Dear Conference Attendees,

The American Osteopathic Academy of Sports Medicine (AOASM), its Executive Committee, Board of Directors, and Conference Planning Committee proudly join the Association of Ringside Physicians (ARP), the ARP Board of Directors, and Conference Planning Committee in extending a warm welcome to our 2019 Joint Annual Conference in Austin, Texas.

We have created a conference with input from both groups, which will give us the opportunity to learn about the basics of sideline sports medicine, issues of wellness and safety for the athlete and physician, and the world of regenerative medicine. To mention a few of the opportunities: Pre-Conference courses will feature hands-on exposure to fascial distortion mode, and musculoskeletal ultrasound led by Dr. Albert Kozar. Dr. Brian Hainline will share a discussion of the NCAA strategic priorities. The Justin Sportsmedicine Team will provide in-depth insight into the world of rodeo medicine.

The theme of the ARP conference will be “Back to Basics,” focused on the knowledge necessary for competent ringside and cageside medicine.

There will be conjoined lectures and breakout sessions on Friday and Saturday, including rotating breakout sessions on Friday afternoon offering hands-on opportunities to learn about several aspects of ringside medicine.

Friday evening features a ‘Joint Fellowship Night” during which members from both organizations will meet. On Saturday evening, the ARP will hold its customary banquet, with a guest of honor who will give a presentation on the legendary Jack Johnson.

Austin, the live music capital of the world, offers music, entertainment, and Texas barbecue. Looking forward to meeting y’all throughout the week!

Sincerely,

William J. Kuprevich, Jr., DO, FAOASM
2019 AOASM Program Chair

Edward Amores, MD
2019 ARP Conference Director

Guillem Gonzalez-Lomas, MD
2019 ARP Associate Conference Director

Conference Objectives

At the conclusion of the Conference, the participant will be able to:

1. Develop and understand the role and use of MSK ultrasound in the diagnosis and treatment of athletic and common musculoskeletal injuries.
2. Develop and understand current concepts in the diagnosis and management of concussion in the athletic population.
3. Develop an appreciation for musculoskeletal injuries across a diverse population of athletes.
4. Develop strategies of performance enhancement in the athletic population.
5. Develop and understand the need for mental health screening and treatment.
6. Develop and understand an appreciation for the advancement of research in the field of sports medicine within the osteopathic community.
7. Understand and appreciate the current protocols for athlete well-being.
8. Discuss how acute TBI differs from CTE, and how repeated head injury is a risk factor for development of CTE.
9. Describe basic principles borrowed from several medical disciplines considered necessary for the expert practice of ringside/cageside medicine.
10. Discuss the potential dangers of excessive weight cutting and recognize its presenting signs and symptoms.
11. List many of the common orthopedic injuries seen in combat sports.
12. Describe how PED abuse is an international problem and discuss when therapeutic-use exemptions are in order.
13. Describe the quick recognition and competent treatment of airway injuries occurring in the ring or in the cage.

Conference Planning Committee

Edward Amores, MD (ARP Conference Director)
Warren Bodine, DO, FAOASM
Jeffrey Bytomski, DO, FAOASM
Angela Cavanna, DO, FAOASM
Brett DeGooyer, DO
John Dougherty, DO, FAOASM (AOASM President)
R. Robert Franks, DO, FAOASM
Michele Gilsenan, DO, FAOASM
Guillem Gonzalez-Lomas, MD (ARP Associate Director)
Jessica Huerta, DO
Albert Kozar, DO, FAOASM, R-MSK
William J. Kuprevich, Jr., DO, FAOASM (AOASM Program Chair)
Kathryn Lambert, DO, FAOASM
Patrick Leary, DO, FAOASM
Bhavesh Joshi, DO
Rance McClain, DO, FAOASM
Don Muzzi, MD (ARP President)
John Neidecker, DO, FAOASM, ATC
Kate Quinn, DO
Becca Rodriguez Regner, DO
Stephen Rohrer, DO, FAOASM
Michael Sampson, DO, FAOASM
Nitin Sethi, MD
Travis Smith, DO
Mary Solomon, DO
Melissa Tabor, DO, FAOASM
Ron Torrance, DO
Priscilla Tu, DO, FAOASM
Rick Weinstein, MD
Registration

Registration will be located in the Zlotnik Ballroom Foyer beginning on Tuesday, April 30, from 4:00 p.m. to 6:00 p.m. and will be open during the following hours during the week of the conference:

- Wednesday, May 1 .................................................. 7:00 a.m.-5:30 p.m.
- Thursday, May 2 .................................................. 7:00 a.m.-3:30 p.m.
- Friday, May 3 ...................................................... 7:30 a.m.-6:00 p.m.
- Saturday, May 4 ................................................... 7:00 a.m.-5:00 p.m.
- Sunday, May 5 ..................................................... 7:30 a.m.-3:30 p.m.

Registration includes:
- Admission to all conference educational sessions
- Daily light continental breakfast
- Refreshment breaks
- Welcome Reception (cash bar)
- Conference materials
- Access to the Exhibit Area
- Use of the AOASM OMT Area
- Up to 23.5 hours of Category 1-A CME credits for AOASM
- Up to 17.25 hours of Category 1-A CME credits for ARP
- Up to 2.0 hours of Category 2-B CME credits for AOASM
- Up to 24.0 hours of AMA PRA Category 1 Credits for AOASM
- Up to 10.0 hours of AMA PRA Category 1 Credits for ARP
- Up to 34.25 hours of BOC credits for AOASM and ARP

CME & CE Credits Requirements

The AOASM and the ARP are accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The AOASM designates this program for a maximum of 23.5 of AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity. The ARP designates this program for a maximum of 17.25 of AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

CE (BOC) Credits: Please note that you must sign in every day at the Registration Desk in order to receive continuing education credit. Please note all athletic trainers must self-report their own continuing education activity following the joint conference.

Exhibit Hours

The Joint Conference Exhibits are located in the Zlotnik Ballroom 4. Refreshment breaks are scheduled in the Exhibit Area throughout the Conference during open hours. We would like to thank the companies that are exhibiting with us this year. Financial support received from the exhibitors allows the AOASM and ARP to offer a quality educational conference to our attendees. There is not a better time to see and compare suppliers for your clinic or facility than during the Annual Clinical Conference. For meeting attendees to use on their own for yoga, Pilates, tai chi, meditation, stretching, etc. The courtyard patio and grass area (located between the “L” level of the Hotel side and the “M2” level of the Conference Center side) is available for exercise use daily anytime between 6:30 a.m.-3:00 p.m., Wednesday, May 1 to Sunday, May 5.

AOASM Welcome Reception

On Wednesday evening, May 1, from 5:30 p.m.-7:00 p.m., join your colleagues, visit the exhibitors, network, enjoy hors d'oeuvres and a cash bar, and also attend a poster session while authors are present at their poster. The reception and events will be located in the Zlotnik Ballroom 4.

Recreational Facilities and Outdoor Exercise Areas

The AT&T Conference Center Hotel has a fitness center featuring treadmills, ellipticals, stationary bikes, Nautilus® strength training systems, free weights, and exercise balls, with access at a discounted $12/day to use UT's Gregory Gym facilities for racquetball, basketball, volleyball, indoor track, and aquatics complex. The hotel also has secured the Interior Courtyard for attendees to use on their own for yoga, Pilates, tai chi, meditation, stretching, etc. The courtyard patio and grass area (located between the “L” level of the Hotel side, and the “M2” level of the Conference Center side) is available for exercise use daily anytime between 6:30 a.m.-3:00 p.m., Wednesday, May 1 to Sunday, May 5.

AOASM Stretching Yoga

Stop by for some stretching yoga with instructor Ashley Alba, from 7:00 a.m.-7:30 a.m., Thursday, May 2, in Classroom 108.

AOASM 2019 Russell M. Wright Lecture

The AOASM is pleased to have Brian Hainline, MD, NCAA Medical Director, as the 2019 Russell M. Wright Memorial Keynote Lecture Speaker on Thursday, May 2, at 8:45 a.m. in Zlotnik Ballroom 1-3.

Back by popular demand, an AOASM-hosted student/resident/fellow luncheon will be held on Thursday, May 2, 2019, from 12:00 noon to 1:00 p.m. in the Zlotnik Ballrooms 5 & 6. Speaker: Jeffrey Bytomski, DO, FAOASM (Pre-registration to attend this luncheon is required.) Immediately following the luncheon, student lectures in Zlotnik Ballroom 5 & 6 and resident/fellow lectures in Classroom 107 from 1:15 p.m.-2:45 p.m. will take place with a strong lineup of lectures by faculty, IGNITE lectures, and a fellowship panel. For meeting room locations and timeline, refer to the program schedule. (This is a student/resident/fellow workshop; however, anyone is welcome to attend the lecture portion after 1:15 p.m.)

2019 AOASM Walk/Run Fundraiser for TEAM VIENNA 4 SUDC AWARENESS, INC., 501(c)3 Nonprofit

Help Wanted! AOASM is looking for volunteers to help with the AOASM Walk/Run Fundraiser. If you are interested in being a volunteer, stop by the AOASM Registration Desk to sign up, or fill out the volunteer form located on the AOASM 2019 Conference website.

Not Racing? Come to cheer on fellow AOASM participants on Thursday, May 2, from 5:45 p.m. to 7:45 p.m., starting at the Carillon Restaurant Patio. Those not interested in the walk/run portion are invited to join fellow attendees afterward around 6:45 p.m. to 7:45 p.m., for a happy-hour celebration at the hotel on the Carillon Restaurant Patio. The run route is approximately 2.8 miles, and the walk route is approximately 2.0 miles. The fundraising event will end with a cash bar happy-hour celebration at the hotel on the Carillon Restaurant Patio. The run route is approximately 2.8 miles, and the walk route is approximately 2.0 miles. The fundraising event will end with a cash bar happy-hour celebration at the hotel on the Carillon Restaurant Patio.

2
AOASM Speed Mentoring Mixer

Calling all students, residents, and Fellows! Have you ever wondered about the possibilities of your sports medicine career? Join us Thursday, May 2, immediately after the fun walk/run fundraising event (around 8:15 p.m. to 9:30 p.m.) at the Carillon Restaurant Patio for the Speed Mentoring Event! Meet doctors who work with college, USA, and Olympic Sports, and even with WWE and MMA. No registration needed, and we’ll see you there!

AOASM High Intensity Functional Fitness Class

Join local Instructor Wladi Montoya from East Austin Athletic Club, from 7:30 a.m.-8:15 a.m., Friday, May 3, in Classroom 108.

AOASM 2020 Planning Committee Meeting

Interested in volunteering for the 2020 AOASM/ARP Joint Clinical Conference? Join Dr. Becca Rodríguez Regner, Program Chair, and other fellow attendees on Friday, May 3, from 10:00 a.m.-10:30 a.m. to discuss and brainstorm for the 2020 annual meeting, located in the Meeting Room 107.

Fellowship Fair

Back by popular demand, the AOASM is hosting a Fellowship Fair in Zlotnik Ballroom 5 & 6 on Friday, May 3, 12:15 p.m. to 1:30 p.m., to give prospective students, residents, and directors an opportunity to interact with fellowship programs. All are welcome to attend this event!

AOASM 2019 FAOASM Inductees

Congratulations to the newest recipients of the distinguished AOASM Award of Fellow:

Daniel D. Day, DO, FAOASM
John Daniel Elliott, DO, FAOASM
Michelle A. Noreski, DO, FAOASM
Christopher W. Rial, DO, FAOASM
Brett M. Spain, DO, FAOASM
Jennifer Trpkovski, DO, FAOASM

Back to the 80's Texas Style Reception (Keep Austin Weird)

Join fellow AOASM & ARP attendees for a fun cocktail reception and appetizers to celebrate all things 80’s in Austin, Texas, on Friday, May 3 from 8:00 p.m. to 10:30 p.m. at the Tejas Dining & Interior Courtyard in the AT&T Conference Center. Cost of the event is $25 per person. Costumes are encouraged, and guests are welcome to attend. Registration is required for you and your guests, however, the event registration will be available on site.

AOASM Award of Fellow Banquet Celebration

The AOASM Award of Fellow Banquet will be held on Friday, May 3, 2019, from 6:00 p.m.-8:30 p.m. Celebrate with the AOASM as we induct our new Fellows into the oldest primary care sports medicine academy in the country, with a cash bar and formal banquet dinner starting at 6:30 p.m. Doors will open for the cash bar reception at 6:00 p.m. The Fellow Banquet celebration will be located in the Zlotnik Ballroom 5 & 6. The banquet will include cash bar reception, dinner, award ceremony, Mentor of the Year Award, induction of officers, and an AOA update. (Advance ticket purchase required.)

AOASM Social Link

Don’t forget to log on to AOASM social media networks this week to catch up with attendees, post conference photos, and comment about the conference! #aoasm2019

AOASM Social Media

- ARPFacebook: [Link]
- ARP Instagram: [Link]
- ARP Twitter: [Link]

Evaluation Form

Your meeting evaluation form is located at: [Link]

SPECIAL THANKS

The AOASM and ARP would like to thank the following company that provided commercial support to the 2019 Joint Conference:

Fujifilm Sonosite

Our sincere thanks also goes to the following people for their generous contributions to the AOASM 2019 Scholarship Fund. Your contributions allow AOASM to sponsor registrations for students who actively contribute to the association.

Lori Boyajian-O’Neill, DO, FAOASM
Angela Cavanna, DO, FAOASM
Gregory Cibor, DO, FAOASM
Stacey Dault, DO
R. Robert Franks, Jr., DO, FAOASM
Michele Gilsenan, DO, FAOASM
Albert Kozar, DO, FAOASM
John Luksch, DO
Rance McClain, DO, FACOPF, FAOASM
Rolf Pesch
Kate Quinn, DO
Audra Ramsey, DO
Rebecca Rodríguez Regner, DO
Jason Smith, DO, FAOASM
Melissa Tabor, DO, FAOASM
Sarah M. Turner, DO, CAQSM
Stephanie Yellin, DO

ARP Social Media

- ARPFacebook: [Link]
- ARP Instagram: [Link]
- ARP Twitter: [Link]
To access the Zlotnik Ballroom, utilize the escalator or elevator here.
2019 AOASM & ARP Joint Clinical Conference Exhibitors - May 1-5, 2019

The Exhibit Area is located in the Zlotnik Ballroom 4.

Note that the refreshment breaks during the conference will be located in the exhibit area on Thursday, May 2, Friday, May 3, and Saturday, May 4, during the exhibit hall’s open hours.

Please plan time to stop by and visit with the exhibiting companies, which lend valuable financial support to the AOASM Conference.

AOASM & ARP - Booth #7
2424 American Lane
Madison, WI 53704
Phone: 608-443-2477
Fax: 608-443-2474
Email: info@aoasm.org
Website: www.aoasm.org & www.ringsidearp.org

The AOASM is the oldest multi-specialty physician sports medicine society in the United States. AOASM Membership is comprised of family practitioners, orthopedists, internists, pediatricians, emergency medicine specialists, rehabilitation specialists, psychiatrists, etc. The AOASM currently has over 400 members. Membership applications are available at the booth this week, or you can go online at: https://www.aoasm.org/members-only/join-aoasm/.

The Association of Ringside Physicians provides education, training, and certification for ringside physicians worldwide. We accomplish this by offering annual training courses including continuing medical education (CME) and a certification examination. We support ringside physicians, athletic commissions and non-physician allied health professionals with the most current evidenced based knowledge and practice. Our educational and training goals strive to offer the safest possible environment for athletes involved in the combat sports. Membership applications are available at the booth this week, or you can go online at: http://www.ringsidearp.org.

American Academy of Orthopedic Medicine - Booth #6
Website: www.aaomed.org

Ferring Pharmaceuticals, Inc. - Booth #4
100 Interpace Parkway
Parsippany, NJ 07054
Phone: 973-796-1600
Email: kristy.disimino@ferring.com
Website: www.ferringusa.com

Ferring Pharmaceuticals is a research-driven biopharmaceutical company devoted to identifying, developing, and marketing innovative products in the fields of orthopaedics, reproductive health, women’s health, gastroenterology, urology, and pediatric endocrinology. To view all of our US offerings, please visit www.ferringusa.com.

Organogenesis Surgical & Sports Medicine - Booth #1
2641 Rocky Ridge Lane
Birmingham, AL 35216
Phone: 800-824-9194
Email: surgicalmarketing@organo.com
Website: www.organogenesis.com

Organogenesis offers a portfolio of bioactive and acellular biomaterials products in advanced wound care and surgical biologics, including orthopedics and spine. Organogenesis’s versatile portfolio is designed to treat a variety of patients with repair and regenerative needs.

TLC Group Investment Advisors, LLC - Booth #5
270 Waller Drive
State College, PA 16801
Phone: 814-231-2265
Email: invest@tlcgroupadvisors.com
Website: www.tlctroupadvisors.com

Independence and experience enable TLC Group to create unique solutions for our clients, focused on the creation and utilization of wealth. As entrepreneurs, we understand the complexity of creating a business and the necessity of continually evolving to maximize efficiency.

US Army Healthcare Recruiting - Booth #3
8200 W IH 10 Suite #610
San Antonio, TX 78230
Phone: 210-692-7376
Email: usarmy.knox.usarec.list.9d1s@mail.mil
Website: recruiting.army.mil/mrb

AOASM/ARP - Booth #7
2424 American Lane
Madison, WI 53704
Phone: 608-443-2477
Fax: 608-443-2474
Email: info@aoasm.org
Website: www.aoasm.org & www.ringsidearp.org

Rock Tape - Booth #2
1610 Dell Avenue
Campbell, CA 95008
Phone: 408-912-7625
Email: hello@rocktape.com
Website: rocktape.com

We help athletes of every level go stronger, longer with the best kinesiology tape, cutting-edge education, and fitness support products. “We want people to move more, and move better!”

Exhibit Hall • Poster Sessions

EXHIBIT HOURS:
May 1: 5:30 p.m.-7:00 p.m.
May 2: 9:30 a.m.-3:45 p.m.
May 3: 9:30 a.m.-3:30 p.m.
May 4: 7:00 a.m.-10:30 a.m.
### Schedule-at-a-Glance

**Tuesday, April 30**

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00 p.m.-6:00 p.m.</td>
<td>Zlotnik Ballroom Foyer</td>
<td>AOASM Registration Open</td>
</tr>
<tr>
<td>6:00 p.m.-9:00 p.m.</td>
<td>Guadalupe (Level 4)</td>
<td>AOASM Board of Directors Meeting</td>
</tr>
</tbody>
</table>

**Wednesday, May 1**

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 a.m.-8:30 a.m.</td>
<td>Zlotnik Ballroom 5 &amp; 6</td>
<td>AOASM</td>
</tr>
<tr>
<td>8:00 a.m.-10:00 a.m.</td>
<td>Zlotnik Ballroom 1-3</td>
<td>AOASM</td>
</tr>
<tr>
<td>8:00 a.m.-8:15 a.m.</td>
<td>Zlotnik Ballroom 1-3</td>
<td>Moderator: Angela Cavanna, DO, FAOASM</td>
</tr>
<tr>
<td>8:15 a.m.-8:45 a.m.</td>
<td>Zlotnik Ballroom 5 &amp; 6</td>
<td>Rodeo Sports Medicine Guest Speaker: Rick Foster, MS, ATC</td>
</tr>
<tr>
<td>8:45 a.m.-9:15 a.m.</td>
<td>Zlotnik Ballroom 5 &amp; 6</td>
<td>Introduction to Fascial Distortion Model (FDM)</td>
</tr>
<tr>
<td>9:45 a.m.-10:00 a.m.</td>
<td>Zlotnik Ballroom 5 &amp; 6</td>
<td>Q&amp;A</td>
</tr>
<tr>
<td>10:00 a.m.-10:15 a.m.</td>
<td>Zlotnik Ballroom 5 &amp; 6</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>10:15 a.m.-12:00 noon</td>
<td>Zlotnik Ballroom 1-3</td>
<td>10:15 a.m.-10:45 a.m. Team Physician Wellness Patrick Leary, DO, FAOASM</td>
</tr>
<tr>
<td>10:45 a.m.-11:15 a.m.</td>
<td>Zlotnik Ballroom 1-3</td>
<td>10:45 a.m.-11:15 a.m. To Stretch or Not To Stretch: From Warm-Ups to Cool-Downs Edwin Kornoskey, DO, FAOASM</td>
</tr>
<tr>
<td>11:15 a.m.-11:45 a.m.</td>
<td>Zlotnik Ballroom 1-3</td>
<td>11:15 a.m.-11:45 a.m. Core of the Female Athlete Priscilla Tu, DO, FAOASM</td>
</tr>
<tr>
<td>11:45 a.m.-12:00 noon</td>
<td>Zlotnik Ballroom 1-3</td>
<td>Q&amp;A</td>
</tr>
<tr>
<td>12:00 noon-1:15 p.m.</td>
<td>Zlotnik Ballroom 103</td>
<td>Attendee Lunch (on your own)</td>
</tr>
<tr>
<td>1:15 p.m.-2:00 p.m.</td>
<td>Zlotnik Ballroom 103</td>
<td>Meeting Room 103</td>
</tr>
<tr>
<td>1:15 p.m.-2:00 p.m.</td>
<td>Zlotnik Ballroom 1-3</td>
<td>Moderator: Kate Quinn, DO</td>
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</tbody>
</table>

**Wednesday, May 1**

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:15 p.m.-2:00 p.m.</td>
<td>Zlotnik Ballroom 1-3</td>
<td>Sports Related Concussion: Physical Examination Pearls John Lukisch, DO</td>
</tr>
</tbody>
</table>

**Thursday, May 2**

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 a.m.-7:30 a.m.</td>
<td>Classroom 108</td>
<td>AOASM</td>
</tr>
<tr>
<td>7:00 a.m.-8:30 a.m.</td>
<td>Zlotnik Ballroom 5 &amp; 6</td>
<td>Continental Breakfast</td>
</tr>
<tr>
<td>8:00 a.m.-12:00 noon</td>
<td>Zlotnik Ballroom 1-3</td>
<td>Instructor: Ashley Alba</td>
</tr>
<tr>
<td>11:30 a.m.-12:00 noon</td>
<td>AOASM Business Meeting</td>
<td>John Dougherty, DO, FAOASM</td>
</tr>
<tr>
<td>12:00 noon-1:00 p.m.</td>
<td>Zlotnik Ballroom 5 &amp; 6</td>
<td>Attendee Luncheon (on your own)</td>
</tr>
<tr>
<td>1:15 p.m.-2:45 p.m.</td>
<td>Zlotnik Ballroom 5 &amp; 6</td>
<td>Student Lecture; Student Awards, Student Elections/Business, IGNITE Lectures, Fellowship Panel</td>
</tr>
</tbody>
</table>
## Schedule-at-a-Glance

### Friday, May 3

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 a.m.-8:30 a.m.</td>
<td>Zlotnik 5 &amp; 6</td>
<td>Continental Breakfast</td>
</tr>
<tr>
<td>7:30 a.m.-8:15 a.m.</td>
<td>Classroom 108</td>
<td>AOAASM High Intensity Functional Fitness Class</td>
</tr>
<tr>
<td>8:00 a.m.-9:30 a.m.</td>
<td>Zlotnik Ballroom 1-3</td>
<td>Moderator: Melissa Tabor, DO, FAOASM</td>
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<tr>
<td></td>
<td></td>
<td><strong>Case Presentations</strong></td>
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<td></td>
<td></td>
<td><strong>Podium Presenters:</strong></td>
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<tr>
<td></td>
<td></td>
<td>1. Nathan Fitton, DO</td>
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<tr>
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<td></td>
<td>2. Clay Guynn, DO</td>
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<td>3. Courtney O’Bryan, DO</td>
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<td>4. Valerie RygIEL, DO</td>
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<td>5. Andrew Schroeder, DO</td>
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<td></td>
<td><strong>Research Presentations</strong></td>
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<tr>
<td></td>
<td></td>
<td><strong>Podium Presenters:</strong></td>
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<tr>
<td></td>
<td></td>
<td>1. Janine Appleton</td>
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<tr>
<td></td>
<td></td>
<td>2. Brian Gottwald</td>
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<tr>
<td></td>
<td></td>
<td>A special thank you to our case &amp; research podium judges this year.</td>
</tr>
<tr>
<td>9:30 a.m.-3:30 p.m.</td>
<td>Zlotnik Ballroom 4</td>
<td>Exhibit Hall Open</td>
</tr>
<tr>
<td></td>
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<td>OMT Area Open</td>
</tr>
<tr>
<td>9:30 a.m.-10:00 a.m.</td>
<td>Zlotnik Ballroom 1-3</td>
<td>Regenerative Medicine: Update on PRP, Stem Cells, and the Future</td>
</tr>
<tr>
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<td>Ron Torrance II, DO</td>
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<tr>
<td>10:00 a.m.-10:30 a.m.</td>
<td>Zlotnik Ballroom 4</td>
<td>Refreshment Break (Exhibitor Time)</td>
</tr>
<tr>
<td></td>
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<td>10:00 a.m.-10:30 a.m.</td>
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<tr>
<td>10:30 a.m.-12:00 noon</td>
<td>Zlotnik Ballroom 1-3</td>
<td>Moderator: Ron Torrance II, DO</td>
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<tr>
<td></td>
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<td>10:30 a.m.-1:00 a.m.</td>
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### Saturday, May 4

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>7:00 a.m.-8:30 a.m.</td>
<td>Zlotnik Ballroom 4</td>
<td>Continental Breakfast</td>
</tr>
<tr>
<td>7:00 a.m.-10:30 a.m.</td>
<td>Zlotnik Ballroom 4</td>
<td>Exhibit Hall Open (Last Day!) OMT Area Open</td>
</tr>
<tr>
<td>7:00 a.m.-5:00 p.m.</td>
<td>Zlotnik Ballroom Foyer</td>
<td>AOAASM &amp; ARP Registration Open</td>
</tr>
<tr>
<td>8:00 a.m.-10:00 a.m.</td>
<td>Zlotnik Ballroom 1-3</td>
<td>Moderator: Edward Amores, MD, FACEP</td>
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<td>8:00 a.m.-8:15 a.m. Welcome &amp; Opening Remarks</td>
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<td>Don Muzzi, MD (ARP President)</td>
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<td>8:15 a.m.-8:45 a.m. Non-combat Sports vs. Combat Sports: Key Differences</td>
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</table>

### Joint AOAASM & ARP Breakout Sessions

1:30 p.m.-2:15 p.m.: Breakouts 1, 2, 3, 4
2:15 p.m.-3:00 p.m.: Breakouts 1, 2, 3, 4
3:00 p.m.-4:15 p.m.: Breakouts 1, 2, 3, 4
4:15 p.m.-5:00 p.m.: Breakouts 1, 2, 3, 4

Moderators: Brad Lee, MD, JD
Larry Lovelace, DO
John Neidecker, DO, FAOASM, ATC
Nicholas Rizzo, MD, JD

### AOASM & ARP Joint Session

7:00 a.m.-8:30 a.m. Zlotnik Ballroom 4

### AOASM Speed Mentoring Mixer

8:15 a.m.-9:30 a.m.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:45 a.m.-9:30 a.m.</td>
<td>Acute Traumatic Brain Injuries and Concussion Management in Combat Sports</td>
<td>Nitin Sethi, MD, MBBS, FAAN</td>
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<tr>
<td>9:30 a.m.-10:00 a.m.</td>
<td>Media Relations Training</td>
<td>Jeff Brennan</td>
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<tr>
<td>10:00 a.m.-10:30 a.m.</td>
<td>Refreshment Break (Exhibitor Time: Last Day!)</td>
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<tr>
<td>10:30 a.m.-12:15 p.m.</td>
<td>The Convergence of Sports Science and Sports Medicine</td>
<td>Paul Saenz, DO</td>
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<tr>
<td>10:30 a.m.-11:15 a.m.</td>
<td>USA Boxing: Key Differences &amp; How to Get Involved</td>
<td>Bob Davison, MD</td>
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<tr>
<td>10:30 a.m.-12:15 p.m.</td>
<td>National Governing Body Involvement and International Sports Medicine</td>
<td>Daniel Clearfield, DO, FAOASM</td>
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<tr>
<td>12:15 p.m.</td>
<td>Closing Remarks: AOASM Conference Adjourns</td>
<td>William Kuprevich, DO, FAOASM</td>
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<tr>
<td>12:15 p.m.-1:00 p.m.</td>
<td>ARP Attendee Luncheon (ticketed event)</td>
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<tr>
<td>1:00 p.m.-3:30 p.m.</td>
<td>Basics of Ringside Medicine for New Ringside Physicians</td>
<td>Osric King, MD</td>
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<tr>
<td>1:00 p.m.-3:30 p.m.</td>
<td>Dehydration and Weight Cutting Concerns in Combat Sports</td>
<td>Lou Durkin, MD, FACEP, FAAEM</td>
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<tr>
<td>1:00 p.m.-1:30 p.m.</td>
<td>Visual Diagnosis of Common Combat Sports Injuries</td>
<td>Edward Amores, MD, FACEP</td>
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<tr>
<td>1:00 p.m.-1:30 p.m.</td>
<td>Essentials of the Pre-Fight Physical Exam</td>
<td>Gene Stringer, MD, FACEP</td>
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<td>1:00 p.m.-1:30 p.m.</td>
<td>Review of the AUM Force Impact Study on MMA</td>
<td>Jody McCormick, Angela Russell, PhD</td>
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<tr>
<td>1:00 p.m.-1:30 p.m.</td>
<td>Ringside Evaluation of Facial Fractures</td>
<td>Stephen Landers, MD</td>
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<tr>
<td>1:00 p.m.-1:30 p.m.</td>
<td>All Speakers</td>
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<tr>
<td>10:30 a.m.-12:00 noon</td>
<td>Zlotnik Ballroom 1-3</td>
<td>Guillem Gonzalez-Lomas, MD</td>
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<td>10:30 a.m.-11:00 a.m.</td>
<td>Commission and Ringside Physician Duties and Responsibilities</td>
<td>James Erickson</td>
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<tr>
<td>11:00 a.m.-11:30 a.m.</td>
<td>What’s Your Worth: How Much a Ringside Physician Makes</td>
<td>Adam Salby, MD</td>
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<tr>
<td>11:30 a.m.-12:00 noon</td>
<td>KO Predictions as a Function of Win Percentage</td>
<td>George Velasco</td>
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<tr>
<td>12:00 noon-1:00 p.m.</td>
<td>ARP Attendee Luncheon (Note: Badge serves as your lunch ticket.)</td>
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Contact Information
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