movements are always precise. They know exactly where their body is and can recognize it is a problem from the brain as opposed to the ears. The brain is the

movements called "nystagmus." The prognosis depends on the cause, but what if within the inner ear due to infection, Ménière's disease, tumors, decreased blood or inner ear. Different causes include sudden head movements, inflammation of the inner ear and organ of Corti. It is a form of dizziness caused by problems in the brain

work up the case for vertigo. The word "vertigo" is the sense that the world is spinning. It is a form of dizziness caused by problems in the brain

But what does dizziness even mean? Whether it's described as lightheadedness or nausea, it has a terrifying effect on those suffering from it. It can

be making head movements as early as they can. With the help of both ballet and dance, dancers practice for many hours every day for years to never feel dizzy, their

in the ear, it's the inner ear where a balance problem would occur. Almost 15% of the population will experience dizziness at some point in their life. The

It is time to renew your AOASM membership. As you consider renewing your membership, we encourage you to give some thought to the
courses, and support for all those who work to keep athletes safe and healthy. So many of our members have shared stories about their

AOASM member Dr. Kurt Heinking was quoted in the Chicago Tribune article on March 16, 2018, where he showed that his work with the Chicago Bulls had

President, American Osteopathic Academy of Sports Medicine

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