American Osteopathic Academy of Sports Medicine

AOASM President: Steven J. Karageanes, DO, FAOASM
Program Chair: R. Scott Cook, DO

PROGRAM AT A GLANCE
The American Osteopathic Academy of Sports Medicine (AOASM) program is centered around “Youth Sports: Injury Treatment and Prevention.” This program provides a diverse in-depth lecture series on common injuries and treatments for the young athlete. Emphasis will be on early medical intervention, screening programs, training and conditioning, and prevention of overuse injuries.

TOPICS AND SPEAKERS

MONDAY, OCT. 8

10 a.m.-10:15 a.m.
Opening Remarks
Steven J. Karageanes, DO, FAOASM
R. Scott Cook, DO

10:15 a.m.-11 a.m.
Young Athletes and the Performing Arts
Rebecca Rodriguez, DO

11 a.m.-11:45 a.m.
Youth Wrestling Weight Class Considerations
R. Robert Franks, DO, FAOASM

11:45 a.m.-noon
Question-and-Answer Session

1 p.m.-2 p.m.
Concussions in Youth Sports
R. Robert Franks, DO, FAOASM

2 p.m.-3 p.m.
Neurocognitive Testing in Concussion Management
Rebecca Rodriguez, DO

3 p.m.-3:15 p.m.
Break

3:15 p.m.-4 p.m.
Concussion Prevention and Education
Jeffrey R. Bytomski, DO, FAOASM
4 p.m.-4:30 p.m.
**Concussion Rehabilitation:**
Vestibular & Cognitive Therapy
Randy Yocum, DPT, CSCS

4:30 p.m.-5 p.m.
*Question-and-Answer Session*

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**TUESDAY, OCT. 9**

10 a.m.-10:30 a.m.
**Young Athletes in Extreme Sports**
Stephen M. Daquino, DO, FAOASM

10:30 a.m.-11:15 a.m.
**Pre-Participation Evaluations in Young Athletes**
John Dougherty, DO, FAOASM

11:15 a.m.-11:45 a.m.
**Cardiac Screening and Clearance in Youth Athletics**
Maria M. Mountis, DO

11:45 a.m.-noon
**Question-and Answer Session**

1 p.m.-1:45 p.m.
**Lumbar Back Pain in Young Athletes**
Eric M. Kephart, DO

1:45 p.m.-2:15 p.m.
**Apophysitis “Growing Pains” in the Young Athlete**
Edwin T. Kornoelje, DO

2:15 p.m.-3 p.m.
**ACL Injuries in the Young Athlete**
Corey R. Troxell, DO

**JOINT SESSION WITH ACOFP**
(Concurrent Session)
2:30 p.m.-4 p.m.
**Pre-Participation Physicals and**
Concussion Management: A Report Card on Implementation of Best Practices
Patrick F. Leary, DO, FAOASM, FACSM
Thurman V. Alvey, DO

3 p.m.-3:15 p.m.
*Break*

3:15 p.m.-3:45 p.m.
**Osteochondritis and Osteochondral Injuries in Young Athletes**
Corey R. Troxell, DO

3:45 p.m.-4:15 p.m.
**Elbow Pain in Young Throwing Athletes**
Steven J. Karageanes, DO, FAOASM

4:15 p.m.-4:45 p.m.
**Hip Pain in the Young Athlete**
Gregory M. Cibor, DO, FAOASM

4:45 p.m.-5 p.m.
*Panel Discussion*
*Question-and-Answer Session*

**WEDNESDAY, OCT. 10**

8 a.m.-8:45 a.m.
**Athletic Conditioning and Overuse Injury Prevention**
Marcia E. Whalen, DO, FAOASM

8:45 a.m.-9:15 a.m.
**Safe Weight Training in Young Athletes**
Eric S. Bohn, DO

9:15 a.m.-9:45 a.m.
**Supplement and Performance Drug Use in Youth Athletics**
Vincent N. Disabella, DO, FAOASM

9:45 a.m.-10 a.m.
*Break*

10 a.m.-10:45 a.m.
**Exercise-Induced Bronchospasm in Young Athletes**
Thomas W. Allen, DO, FAOASM
10:45 a.m.-11:15 a.m.
**Dermatology in Sports Medicine: Rashes, Infections, and Clearance to Play**
Michael Sampson, DO, FAOASM

11:15 a.m.-11:45 a.m.
**Epstein Barr Virus Infection & Return To Play**
Angela C. Cavanna, DO, FAOASM

11:45 a.m.-noon
**Question-and-Answer Session**

1 p.m.-1:45 p.m.
**Exertional Lower Extremity Pain in Young Athletes**
Paul S. Saenz, DO

1:45 p.m.-2:15 p.m.
**Female Athletic Triad Update**
Edwin T. Kornoelje, DO

2:15 p.m.-3 p.m.
**Shoulder Dislocations and Separations in Youth Sports**
Shawn C. Saylor, DO

3 p.m.-3:15 p.m.
**Break**

3:15 p.m.-3:45 p.m.
**The Young Diabetic Athlete**
Vincent N. Disabella, DO, FAOASM

3:45 p.m.-4 p.m.
**Question-and-Answer Session**

4 p.m.-5 p.m.
**Lecture and Lab:**
OMM for the Young Runner
Darren McAuley, DO

**FOR ADDITIONAL INFORMATION**
Website: www.aoasm.org
Email: info@aoasm.org
ADVANCED REGISTRATION
AMERICAN OSTEOPATHIC ASSOCIATION
OMED 2012 – Osteopathic Medical Conference & Exposition
OCT. 7-11 | SAN DIEGO

AOA No. ____________________________________________
Name ____________________________________________ Degree
Address __________________________________________
City/State/Zip _____________________________________
Telephone _________________________________________
Email _____________________________________________
Fax ______________________________________________

PRACTICE GROUPS – SECTION 1
If you register here, do not register in Section 2
(Multiple selections permitted here for DOs only)

AOA MEMBERS / $595  Guest / $50.00
☐ Academy of Osteopathy (AAO) $595*
☐ Addiction Medicine (AM) $595*
☐ Allergy and Immunology (AI) $595*
☐ Dermatology (DER) $595*
☐ Family Physicians (FP) $595*
☐ Medical Informatics (MI) $595*
☐ Neurologists & Psychiatrists (NP) $595*
☐ Occupational & Preventive Med (OPM) $595*
☐ Pathology (PTH) $595*
☐ Pediatrics (PED) $595*
☐ Physical Med/Rehabilitation (PMR) $595*
☐ Prolotherapy Regenerative Medicine (PRO) $595*
☐ Rheumatic Diseases (RH) $595*
☐ Sports Medicine (SM) $595*

SECTION 3
NO FEE CATEGORIES (NO CME)
☐ STUDENT (S) $0.00
☐ INTERN (I) $0.00
☐ RESIDENT/FELLOW (R) $0.00
☐ Association of Osteopathic State Exec Directors (OSED) $0.00

DO & OTHER CATEGORIES – SECTION 2
If you register here, do not register in Section 1
(No practice registration in this section)

Only registrants in sections 1 and 2, excluding guests, will receive a ticket to the opening reception.

AOA MEMBERS / $595  Guest / $50.00
☐ AOA Member (AOA) $595*
☐ AOA Nonmember (NM) $695*
☐ Non DO (MD, PhD, etc) (NDO) $695*
☐ Advocates with ticket (ADV) $50*
☐ Guest with ticket (GAOA) $50*
☐ Retired (RET) $150*
☐ Associate Member (ASM) $100*
☐ American Osteopathic Foundation (AOF) $100*
☐ National Assn of Osteopathic Foundns (NAOF) $100*
☐ Practice Manager $100*
☐ Physician Assistant/Nurse Practitioner (PA) $595*
☐ Research Conference (RC) • $150*
☐ Research registrants seeking CME credit MUST pay the full AOA registration fee
☐ Sunday Only – AOA Member (ODM) $150*
☐ Sunday Only – Nonmember (ODN) $225*
☐ Advocates-NO ticket (ADVN) $0.00
☐ Guest NO ticket (AG) $0.00
☐ Exhibits Only (EO) $0.00

GUEST NAMES: (Guests without payment are automatically registered as a "No Fee" guest)
(1) ________________________________________________ (3) ________________________________
(2) ________________________________________________ (4) ________________________________

KEY TO SYMBOLS FOR TICKETS
* Ticket for one person to attend the Welcome Reception

FOR OFFICE USE ONLY  Check No. ________  Credit Card ________  Amount Received ________  Date ________
ONSITE REGISTRATION INSTRUCTIONS

THOSE WHO MAY REGISTER

• Members of the American Osteopathic Association, their adult guests and children. Other guests as indicated under Section 2 of the Registration Form.

• Osteopathic physicians who are NOT members of the AOA may register, but are required to pay an advance registration fee of $695. THIS FEE MUST BE PAID BY NONMEMBERS IN ORDER TO REQUEST A CME LETTER CERTIFYING CREDITS.

HOW TO SELECT THE APPROPRIATE REGISTRATION CATEGORY

Check APPROPRIATE categories on the registration form – Register in Section 1 OR Section 2. The “Practice Group Categories” (Section 1) are for those who choose to register in a specialty category. If you desire to register with more than one participating practice affiliated organization, you may do so. Please indicate your PRIMARY CHOICE. Your name will appear on the attendance roster of each practice organization selected. The “AOA Categories” (Section 2) are for those who register without a practice designation.

Regardless of the registration category selected, registrants are entitled to attend ANY of the didactic sessions planned by ANY of the participating organizations. Although membership in a participating affiliated organization is not a requirement to register for the practice group, AOA membership is a requirement for registration in ANY of the practice categories listed.

CONTACT AOA

AOA Convention Office:
142 E. Ontario St., Chicago, IL  60611-2864
Phone: (800) 621-1773 ext. 8256
Email: convention@osteopathic.org (not for registration)

SPECIAL NEEDS

If you have any special needs, please advise us as soon as possible.

CANCELLATIONS

A full refund will be issued if the cancellation request is received in the AOA Convention Office no later than Friday, Oct. 5. Cancellations must be submitted IN WRITING via email to convention@osteopathic.org OR by mail to:
AOA Convention Office, 142 E. Ontario St., Chicago, IL  60611-2864.

THREE EASY PAYMENT OPTIONS

BY MAIL

To: AOA Convention Registration
PO Box 4088, Fredrick, MD 21705
Make check payable to: AMERICAN OSTEOPATHIC ASSOCIATION

BY FAX

(301) 694-5124
www.osteopathic.org/OMED

ONLINE

Advance Registration material will be mailed out prior to the conference. Advance registration forms must be RECEIVED NO LATER THAN THURSDAY, AUG. 30. Registrations received after this date will be processed at the regular registration rate.

The regular registration rate will have an additional $100.00 added to the super saver registration fee.

PARTICIPATING PRACTICE GROUPS

American Academy of Osteopathy
American Osteopathic Academy of Addiction Medicine
American Osteopathic College of Allergy and Immunology
American Osteopathic College of Dermatology
American College of Osteopathic Family Physicians
American Osteopathic Association of Medical Informatics
American College of Osteopathic Neurologists and Psychiatrists
American Osteopathic College of Occupational and Preventive Medicine
American Osteopathic College of Pathologists
American College of Osteopathic Pediatricians
American Osteopathic College of Physical Medicine and Rehabilitation
American Osteopathic Association of Prolotherapy Regenerative Medicine
American Osteopathic Society for Rheumatic Diseases
American Osteopathic Academy of Sports Medicine

GUESTS

In addition to checking your category, check the category for your guests. Remember, name(s) must be provided in order to receive a BADGE. The member’s registration fee does NOT include tickets for guests. Guests are to be registered either by paying a fee and receiving a ticket to the opening reception, or by NOT paying a fee and NOT receiving a ticket (“No Fee Guest”).

If the member’s guest is to receive a ticket, check the guest with ticket category and pay the appropriate fee. Registrants may purchase tickets for social functions. Doctors cannot register osteopathic medical students as guests. Such students must register individually.

TICKETS COVERED BY REGISTRATION FEE

The fees shown on the registration form are followed by symbols to indicate the tickets, which are covered by the fee. To interpret these symbols, see “Key to Symbols.”
Through our official housing partner, onPeak, we provide reduced hotel rates and travel discounts for your trip to San Diego. Book through the simple-to-use reservation website or with helpful and friendly booking agents.

Please note: onPeak is the only official housing company associated with OMED 2012. While other hotel resellers may contact you offering housing for your trip, they are not endorsed by or affiliated with the show and entering into financial agreements with such companies can have costly consequences.

**BOOK EARLY FOR THE BEST SELECTION**

|$209 - Manchester Grand Hyatt (early bird rate through Aug. 15)
$169 - Hotel Indigo - San Diego Gaslamp Quarter
$259 - San Diego Marriott Marquis & Marina
$195 - Westin Gaslamp Quarter, San Diego

* Prices are average lowest rate with a check-in of Oct. 6, check-out of Oct. 11

Hotel Reservation Deadlines Begin Sept. 11

Call: 1 (800) 723 3895 - U.S. Toll-free
+1 (312) 527 7300 - Int’l
8 a.m. – 5 p.m. (CST)

Email: osteopathic@onpeakevents.com

Online: www.osteopathic.org/OMED

**BENEFITS OF BOOKING IN THE OFFICIAL HOUSING BLOCK**

Book through onPeak to ensure you pay the lowest price and get the best service with reservation protection, flexibility and assistance—before, during and after your stay.

Best Rate Pledge

- The lowest room rates available have been negotiated at official hotels.
- Other booking channels are monitored to track down rival rates.
- Rates are lowered when necessary and applied to already-booked rooms.

**FLIGHTS**

**Delta**

Delta Air Lines will offer up to a 10% discount on applicable fares for your OMED travel. Call (800) 328-1111 with Meeting Event Code NM8VN or book your ticket online (in the Meeting Event Code box, enter NM8VN). **There is a $25 service fee for phone reservations.**

**United**

United Airlines is offering a discount on applicable fares to/from San Diego, including first class. Call United Airlines at (800) 521-4041 with the Discount Code 550KM.