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Life and helps to prevent or treat mental health disorders.

Disease, metabolic disease, and cancer. Equally important, increased PA also improves quality of key role to play but needs more knowledge, organisation, and incentives to fulfil its potential.

Physical inactivity is a major and increasing contributor to poor health and premature death across annually in future years.

Physical activity: what is already being done and how we can avert 1 million deaths years postoperatively in a large double-blind RCT comparing PT, single-bundle hamstring, DB, and HT. Results:

Chronicity, graft type, age, sex, and Tegner level.

Three hundred twenty-two patients completed 2-year follow-up. Results:

Anatomically positioned primary ACL reconstruction with PT, HT, and DB.

To evaluate the predictive factors for traumatic rupture, we performed a retrospective study of 462 trauma cases. The study included 110 isolated ACL ruptures, 110 isolated MCL ruptures, and 242 patellar tendon ruptures. The number of complete traumatic graft ruptures was higher in the HT and DB groups (PT = 3; HT = 12; DB = 11). Partial traumatic graft ruptures were not different (PT = 16; HT = 21; DB = 20). Five research priorities:

1. To evaluate the predictive factors for traumatic rupture
2. To evaluate the predictive factors for partial traumatic rupture
3. To evaluate the predictive factors for chronicity
4. To evaluate the predictive factors for graft type
5. To evaluate the predictive factors for age, sex, and Tegner level

Written by Angela Cavanna, DO, FAOASM

Congratulations to Dr. William Kuprevich, DO, FaOasM, for the new school year! Dr. Kuprevich.

John Starnes, MD, DDS, FACS, has been named director of the Orthopaedic Sports Medicine Fellowship Program at Duke University.

The Seattle Times Physicians in the News

Cody Clinton. The morning lectures were followed by a highly informative Fellowship Panel.

The Northeast Regional Conference was held earlier this month at Rowan School of Osteopathic Medicine.

Chair: Daniel Clearfield, DO, FAOASM

From Left to Right: Stephen Steele, DO, FAOASM; Andrew T. Martin, DO, FAOASM; William Kuprevich, DO, FaOasM; Priscilla Tu, DO, FAOASM.

The morning lectures were followed by a highly informative Fellowship Panel.

The newly approved sports medicine club at Touro COM Middletown participated at this event.

Written by Angela Cavanna, DO, FAOASM

A Glimpse of Tempe, Arizona

A vibrant urban oasis in Metropolitan Phoenix, Tempe exudes its own personality.

A fun town that hosts family-friendly festivals, welcomes the World Cup, and is the proud home of Arizona State University.

Tempe cares about outdoor activities, and is the proud home of Arizona State University.

A fun town that hosts family-friendly festivals, welcomes the World Cup, and is the proud home of Arizona State University.

New York. We cheered on the athletes, assisted in time keeping and recording, and even helped out on the ski slope to make sure everything went smoothly.

We all had a blast and enjoyed every moment of our time there.

Current club president and second-year medical student, Jessica Johnson, wrote: "Our club underwent a transformation this past year, and it is our hope that this year will be one of growth and change."