



Jennifer's List of Top Inspirations

Podcasts:

RISE Podcast with Rachel Hollis
The Brendon Show with Brendon Burchard
Straight Up with Trent Shelton
On Purpose by Jay Shetty
Anything with TED Talks
Mindset Mentor with Rob Dial
The Ken Colman Show (Offshoot of Dave Ramsey)
Broken Brain Podcast with Dhru Purohit
The goop Podcast – Founded by Gwyneth Paltrow
Unlocking Us with Brene Brown
HBR IdeaCast (By Harvard Business Review)
The Tony Robbins Podcast
WorkLife with Adam Grant
The Think Grow Podcast with Ruben Chavez
How I built this with Guy Raz
Entre Leadership Podcast – Ramsey Network
The Life Coach School Podcast with Brooke Castillo

Books:

Untamed by Glennon Doyle
The Greatest You by Trent Shelton
Good to Great by Jim Collins
Leadershift by John Maxwell
Daring Greatly by Brene Brown
Life's Golden Ticket by Brendon Burchard – quick amazing read!
15 Invaluable Laws of Growth by John Maxwell
What the most successful people do before breakfast by Laura Vanderkam
Mindset by Carol Dweck
You are a Badass by Jen Sincerois