presentation, Feb. 24, 2023)
- Legal Matters: Updates for Boards of Health (Video, June 8, 2021)
- Obligations of a Board of Health under the Municipal Act, 2001 (Revised 2021)
- Governance Toolkit (Revised version to be released soon)
- Risk Management for Health Units
- Healthy Rural Communities Toolkit
- The Canadian Centre on Substance Use and Addiction
- The Ontario Public Health Standards
- Public Appointee Role and Governance Overview (for Provincial Appointees to BOH)
- Ontario Boards of Health by Region
- List of Units sorted by Municipality
- List of Municipalities sorted by Health Unit
- Map: Boards of Health Types NCCHP Report: Profile of Ontario's Public Health System (2021)
- The Municipal Role of Public Health (2022 U of T Report)
- Boards of Health and Ontario Not-For-Profit Corporations Act
- Core Competencies for Public Health in Canada
- BOH Training Courses



Ontario Board of Health Governance Training: Plan Ahead for 2027

With municipal elections approaching in 2026, boards of health across Ontario will soon be welcoming new and returning members. Ensuring board members have a strong understanding of their governance responsibilities is essential to supporting effective public health leadership and decision-making.

To assist boards in preparing for the upcoming term, ALPHA continues to offer its Ontario Board of Health Governance Training Program, a comprehensive orientation designed specifically for board of health members. The program provides practical guidance on governance roles and responsibilities, legislative requirements, oversight of public health programs and services, and effective board practices. Interest in the program has been exceptionally strong, and we are already receiving bookings for early 2027. Boards that anticipate requiring governance training following the municipal elections are encouraged to reserve dates as early as possible to ensure availability.

Whether your board is planning a full orientation for newly appointed members or a refresher session for returning members, early planning will help secure your preferred timing and support a smooth transition into the new board term.

Additional information about the Ontario Board of Health Governance Training Program, including course details and available resources, can be found on ALPHA's Board of Health Shared Resources page: https://www.alphaweb.org/page/BOH_Shared_Resources

To discuss training options or reserve a session for your board, please contact ALPHA's Chief Executive Officer, Loretta Ryan loretta@alphaweb.org. We would be pleased to work with you to support your board's governance education needs.





Introducing HEALTHMAP

Chronic disease is increasing in Ontario. By 2040, an estimated 3.1 million adults will be living with a major illness—a 72% increase from 2020—placing growing pressure on the health system.

Public Health Ontario (PHO) and the Dalla Lana School of Public Health (DLSPH) at the University of Toronto have launched HEALTHMAP (Health Evaluation and Action through Long-Term Trends and High-Impact Modeling & Analysis for Prevention), an initiative that uses modelling and analytics to project future chronic disease trends and assess how prevention efforts and policy action could improve population health outcomes.

As part of this work, PHO has released [Projected Patterns of Illness in Ontario: Baseline Report](#), which projects population demographics, multimorbidity and major chronic conditions to 2040 and establishes a baseline for future HEALTHMAP analyses. Visit the [HEALTHMAP webpage](#) to learn more about the initiative, modelling approach and phased implementation.

Recently Published Resources

- [Focus On: Elevated Indoor Temperatures and Health](#)
- [Ebola Disease: How to Self-isolate](#)
- [Staff Immunization Coverage Among Hospitals and Long-Term Care Homes in Ontario](#)
- [How Vaccine Safety is Monitored in Ontario](#)
- [CBRN Hazards](#)
- [Risk Communication and Trust in Public Health during the COVID-19 Pandemic](#)
- [Insights from Previous Hantavirus \(Andes virus\) Outbreaks](#)

2025 Annual Surveillance Reports

- [Invasive Meningococcal Disease](#)
- [Invasive Pneumococcal Disease](#)
- [Invasive Haemophilus Influenzae](#)
- [Pertussis](#)

***Recently Updated Routine Reports***

- [SARS-CoV-2 Genomic Surveillance in Ontario](#)
- [Ontario Respiratory Virus Tool](#)
- [Measles in Ontario](#)
- [Legionellosis in Ontario](#)
- [Mpox in Ontario](#)
- [Invasive Group A Streptococcal \(iGAS\) Disease in Ontario](#)

Upcoming Events

22 July – [PHO Rounds: 2026 Ebola Disease Outbreak Due to Bundibugyo Virus in the Democratic Republic of Congo and Uganda: Ontario Preparedness and Response](#)

Recent Presentations

- [PHO Rounds: Evaluating the Impact of Alcohol Availability on Public Services Use in Northwestern Ontario](#)
- [PHO Webinar: Compassionate, Evidence-Informed Conversations on Cannabis Use in Pregnancy](#)
- [PHO Webinar: Gambling, Gaming, and Youth Mental Health](#)
- [PHO Rounds: Linking Public Health Funding to Population Health and Health Equity during a Pandemic: Evidence on COVID-19 outcomes and vaccination from the OPHID study](#)

Dalla Lana

School of Public Health

Upcoming DLSPH Events and Webinars

- Indigenous Hand Drumming Circle (Jul. 22, Aug. 5)
- Biiskaabe Zaa'emaanag Birchbark Canoe Project (Aug. 3-15)

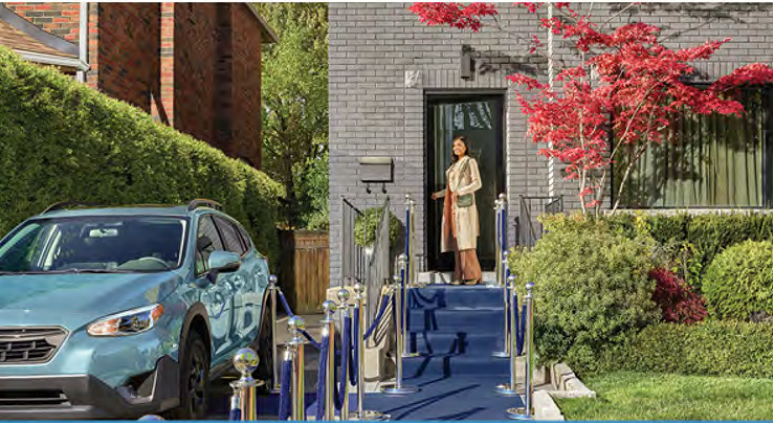


Ontario Public Health Directory - May update



The Ontario Public Health Directory has been updated and is available on the alPHA website. Please ensure you have the latest version, which has been dated as of **May 13, 2026**. To view the file, log into the alPHA website.

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The blue carpet experience: Exclusive home and auto insurance rates



When your experience comes first, finding the right home and auto insurance coverage is easy. As a trusted partner of the **Association of Local Public Health Agencies**, we're here to offer you:

-  Potential savings of up to \$1,250 when you switch and bundle with us
-  Exceptional service from a client experience industry leader¹
-  Online services to file a claim, access proof of insurance and more

Come see why nearly 99% of our clients renew with us year after year.²



Get a quote

Get a quote online and you could save an additional 5% on auto insurance.

Learn more about your exclusive insurance offer at thepersonal.com/alpha
1-888-476-8737

The [Personal](#) refers to The Personal Insurance Company. The discount is available to Ontario residents only. This discount is approximate and is exclusive to new customers when they choose to combine their home and auto insurance. Savings are based on each client's individual profile. Savings and discounts are subject to eligibility conditions. Rates and discounts are subject to change without notice. The terms and conditions of the coverages described are set out in the insurance policy, which always prevails. Certain conditions, exclusions and limitations may apply. The [Personal](#)® and related trademarks are trademarks of The Personal Insurance Company, used under licence. As ranked by Forbes 2025 World's Best Homeowners and Auto Insurance Companies.

¹Benchmarking Studies on home and auto insurers in Ontario and Quebec performed by an independent surveyor (SOM) between 2013-2024. Ranking based on statistically relevant samples of client experience metrics for property and casualty insurance companies.

²Internal statistics of The Personal: Number of policyholders who renewed their policies when their policy came up for renewal from January to August 2025. The rate does not include mid-year term cancellations and terminations.

For more information on The Personal, please click [here](#) (English) and [here](#) for French.



NEWS

News Releases

The most up to date news releases from the Government of Ontario can be accessed [here](#).



alPHA's mailing address

Please note our mailing address is:

PO Box 73510, RPO Wychwood
Toronto, ON M6C 4A7

For further information, please contact info@alphaweb.org.



Kingsville, Ont. - [Photo credit](#)

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