Quick Shot Presentation

Safe Sleep for Infants
Task Force

Lorrie Lynn, Injury Prevention Manager, CPST
Christiane Lenzen, MD
Rady Children’s Hospital – San Diego
San Diego, CA
Level 1/designation
Identifying Need

- Sudden Infant Death is a leading cause of infant mortality nationwide
- In San Diego County 83 deaths between 2000-2016
- High variability
  - Standard education on Safe Sleep recommendations
  - Adherence to Safe Sleep practices in hospitals
Intervention Design

- New program targeting area hospitals and community medical centers
- Safe Sleep County Taskforce – Inter-disciplinary team
  - Participation of County agencies
  - County hospital staff
  - Injury prevention experts
- Develop education and awareness workshops
- Build consistency across the county regarding knowledge and practice for Safe Sleep for Infants
A grant from the Kiwanis Cal-Nev-Ha Foundation

Created a County Safe Sleep Task Force

Physician led workshops throughout San Diego County.

Members of the Task Force provided opportunities and encouraged their patient centered professional staff to attend.

Goal of consistent knowledge and messaging around the risk of unsafe sleep conditions for infants to health care professionals who have direct, consistent contact with families.

Through the workshops, participants were given the facts, policies, and the approach to educating parents about safe sleep for infants.
Program Evaluation

- Evaluation of workshops
  - Change in knowledge
  - Intended change in practices with parents
- Within Rady Children’s Hospital
  - Change the culture around safe sleep
  - Crib audits
  - Survey of nurses regarding knowledge and practice
  - Created nursing training
- Hospitals seeking Safe Sleep Certification through Cribs for Kids
Program Outcomes

- The workshop is designed as a train-the-trainer with leave behind toolkits.
- Through the workshops we have trained about 50 people in 2 Hospitals (2 more upcoming).
- Rady Children’s Hospital continues to educate and review results.
- Weekly crib audit target infant cribs consistent with safe sleep recommendations.
- Process reveal making progress but still challenges.
- Wide dissemination of project and results so far.
- Barriers – Cost and culture.