STOP THE BLEED

SAVE A LIFE

BLEEDING CONTROL

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PROGRAM OVERVIEW

- Inova Fairfax Hospital, Level 1 Trauma, community-academic
- Top three mechanisms of injury:
  1. Falls
  2. Motor Vehicle Collision
  3. Violence
- Stop the Bleed– Community education, started in 2016
PROGRAM DEVELOPMENT

- Program model: train the trainer, community education
  - New since Hartford Consensus; active research

- Source of funding
  - Internal funding; grant applications
  - Tourniquets: $23; Training leg: $280; Gauze: $40
    - 50 students: 20 Tourniquets, 3 legs, 3 gauze = $1420
  - Training kit: $950—5 Tourniquets, 2 legs, 8 gauze, 10 booklets, 12 pairs gloves

- Community partner: Fairfax County EMS
PROGRAM IMPLEMENTATION

- Staffing: trauma surgeons, nurse practitioner, nurse educator, trauma ICU nurse
- Community events at hospital, invited lectures, requested lectures
- Intervention location: community center, schools, mall
- Collaboration with partners: pending
  - Instructors must have medical background (MD, PA, NP, nurse, EMT, paramedic, athletic trainer)
PROGRAM EVALUATION

• Process: Sign-in sheet
• Impact: supervision of skills during course, question/answer sessions
• Outcome: difficult to measure