MESSAGE FROM THE PRESIDENT

James Q. Del Rosso, D.O.
AOCD President

I hope "the first two-thirds" of 1994 has treated you well. It will be nice to see most of you (hopefully, all of you) at the annual national AOCD meeting in San Francisco. You should have already received meeting and hotel registration materials from the AOA. I suggest you register for the meeting and hotel room as soon as possible to avoid long registration lines at the meeting and so you can get your preferred hotel choice. San Francisco is a fascinating city with a lot to do and great places to eat. Between the excellent program that Dr. Gene Graff has organized and the surroundings of San Francisco, this meeting should prove to be very enjoyable. In addition to the early morning sessions and lectures, Dr. Graff has planned a special Spouse Program including a review of San Francisco attractions, a course for the dermatology residents on Public Speaking and Writing, a course for the residents on The Pharmacology of Drugs Used In Dermatology to be presented by Dr. Howard Maibach, and a program for practicing dermatologists on Physician-Patient Communication. Remember that some of our social and educational events require the purchase of tickets. Be sure to purchase tickets from our AOCD National Office for your events of choice following the directions outlined in mailings to you. Please take time to review the educational and social program that Dr. Graff and Becky Mansfield have organized. I'm sure you will agree that this meeting should be a big success both educationally and socially.

Let's take a minute to review the upcoming AOCD "social calendar". The meeting will be opened by the Annual Gala Reception on Sunday evening (11/13/94), supported by a grant from Schering Laboratories. On Monday evening (11/14/94), C & M Pharmaceuti
cal will once again provide grant support for the Annual President's Reception followed by our Annual Banquet supported by a grant from STIEFEL LABORATORIES, INC. On Tuesday afternoon (11/15/94), Westwood-Squibb will again be hosting the luncheon which precedes our Annual Business Meeting. Please plan to attend all of these important AOCD functions. The better the attendance, the more enjoyable the event!

Attention Committee Chairmen and Members!!! All committee chairmen need to send their committee report to Becky Mansfield by October 3, if you haven't already. Becky needs time to prepare the necessary reports so we can maximize the efficiency of our meeting time, especially the Executive Committee meeting. All committee chairmen and members need to check the date, time and room where your committee will be meeting and please attend promptly with vigor and some fresh ideas to improve our college. Becky Mansfield will have available for you the information regarding AOCD committee meetings in San Francisco. If you have any questions regarding meetings or deadlines related to any committees that you chair or serve on, please contact Becky Mansfield at the AOCD National Office (1-800-449-2623).

In a previous AOCD newsletter "message" to you, I mentioned that the AOCD leadership is evaluating a new Five Year Plan. I have received from several officers their views on the direction of the college and plan to review this with the membership at our Business Meeting in San Francisco. Please send any of your own ideas to me so (continued on page 2)
that I may include your thinking as I condense and prioritize the many ideas into a manageable plan. The one common theme that everyone has expressed thus far is the importance of establishing and maintaining quality Dermatology Residency programs. It is important that the AOCID work closely with the residency programs to assure quality and consistency from year to year. Please be sure to attend the Business Meeting in San Francisco on Tuesday afternoon (11/15/94) so that we may have a valuable exchange of ideas about the future priorities of the AOCID as I discuss the Five Year Plan.

If you have not already paid your 1994 membership dues, please do so right away. We have adjusted the annual release date of the AOCID Membership Directory to the Fall to include all current dues paying members as best as possible. Your timeliness in paying AOCID dues is most appreciated. Also, please include a donation to the AAD Camp Knutson Fund so that we may perpetuate giving on behalf of the AOCID membership to this important altruistic project. The AOCID Executive Committee initiated support of this project with a $1000 donation this summer which covered the cost of one camper suffering from a dermatologic disorder. Dr. Peyton Weary, the current AAD President, sent to me a nice letter thanking the AOCID for our contribution. AOCID membership support of this project supports a very important cause while at the same time fostering a positive relationship between the AOCID and the AAD. Please donate even a modest amount...if all our members donated as little as five dollars, we would easily exceed the $1000 needed to support a camper!

One of my goals during my presidency was to help develop a project that would further promote education in dermatology. Fortunately, Dr. Angie Poulos and his colleagues at American Laboratories helped me reach this goal very easily by offering to our dermatology residents a total of ten scholarships each year in dermatopathology. The scholarship includes a week with Dr. Poulos reading slides with him side by side at the scope! The resident may also benefit by exposure to other activities and dermatopathologists at American Laboratories. Dr. Poulos is second to none as a teacher of dermatopathology, having contributed much of his time to the education of several D.O. dermatologists and residents. This is a major development for the AOCID and will serve to benefit many. This generous scholarship grant covers all reasonable related expenses. In order to apply for a scholarship, please complete the enclosed application form and send it to me (Dr. Del Rosso) at the indicated address. The only way you will be considered for a scholarship is to complete and send the application. Do not call me or anyone at American Laboratories, including Dr. Poulos regarding the scholarship program. All applications or inquiries regarding this program must be made to me (Dr. Del Rosso) in writing. Keep in mind that Dr. Poulos is happy to arrange rotations for D.O. dermatology residents outside of the scholarship program. This can be arranged directly through Dr. Poulos and is completely separate from the scholarship program. I suggest all dermatology residents apply. If granted this scholarship, you will surely learn a significant amount of dermatopathology, as well as clinical dermatology.

Well that is all for now. I look forward to seeing you in San Francisco. Stay healthy and happy!

Sincerely,
James Q. Del Rosso, D.O.
President

---

AOCD MIDYEAR MEETING

Plans are well underway for the AOCID 1995 midyear meeting. The meeting will be held in Park City, Utah at the Yarrow Resort Hotel and Conference Center.

The Yarrow is a first class mountain resort ideally situated in historic Park City, offering easy access to dining, shopping and night life activities. The hotel features top quality conference facilities and is noted for confident friendly service.

The meeting will begin at 3:00 p.m. on Wednesday, March 16th with didactic sessions scheduled for Wednesday afternoon, early morning and late afternoon sessions on Thursday and Friday and the final didactic wrap-up on Saturday morning March 18th. Saturday afternoon will be reserved for AOCID committee and executive sessions.

Park City, Utah is located a short 35 miles from the Salt Lake City International Airport and is easily accessible by regularly scheduled ground transportation.

Park City, Utah was chosen for this conference in keeping with our format of alternating between warm and cold climates for our midyear conference. Nestled in the Wasatch Mountains, Park City is a 100 year old silver mining town turned world class resort. The rustic, Western flavor has been preserved amidst the development of a four season recreational paradise. Park City offers a wide variety of winter sporting activities from skiing at three of Utah's finest resorts to ice skating and snowmobiling.

Mark your calendars today for the AOCID Midyear meeting.

Edward Yob, D.O.
Program Chairman

---

1992-94 CME ACCREDITATION

The AOCID National Office has been notified by the AOA that some of our members have not yet fulfilled their 1992-94 Cycle CME requirements. If you are in the incomplete category, our Annual Meeting in San Francisco in conjunction with the AOA would be an excellent opportunity to acquire additional credits. Plan now to attend!
Devoted to providing aesthetic skin care products for dispensing osteopathic dermatologists

Dermatech is a wholly-owned division of C&M Pharmacal, Inc., which has dedicated over 50 years to dermatological manufacturing and has been a major supporter of the American Osteopathic College of Dermatology since its founding. Dermatech is proud to offer to dispensing physicians:

**Glytone**

- The most effective skin rejuvenating and office revenue generating program available.
- Our 3-step Glytone Enhancement Program utilizes the skin rejuvenation properties of Glycolic Acid in preparations for in-office peeling and at-home use.

**Salon Prescription**

- A high quality, upscale salon-style skin care cosmeceutical line that allows the cosmetic dermatologist the ability to practice total skin care.
- This line of cleansers, toners, hydrators, masques, and more rival any salon or department store line, and like all Dermatech products, is available only to dispensing doctors.

**Essential Care**

- The most complete line of OTC dermatological therapeutic products available with nearly a hundred cosmetically elegant pharmaceuticals for a wide variety of skin conditions.
- The Essential Care line includes benzoyl peroxide products, acne cover-ups and masques, a wide variety of tar products, excellent sunscreens, anti-puritics (steroid and non-steroid), cleansers, moisturizers, and more.

**PCA**

- C&M Pharmacal is the only company to offer a comprehensive Physician’s Compounding Assistance Program that allows you, the osteopathic physician, to order all components you need for the safe and ethical compounding of specialty products for your patients.

**Dermatech**

* A Division of C&M Pharmacal, Inc.
* Hazel Park, MI
* (1-800-423-5173)
A PICUTRE IS WORTH A THOUSAND WORDS ... by James Q. Del Rosso, D.O.

The diagrams below are from a chapter written by Dr. Ronald Siegle and myself for the textbook Cutaneous Surgery edited by Dr. Ronald Wheeland. The diagrams emphasize the significance of considering the histologic subtype of basal cell carcinoma prior to determining treatment. The ill defined surface margins correlate with patterns associated with significant subclinical extension of tumor. Dermatologists are familiar with morpheaform BCC as an aggressive histologic subtype warranting more aggressive treatment (i.e. wider surgical margins, thorough histologic margin control, etc.). However, many are not familiar with infiltrative BCC and micronodular BCC, which also are associated with aggressive behavior characterized by significant degrees of tumor extension beyond visible clinical margins. Morpheaform, infiltrative and micronodular BCC are more prone to recur after treatment with modalities such as C&D and standard surgical excision. Be cautious of histologic subtypes of BCC.

**Figure 56-3.** A. Nodular BCC, a nonaggressive subtype with circumscribed histologic growth. B. Morpheaform BCC, an aggressive subtype with poorly defined borders and fine invasive strands of tumor embedded in a sclerotic stroma. C. Infiltrative BCC, an aggressive subtype with poorly defined borders and ribbons and cords of tumor spreading in a non sclerotic stroma. D. Micronodular BCC, an aggressive subtype with poorly defined tumor margins and round, relatively uniform, small, banal–appearing islands of tumor in a non sclerotic stroma. (Courtesy of Nancy Sally.)
Which acne patients want fast results?

All of them!

BENZAMYCIN® Topical Gel
(3% erythromycin, 5% benzoyl peroxide)

Fast Results¹

Please see prescribing information on following page.

Reference:

DLBJ994

DERMIK LABORATORIES, INC.
Collegeville, PA 19426
**BENZAMYCN**

*Topical Gel*

(3% erythromycin, 5% benzoyl peroxide)

*Reconstitute Before Dispensing*

**Description:** Each gram of BENZAMYCN* topical gel contains, as dispensed, 30 mg (3%) active erythromycin and 50 mg (5%) benzoyl peroxide in a gel vehicle of purified water, carbomer 940, procolin 1%, sodium hydroxide, docosane sodium and fragrance.

Erythromycin (C_{22}H_{24}N_{2}O_{7}) is produced by a strain of Streptomyces erythreus and belongs to the macrolide group of antibiotics. Erythromycin has a molecular weight of 393.44 and is represented by the following structural formula:

Benzoyl peroxide (C_{10}H_{12}O_{5}) is an antibacterial and keratolytic agent. The structural formula is:

---

**Clinical Pharmacology:** Erythromycin is a bacteriostatic macrolide antibiotic, but may be bactericidal in high concentrations. Although the mechanism by which erythromycin acts in reducing inflammation is not yet clear, it is presumed due to its antibacterial activity. Although an association has been demonstrated between benzoyl peroxide and erythromycin.

Benzoyl peroxide is an antibacterial agent which has been shown to be effective against Propionibacterium acnes in an assembly of 400 follicles and comedones. The antibacterial action of benzoyl peroxide is believed to be due to the release of active oxygen. Benzoyl peroxide has a keratolytic and desquamating effect which may also contribute to its efficacy.

Benzoyl peroxide has been shown to be absorbed by the skin where it is converted to benzoic acid.

**Indications and Usage:** BENZAMYCN Topical Gel is indicated for the topical control of acne vulgaris.

**Contraindications:** Benzaquad Topical Gel is contraindicated in those patients with a history of hypersensitivity to erythromycin, benzoyl peroxide or any of the other listed ingredients.

**Precautions:** General—For external use only. Not for ophthalmic, ear or mucous membrane use. Benzaquad Topical Gel, in the manner of use, may cause contact dermatitis. Should be used 2 to 4 times daily, or as directed by physician.

**Adverse Reactions:** Adverse reactions which may occur include dryness, erythema and pruritus. Of a total of 293 patients treated with BENZAMYCN Topical Gel during clinical trials, 4 patients experienced clear reactions, of whom 2 experienced dryness and one an urticarial reaction which responded well to symptomatic treatment.

**Dosage and Administration:** BENZAMYCN Topical Gel should be applied twice daily, morning and evening, or as directed by physician. While being applied, the skin is thoroughly washed, rinsed with warm water and gently patted dry.

**How Supplied and Dispensing Information:** BENZAMYCN Topical Gel is supplied in a package containing 60 g of benzoic acid per gel in a plastic tube containing 0.5 g of active ingredient in a water-based vehicle. Prior to dispensing, the tube is sealed with a heat seal. Bend the tube firmly. Add I of ml of oil base (Lubriderm) to the tube and immerse up to 0.5 g of benzoic acid in a 0.1 ml dropper. BENZAMYCN Topical Gel should then be stored under refrigeration. Do not freeze. A 3-month expiration date is on the label.

**NDC:** 0096-65910-23, as dispensed, 0.25 g weight.

**Note:** Prior to reconstitution, store at room temperature. After reconstitution, store under refrigeration. Do not freeze. Keep tightly closed. Keep out of the reach of children.

**Caution:** Federal (U.S.A.) law prohibits dispensing without prescription.

**U.S. Patent Nos. 4,387,107 and 4,497,794. Other patents pending.

**FOR PROFESSIONAL USE ONLY**

**Dermik Laboratories, Inc.**

A wholly owned subsidiary of J & J Services Company

Collegeville, PA 19426

**Dedicated to Dermatology**
American Academy of Dermatology

Correspondence:
P.O. Box 4014
Schaumburg, IL 60168-4014

PHONE 708/330-0230
FAX 708/330-0050

July 13, 1994

James Q. Del Rosso, D.O.
President
American Osteopathic College of Medicine
4591 Terrasaunt
Pensacola FL 32504

Dear Dr. Del Rosso:

On behalf of all of the children who will attend Camp Knutson this year, the Academy thanks you and the members of the American Osteopathic College of Dermatology for your generous donation of $1,000.

Once again, the Academy has received an overwhelming response from the membership in support of Camp Knutson -- we have received over $36,000 from our colleagues. Based on the success of last year's program, we know we can make this one-week experience a memorable one for young people who suffer from severe skin disorders.

My sincere personal thanks to you and the American Osteopathic College of Dermatology for your donation which has been applied to the Academy's "Adopt-A-Camper" program.

Sincerely,

Peyton E. Weary, M.D.
President

cc: Rebecca A. Mansfield
Great Opportunity in Southern Michigan for an office based Dermatology/Sclerotherapy Practice. Willing to train, hours and salary negotiable. Fax pertinent information to 1-810-689-3364.

The AOCĐ was recently notified of the passing of Dr. Leo Crespi, whose dermatology practice was in Holiday, Florida. Dr. Crespi was a Life Member of the American Osteopathic College of Dermatology. Our sincere condolences go out to the family and friends of Dr. Crespi.

Several Residents have begun dermatology programs in 1994. We would like to welcome them, and encourage them to become members and actively participate in the AOCĐ.

WELCOME ABOARD

Daniel A. Buscaglia, D.O.
Robert Finklestein, D.O.
Stuart Levine, D.O.
Eugene Nowak, D.O.
Brian Portnoy, D.O.
Bryan Sands, D.O.
Joseph Urash, D.O.
Jeffrey G. Weaver, D.O.
Jeffrey Weiss, D.O.
Martin Yungmann, D.O.
Sharol Zellis, D.O.

DERMATOPATHOLOGY

Dermatopathology Lab of Madison Avenue, New York City
Craig Austin, M.D., Director
Suite 408, 501 Madison Avenue, New York, NY 10022
212/935-5050

- Dr. Austin Board Certified in Dermatology & Dermatopathology
- Director of Dermatopathology at the New York College of Osteopathic Medicine (NYCOM) Dermatology Residency Program
- Assistant Clinical Professor of Dermatology at the Mt. Sinai School of Medicine in New York City
- Head of Dermatopathology Workshop at the AOCĐ Midyear Meeting, Orlando, Florida

Lab Services

- Less than 1 week turnaround from biopsy to delivery of report, anywhere in United States.
- Overnight service, anywhere in the United States.
- Medicare and most insurance plans accepted.
- Dr. Austin is also a Clinical Dermatologist who provides a personal service and is available to discuss all cases with regard to Differential Diagnosis and Modalities of Therapy.

American Osteopathic College of Dermatology
1993 - 1994 Officers

Executive Committee

President
James Q. Del Rosso, D.O.
President-Elect
Gene E. Graff, D.O.
First Vice President
Steven A. Brenman, D.O.
Second Vice President
Matt L. Leavitt, D.O.
Third Vice President
Edward H. Yob, D.O.
Secretary-Treasurer
James D. Bernard, D.O.
Immediate Past-President
Michael J. Scott, III, D.O.

Trustees

Lynn Sikorski, D.O.
Monique S. Cohn, D.O.
Craig Ziering, D.O.
Gregory C. Papadenas, D.O.

Executive Committee

Executive Director/Editor
Rebecca A. Mansfield (Becky)
Administrative Assistant
Linda Mansfield
800-449-AOCĐ (2623)
816-665-2184
816-626-2174 (Fax)

The AOCĐ Newsletter is published three times a year and is the official publication of the American Osteopathic College of Dermatology, 800 W. Jefferson, P.O. Box 7525, Kirksville, Missouri 63501. All rights reserved. Official publication of the American Osteopathic College of Dermatology, an Affiliate of the American Osteopathic Association.
American Laboratories, under the direction of Dr. Angie Poulos, is providing through the AOCD, one week Dermatopathology Scholarships each year for ten D.O. Dermatology residents. Rotation dates will be arranged by mutual consent of Dr. Poulos and the individual scholarship recipients. American Laboratories will provide the following expense allocation for each scholarship recipient:

~ Airline tickets arranged through American Laboratories
~ Reimburse up to a maximum of $50.00 per day for meals
~ Provide a rental car for transportation during the week stay (Recipient must have a driver's license & major credit card)
~ Hotel accommodations with coverage of room expense and applicable taxes arranged by American Laboratories

IMPORTANT! DO NOT CALL OR WRITE TO AMERICAN LABORATORIES OR DR. POULOS REGARDING THIS SCHOLARSHIP PROGRAM. THE ONLY WAY TO BE CONSIDERED IS TO SEND THE APPLICATION BELOW TO DR. JAMES DEL ROSSO. PHONE CALL REQUESTS AND INQUIRIES WILL NOT BE ACCEPTED BY DR. DEL ROSSO OR AMERICAN LABORATORIES. SEND THE APPLICATION BELOW TO:

James Q. Del Rosso, D.O.
Medical Center Clinic, P.A.
8333 N. Davis Highway
Pensacola, Florida 32514

AOC D Dermatopathology Scholarship Application
APPLICATION DEADLINE: November 1, 1994

Name: ___________________________ Year of Training: ____________

Address: _____________________________________________________________

Dermatology Residency Program: _______________________________________

Signature of Program Director: _________________________________________
IT IS THE GOAL OF THE AOCD TO CONSTANTLY IMPROVE SERVICES TO ITS MEMBERS.
WE WOULD LIKE YOUR IDEAS AND COMMENTS!

Would you prefer to see a different balance of academic programs (i.e., workshops, exams, etc.) between the Midyear and Annual AOCD meetings? If so, please elaborate.

What other courses/topics would you like to see included at future AOCD meetings?

Do you have recommendations for additional benefits that could be provided for AOCD members? Are you satisfied with what the AOCD offers its membership at the present time?

What month of the year, and what locations would you suggest for future AOCD Midyear Meetings?

After reviewing the list of companies providing support for our meetings, do you notice any that are conspicuously absent, based on products/supplies that you commonly use in your practice or on company representatives who visit your office regularly? If so, please list them below.

Other than the pharmaceutical companies, do you have other specific ideas regarding corporate financial support for AOCD educational programs?

Have you had the opportunity to utilize the services of the AOCD national office in Kirkville, Missouri? If so, how? Were you satisfied with the service provided?

THANK YOU FOR YOUR PARTICIPATION. IF YOU NEED ASSISTANCE FROM YOUR NATIONAL AOCD OFFICE, PLEASE CALL 1-800-449-2623.