As we start our meeting we remember that we are here to improve the quality and length of life in our communities: healthy lifestyles, longer lives, lived well.

We want to acknowledge that this meeting and the decisions made here are taking place in the traditional territory of the Anishinaabe Nation of Treaty #3 and the Métis Homeland.

We base our discussions and decisions on our strategic plan, evidence of need & impact, and our agency values: respect, integrity and equity.

Our meetings are most effective when everyone participates so that we hear and consider the varying perspectives and experience of those who are sharing in this work.