MASSACHUSETTS REPORT ON NURSING

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ANE MASSACHUSETTS

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ANA Massachusetts Chooses New Leaders

Myra F. Cacace MS, GNP/ADM-BC, a charter member and experienced nurse practitioner, assumed the presidency during the organization's 14th Annual Awards Dinner and Spring Conference held April 10-11 in Dedham. Myra, a resident of Pepperell who works as a nurse practitioner in a busy primary care practice in Southbridge, succeeds Tara M. Tehan, MSN, MBA, RN, NE-BC. Myra served as President-Elect for the past year and previously served as director and secretary. Since 2002, she has been the editor of ANA Massachusetts' official newsletter, the Massachusetts Report on Nursing, a quarterly publication that reaches 122,000 RNs across the Commonwealth.

A certified diabetes educator, Myra specializes in geriatric and advanced diabetes management care. She has served as a clinical preceptor for nurse practitioner students at the MGH Institute of Health Professions in Boston, UMass Lowell and Rivier University in Nashua, N.H. She holds a Master of Science in Nursing from the University of Massachusetts Lowell.

ANA Massachusetts also welcomed a new president-elect, Cathleen Colleran-Santos, DNP, RN, an Associate Professor at Curry College who has been a Director of the Board for the past year. Cathleen, a Taunton resident, earned a doctorate in nursing education and nursing from Regis College, a master's degree in nursing from the University of Massachusetts Dartmouth, and a bachelor's degree in nursing from Husson University.

Diane Hanley, MS, RN-BC, EJD, of North Reading was re-elected Treasurer, while Donna Harvey, MS, RN, CNOR, of Marlborough was elected Secretary. New Directors are Merida Brimhall, RN, BSN, of Somerville, Jennifer Gil, RN, BSN, of Boston, and Donna Glynn, PhD, RN ANP, of North Easton.

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current resident or

Nurses Influencing Health Policy

Cathleen Colleran-Santos DNP, RN

Once again the ANA-MA Health Policy committee hosted a successful Health Policy Forum in the Great Hall at the State House. Over 120 registered nurses, nursing students, and legislators participated. The program's goal was to highlight the power of nursing advocacy and the role nurses play in affecting legislation regarding their profession and their patients. This year's theme focused on influencing the care of patients with mental health and substance use disorders. A key objective of the forum was to educate nurses and nursing students on how they can influence policy and affect change at a state level.

According to the National Alliance on Mental Illness (2010), of the 6.5 million residents in Massachusetts, close to 211,000 adults live with serious mental illness and about 67,000 children live with serious mental health conditions. Massachusetts's public mental health system provides services to only 41 percent of adults who live with serious mental illnesses in the state.

Massachusetts spent just \$112 per capita on mental health agency services in 2006 (most recent statistics), or \$717.2 million. This represents only 1.8 percent of total state spending that year. In 2006, 80 percent of Massachusetts state mental

Health Policy continued on page 4

Who is this

nurse?

See page 9

Nurse of the Future Nursing Core Competencies

Daniel David, RN, MS, PhD (c) Lorraine Schoen, RN, BSN, MS Donna Glynn, RN, ANP-BC, PhD

In March 2006, the Massachusetts Department of Higher Education (DHE) and the Massachusetts Organization of Nurse Executives (MONE), now known as the Organization of Nurse Leaders MA,RI and NH, convened a facilitated working session entitled *Creativity and Connections: Building the Framework for the Future of Nursing Education and Practice.* At the end of the conference a working group was formed, composed of deans and faculty representing

all segments of nursing education, and nursing practice leaders and clinical nursing staff representing the continuum of care. From 2006 through 2009, the working group researched and reviewed standards, initiatives, and best practices in nursing education and formed a foundation for moving the priorities forward. The Massachusetts Nurse of the Future (NOF) Competency Committee was charged with furthering the development of a seamless continuum of nursing education by identifying a core set of nursing competencies and the MONE Academic

News from the Massachusetts Action Coalition (MAAC)

Easier Transfers Will Help
Massachusetts Nurses
Advance Education
Streamlined Process to Take Effect
for the 2015-2016 Academic Year

Beginning this fall, nurses seeking to advance their educations at Massachusetts public colleges and universities will benefit from a more streamlined and less expensive process for transferring credits.

The recently finalized Nursing Education Transfer Policy (NETP) creates a seamless, cost-effective, timely, and transparent pathway for students to progress from community college Associate Degree in Nursing (ADN) programs to the Bachelor of Science in Nursing degree at a state university or UMass.

Key benefits of the policy are that it:

• Simplifies and clarifies the process of transferring credits from the associate degree to Bachelor of Science in Nursing (BSN) programs;

PRESIDENT'S MESSAGE

Myra F. Cacace, GNP/ADM-BC

When I was elected to my first term on the Board of Directors, I had a plan. I was new to ANA at the time and was sure that my election to the Board was a mistake. So the plan was to honor my commitment, do my two years and get out. That was 13 years ago.

That's when I met the most incredible nurses: Susan Krupnick, my first president; Cammie Townsend, who taught me how to put out a newsletter; Mary Manning, who taught me EVERYTHING about enjoying life and keeping it real; Karen Daley, who involved me in two ANA national presidential campaigns; Barbara Blakeney who showed me how to find my editorial voice; past presidents Judy Sweeney, Toni Abraham, Ann Manton, Gino Chisari, and Tara Tehan who hopefully taught me how to be a good president. Who wouldn't want to be a part of this group of distinguished nurses?

As your newsletter editor, I learned first-hand what a great organization this is. For the last 12 years, I have been honored to be a faceless voice of MARN and ANA Massachusetts. I thank my great team: Susan LaRocco, Inge Corless, John Murray, and Mary Ellen Doona (our very own Clio) for their wisdom and acceptance of my leadership. I am passing the baton to Susan, and I am confident that she will make the newsletter better than ever. Now that I am President, I guess my faceless era is over.

This past year has been an exciting one as your President-elect under the tutelage and guidance of a really great advocate for our members, now Past-President, Tara Tehan. Tara is a wonderful nurse and role model and I look forward to a continued strong relationship with her as she continues to play an active role in leading the organization. Thank you, Tara, for your hard work and wonderful example of leadership. I hope to make you proud.

I am honored and humbled to be the new President and I am ready to continue the journey... to be an advocate for all registered nurses: staff nurses, advanced practice nurses, administrators and educators. But there is a lot of work to be done and plenty of ways for everyone to contribute. I plan to continue Tara's call for engaging nurses from all areas of expertise to be a voice for nursing in our Commonwealth. Together we can do GREAT things!



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The "aRe you iN" campaign is off to a great start inviting all nurses to be a part of the FUN in belonging to our professional nursing organization. Become an active member and ask your colleagues to join us



You can be a part of the ANA Massachusetts Action Team: provide your expertise when needed; write for the newsletter; help plan nursing education events; mentor new nurses; meet your legislators; celebrate National Nurses Day at Fenway Park. The opportunities are endless.

I want to continue to network with all nurses, including students, to find ways for all of us to use our talents and expertise to be the voice of professional nurses in the Commonwealth. I look forward to working with the Membership and Career Connections Committees to accomplish our mutual goals. I also look forward to working with President-elect Cathleen Colleran-Santos and the rest of the officers, directors and committees to continue making great strides.

This year we hope to increase our grass roots efforts to introduce all nurses to their legislators. The Massachusetts Action Champions will be contacting our member neighbors and facilitating education and advocacy around the important legislative issues that affect our practice. I want to continue to reach out to nurses in other organizations to find common ground in nursing... to speak in ONE VOICE!

There are more nurses in health care than any other practice profession. Imagine if we came together around an important issue? All nurses want to take good care of their patients in a safe and fulfilling way. Together we can affect positive change. I am hoping to continue the momentum started by Anne Manton and Tara Tehan to reach out to other nursing organizations at round table discussions to try to find that common ground. Is it safe patient handling? Is it working together to ensure a nursing voice on the Health Policy Commission? Can we speak in one voice to ensure that nurses everywhere are allowed to practice to the fullest extent of our education and license?

Yes, these are exciting times! Let's look forward to another successful year!

News from MAAC continued from page 1

- Mitigates the need for individual agreements between public two- and four-year nursing programs;
- Reduces the overall time for transfer students to earn a BSN;
- Reduces costs for students by eliminating unnecessary duplication of coursework and, for students who meet minimum GPA requirements, eliminates the application fee.

Endorsed by the Board of Higher Education last year, the transfer policy is part of a statewide initiative to increase the percentage of nurses with bachelor degrees from just over 55% today to 66% by 2020 and 80% by 2025, the recommendation set by the Institute of Medicine in its 2010 report, *The Future of Nursing: Leading Change, Advancing Health.*

The policy was developed by a project team comprised of nursing deans and faculty, who worked with Department of Higher Education staff and the Massachusetts Action Coalition (MAAC), a statewide coalition of nurse leaders representing practitioners, educators, and health care delivery organizations

For more information, visit http://campaignforaction.org/state/massachusetts and www.mass.edu/nursing





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Massachusetts Coalition of Nurse Practitioners (MCNP) and Massachusetts Association of Nurse Anesthetists (MANA) Legislation Update

HD 2782/SD 311, An Act to Remove the Restrictions on the Licenses of NPs and CRNAs as Recommended by the Institute of Medicine and the Federal Trade Commission.

Nurse Practitioners and Nurse Anesthetists from around the Commonwealth gathered in a packed room at the Hampshire House on April 8, 2015 to show their appreciation to Representative Kay Kahn and Senator Paul Dinato who co-sponsored HD 2782/SD 311 (along with Senator Marc Pacheco, who, regrettably could not join us for the event). ANA Massachusetts President (then President-elect), Myra F. Cacace, also a nurse practitioner, was on the scene for this historic occasion to give voice to ANA Massachusetts' commitment to facilitating advanced practice nurses' (as well as all nurses') ability to work to the full extent of their license, education, and training.

This bill will modernize the statutes for Massachusetts NPs and CRNAs. These changes are consistent with the recommendations cited in the Institute of Medicine's *Future of Nursing Report* and supported by the National Council of State Boards of Nursing, the Federal Trade Commission, ANA Massachusetts, as well as numerous other specialty organizations and businesses.

When passed, the bill will:

- 1. Remove the requirement for physician oversight of NP/CRNA prescriptive practice.
- 2. Remove the requirement for a physician to sign a written document identifying what NPs and CRNAs "may do" as licensed professionals rather than what their credentials certify they "can do" by virtue of their education.
- 3. Remove the Mass Board of Registration in Medicine's authority over the Mass Board of Registration in Nursing's adoption of regulations. Massachusetts is one of only 3 states in the union that requires joint authority with the Board of Registration in Medicine...the other two states are Delaware and Alabama.
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Brockton: Aug 20 & 26 | New Bedford: June 10 & 25 | North Attleboro: June 11 & 24 Visit **fisher.edu/bsn** for more information. 5:00pm registration 5:30pm start time

- 4. Remove the restrictive time limitations on issuing prescriptions by the CRNA.
- 5. Update the Nurse Practice Act to reflect that NPs and CRNAs not only order tests and therapeutics, but also interpret them in order to best treat the patient.

There has been widespread bipartisan support for this legislation, but it is important that YOUR state senators and representatives hear from YOU about this important bill! The ANA Massachusetts leadership team and Health Policy Committee will be sending out regular updates or you can visit the MCNP website at www.mcnpweb.org to learn more details about the bill. Please respond to action alert emails to support this important legislation through the process.

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Health Policy continued from page 1

health agency spending was on community mental health services; 17 percent was spent on state hospital care. Nationally, an average of 70 percent is spent on community mental health services and 28 percent on state hospital care.

According to the Center for Disease Control and Prevention (2011), the economic burden of mental illness in the United States is substantial about \$300 billion in 2002. Mental illness is an important public health problem in itself—about 25% of U.S. adults have a mental illness—but also because it is associated with chronic medical diseases such as cardiovascular disease, diabetes, and obesity.

According to the National Survey on Drug Use and Health (2007-2008), approximately 9 percent of Massachusetts's residents reported past month use of illicit drugs while the national average was 8 percent. The rate of drug-induced deaths in Massachusetts also exceeds the national average. Notably, heroin is the most commonly cited drug among primary drug treatment admissions in Massachusetts. More recently, The National Survey on Drug Use and Health (NSDUH)



Nursing Faculty Opportunities

Regis College is actively seeking applications for the following positions:

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The position encompasses, but is not limited to administrative accountability for the various pre-licensure programs, including operations, budgeting, hiring, and course scheduling. Experience in coordinating faculty assignments and knowledge of all dimensions of the faculty role are essential. Experience in program and curriculum development, leadership knowledge in programmatic accreditation, and strong interpersonal skills necessary in advocating for faculty and students is highly

Director of Undergraduate Nursing Program, School of Nursing and Health

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Please send letter of interest listing 3 professional reference contacts and CV to: nursingfaculty@regiscollege.edu or mail to: Regis College, Nursing Department, 235 Wellesley Street, Weston, MA 02493. Positions opened until filled.

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indicated that 8.87 percent of Massachusetts residents reported using illicit drugs in the past month, with the national average at 8.02 percent. These statistics demonstrate the importance of mental health and drug treatment programs for the citizens of Massachusetts. Nurses are in a key position to influence legislators on the importance of funding for improved mental health care.

A panel of legislators and expert nurses were invited to share their perspectives on how nurses can get involved in advocacy, as well as a discussion on the current issues facing the profession. Among the panel were Donna White, PhD, RN, Addiction Specialist at the Lemuel Shattuck Hospital, Pooja Bhalla MSN, RN, Director at the Boston Healthcare for the Homeless, and Mary Grant MSN, RN, Mental Health nurse and former legislator. The challenges facing patients and nurses in seeking and accessing care were discussed. David Seltz, Executive Director of the Massachusetts Health Policy Commission (HPC), spoke about the role of the HPC, particularly their role in promulgating the recent ICU staffing law and the contributions of the ANA-MA in developing the regulations.

Representative Kay Khan and Senator Eileen Donahue communicated their efforts in legislating mental health and substance use services in the Commonwealth. They also highlighted their recent combined efforts with ANA-MA to cosponsor the ANA-MA first ever bill; H.2771 An Act Relative to the Governance of the Health Policy Commission. https://malegislature.gov/ Bills/189/House/H2771. This is a historic piece of legislation for nurses in Massachusetts as this inaugural bill would require governor appointment of a registered nurse to serve on the HCP. Currently nursing is not represented and such an appointment is significant for the profession. This bill would give nurses a voice in key health policy decisions at a state level.

The ANA-MA and the Health Policy committee will be monitoring several recently published bills and plans to meet with key legislators as nursing's professional voice in Massachusetts. If you would like to become more active and join the Health Policy committee, please visit our website http:// www.anamass.org

https://www.whitehouse.gov/sites/default/files/docs/state profile - massachusetts.pdf

http://www.samhsa.gov/data/sites/default/files/National BHBarometer 2014/National BHBarometer 2014.

http://www.mass.gov/anf/budget-taxes-and-procurement/ oversight-agencies/health-policy-commission/

Nurse of the Future continued from page 1

Practice Integration Committee was charged with using the identified competencies as a framework for developing a statewide transition into practice

In 2010, the Nurse of the Future Nursing Core Competencies© (NOFNCC) was published and in 2011 the Massachusetts Action Coalition (MAAC) was created and identified the promotion of the Nurse of the Future Nursing Core Competencies© into all academic and practices settings as a priority goal.

The MAAC established a NOFNCC Working Group to develop a toolkit, and in 2014 they published The Massachusetts Nursing Core Competencies: A Toolkit for Implementation in Education and Practice Settings (Toolkit). The group identified current use of the NOFNCC before developing the Toolkit to help facilitate its use within schools of nursing and various practice settings.

The Toolkit was developed as a collaborative effort between nurse leaders from the academic and practice settings. The purpose of this Toolkit was to promote the integration of the NOFNCC which identifies 10 areas of expertise that all nurses can incorporate into their practice.

After the development of the Toolkit, the Working Group determined that integration at both the academic and practice setting was essential to the effective implementation. The successful integration of the competencies into academic programs connects the various levels of education thus facilitating a smooth transition between LPN, ADN and BSN programs. With the infusion of the reflective discussion questions, assigned readings and case studies, the Toolkit provides academic institutions the necessary tools to transition nursing students to practice settings.

At the practice setting, the Toolkit is designed for all areas of nursing centered care. These areas include acute care, rehabilitation, long term care, and home care. Practice sites are encouraged to incorporate the NOFNCC into their continuing education/competency plan for nursing staff. The Working Group is available to provide practice sites with technical assistance, orientation to the goals of the NOFNCC, competency evaluation tools and evaluation of the utilization and success of NOFNCC in practice settings.

The Working Group recommends that all nurses visit the DHE website and examine the Toolkit. The NOFNCC, gap analysis tool and the Toolkit can be found at http://www.mass.edu/nahi/ projects/NofCompetencies.asp.



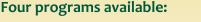
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Rivier University Honors ANA Massachusetts Member Karen Daley with Honorary Doctorate

Rivier University honored Commencement speaker Karen A. Ďaley, Ph.D., RN, FAAN with an honorary doctorate of humane letters in recognition of her eminent career as a nurse, public health advocate, and educator. Serving as a front-line caregiver and senior staff nurse for 25 years and advancing to leadership roles, including President of the American Nurses Association in which she represented the interest of the nation's 3.1 million registered nurses, Dr. Daley has had a far-reaching impact on the nursing profession and the field of healthcare. After a tragic accident in which she was co-infected with HIV and Hepatitis C by a workplace needlestick injury, Dr. Daley's career transitioned from practice to prevention. She is a vocal, nationally recognized advocate for legislation mandating the use of safer needle devices in healthcare practice settings.

"Dr. Daley's life's work and message have inspired our University community," says Sister Paula Marie Buley, IHM, President. "Her resilience, passion and commitment to others remind us that transforming the world is a privilege and that education is a pathway to service."

Addressing graduates on the importance of self-awareness, courage, and finding meaning and purpose in their lives, Dr. Daley shared, "When life takes an unexpected turn, like it did in mine, when life seems incredibly unfair and beyond control, understand that that is the nature of life. It is how you deal with those difficult times that matters most and reveals the most about who you are as a person. Be your own hero. Live your life with a sense of authenticity, passion, courage, and purpose. Those will be the things that define you in your life."

Named as one of the "100 Most Influential People in Healthcare" and one of the "Top 25 Women in Healthcare" by *Modern Healthcare*, Dr. Daley has been recognized with numerous awards for her outstanding leadership and excellence in practice. She was designated a 'Living Legend' by the Massachusetts Association of Registered Nurses for her significant contributions to the nursing profession, and was inducted as a fellow into the American Academy of Nursing for her advocacy work. She holds a Ph.D. and a master of science degree in nursing from Boston College and a master's in public health from Boston University School of Public Health.

President's Award 2015

The President's Award is given annually by the President to recognize a person, or group of people, who have made an impact on the president or the profession of nursing. Massachusetts has led the nation in health care coordination and the extension of coverage to all people in the Commonwealth. The Health Policy Commission was formed to assist in the implementation of these efforts and plays an integral role in the implementation of health care laws and the creation of the regulations. Many have affected the nursing practice, such as the restrictions on mandatory overtime for nurses and safe staffing regulations. With such a big impact on the nursing profession, it was surprising to learn that there was no nurse seat on the Commission.

Our award recipients, along with our contract lobbyists Pat Lynch and Ben Fierro were instrumental in filing bills on behalf of ANA MA that would create a seat for a registered nurse on the MA Health Policy Commission, this very important government body integral to health care in Massachusetts.



Eileen Donoghue and Kay Kahn

Senator Eileen M. Donoghue

Eileen Donoghue is a second term State Senator serving the communities of Lowell, Dunstable, Groton, Pepperell, Tyngsborough, and Westford.

She is a former Lowell Mayor and City Councilor, and currently serves as the Senate Chair of the Joint Committee on Economic Development and Emerging Technologies, is the Senate Vice Chair of the Joint Committee on Higher Education and served as a member of the Senate Committee on Ways & Means among other committee appointments. We are very thankful to the Senator for agreeing to Sponsor our first bill filed in the Senate.

Representative Kay Khan, RN, MS

The Representative earned her bachelor's degree from Boston University School of Nursing and her first job as a nurse was at Boston Children's Hospital, following this, she became an instructor for Boston University School of Nursing. She went on to earn a master's degree in Psychiatric Mental Health Nursing from Boston University and worked in a group private practice in Newton for close to 20 years before running for office. State Representative Kay Khan has represented Newton in the Massachusetts House of Representatives since 1995, and currently serves as House Chair of the Joint Committee on Children, Families and Persons with Disabilities, which she has done since 2009.

Representative Khan is the founder and cochair of the legislative Mental Health Caucus, the first of its kind in the country, and founder and co-chair of a task force on Women in the Criminal Justice System and their children, under the Caucus of Women Legislators. She served as the Co-Chair of the Caucus of Women Legislators and on the Commission to End Homelessness, the Unaccompanied Homeless Youth Commission and the Special Commission on Early Education and Care. We applaud Kay as a Champion of nursing and are very thankful to her for also sponsoring our first bill!

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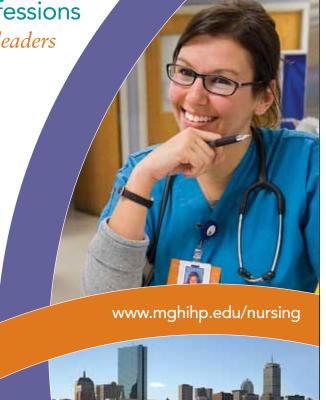
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2015 ANA Massachusetts Awards

Community Service Award: Dr. Joellen Hawkins

Nominated by Holly B. Fontenot and Allyssa Harris



Joellen Hawkins, PhD, RN, WHNP-BC, FAAN, FAANP, Professor **Emeritus** at Boston College, has a long standing history of dedication to the communities she educates, lives in, and cares for as a nurse. Community and professional service is not just an activity that she participates in; it is her way of life.

Dr. Hawkins' volunteerism is pervasive in every aspect of her life. First, she serves the Massachusetts community of professional nurses by holding leadership positions in professional organizations, serving as an advisor and consultant for local nurses and public health departments, volunteering to provide lectures and workshops, and mentoring hundreds of nurses over her prolific academic career. Second, she serves the Massachusetts communities linked to the populations she cares for as a nurse. For example she has worked in settings caring for women affected by violence, for low income and underserved women, and for homeless youth. This clinical work has translated into a long standing history of community service for organizations such as: Rosie's Place, The Second Step, Long Island Shelter, Pine Street Inn, Youth on Fire, Sidney Borum, Elliott House, Head Start, Boston Health Care for the Homeless, Women's Lunch Place, and AIDs Care Project. The number of women, children, and families in Massachusetts that have benefited from her service is immeasurable.

Finally, in her personal life, she leads her church community service efforts and has been a long standing volunteer for Partakers, Inc. College Behind Bars Program. For this program she meets monthly with prisoners at Framingham MCI Women's Prison where she seeks to make positive changes in these women's lives. These are just some of the many examples of service provided by Dr. Hawkins and the reason that ANA-Massachusetts is honoring her with the Community Service Award.





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Excellence in Nursing Research Award: Dr. Sara Dolan Looby

Nominated by Barbara Wolfe



Sara Dolan Looby, PhD, ANP-BC, FAAN, Nurse Practitioner and Nurse Scientist, Massachusetts General Hospital; Assistant Professor, Harvard Medical School 2015 recipient of the ANA Research Award. Her career is marked by distinguished and sustained leadership in the development dissemination and

of knowledge for improving recognition of, and care for, HIV-infected women experiencing metabolic disorders. She has the distinction of being at the forefront of groundbreaking scientific contributions while enhancing nursing's visibility as a leader in this interdisciplinary arena. Her research, funded by the National Institutes of Health, focuses on seeking more effective strategies for managing the metabolicsequelae of HIV and has yielded findings that are fundamentally changing the care of this population. Importantly, she is the first investigator to report reduced bone density associated with high bone-turnover in this vulnerable population, seminal work that has shifted the paradigm of possible target areas for therapeutic intervention. These pioneering efforts are reflected in her top-tiered interdisciplinary scientific publications and scholarly presentations.

Additionally noteworthy is Dr. Looby's ability to create and cultivate innovative community partnerships to disseminate up-to-date clinical research and clinical education to consumers. Such partnerships have resulted in a vital consumer health education program that has grown over the past decade reaching hundreds of individuals affected by HIV thus increasing access to research findings for consumers of health care. This latter and highly innovative effort was recognized in 2006 when Dr. Looby received the Sr. Jeannette Normadin Award for Provider of Compassionate and Empowering Care. The culmination of her contributions to date has been recognized by her induction as a Fellow into the American Academy of Nursing. Dr. Looby is the prototypical clinical scientist whose celebrated results are founded upon a deep commitment to both nursing practice and research which has been reflected throughout her professional career.

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Excellence in Nursing Research Award: Dr. Cynthia Jacelon

Nominated by E. Ann Sheridan



Cynthia Jacelon, an Associate Professor and Director of the PhD Program the College of Nursing, University Massachusetts of Amherst is nationally recognized distinguished scholar and pioneer in nursing research. Her area scholarship related to the concepts dignity autonomy and how

these affect the health outcomes of older patients both in the hospital and the community. Using rigorous methods of research design, Dr. Jacelon developed a theoretical and behavioral definition of the concept of dignity and an instrument to measure this concept. Named the Jacelon Attributed Dignity Scale, this has been used by other researchers and clinicians who focus on rehabilitation and maintenance of functional abilities in the elderly. National and international authors regularly cite her groundbreaking science on dignity, control and function of elders, particularly those with chronic health problems. In this time of health care reform, her work is highly relevant to the quality of care for older citizens and the important goal of preserving one's dignity, abilities and strengths.

In addition to her extensive research studies and publications, Dr. Jacelon is an innovative advanced practice rehabilitation nurse and leader in the field of gerontological nursing and related organizations. These include the Association of Rehabilitation Nurses (ARN) serving on the Board of Directors, and Director and President-Elect as well as Trustee and Chairperson of the Rehabilitation Nursing Foundation (RNF). In her teaching and research endeavors, Dr. Jacelon guides the work of others, including undergraduate and graduate students as well as colleagues. At a recent annual conference of the Gerontological Society of America, she organized the symposium focused on dignity and older adults which was an innovative focus for this organization.

Dr. Jacelon is also the Scholar in Residence at the Jewish Geriatric Services in Longmeadow, MA. She received a BS in Nursing at the College of New Jersey, a Masters of Science degree in Nursing at Boston University School of Nursing and was awarded a PhD degree from New York University School of Education, Division of Nursing. Most recently, she completed a Post Doctoral Fellowship at the Yale School of Nursing in the Center for Self and Family Management for Vulnerable Populations. Dr. Jacelon is also a Fellow in the American Academy of Nursing.

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2015 ANA Massachusetts Awards

Mary A. Manning Mentoring Award: Dr. Catherine Read

Nominated by Judith A. Vessey



'Paying it forward' is clearly part of Dr. Catherine (Cathy) Read's DNA. During her tenure on the Boston College William F. Connell School of Nursing (CSON) faculty, Cathy has informally mentored generations of undergraduate and graduate students and faculty beginning their careers. But it is her visionary work and her development and

implementation of the *Keys to Inclusive Leadership* (KILN) program that sets her apart from many other wonderful mentors in nursing.

The mission of KILN is to prepare nursing students from disadvantaged backgrounds to enter the nursing workforce as leaders. At its core is a formal mentorship program for the participants. Under Cathy's leadership, faculty KILN mentors were selected and matched to KILN scholars; throughout, she role-modeled effective mentorship with her own KILN scholars. In existence for five years, KILN's outcomes are numerous. KILN Scholars have gone on to serve in leadership positions within the Massachusetts Student Nurses' Association and represented the state at the National Student Nurses' Association. Many have traveled internationally for semester abroad programs or service trips. Others have presented at regional, national, and international professional conferences. For example, several KILN scholars presented a symposium entitled "Fostering the development of future leaders in global health through the 'Keys to Inclusive Leadership in Nursing (KILN)' program" at Sigma Theta Tau International's 41st Biennial Convention. Other KILN scholars have been awarded highly competitive educational and research grants; two have been awarded Boston College's prestigious Martin Luther King Jr. Memorial Scholarship. Last year's recipient, Patience Marks, when interviewed about the award, stated "I am extremely thankful for both the support of my immediate family and my CSON family and friends, especially the KILN program. Both have [provided] outstanding resources and support in nurturing my growth, independence and leadership skills."1 Her quote says it all as to KILN's impact on its participants. The initial KILN program was so successful, it was institutionalized within the College and has been expanded to graduate students as well. Funding for the program has come from a US HRSA Division of Nursing Diversity Grant, the Price Foundation, and the Connell School of Nursing.

In short, KILN graduates have become nursing professionals who are self-aware, value inclusivity, and strive to promote social justice in the delivery of healthcare to all segments of the population. Some of the first KILN graduates have completed graduate school and are assuming positions of leadership in clinical agencies or in educational settings. Many are serving as mentors to current nursing students. A quote by Maimonides "(g)ive a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime," exemplifies Cathy's commitment to mentoring and the recognition bestowed by this award.

Pelligreni, R. (2014, February 25). Martin Luther King Jr. Scholarship: Winner hopes to 'Change face of health care'. The Boston College Chronicle. Retrieved from: http://www.bc.edu/publications/chronicle/FeaturesNewsTopstories/2014/features/boston-college-martin-luther-king-jr--scholarship-awarded.html

Ruth Lang Fitzgerald Scholarship: Maura Flynn

by Maura Fitzgerald



The Fitzgerald Scholarship was established in 2005 by the Fitzgerald family in memory of Ruth Lang Fitzgerald, a long term member of ANA and a founding member of MARN (now ANA MA). Ruth was very proud of her service to her country as a 1st Lieutenant in the Army Nurse Corps

in the South Pacific during World War II and later in her career as an advocate for seniors.

This year's recipient of the Fitzgerald Scholarship is Maura Flynn. Maura was cochair of the ANA MA Health Policy Committee from 2010-2013. She helped plan and moderate the spring legislative conference from 2010-2014 and served on the ANA MA Board of Directors from 2010-2014. In 2012 she was a delegate to the American Nurses Association and in 2014 she served as a delegate to the ANA Membership Assembly. Maura has active campaigned for ANA MA members seeking national office.

Maura is a long time member of the Maynard Democratic Town Committee and has chaired and co-chaired the Committee from 2008 to present. She is an eight time delegate to the Massachusetts Democratic Convention and has volunteered for numerous candidates on the local, state, and national levels.

Maura helped found the Dermatology Nurses Association and represented the association at the American Academy of Dermatology Legislative Forum and Lobby Day in Washington D.C. She has presented testimony before the Massachusetts Legislature on behalf of the Dermatology Nurses Association. She has also presented lectures on nursing and public policy before the Dermatology Nurses Association annual convention and for nursing students at Mass Bay Community College, Wachusett Community College, and University of Massachusetts Amherst.

It is with great pleasure we present the 2015 Ruth Lang Fitzgerald Scholarship to Maura Flynn. She will be using the Fitzgerald Scholarship to take a capstone course towards a Master of Arts in Public Health Policy at New England College.



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Excellence in Nursing Education Award: Dr. Amy Rex-Smith

Nominated by Teresa Roberts



Dr. Amy Rex-Smith is a superb teacher who has a enthusiasm genuine for teaching, a love $_{
m her}$ profession, wealth of and a knowledge in clinical care. Dr. Rex-Smith is the epitome of distinguished teaching--she displays excellence in teaching the classroom:

she demonstrates excellent communication skills with students and colleagues across disciplines and cultures; she demonstrates exceptional enthusiasm and energy in the service of promoting student success, and she inspires students to ever higher achievement in the profession of nursing.

After some years teaching in California, Dr. Rex-Smith shared her talents for many years with the University of Massachusetts in Boston. This year she is starting a new chapter of her life in Mississippi! She will be missed, but we know that her skills will be appreciated in her new setting.

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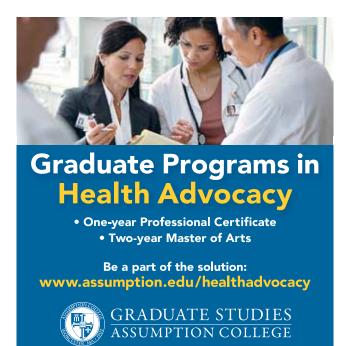
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CE CORNER



Applying for Approval as a Provider Unit: A Common Pitfall

Sandra M. Reissour, MSN, RN Co-chair, ANA Mass ANCC Accredited Approver Unit

Many nurse educators submit continuing nursing education (CNE) for approval for contact hours on Individual Activity applications. The CNE activity must be planned by a minimum of 2 individuals: a Nurse Planner and a content expert. The Nurse Planner must be a currently licensed RN with a minimum of a baccalaureate degree in nursing or higher and actively involved in all aspects of planning, implementing, and evaluating the CNE activity. The other individual must have appropriate subject matter expertise. Once approved, the activity may be repeated over a two year period. A natural progression for nurse educators who provide a substantial number of educational activities is to become an Approved Provider.

An Approved Provider is comprised of members of an organization who support the delivery of continuing nursing education. Once approved, an approved provider may plan, implement and evaluate any number of continuing nursing education programs over a three-year period without submitting individual activity applications to an Accredited Approver such as ANA Massachusetts. An eligible Approved Provider candidate must be able to demonstrate structural capacity, processes to meet criteria of both the American Nurses Credentialing Center's Commission on Accreditation and ANA Massachusetts, and quality outcomes.

• Structural capacity is comprised of four distinct requirements that are necessary to support the delivery of quality CNE. These

elements are: commitment, accountability, leadership and resources.

- Processes must be in place which enables the Provider Unit to assess learning needs via gap analysis, plan quality CNE using standard design principles and evaluate the continuing education activities. Written guidelines or policies should be created to guide operations of the Provider Unit itself.
- Quality outcomes are defined as the impact of structure and process on the organization as a provider of CNE. Such outcomes may focus on the evaluation of processes used by the Provider Unit, evaluation of participation in the CNE activities, setting goals for improvement, and the determination of the value/benefit to nursing professional development.

Our discussion, thus far, demonstrates some of the differences between a planning committee that plans, implements and evaluates an individual CNE activity versus the scope and responsibilities of an Approved Provider. What is a common pitfall observed in Approved Provider applications? A very common problem is the inability of the applicant to adequately define their Provider Unit. Some applicants describe their entire organization rather than the Provider Unit. Keep in mind the definition provided earlier - A Provider Unit is comprised of members of an organization who support the delivery of continuing nursing education. The operative term here is continuing nursing education. A common mistake is for the applicant to describe their provider unit as the department that is

responsible for such things as orientation, annual competencies as well as CNE. A Provider Unit supports delivery of CNE only. Perhaps the Staff Development Department or similar is responsible for the bigger picture: orientation, in-service, annual competencies and the Provider Unit is a subset of the Staff Development Department. The Provider Unit should have specific features including

- Demographics -such as scope of service, size, geographic range, target audience and content areas. If the Provider Unit is part of a multi-focused organization, that is, an organization that exists for more than the purpose of providing CNE, the relationship of the provider unit to the entire organization must be described and graphically depicted.
- Lines of Authority and Administrative Support A Provider Unit must have a qualified Primary Nurse Planner, that is, a currently licensed RN with a minimum of a baccalaureate degree in nursing or higher who serves as the liaison between the Approved Provider Unit and the Accredited Approver Unit, as well as other planners and support staff.

If you decide to apply for Approved Provider status, avoid this common pitfall. When asked to describe your Provider Unit, clearly describe the unit that supports the delivery of continuing nursing education. If it is a subset of another department, be sure to differentiate the Provider Unit from the department and from the organization at large. You'll be glad you did!

References

2013 ANCC Primary accreditation application manual for providers and approvers. (2013). Silver Spring, MD: American Nurses Credentialing Center

Congratulations to the American Nurses Association Massachusetts Approver Unit. They were awarded Accreditation with Distinction, the highest recognition awarded by the American Nurses Credentialing Center, and was granted a 4-year Accreditation.



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ANA Massachusetts Career Connections Program Sponsors Event for Nursing Students

by Kim Pomerleau

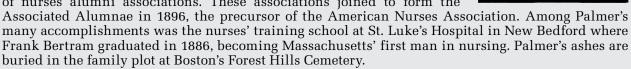
On March 22nd the Massachusetts Student Nurses Association (MaSNA) hosted a Career Fair at Boston College. The Career Connections Committee and ANA Massachusetts helped to sponsor and organize the event. Over 80 students from various Massachusetts colleges attended the event that included networking, resume tips, interview advice, and NCLEX preparation. ANA Massachusetts had a table to welcome students and answer any questions about membership.

With the assistance of some ANA members and local hiring managers, ANA Massachusetts helped to provide constructive feedback on resumes for over 70 attendees. ANA Massachusetts also helped to arrange for a representative from Hurst to come and host an NCLEX question bowl competition for participants.

Ann Taylor representatives hosted a fashion 'do's and don'ts' show for appropriate interview-wear and headshots were taken for students to add to their Linked In page to encourage networking. Overall it was a very well received and successful event. This annual event is a great opportunity for ANA Massachusetts to support MaSNA and the soon to be new graduate nurses!

Who is the Nurse in the Masthead?

Sophia French Palmer (1853-1920) defied her parents, Dr. Simeon Palmer and Marie Spenser Palmer and enrolled in Linda Richards' program at the Boston Training School for Nurses (MGHSON) graduating in 1879. Palmer, as founding Editor of the *American Journal of Nursing*, led the move to professionalize nursing resulting in the formation of nurses alumni associations. These associations joined to form the









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ANA Massachusetts is committed to the advancement of the profession of nursing and of quality patient care across the Commonwealth.



As a constituent member of the American Nurses Association, ANA Massachusetts is recognized as the voice of registered nursing in Massachusetts through advocacy, education, leadership and practice.







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Massachusetts Board of Registration in Nursing News

Revised Ruling 9324:

Accepting, Verifying, Transcribing and Implementing Prescriber Orders

This advisory ruling provides guidance to the practice of Registered Nurses and Licensed Practical Nurses when accepting, verifying, transcribing, and implementing patient care orders from a duly authorized prescriber (i.e., Advanced Practice Registered Nurses with prescriptive authority, Physician Assistants, and Physicians).

To review the ruling go to:

http://www.mass.gov/eohhs/gov/departments/dph/programs/hcq/dhpl/nursing/nursingpractice/advisory-rulings/verification-of-orders.html

Regulation Changes Affect APRNs

At a previous meeting the Board of Registration Nursing (BORN) drafted regulations for Massachusetts advanced practice nurses to move our Commonwealth into alignment with the National Council of State Boards of Nursing (NCSBN) Consensus Model. Changes in the regulations that affect nurse practitioners include changes in title and signature authority. There are also some changes related to the clinical nurse specialist role. To access these regulations go to www.mass.gov/eohhs/docs/dph/regs/244cmr004.pdf.

The Massachusetts Coalition of Nurse Practitioners (MCNP) is continuing work towards adoption of the full consensus model via legislation in next year's legislative session.in pursuit of Full Practice Authority. Get involved by contacting your elected officials regarding the importance of allowing patients full and direct access to NP care.



The ANA Massachusetts Approver Unit

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Program reviewers: available to review your nursing education programs any time. For up to date information about how to become an approved provider (for a single activity or as an organization) please visit the ANA Massachusetts Website

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These Standards are designed to infuse a stronger culture of safety in health care work environments and provide a universal foundation for policies, practices, regulations and legislation to protect health care workers and health care recipients from

For more information on the Standards, visit: www.NursingWorld.org/SPHM-Standards.



ANA Massachusetts gets mailing labels from the Board Registration in Nursing. Please notify the BORN with any changes in order to continue to receive the Massachusetts Report on Nursing!









Ruth Ludwick, PhD, RN-BC, CNS, is director of nursing research, Robinson Memorial Hospital, Ravenna, Ohio; professor emerita, Kent State University, College of Nursing; and an independent consultant. Her advocacy efforts have been instrumental in shaping dialogue and policies about nursing issues globally.











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SAVE THE DATE



Team ANA Massachusetts will once again participate in the Vision Walk to raise funds for the Foundation to Fight Blindness Sunday October 24, 2015

Go to ANA Mass.org later this Summer for more details



Bulletin Board





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- <u>Nurses Banking Center</u> free checking, online bill paying and high yield savings all available to you 24/7 to fit any shift or schedule, at an affordable price Liability/Malpractice, Health Insurance, Dental and Vision.
- <u>CBCA Life and Health Insurance Plans</u> Disability Income, Long Term Care, Medical Catastrophe, Medicare Supplement, Cancer Insurance and Life Insurance Plans provided by CBCA Insurance Services.

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- Access to the new Members Only web site of <u>NursingWorld.org</u>.
- Free access to ANA Massachusetts's Member-Only Listserve

We also welcome any pictures that show ANA Massachusetts members in action... at work or at play. Interested persons, please contact Susan LaRocco at newsletter@anamass.org.

ANA Massachusetts is the Massachusetts affiliate of the American Nurses Association, the longest serving and largest nurses association in the country.

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2015 Spring Clinical Conference: The Courage to Care in the Face of Infectious Disease

April 11, 2015 Dedham Hilton



Pamela Cipriano

Cheryl Bartlett



Alexandra F. M. Cist Grace M. Deveney

Thank You to **Our Speakers:**

Pamela Cipriano, PhD, RN, NEA-BC, FAAN, President of American Nurses Association Ethical Practice in the Face of Fear: Ame<mark>rican</mark> Nurses Confront Ebola

Cheryl Bartlett, RN, BA, Past Commissioner, Massachusetts Department of Public Health Current and Future Trends: Public Health/ Global Perspectives

Sue C. Etkind, RN, MS Tuberculosis: the Elephant in the Room

Alexandra F. M. Cist, MD and Grace M. Deveney, RN, BSN, MPH Stories from the Field and Floor: Calculated Courage and Other Ethical Concerns

Sara Pasternack, MA, RN Nurse Make the Difference! AN Historical Review of Nurses' Contributions to Control and $Prevent\ Infectious\ Illnesses$

Thank You to Cynthia LaSala and the ANA Massachusetts **Conference Planning Committee** for a great day!



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Thank You to **Our Exhibitors:**

Edelman Financial Services History of Nursing Archives at Boston University Purple Umbrella Jewelry Regis College Sanofi Pasteur Terri Arthur, RN, BSN, MS: Author "Fatal Decision: Edith Cavell: WWI Nurse" University of Massachusetts Dartmouth

Walden University

Thank You to Members who **Sponsored Student Scholarships**

Sarah Pasternack Myra Cacace Sharon Gale Toni Abraham Kathleen Faiella Janet Ross Cynthia LaSala Mary Ellen Doona Peg Blum

Peggie Bretz Linda Moniz Patricia Carden Judith Sweeney Glynnis LaRosa Mary Manning Barbara Madden Anne Manton Monica Hanson











Transitions and Commitments

Spring is a time for many transitions. Nursing students transition to being graduates and then after passing the NCLEX, they transition to being registered nurses. They will make a commitment to their patients and to their profession. Hopefully, their more experienced colleagues will make the commitment to help our novice nurses become experts and the ugly phrase "nurses eat their young" will no longer have any meaning. This is a commitment we all need to make.

Spring is also a popular time for weddings. Single men and women transition to a new life with a partner. They make a commitment "to have and to hold - - - in sickness and in health." Other major life transitions that are not so seasonal include the birth of a child, relocation, and the loss of a parent or partner. While each transition will have a different meaning for the individuals involved, all transitions provide opportunities for personal growth and renewed commitments.

Myra Cacace, a founding member of Massachusetts Association of Registered Nurses (now ANA Massachusetts) and the only editor that the Massachusetts Report on Nursing has ever known, is making the transition to President of ANA Massachusetts. As editor, Myra engaged in text preparation of about 50 issues of the newsletter. Even with her many other commitments - as a wife, a mother, a grandmother, and a nurse practitioner, she never failed in her commitment to keeping all nurses in the Commonwealth informed about the issues that impact our practice. This spring, with the transition to President, she will be making an even larger commitment to our organization and to our profession. At a time when there are many important issues in health care, her strong leadership will be all the more vital to ANA Massachusetts and to our profession.

On a personal note, becoming the editor of the *Massachusetts Report on Nursing* is a transition

for me. For the past five years I have been a member of the newsletter committee, editing and tweaking other people's writing. Now I am making the commitment to assure that you receive news from ANA Massachusetts, as well as the opportunity to read topics of interest to nurses in the Commonwealth.

I hope that you will consider making the transition from reader to writer, and that you will make the commitment to share your thoughts about nursing, health care policy, legislation, or other timely topics. Send your finished work or your ideas to me at newsletter@anamass.org.

Susan A. LaRocco





What if . . . Consider the Possibilities

Margie Hamilton Sipe, DNP, RN, NEA-BC Nurses Week, 2015

If you knew you could make a difference
If you knew you had just a bit more
love to give

If shedding a tear was not a sign of weakness
But a chance of creating a connection not yet defined by words?

If we look for ways to break down walls If we strive to be the best we can be If we ask forgiveness from those we may have hurt

Might respect and inclusion be the virtues that emerge from hiding?

Grace and courage Compassion and vulnerability Building up versus tearing down Working together in harmony

If you took a deep dive into self reflection If self awareness could make you humble If listening trumped your need to speak Could learning and wonder be part of each day?

You have the gifts—it is so
Now you must trust—in yourself—and
even those who seem estranged
Be open to the goodness of others with
no strings attached
Spread joy and believe

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CLIO'S CORNER



Nursing Archivist Diane Shugrue Gallagher Receives First Friend of Nursing Award from ANA Massachusetts

Mary Ellen Doona

Clio's Corner's Mary Ellen Doona and Sarah Pasternack, President of the Nursing Archives Associates, presented Diane Shugrue Gallagher with the American Nurses Association Massachusetts' Friend of Nursing Award at its Awards Dinner April 10, 2015. For fifteen years, Gallagher has been the Nursing Archivist at the History of Nursing Archives at Boston University's Howard Gotlieb Archival Research Center. If it is a position that Gallagher states she feels honored and privileged to hold, it is also one that is crucial to the profession. In protecting nursing's memory Gallagher has made it possible for nursing to cast a glance back on where it has been, before it steps into the future. Indeed Gallagher is a friend that nursing can least live

Being the Nursing Archivist has its benefits such as enjoying the surprise and the AHA! in a researcher's moment of discovery. Most recently Gallagher provided her special services to Ronna Krozy and Beryl Chapman, co-Presidents of the Beth Israel Hospital School of Nursing Alumni Association. They are currently gleaning historical data from the BIHSON Collection in preparation for the Centennial of the School in 2018. Preserved among the many institutional reports, documents, speeches and photographs, Chapman and Krozy found film and video of the graduation of the class of 1935. Also in the Collection was a questionnaire asking nurses who had worked at Beth Israel prior to 1947 about their service during World War II. Still another precious document of the School's history is a small brochure: Life at 330 Brookline Avenue, 1961. Each presents the life of the School as it was lived, as do artifacts such as a class pin dated 1921 and a student nurse uniform.

Another user of the History of Nursing Archives was Robert Welch, a journalist and resident of Eugene, Oregon. Using the Boston City Hospital School of Nursing Collection he researched Frances Slanger (1913-1944), a graduate who landed with the troops at Normandy during World War II. The young Army nurse was killed by enemy fire and is remembered in the USS Frances Y. Slanger hospital ship. As Welch was signing his book, American MARY X BRITTEN EDN. RN MICHAEL DAVID WILSON MARY ANN GARRIGAN

ANA Massachusetts's 2015 Friend of Nursing Honoree, Diane Shugrue Gallagher, pointing to Mary Ann Garrigan's name as founder of the History of Nursing Archives at Boston University on the wall of honor at the Florence Nightingale Museum as its Director, Natasha McEnroe, looks on.

Nightingale: The Story of Frances Slanger, Forgotten Heroine of Normandy in Eugene, Terry Shugrue asked him where he had done the research. When he heard "Boston University, Shugrue said, "Ummmm, I have a sister who works there. Oh yeah, her name is Diane Gallagher." The author replied, "She was the nursing archivist who helped me with my book."

Gallagher served as the go between Natasha McEnroe of the Florence Nightingale Museum in London and Vita Paladino of the History of Nursing Archives at Boston University. Paladino visited McEnroe at the Museum and within an hour, a collaboration was hatched and born was the Florence Nightingale Digitization Project. Since that meeting, there has been a collaborative effort between the HGARC, the Florence Nightingale Museum, the Royal College of Nursing and the Welcome Library. There is now a database that makes the Nightingale letters available to researchers through a single source. (See <u>hgar@bu.edu</u>).

These few anecdotes testify that in Diane Shugrue Gallagher ANA Massachusetts has a friend worthy of its first ever Friend of Nursing Award.

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Friend of Nursing Award: **Diane Shugrue Gallagher**

Mary Ellen Doona

Aristotle said, "Friendship is one of the things which life can least afford to be without." If that is true for one's personal life, it is especially true for the profession's life. Diane Shugrue Gallagher, the first person to receive the ANA Massachusetts Friend of Nursing Award, is the friend that nursing can least afford to be without. Diane has grace and elegance, but it is her intelligence, maturity of vision and deep appreciation for nurses that are far more significant.

ANA Massachusetts is honoring Diane for protecting the integrity profession's memory as the Nursing Archivist at the Howard Gotlieb Archival Research Center for the last fifteen years. Diane never stops advocating for our profession, even on "vacation." Her visit to the Florence Nightingale Museum in London led to the Florence Nightingale Letters Digitization Project. Recently Diane and another Gotlieb Center staff person were entrusted with personally obtaining the original Nightingale letters held by Columbia University and transporting them to the History of Nursing Archives at Boston University. There they were scanned before the letters were safely returned to New York. Diane never let those letters out of her sight, even to the point of bringing them to a restaurant along the way where they had a table for three, "Florence" being the third party in attendance.

In honoring Diane Shugrue Gallagher with ANA Massachusetts' first Friend of Nursing Award, nursing is saying a long overdue THANK YOU to the Friend that

nursing can least live without.



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