Jennifer’s List of Top Inspirations

Podcasts:
- RISE Podcast with Rachel Hollis
- The Brendon Show with Brendon Burchard
- Straight Up with Trent Shelton
- On Purpose by Jay Shetty
- Anything with TED Talks
- Mindset Mentor with Rob Dial
- The Ken Colman Show (Offshoot of Dave Ramsey)
- Broken Brain Podcast with Dhru Purohit
- The goop Podcast – Founded by Gwyneth Paltrow
- Unlocking Us with Brene Brown
- HBR IdeaCast (By Harvard Business Review)
- The Tony Robbins Podcast
- WorkLife with Adam Grant
- The Think Grow Podcast with Ruben Chavez
- How I built this with Guy Raz
- Entre Leadership Podcast – Ramsey Network
- The Life Coach School Podcast with Brooke Castillo

Books:
- Untamed by Glennon Doyle
- The Greatest You by Trent Shelton
- Good to Great by Jim Collins
- Leadershift by John Maxwell
- Daring Greatly by Brene Brown
- Life’s Golden Ticket by Brendon Burchard – quick amazing read!
- 15 Invaluable Laws of Growth by John Maxwell
- What the most successful people do before breakfast by Laura Vanderkam
- Mindset by Carol Dweck
- You are a Badass by Jen Sincerois