## Schedule-at-a-Glance

### Tuesday, May 3

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>4:30 p.m.-6:30 p.m.</td>
<td>Palm Ballroom Foyer AOASM Registration Open</td>
</tr>
<tr>
<td>5:30 p.m.-7:30 p.m.</td>
<td>San Pedro AOASM Board of Directors Meeting</td>
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</tbody>
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### Wednesday, May 4

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 a.m.-5:30 p.m.</td>
<td>Palm Ballroom Foyer AOASM Registration Open</td>
</tr>
<tr>
<td>7:00 a.m.-8:30 a.m.</td>
<td>Palm Ballroom Foyer Continental Breakfast</td>
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<tr>
<td>8:00 a.m.-10:00 a.m.</td>
<td>Palm Ballroom E Moderator: Daniel Clearfield, DO, FAOASM</td>
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<tr>
<td>8:00 a.m.-8:15 a.m.</td>
<td>President Welcome R. Scott Cook, DO, FAOASM</td>
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<tr>
<td>8:15 a.m.-9:00 a.m.</td>
<td>ACL Injury Update William Garrett, MD</td>
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<tr>
<td>9:00 a.m.-9:30 a.m.</td>
<td>Obesity John Hill, DO</td>
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<tr>
<td>9:30 a.m.-10:00 a.m.</td>
<td>Exercise is Medicine Mark Sakr, DO</td>
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<tr>
<td>10:00 a.m.-10:30 a.m.</td>
<td>Palm Ballroom Foyer Refreshment Break</td>
</tr>
<tr>
<td>10:00 a.m.-7:30 p.m.</td>
<td>Cavetto OMT Room Open</td>
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<tr>
<td>10:00 a.m.-12:00 noon</td>
<td>Palm Ballroom E Moderator: Michael Sampson, DO, FAOASM</td>
</tr>
<tr>
<td>10:30 a.m.-11:00 a.m.</td>
<td>Update on Concussion Sensor Technologies P. Gunnar Brolinson, DO, FAOASM</td>
</tr>
<tr>
<td>11:00 a.m.-11:30 a.m.</td>
<td>Step Up Your Game: Increasing Performance and Health Naresh C. Rao, DO, FAOASM</td>
</tr>
<tr>
<td>11:30 a.m.-12:00 noon</td>
<td>Sports Psychology Greg Dale, PhD</td>
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</tbody>
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### Thursday, May 5

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 a.m.-7:30 a.m.</td>
<td>Xavier Priscilla Tu, DO, FAOASM</td>
</tr>
<tr>
<td>7:00 a.m.-8:30 a.m.</td>
<td>Palm Ballroom Foyer Continental Breakfast</td>
</tr>
<tr>
<td>7:00 a.m.-4:30 p.m.</td>
<td>Palm Ballroom Foyer AOASM Registration Open</td>
</tr>
<tr>
<td>7:00 a.m.-6:00 p.m.</td>
<td>Cavetto OMT Room Open</td>
</tr>
<tr>
<td>8:00 a.m.-10:00 a.m.</td>
<td>Palm Ballroom E Moderator: Angela C. Cavanna, DO, FAOASM</td>
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</tbody>
</table>

### Special Thank You

Special thank you to our poster judges this year.
9:00 a.m.-10:00 a.m.  
**Past President Case Presentations**  
P. Gunnar Brolinson, DO, FAOASM  
Lori Boyajian-O’Neill, DO, FAOASM  
William Feldner, DO, FAOASM  
Michele Gilsenan, DO, FAOASM  
Michael J. Henehan, DO, FAOASM  
Patrick F. Leary, DO, FAOASM  
Linnette Sells, DO, FAOASM  
Phillip Zinni III, DO, FAOASM, ATC

10:00 a.m.-10:30 a.m.  
**AOASM Historical Presentation**  
Richard Emerson, DO, FAOASM

9:30 a.m.-3:30 p.m.  
**Palm Ballroom AB**  
Exhibit Area Open

10:00 a.m.-10:30 a.m.  
**Exhibitor Time**  
**Refreshment Break**

10:30 a.m.-12:00 noon  
**Palm Ballroom E**  
**Moderator:** Warren Bodine, DO

10:30 a.m.-11:00 a.m.  
**Ironman Medical Coverage**  
David Carfagno, DO

11:00 a.m.-11:30 a.m.  
**Jeopardy Session**  
**Moderators:** Mary Solomon, DO, and Priscilla Tu, DO, FAOASM  
Special thanks to our session volunteers!

11:30 a.m.-12:00 noon  
**AOASM Business Meeting**  
R. Scott Cook, DO, FAOASM  
Susan M. Rees, MS

12:00 noon-12:45 p.m.  
**Cloister (Conference Dining)**  
Student/Resident/Fellow Luncheon  
(Luncheon intended for Student/Resident/ Fellow attendees only. Advanced ticketed event.)

12:00 noon-1:30 p.m.  
**Attendee Lunch** (on your own)

12:00 noon-1:30 p.m.  
**Optional--AOASM Committee Meetings**  
(Contact the AOASM Registration Desk for use of meeting rooms on site.)

12:45 p.m.-3:00 p.m.  
**Fellow, Resident, & Student Workshop**  
**Moderators:**  
Dan Clearfield, DO, FAOASM  
R. Robert Franks, DO, FAOASM  
Priscilla Tu, DO, FAOASM

1:30 p.m.-5:00 p.m.  
**Palm Ballroom E**  
**Moderator:** Mark Sakr, DO

1:30 p.m.-2:00 p.m.  
**Cognitive Benefits of Exercise in Youth**  
Alex Diamond, DO

2:00 p.m.-2:30 p.m.  
**Injury Prevention in Youth Sports**  
Andrew Gregory, MD

2:30 p.m.-3:00 p.m.  
**Recognizing Burnout in the Pediatric Patient**  
Brett DeGooyer, DO

3:00 p.m.-3:30 p.m.  
**Palm Ballroom ABC**  
**Exhibitor Time**  
**Refreshment Break**

3:30 p.m.-5:00 p.m.  
**OMT for Athletes: Cases Needing an Osteopathic Approach**  
Shawn Kerger, DO, FAOASM  
Albert Kozar, DO, FAOASM, R-MSK

5:45 p.m.-7:00 p.m.  
**Hotel Main Entrance (Lobby)**  
AOASM DO Challenge Race  
(Meet in the Main Entrance of the Hotel Lobby anytime between 5:15 p.m.-5:45 p.m. to check-in. Important race instructions will be given at 5:45 p.m. The DO Challenge Race will kick-off at 6:00 p.m. sharp! Advance registration requested by Wednesday, May 4.)

8:00 p.m.-10:00 p.m.  
**Terrace Outdoor Function Pool-Deck (2nd floor)**  
AOASM Cinco De Mayo Reception  
(Advance ticket purchase suggested, but on site registration at the event will be available.)

Friday, May 6

7:00 a.m.-8:30 a.m.  
**Palm Ballroom AB**  
Continental Breakfast  
**Exhibitor Time**

7:00 a.m.-8:00 a.m.  
**Joshua Tree**  
Fellowship Directors Breakfast Meeting  
(A light continental breakfast will be provided.)

7:00 a.m.-10:30 a.m.  
**Palm Ballroom AB**  
Exhibit Area Open  
(Visit the exhibitors!)

7:00 a.m.-7:00 p.m.  
**Cavetto**  
OMT Room Open
Schedule-at-a-Glance

12:00 noon-2:00 p.m.
Attendee Lunch (on your own)
(-OR-)
12:15 p.m.-1:30 p.m.
Russell M. Wright Memorial Lecture & Luncheon
Cloister (Conference Dining)
Moderator: Jeffrey R. Bytomski, DO, FAOASM
Guest Speaker: Craig M. Phelps, DO, FAOASM
Taking Care of Yourself While Taking Care of Others
(Doors will open at 12:00 noon. Advance ticket purchase required.)

1:30 p.m.-2:00 p.m.
Xavier
Insanity Class
Priscilla Tu, DO, FAOASM

2:00 p.m.-4:00 p.m.
Palm Ballroom E
Moderator: Jason Smith, DO
2:00 p.m.-2:30 p.m.
Chronic Traumatic Encephalopathy
R. Robert Franks, DO, FAOASM
2:30 p.m.-3:00 p.m.
Concussion and Return to Play
Tamara McLeod, PhD, ATC, CSCS
3:00 p.m.-3:30 p.m.
Neuropsychology in Concussion Management
Deborah Attix, PhD
3:30 p.m.-4:00 p.m.
Post Concussion Syndrome
Kelley Anderson, DO

4:00 p.m.-4:30 p.m.
Palm Ballroom ABC
Fellowship Fair
(Anyone is welcome to attend this event.)
Refreshment Break
4:30 p.m.-6:00 p.m.
Palm Ballroom E
Moderator: Priscilla Tu, DO, FAOASM
4:30 p.m.-5:00 p.m.
International Team Coverage
Daniel Clearfield, DO, FAOASM
5:00 p.m.-5:30 p.m.
Unique Physical and Performance Concerns of the Special Olympic Athlete
Gerry Keenan, MMS, PA-C
5:30 p.m.-6:00 p.m.
The Paralympic Athlete
Joanne Allen, DO

6:30 p.m.-9:30 p.m.
Award of Fellow Banquet Celebration

7:00 a.m.-7:50 a.m.
Xavier
Zumba Class
Priscilla Tu, DO, FAOASM
7:00 a.m.-8:30 a.m.
Palm Ballroom Foyer
Continental Breakfast
7:00 a.m.-10:30 a.m.
Cavetto
OMT Room Open
7:30 a.m.-12:30 p.m.
Palm Ballroom Foyer
AOASM Registration Open

10:00 a.m.-12:15 p.m.
Palm Ballroom E
Moderator: Jeffrey R. Bytomski, DO, FAOASM
10:15 a.m.-10:45 a.m.
Plant Based Diet for Athletes
Joselyn Jedick Branchik, DO
10:45 a.m.-11:15 a.m.
Wearables and Fitness Tech
Brent Pickett
11:15 a.m.-11:45 a.m.
Acupuncture in Sports Medicine
Priscilla Tu, DO, FAOASM
11:45 a.m.-12:15 p.m.
Stem Cell Biologics in Practice
Blake Boggess, DO, FAOASM

12:15 p.m.
Closing Remarks
Conference Adjourns
Jeffrey R. Bytomski, DO, FAOASM