

1 **AMERICAN OSTEOPATHIC ACADEMY OF SPORTS MEDICINE**
2 **BYLAWS**
3 **Last Revised: January 2015**

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6 Article I: Name and Location
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8 Section 1. The name of this organization shall be the American Osteopathic Academy of Sports
9 Medicine.

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11 Section 2. The American Osteopathic Academy of Sports Medicine shall be incorporated as a
12 nonprofit corporation.

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14 Section 3. The headquarters of the American Osteopathic Academy of Sports Medicine shall be
15 located at the specific order of the Board.

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17 Article II: Definition
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19 Section 1. Sports medicine is that branch of the healing arts profession that utilizes an holistic,
20 comprehensive approach to the prevention, diagnosis, and management of sport and exercise-related
21 injuries, disorders, dysfunctions and exercise-related disease processes.

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23 Section 2. The Osteopathic Sports Medicine Physician's practice shall include:
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25 a) Providing comprehensive medical management of the athlete across a broad scope of
26 specializations

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28 b) Recognition of the importance of utilizing special manual medicine skills in the diagnosis,
29 treatment and prevention of neuromusculo-skeletal injuries, disorders, dysfunctions and
30 diseases.

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32 c) Understanding the principles of performance enhancers, coaching techniques, training
33 methods and sport specific rules and regulations.

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35 d) Understanding the science of injury prevention and recognition, advanced rehabilitation
36 techniques and epidemiology.

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38 e) Application and promotion of wellness concepts to the general public.

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40 f) Application of sports science in improving the health care of athletes, the general public
41 and those with special needs.

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43 Section 3. The term athlete refers to an individual who is engaged in sport, exercise or physical
44 activity at the recreational, industrial, competitive, professional or elite level.

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46 Article III: Goals
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48 The goals of the AOASM shall be as follows:

- 49 a) Be the leader in promoting and advancing the specialty of osteopathic sports medicine and to
50 maintain, support and encourage high standards of learning and ethics in the pursuit and practice of
51 that specialty.
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- 53 b) Maintain an active liaison with the American Osteopathic Association.
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- 55 c) Sponsor, promote, and encourage educational programs and the publication of scholarly works
56 either in the form of books, periodicals or selected articles dealing with the subject of sports
57 medicine.
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- 59 d) Assume primary responsibility for the development of continuing educational programs that help
60 prepare osteopathic physicians for the examination leading to Certification in Sports Medicine.
61
- 62 e) Sponsor, promote and encourage research and study in the art and practice of osteopathic sports
63 medicine for the purpose of benefiting mankind, and advancing the learning and understanding of
64 the profession.
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- 66 f) Advance the knowledge and understanding of sports medicine and to encourage and instruct
67 osteopathic physicians and surgeons with a dedicated interest in sports medicine and the structural
68 relationship to health and disease.
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- 70 g) Cooperate and coordinate the functions of this organization with the American Osteopathic
71 Association and its divisional societies in all matters determined to be in the best interest of the
72 profession.
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- 74 h) Facilitate and promote osteopathic sports medicine fellowship training programs.
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76 Article IV: Membership and Dues 77

78 Section 1. Membership in the Academy shall be of several classes as deemed appropriate by the
79 Board of Directors. Classes shall include: Honorary, Physician, Early Career, Affiliate, Life,
80 Student, Fellow, and Intern/Resident.
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82 Honorary: Honorary membership may be granted by a two-thirds vote of the Board of Directors to
83 any person considered qualified by the Board of Directors for noteworthy and outstanding service to
84 the general science of osteopathic medicine and the specialty of sports medicine. Such Honorary
85 membership may be granted to persons who are not licensed osteopathic physicians and surgeons,
86 but who have through their endeavors, made substantial and noteworthy contributions to the
87 advancement of osteopathic medicine and the specialty of sports medicine. Honorary members shall
88 have no voting privileges.
89

90 Physician: Physician membership may be conferred upon those applicants who are duly qualified,
91 active and practicing osteopathic physicians who graduate from a COCA approved medical school.
92 In addition, each applicant eligible for physician membership in the American Osteopathic Academy
93 of Sports Medicine shall meet the following minimum requirements:
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- 95 a) He/She shall be a member of the American Osteopathic Association. Failure to maintain such
96 membership shall result in termination of membership in the Academy.

97

98 b) He/She shall be, and shall continue to be recognized in his/her community and by his/her
99 patients as an osteopathic physician who is interested in the practice of sports medicine, and shall
100 make known his/her osteopathic affiliation in an ethical manner.

101

102 c) He/She shall have completed AOA-approved post-doctoral training or ACGME-approved
103 postdoctoral training.

104

105 d) He/She shall have graduated from an accredited College of Osteopathic Medicine.

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107 Early Career: a physician who applies for membership to the AOASM within the first thirty-six (36)
108 months of graduating from an AOA or AMA-accredited residency or fellowship is eligible for the
109 early career membership category, provides members with all the same benefits and rights as the
110 physician member category, but at a reduced fee. That fee will apply only for the first thirty-six (36)
111 months of their membership in the AOASM. This time period will commence January 1 of the year
112 following the completion of the training program. The period will end thirty-six (36) months
113 following said start date. After that time frame expires, the physician will be automatically placed
114 into the regular physician category.

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116 Fellow: any physician who applies for membership while currently in an AOA or AMA-accredited
117 fellowship will have their membership year extended through December 31st of the year that
118 physician graduates from the program. After that time frame expires, the physician will reapply for
119 membership on a yearly basis. Fellow members shall have no voting rights.

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121 Affiliate: Affiliate membership is conferred upon those applicants who are involved in sports
122 medicine but who do not meet the requirements of the physician membership category. Affiliate
123 membership includes those with Ph.D., P.A., A.T., and P.T. degrees, as well as physicians (MD or
124 DO) who do not meet the criteria for the physician membership category. Affiliate members shall
125 have no voting rights.

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127 Affiliate members have the following privileges:

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a) Serve on committees

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b) Receive discounts for conferences

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c) Have access to the "Members Only" section of the web site.

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132 Affiliate members cannot:

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a) Vote or hold any office in AOASM

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b) Chair any committee, task force or ad hoc committee

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c) Sit for the certification exam

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d) Be awarded the AOASM Award of Fellow.

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138 Life: Life membership may be granted to any member with the following qualifications:

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a) 65 years old or older

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b) Maintain 10 years consecutive membership

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c) Retired from practice.

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143 Life members are not required to pay dues and will receive a 50% discount on the Clinical
144 Conference. These individuals cannot hold office and cannot vote. Life members may receive the
journal at cost.

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146 Student: Student membership is granted to applicants who are currently enrolled in an accredited
147 college of osteopathic medicine. Student members shall have no voting rights.

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149 Intern/Resident: Intern/Resident membership is granted to applicants who are currently participating
150 in an AOA approved internship or AOA approved residency program. Intern/Resident members
151 shall have no voting rights.

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153 Section 2. The membership year shall renew annually. Upon admission to membership, the member
154 shall be issued a letter from the Secretary indicating his/her acceptance.

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156 Section 3. Members who fail to pay membership dues shall be placed on the inactive membership
157 list.

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A. Active members: members are considered active if they pay dues yearly

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B. Inactive members: members who fail to pay membership dues shall be placed on the
inactive membership list.

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C. Members in good standing: all active physician members or life members that attend
162 one of the AOASM sponsored conferences every three (3) years. AOASM sponsored
163 conferences include the annual spring conference or the annual fall conference at
164 OMED. Those members attending the sessions at OMED must register under sports
165 medicine in order to be recognized as an attendee.

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167 Section 4. Complaints and Charges. Any member who has a complaint or charge filed against
168 him/her shall have full and complete opportunity to be heard and to answer the complaint or charge
169 filed against him/her. After a member has been granted such an opportunity to be heard, the Board
170 of Directors may by two-thirds majority vote revoke or suspend membership, or place upon
171 probation for a period not exceeding three years, or censure a member, as the Board shall, in its
172 judgment, deem to be in the best interest of the Academy. The Code of Ethics of the American
173 Osteopathic Association shall be the code of this Academy.

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175 Any member against whom action has been taken with respect to an alleged breach of the code of
176 ethics shall have the right to appeal for a review of the record of such action by the Board of
177 Trustees of the American Osteopathic Association.

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179 Section 5. Dues. The dues of the various classes of membership shall be determined from time to
180 time by the Board of Directors.

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Article V: Officers and Board Members

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185 Section 1. Board of Directors: Only Physician members of the Academy may become members of
186 the Board of Directors. The Board shall consist of fifteen (15) members as follows: president,
187 president-elect, secretary/treasurer, immediate past president, two vice presidents, nine (9) board
188 members serving staggered three year terms. The following representatives shall be considered ex
189 officio nonvoting members; AOASM senior editor of the *Clinical Journal of Sport Medicine*, Bureau
190 of Osteopathic Specialty Society, Bureau of Osteopathic Specialists, Conjoint Sports Medicine
191 Exam Committee, and Conjoint Sports Medicine Education and Evaluation Committee.

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Section 2. Duties and Powers. The corporate powers, property and affairs of the Academy, subject to its Articles of Incorporation, shall be exercised, conducted and controlled by the Board of Directors, who shall create and direct such committees as may be necessary for the proper conduct of the Academy. The Board shall set fees, dues and assessments of members. It shall adopt rules and regulations, set standards and qualifications for membership and determine membership privileges and obligations, and may hold hearings on membership status as defined under Article V, Section 4. The Board will also have the power to receive gifts and donations to the Academy.

Section 3. Terms of Office. The Officers shall be elected by the Board of Directors. Officers will serve a six year term once elected, serving in the following rotation: Secretary/Treasurer, Second Vice President, First Vice President, President Elect, President and Past President. Annually, the Board of Directors shall vote on the Secretary/Treasurer. Nominated Directors shall be voted on, and elected annually by the Membership. Officers shall be elected for a term of one year. Each Director shall hold office for a period of three years.

Section 4. Election of Officers and Board Members. After receiving the report of the Nominating Committee, the Board of Directors shall prepare an annual slate of Directors each year for election by the membership.

Section 5. Vacancies. Whenever a vacancy occurs in any of office by virtue of death, resignation or removal, the President, upon approval of a majority of the Board, shall appoint a member to fill the vacancy for the balance of that term of office.

Section 6. Term of Office for Officers. The term of office of all Officers shall be one year or until their respective successors are chosen, but any Officer may be removed from office at any meeting of the Board of Directors by a 2/3 majority of the Directors, when, in their judgment, the best interest of the Academy will be so served. The Board of Directors shall have the power to fill any vacancy of any office, which occurs, for whatever reason. Nothing herein shall be construed to prevent the reelection of any Officer.

Section 7. President. The President shall exercise general supervision over the affairs of the Academy and shall preside over all meetings of the members. The President shall be elected for one year and shall hold office as a member of the Board for one year subsequent to his/her term as President. It is the intent that there shall always be at least one Past President who is a member of the Executive Committee and Board of Directors.

Section 8. President-Elect. The President-Elect shall, in the absence or disability of the President, perform the duties and exercise the powers of the President and shall perform such other duties as shall be delegated by the President, or prescribed by the Board of Directors. The president shall be the nominating committee chair.

Section 9. Vice Presidents. There shall be two Vice Presidents, a First Vice President and a Second and a Second Vice President. The two Vice-Presidents shall be in the line of ascendancy to become President. On the occasion of the election of new Officers and Board Members, the First Vice President will ascend to the office of President-Elect and the Second Vice-President will ascend to the office of First Vice-President. The two Vice Presidents will be members of the Board of Directors and the Executive Committee and shall perform such other duties as shall be delegated by

240 the President, or prescribed by the Board of Directors or specified within. The first vice president
241 shall be program chair for the annual spring conference that follows his ascension to that position.

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243 Section 10. Secretary/Treasurer. The Secretary/Treasurer or his/her designate shall perform all of
244 the duties of the Secretary/Treasurer. The Secretary/Treasurer shall oversee recording of the minutes
245 of all meetings of the Board of Directors and all conclaves of the members. He/she shall give, or
246 cause to be given, notice of all conclaves of the members and perform such other duties as may be
247 prescribed by the Board of Directors or by the President.

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249 The Secretary/Treasurer or his/her designate shall be the custodian of the funds of the Academy and
250 shall deposit the money, or any other valuables, in a depository designed by the Board of Directors.
251 He/she shall submit a regular report to the Board of Directors.

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253 Section 11. Directors' Meetings. The regular Annual Meeting of the Board of Directors shall be
254 held immediately preceding the Annual Meeting of the membership, for the purpose of conducting
255 business of the Academy. Additional meetings of the Board of Directors may be held at such time
256 and at such place as may, from time to time, be determined by resolution of the Board or upon call of
257 the President.

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259 Section 12. Special Meetings. Special Meetings of the Board of Directors may be held at any time
260 or place: upon the call of the President, by request of ten members of the Board, or by request of
261 members having one-twentieth of the votes entitled to be cast at such meeting. Oral, or written
262 notice of the time and place and purpose of all special meetings of the Board should be duly served
263 or sent to each Director not less than ten days before the meeting. Meetings may be held at any time
264 without notice if all the Directors are present or if those not present waive notice in writing of the
265 time, place and purpose of such meeting.

266

267 Section 13. Executive Committee. The Executive Committee shall consist of the President,
268 President-Elect, Secretary/Treasurer, the immediate Past President and the two Vice Presidents. The
269 Executive Committee shall have the authority of the Board of Directors in the management of the
270 business of the Academy between the meetings of the Board. The President shall serve as
271 Chairman; the Secretary or his/her appropriate delegate shall keep records of all meetings and report
272 all meetings and actions to the Board of Directors.

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274 Section 14. Annual Meeting. The Annual Meeting of the Membership shall be held at any location,
275 either within or outside the State of Wisconsin, as determined by the Board of Directors. The
276 Annual Meeting of the Membership shall be held at such times may be determined by the Board of
277 Directors.

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279 Section 15. Attendance: all members of executive committee and board of directors are expected to
280 attend 75% of all scheduled meetings. persons not complying with the attendance policy will be
281 reviewed by the board of directors and the executive committee for corrective actions.

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Article VI: Finances

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285 Section 1. The Board of Directors shall have general supervision over all financial affairs of the
286 Academy.

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288 Section 2. All checks for the disbursement of funds shall be signed by the Secretary/Treasurer or
289 his/her designate.

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291 Section 3. The Secretary/Treasurer shall submit to the Board of Directors such reports as may be
292 ordered by the Board and shall submit to the Board of Directors, at the Annual Meeting, reports of
293 all transactions as Secretary/Treasurer, and the financial condition of the organization.

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Article VII: Standing Committees and Task Forces

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297 The Board of Directors may create standing committees to perform functions that are of a long term
298 or continuous nature. The President may create task forces to perform specific functions during that
299 President's term of office. Task forces will generally cease to function at the conclusion of the
300 President's term. However, task forces can be continued by successor Presidents or may be replaced
301 by a standing committee by the action of the Board of Directors.

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303 The President, with the approval of the Board of Directors or unless otherwise provided for in these
304 Bylaws shall appoint members to the standing committees to fill vacancies on those committees. The
305 President, with the approval of the Board of Directors, or unless otherwise provided for in these
306 Bylaws, shall appoint the chair of the standing committee.

307

308 Appointments to standing committees will be for a three-year term. It is the intent of these Bylaws
309 that one-third of the committee members would rotate off each committee each year. However,
310 committee members can be appointed for consecutive terms on a committee.

311

312 The Secretary/Treasurer will be responsible for maintaining an official roster of committee
313 members, dates of service, officer liaison, committee purpose, etc. to ensure that terms of office are
314 known and that the appropriate rotation off committees occurs.

315

316 The task forces will report to the President who will, in turn, report on their behalf to the Board.

317

Past President's Advisory Committee

319 The Past President's Advisory Committee shall be responsible for advising the Board on actions
320 before the Board. The Past President's Advisory Committee will be represented on the Board of
321 Directors by the Immediate Past President who shall serve as liaison between the Board and the
322 Committee.

323

Nominating Committee

325 It shall be the duty of the Nominating Committee to nominate candidates for the positions of Officer
326 and Member of the Board of Directors, and present the same to the Board of Directors at the Annual
327 Membership Meeting. The Academy may conduct elections by mail. Any member entitled to vote
328 may vote for Directors by mail. Nothing herein shall be construed to prevent members from making
329 appropriate nominations to fill vacancies from the floor at any conclave called for the purpose of
330 electing Directors.

331

Fellow Award Committee

333 The Fellow Award Committee shall be responsible for reviewing applicants for the Award of Fellow
334 and recommending approval to the Board of Directors. The Fellow Award Committee shall also be
335 responsible for maintaining communication with current Fellows insuring that the current Fellows

336 fulfill their obligations as a Fellow of AOASM. Criteria for and maintenance of the award of fellow
337 will be reviewed and updated by the committee with final approval by the board of directors and
338 executive committee as deemed necessary. The Chair shall be appointed by the current President for
339 a 3-year term.

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341 The Award of Fellow of the AOASM is bestowed to an individual who meets the criteria set forth by
342 the fellowship awards committee under the directions of the board of directors. Members awarded
343 the distinction of fellow are authorized to use the designation, “FAOASM” for as long as they
344 remain active members of the AOASM.

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346 The award of “Honorary Fellow” (FAOASM,hon.) Can be bestowed to an individual manifesting
347 exceptional concern, skill or ability in the education or practice of sports medicine and continued
348 service to the AOASM. These individuals will be screened by the fellowship committee but would
349 require a unanimous vote by the board of directors and executive committee.

350

351 Publications/Research Committee

352 The Publications/Research Committee shall serve as a resource and liaison from the Society to the
353 Clinical Journal of Sport Medicine. The Publications/Research Committee also works with other
354 committees (Medical Education, Program, Public Relations, etc.) to develop educational publications
355 for professionals and the public. The Publications/Research Committee shall stimulate interest in
356 research among the Academy's members by offering training in research methods to
357 Fellows/Residents and Academy members and to secure funding in support of Research by
358 Academy members.

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360 Public Relations/Membership Committee

361 The Public Relations/Membership Committee shall support the mission and goals of AOASM in
362 matters of public relations, act as a liaison between AOASM and other medical organizations. It will
363 advise and assist AOASM in increasing its presence in the medical and lay communities and assist
364 its members in developing enhanced public relations opportunities. The Public
365 Relations/Membership Committee shall be responsible for recruitment and retention of qualified
366 members, periodic survey of membership ascertaining their level of satisfaction with the Academy
367 and its activities.

368

369 By-Laws Committee

370 The By-Laws Committee is responsible for the regular review of the By-Laws to ensure that they
371 remain consistent with the goals and objectives of the Academy and comply with existing law.

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373 Student Relations Committee

374 The Student Relations Committee shall be responsible for maintaining close communication with the
375 student sports medicine clubs on the several osteopathic medical school campuses. The Committee
376 will devise ways and means to increase the participation of osteopathic medical students in the
377 activities of the Academy and devise plans to increase the number of students who join the Academy
378 when they complete medical school and become practicing physicians.

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380 American Osteopathic Association House of Delegates

381 The delegates for the AOA House of Delegates shall be determined as follows; the delegate will be
382 determined by the AOASM board of directors and shall serve a three-year term. The current
383 president will serve as alternate.

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Sports Medicine Conjoint Exam Committee

The representative to the Sports Medicine Conjoint Exam Committee shall be determined by the Board of Directors.

Sports Medicine Conjoint Education and Evaluation Committee

The representative for the Sports Medicine Conjoint Education and Evaluation Committee shall be determined by the Board of Directors.

Article VIII: Meeting of Members

Section 1. The Annual Meeting of the members of the Academy shall be held during the annual spring conference. Notice of the time, place and purpose of such meeting shall be made known to all members.

Section 2. A special meeting of the members may be called at any time by the President or by a majority of the Board of Directors. The Secretary shall prepare, and communicate to each member a notice of the time, place and purpose of such meeting at least 10 days and not more than 60 days prior to any special meeting of the members.

Article IX: Quorum and Proxies

Section 1. A majority of the members registered for the Annual Meeting or other Special Meeting shall constitute a quorum at such meeting.

Section 2. A majority of the Directors shall constitute a quorum at any meeting of the Board of Directors.

Section 3. A member entitled to vote may vote by proxy executed in writing by the member.

Section 4. Directors may hold no more than two (2) proxies of other Directors. Proxies must be in writing. Proxies cannot count toward a quorum.

Article X: Amendments

These By-Laws may be amended or repealed or new By-Laws may be adopted by the following measures:

- 1) The affirmative vote of the majority of the members present at any annual or special meeting of the members, or
- 2) The affirmative vote of a majority of the Board of Directors at any regular or special meeting of the Board; provided, however, that the Board of Directors shall not make or alter any By-Laws, fix their qualifications, classifications or term of office, nor alter any By-Law, which forbids amendment by the Board of Directors.

Amendments to the By-Laws shall be submitted to the Board of Trustees of the American Osteopathic Association.

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433 The Board of Directors may amend or repeal a By-Law adopted by the members, unless the By-Law
434 prohibits amendment by the Board of Directors.

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Article XI: Dissolution - Disposition of Assets

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438 If, for any reason, the American Osteopathic Academy of Sports Medicine should be dissolved, all
439 of its remaining assets, after payment of its just debts, shall be transferred and conveyed to the
440 American Osteopathic Association or a like-minded nonprofit organization as defined in the Articles
441 of Incorporation, to be held and expended for the purpose of furthering the development of the
442 specialty of sports medicine in the osteopathic profession.

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