
Laura Neidecker, DO, Ph.D., The Ohio State University School of Medicine, Columbus, OH, and colleagues recently published "Injury Risk Factors for First-Time Concussion among Women's Lacrosse Athletes: The Importance of Sex, Age, and Injury Prevention Strategies." The authors examined records of female middle-school and high-school athletes who sustained a concussion while playing sports. They observed that female athletes, regardless of age or sport, are more likely to suffer a concussion while playing sports. They also noted that female athletes are at greater risk of sustaining a concussion when compared to male athletes. The findings suggest that sex and age should be considered when developing injury prevention strategies.

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