Quick Shot Presentation

Community Approach to Reducing Older Adult GLF

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Level 2 Trauma / ACS
Identifying Need

- Injury data or ranking
  - 70% of registry patients in 2015 related to senior GLF
- Data sources
  - Leading MOI for our Trauma Registry
  - Leading injury per our local FD
  - Leading injury regionally
- Other indicators of need for prevention initiatives
  - Large amount of ALF and senior living facilities in area
Intervention Design

- **New program or existing model?**
  - Existing Program

- **Target population (e.g. age range, geography based, etc)**
  - Older adults > 65 with no major cognizance issues

- **Community engagement (e.g. partner agencies, civil support, etc)**
  - Area Agency on Aging, Public Health Dept. Coalition, FD’s, RAC

- **Type of intervention (e.g. education, awareness, direct service, etc)**
  - Direct Service / Education

- **Program objectives**
  - Reduce GLF
  - Increase Awareness of Fall Programs in Regions
Program Implementation

- Summary of program
  - Strength / Conditioning program targeting seniors
  - Designed by OT to be taught
  - Partnership with local agencies
- Staffing
  - Taught by Outpatient OT
- Budget and funding sources
  - Hospital finance, Monthly Fees, Funding from AAA
- Implementation timeline
  - 1 year / Ongoing
- Community stakeholders
  - FD’s, AAA, Public Health Dept.
Program Evaluation

- Types of evaluation (e.g. Process, impact, outcomes, etc)
  - Process: Number Enrolled, Number locations
  - Outcomes: Registry evaluation w/ local data. Increase in awareness
  - Impact: Evaluation of public awareness
- Data collected (e.g. crash data, pre/post test scores, # seats checked)
  - Pre/Post Test Strength
  - Amount of People Enrolled
  - Change in local amount of falls
- Other measures of program success
  - Community partnership
Program Outcomes

(Provide information for all applicable)

- Process (e.g. number of people trained)
  - Increase in volume (679 total daily participant class attendance)
  - Partnering new ALF
- Impact (e.g. changes in knowledge pre/post scores)
  - Public Awareness, known increase in strength
- Outcome (e.g. reduction in teen driving crashes)
  - Decrease in % GLF in registry
- Successes and/or barriers
  - Success: Enrollment up, Great community partnership spreading awareness
  - Barriers: Space, Training, Spreading Awareness, Potentially cost
- How other programs can adapt
  - Don’t be afraid to try new things