

Sprint Olympic Development Program (ODP) 2018

CANOE/KAYAK SPRINT OLYMPIC DEVELOPMENT PROGRAM (ODP)

Purpose:

The Olympic Development Program (ODP) will serve as a forum to identify and develop athlete's to represent the USA at domestic and international Sprint competitions. The foundation of the program is to identify athlete's and pick teams with the view of supporting and encouraging those Sprint canoe and kayak athlete's who have shown the potential and the desire to qualify for the 2020, 2024 and 2028 Olympic and Paralympic Teams.

Goals:

- 1. Select USA ODP Training Squads by November of the preceding year for World Cup Regattas, Junior, U23, and Senior World Championships.
- 2. Do away with the need to hold a traditional Team Trials in 2018 thereby saving athletes, coaches, officials and LOC's a significant amount of funds and resources and allowing National Team Squad members the opportunity to use the funds, time and resources towards training camps throughout the year and allowing coaches the opportunity significantly more time to prepare USA athletes for International Competition.
- 3. Support and track those athlete's with regular training sessions, camps and testing in conjunction with the athlete's club coach.
- 4. Provide a means to allocate funding to athlete's for training and travel expenses should funding become available.
- 5. Provide a way of obtaining deposits and payments for Team USA expenses in a timely fashion to meet increasingly challenging deadlines by the ICF, Regatta LOC's, airlines, accommodation, boat rentals and other Team USA expenses.

Process:

- 1. The ODP process is open to any athlete who may wish to apply and meets the following criteria:
 - A. Must be a member in good standing of the American Canoe Association (ACA). If you do not currently belong to a club, you are encouraged to join an existing club, or start an ACA club yourself for one or more individuals.
 - B. You must submit the \$50.00 ODP Application Fee with your Athlete Data Form.
 - C. Must be a USA Citizen or Permanent resident meeting USOC and ICF rules for competition. You must hold a Passport that will be valid for at least 6 months after August 2018.
 - D. You must be at least 15 years old in order to be named to any Team USA Discipline Training Squads. Note: Athlete's who will not be at least 15 in 2018 are encouraged to

- apply, however they cannot be named to any Team USA International teams (IOC/USOC rule). Athlete's under 15 can still be classified as A, B or Development ODP teams based on their ODP results.
- 2. During September/October 2017 the HPD will receive applications from athlete's and their coaches throughout the USA of all age levels who have the desire and determination to be a part of the ODP program.
- 3. Each application will involve a series of questions regarding personal best times, results and physical tests that an athlete will complete with the assistance of their club coach. Based on the responses and results of these questions ODP applicants will earn points for each question and then will be placed into one of the following Elite Team, ODP "A" Team, ODP "B" Team or ODP "Development" Team. The questions are listed at the bottom of this document. It is expected that the ODP Teams will be announced in November, 2017.
- 4. The Discipline Training Squads for Senior World Cups, Senior World Championships and Junior and U23 World Championships may consist of athlete's selected by the SSC and Head Coach from both ODP "Elite" and "A" Teams (Plus B Teams for Juniors) and will consist of the following:

Sprint Team USA - Senior World Cups and Senior World Championships Training Squad: Squad of up to 8 "Elite" or "A" Team male kayak athlete's based on ODP points order Squad of up to 8 "Elite" or "A" Team female kayak athlete's based on ODP points order Squad of up to 6 "Elite" or "A" Team male canoe athlete's based on ODP points order Squad of up to 6 "Elite" or "A" Team female canoe athlete's based on ODP points order

Sprint Team USA - U23 World Championships Training Squad:

Squad of up to 8 "Elite" or "A" Team male kayak athlete's based on ODP points order Squad of up to 8 "Elite" or "A" Team female kayak athlete's based on ODP points order Squad of up to 6 "Elite" or "A" Team male canoe athlete's based on ODP points order Squad of up to 6 "Elite" or "A" Team female canoe athlete's based on ODP points order

Sprint Team USA - Junior World Championships Training Squad:

Squad of up to 8 "Elite" or "A/B" Team male kayak athlete's based on ODP points order Squad of up to 8 "Elite" or "A/B" Team female kayak athlete's based on ODP points order Squad of up to 6 "Elite" or "A/B" Team male canoe athlete's based on ODP points order Squad of up to 6 "Elite" or "A/B" Team female canoe athlete's based on ODP points order

Note: There is no guarantee that an athlete will be selected to race at any event as part of Team USA once selected to Elite, A, B or Development Teams or to the various Discipline Training Squads. It is likely that the Training Squads will consist of more athletes than the available races at World Cups, JR/U23 World Championships or SR World Championships. Every effort will be made to enter the fastest Team USA boats at these major competitions.

- 5. Other Sprint Team USA Teams such as the 2018 Pan Am Championships, CANAMEX or any other Sprint Team USA summer events will draw from the pool of athlete's based on ODP order and may include athlete's from ODP "B" and "Development" Teams. (Olympic Hopes Regatta Teams will continue to be selected from USA National Club Championships in August 2018)
- 6. The ODP Development Team will be made up of athlete's that have shown the desire and performance standards to qualify for ODP but are either too young to qualify for Team USA or have points that classify them in this category. Athlete's are encouraged to apply for ODP as their commitment and determination shows their Club Coach and The National Team Coach that they are hoping to be at a level to qualify for a Sprint Junior or Senior Team in 2019, 2020 or perhaps 2024.
- 7. The final Entries for Sprint Team USA Events will be decided by the SSC and Discipline Coach and will be based on winter and fall Training Camps, Time Trials and race offs at certain recognized Regatta's (TBD) and will serve as selection events to confirm an athlete's position on the USA Team and to add an athlete not previously identified. Depending on an athlete's results and commitment to training for the 2018 season it is possible that athlete's can be promoted or demoted from Elite, A, B and Development ODP teams. Refusal to participate in Training camps can also lead to an athlete being dropped from the Various Discipline Training Squads. The race or races an athlete races at any International Regatta will be determined by the Sprint Selection Committee and appointed Discipline Coach and will be based on Time Trials, pre regatta training camps and team boat seat racing and assessment.
- 8. Any member of the SSC or the SCA will recuse themselves from any selection process where there is a conflict of interest with regard to a particular athlete. (for example family members, fiscal relationships, etc.)

Challenge Process

- 1. Any athlete not named to the ODP National Team Discipline Training Squads that are paid up members of the ACA in good standing and are eligible to compete can challenge to be added to the various ODP Discipline Training Squads.
- 2. An athlete wishing to challenge to be added to the various ODP Discipline Training Squads may do so at any time prior to March 31st, 2018 by submitting a video of a time trial timed by

two adults with separate stop watches. The Time Trial video must show the time trial from start to finish and a time of equal to or less than 3% of the Podium Time (3rd place in the A Final) from the 2016 Olympics or the 2017 World Championships for Senior athlete's. Or 3% of the Podium Time of the 2016 Olympics or the 2016 or 2017 JR and U23 World Championships for Junior and U23 athlete's.

- **3.** The video challenge submission must be accompanied by the \$50.00 ODP application fee plus any other deposits already made by existing members of the ODP Discipline Training Squads.
- 4. If a challenge athlete is added to any of the various ODP Discipline Training Squads then they will be eligible for consideration by the coaching staff and the SSC to be entered in singles, doubles or fours entries at the various World Cup and World Championship Regattas.
 NOTE: Being added to the Training Squad does not guarantee that an athlete will have the opportunity to race at any of the World Cup or World Championship events as it is likely that the Training Squads will consist of more than the available entries at the World Cup Regattas and JR/U23 or Senior World Championships. Every effort will be made to enter the best possible Team USA boat at these competitions by the SSC and Coaching Staff.

Proposed Time Line

- 1. October, 2017 ODP Applications and \$50 payment submitted to ACA office via online form. www.americancanoe.org/Sprint
- 2. October 20th, 2017 Deadline for ODP Athlete applications and payment.
- 3. November 1st, 2017 ODP Elite, A, B, and Development Teams announced. Invitations sent to Sprint Team USA Discipline Training Squads athlete's and request for Sprint Team USA \$500 deposits. Payment Deadline November 3rd, 2017. Discipline Training Squads announced November 4th, 2017.
- 4. December 2017 Sprint Training Squads assessment camps Location, coaches, dates TBD.
- 5. January/February 2018 Sprint Training Squads assessment camps Location, coaches, dates TBD.
- 6. March 2018 SSC and Discipline Coach Preliminary Entries finalized. ICF Deposits due.
- 7. March 31st, 2018 Deadline for Challenge athlete's video submissions.
- 8. April 2018 Race offs, Time Trials and possible Regional regattas to finalize entries.
- 9. May and June 2018 World Cup Races, USA Regional regattas
- 10. July 2018 Pre JR and U23 Worlds Training camp and JR/U23 World Championships
- 11. August 2018 Nationals and OHR selection Process
- 12. August 2018 Pre-Worlds Training camps and Senior World Championships.
- 13. September 2018 OHR and Pan AM Championships

ODP Points will only be based on the following Criteria:

- 1. An athlete's highest result at the 2016 Olympics, or 2016/2017, SR, JR, or U23 World Champs in an Olympic event in Singles. (Ranking)
- 2. An athlete's highest result at the 2016 or 2017 SR, JR, or U23 World Champs in a non-Olympic Event or Team Boat. (Ranking)
- 3. An athlete's highest result in Singles or Team Boats at a 2016 or 2017 World Cup, Pan AM or OHR. (Ranking)
- 4. An athlete's highest result at 2016 or 2017 USA National Team Trials or National Championships in a 1000m, 500m, or 200m Singles event in age group.
- 5. An athlete's personal Best time at any 2016 or 2017 recognized regatta for 200m.
- 6. An athlete's personal best time at any 2016 or 2017 recognized regatta for 500m.
- 7. An athlete's personal best time at any 2016 or 2017 recognized regatta for 1000m.
- 8. An athlete's personal best singles time for a 2000m with a turn timed by your club coach on an accurate course during 2017.
- 9. An athlete's personal best time for an 800 Meter run in 2017 verified by club coach.
- 10. An athlete's personal best for maximum number of pull ups in 2017 verified by club coach.
- 11. An athlete's Cooper test result. (Distance in Meters during 12 min Run) must be verified by club coach.

Note: An ACA member Club Coach must verify results and that coach must be a member of the USA Sprint Coaches Association and a member of the ACA in good standing.