

Quick Shot Presentation

Safe Sleep for Infants Task Force

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Level 1/designation



Identifying Need

- ▶ Sudden Infant Death is a leading cause of infant mortality nationwide
- ▶ In San Diego County 83 deaths between 2000-2016
- ▶ High variability
 - ▶ Standard education on Safe Sleep recommendations
 - ▶ Adherence to Safe Sleep practices in hospitals

Intervention Design

- ▶ New program targeting area hospitals and community medical centers
- ▶ Safe Sleep County Taskforce – Inter-disciplinary team
 - ▶ Participation of County agencies
 - ▶ County hospital staff
 - ▶ Injury prevention experts
- ▶ Develop education and awareness workshops
- ▶ Build consistency across the county regarding knowledge and practice for Safe Sleep for Infants

Program Implementation

- ▶ A grant from the Kiwanis Cal-Nev-Ha Foundation
- ▶ Created a County Safe Sleep Task Force
- ▶ Physician led workshops throughout San Diego County.
- ▶ Members of the Task Force provided opportunities and encouraged their patient centered professional staff to attend.
- ▶ Goal of consistent knowledge and messaging around the risk of unsafe sleep conditions for infants to health care professionals who have direct, consistent contact with families.
- ▶ Through the workshops, participants were given the facts, policies, and the approach to educating parents about safe sleep for infants.

Program Evaluation

- ▶ Evaluation of workshops
 - ▶ Change in knowledge
 - ▶ Intended change in practices with parents
- ▶ Within Rady Children's Hospital
 - ▶ Change the culture around safe sleep
 - ▶ Crib audits
 - ▶ Survey of nurses regarding knowledge and practice
 - ▶ Created nursing training
- ▶ Hospitals seeking Safe Sleep Certification through Cribs for Kids

Program Outcomes

- ▶ The workshop is designed as a train-the-trainer with leave behind toolkits
- ▶ Through the workshops we have trained about 50 people in 2 Hospitals (2 more upcoming)
- ▶ Rady Children's Hospital continues to educate and review results
- ▶ Weekly crib audit target infant cribs consistent with safe sleep recommendations
- ▶ Process reveal making progress but still challenges
- ▶ Wide dissemination of project and results so far
- ▶ Barriers – Cost and culture