SKIN DISEASES AFTER LOSS & GRIEF: HELP FROM HOMEOPATHIC MEDICINE

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LEARNING OBJECTIVES:
1. EXPLORE ROLE OF HOMEOPATHIC MEDICINE IN TX OF SKIN DISEASES OCCURRING AFTER LOSS & GRIEF

2. DESCRIBE CLINICAL CRITERIA FOR “SODIUM CHLORIDE” PATIENT TYPE

3. REVIEW CASES: 8 PATIENTS WITH SKIN DISEASES AFTER LOSS & GRIEF SUCCESSFULLY TREATED WITH P.O. HOMEOPATHIC SODIUM CHLORIDE

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WHICH SKIN DISEASES RESPOND MOST READILY TO HOMEOPATHIC TX?

1. ACNE VULGARIS
2. WARTS (COMMON & PLANTAR)
3. MOLLUSCUM CONTAGIOSUM
4. ATOPIC ECZEMA
5. HYPERHIDROSIS

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HOW CAN HOMEOPATHIC MEDICINE HELP OUR DERMATOLOGY PATIENTS?

1) HELP PATIENTS AVOID THE USE STEROIDS AND ANTIBIOTICS

2) SEEMINGLY UNRELATED MEDICAL ISSUES MAY ALSO IMPROVE
   - SIMPLE, SAFE, AVAILABLE (OTC)
   - INEXPENSIVE
   - EASY TO ADMINISTER
     (DISSOLVE SUBLINGUALLY)
   - PLEASANT TASTE

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1. **WHAT IS CLASSICAL HOMEOPATHIC MEDICINE?**
CLASSICAL HOMEOPATHIC MEDICINE

- GREEK: Homoios – ‘similar’ or ‘like’
  Pathos – ‘suffering’
- LOW-COST, NON-TOXIC SYSTEM OF MEDICINE
- USED BY OVER 200 MILLION PEOPLE
- USES MICRODOSES OF NATURAL SUBSTANCES
- DERIVED FROM PLANTS, MINERALS, ANIMALS
- STIMULATING THE NATURAL HEALING RESPONSE.
- LENGTH OF TRAINING - 4 TO 5 YEARS

www.hri-research.org
British Institute of Homeopathy, Diploma Course Manual, 2003
HOMEOPATHIC MEDICINES & FDA

• REGULATED BY THE FDA AS DRUGS SINCE 1938
• FOOD, DRUG, & COSMETIC ACT OF 1938
• MANUFACTURED IN ACCORDANCE WITH HOMEOPATHIC PHARMACOPOEIA OF THE UNITED STATES (HPUS)
• MANUFACTURED ACCORDING TO GOOD MANUFACTURING PRACTICES (GMP)

http://www.fda.gov/ICECI/ComplianceManuals/CompliancePolicyGuidanceManual/ucm074360.htm (FDA CPC Sec. 400.400)
HOW DO HOMEOPATHIC MEDICINES WORK?

• SCIENCE: BEGINNING TO UNDERSTAND HOW HOMEOPATHIC MEDICINE WORKS

• MANUFACTURING MUST INCLUDE: VIGOROUS SHAKING AFTER DILUTION

• PRODUCES NANOPARTICLES

• NANOPARTICLES HAVE ENERGETIC PROPERTIES (electromagnetic, optical properties)


Establishing the interfacial nano-structure and elemental composition of homeopathic medicines based on inorganic salts: a scientific approach

Mayur Kiran Temgire¹, Akkihebal Krishnamurthy Suresh¹,², Shantaram Govind Kane¹, * and Jayesh Ramesh Bellare¹,², *

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Extremely dilute systems arise in homeopathy, which uses dilution factors $10^{60}$, $10^{400}$ and also higher. These amounts to potencies of 30c, 200c or more, those are far beyond Avogadro’s number. There is extreme skepticism among scientists about the possibility of presence of starting materials due to these high dilutions. This has led modern scientists to believe homeopathy may be at its best a placebo effect. However, our recent studies on 30c and 200c metal based homeopathic medicines clearly revealed the presence of nanoparticles of starting metals, which were found to be retained due to the manufacturing processes involved, as published earlier.⁹,¹⁰ Here, we use HR-TEM and STEM techniques to study medicines arising from inorganic salts as starting materials. We show that the inorganic starting materials are present as nano-scale particles in the medicines even at 1 M potency (having a large dilution factor of $10^{2000}$). Thus this study
SODIUM CHLORIDE NANOPARTICLES ARE PRESENT IN HOMEOPATHIC NaCl SOLUTION (1 x 10^{-400})!

Figure 1. Transmission electron micrographs of homeopathic NaCl solution (NM 200c) showing bright field image of sub-micron size particle.
How is Homeopathic Medicine DIFFERENT?

Conventional Tx

• Based on: DIAGNOSIS

• Looking for: DISEASES

Homeopathic Tx

• Based on: HOMEOPATHIC CLINICAL TYPE (“Constitution”)

• Looking for: PERSONS!
To determine a patient's homeopathic type, we schedule a two-hour initial office visit.

During this time, the homeopathic physician asks the patient 200 questions designed to reveal individual characteristics which help lead to finding the patient's corresponding homeopathic medicine (e.g. NaCl, CaCO3, Sulfur, etc.)

Initial Homeopathic History

<table>
<thead>
<tr>
<th>Name: ______________________</th>
<th>Date: ____________</th>
</tr>
</thead>
<tbody>
<tr>
<td>Temperature</td>
<td></td>
</tr>
<tr>
<td>Chilly------------------------</td>
<td>Hot-blooded</td>
</tr>
<tr>
<td>Perspiration?</td>
<td></td>
</tr>
<tr>
<td>Outdoors: Heat of summer?</td>
<td>Cold of winter?</td>
</tr>
<tr>
<td>Indoors: Hot room?</td>
<td>Cold Room?</td>
</tr>
<tr>
<td>Stuffy Room?</td>
<td></td>
</tr>
<tr>
<td>Sleep</td>
<td>Position?</td>
</tr>
<tr>
<td></td>
<td>Any Sensitivities?</td>
</tr>
<tr>
<td>Temperature</td>
<td>Perspiration?</td>
</tr>
<tr>
<td></td>
<td>Eyes: Sunlight?</td>
</tr>
<tr>
<td>Dreams</td>
<td>Motion?</td>
</tr>
<tr>
<td></td>
<td>(eg. sepia - pickles, vinegar) Sour?</td>
</tr>
<tr>
<td></td>
<td>Butter?</td>
</tr>
<tr>
<td></td>
<td>Cheese?</td>
</tr>
<tr>
<td>Food Desires:</td>
<td>Food Aversions:</td>
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<tr>
<td></td>
<td>Food Sensitivities:</td>
</tr>
<tr>
<td></td>
<td>Eggs?</td>
</tr>
<tr>
<td></td>
<td>Fish?</td>
</tr>
<tr>
<td></td>
<td>Meat?</td>
</tr>
<tr>
<td></td>
<td>Veggies?</td>
</tr>
<tr>
<td></td>
<td>Fruit?</td>
</tr>
<tr>
<td></td>
<td>Milk?</td>
</tr>
<tr>
<td></td>
<td>Sweets?</td>
</tr>
<tr>
<td>Thirstless--------------------</td>
<td>Thirsty</td>
</tr>
<tr>
<td>Temperature of drinks?</td>
<td>Bowels?</td>
</tr>
<tr>
<td>Urination?</td>
<td></td>
</tr>
<tr>
<td>Tell me about your PERSONALITY?</td>
<td>What are your FAULTS?</td>
</tr>
<tr>
<td>Sloppy------------------------</td>
<td>Neat/Tidy</td>
</tr>
<tr>
<td>Shy--------------------------</td>
<td>Extroverted</td>
</tr>
<tr>
<td>Sadness?</td>
<td>Guilt?</td>
</tr>
<tr>
<td>Consolation?</td>
<td>Perfectionist?</td>
</tr>
<tr>
<td>Give or Receive?</td>
<td></td>
</tr>
</tbody>
</table>
2. MOST COMMON HOMEOPATHIC PATIENT TYPE IN MY PRACTICE: SODIUM CHLORIDE
There are over 9000 different homeopathic remedies!

<table>
<thead>
<tr>
<th>Medicine</th>
<th>Medicine</th>
<th>Medicine</th>
<th>Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aconitum napellus</td>
<td>Carcinosin</td>
<td>Ipaeacuanha</td>
<td>Phosphoric acidum</td>
</tr>
<tr>
<td>Aethusa</td>
<td>Caulophyllum</td>
<td>Iris versicolor</td>
<td>Phosphorus</td>
</tr>
<tr>
<td>Agaricus</td>
<td>Causticum</td>
<td>Kali bromuricum</td>
<td>Phytolacca</td>
</tr>
<tr>
<td>Allium cepa</td>
<td>Chamomilla</td>
<td>Kali bromuricum</td>
<td>Platina</td>
</tr>
<tr>
<td>Aloe</td>
<td>Chelidonium</td>
<td>Kali carbonicum</td>
<td>Plumbum</td>
</tr>
<tr>
<td>Alumina</td>
<td>China officinalis</td>
<td>Kali phosphuricum</td>
<td>Podophyllum</td>
</tr>
<tr>
<td>Anacardium</td>
<td>Cliota</td>
<td>Kali sulphuricum</td>
<td>Psorinum</td>
</tr>
<tr>
<td>Antimonium crustiger</td>
<td>Climacium</td>
<td>Kreosotum</td>
<td>Pulsatilla</td>
</tr>
<tr>
<td>Antimonium tart.</td>
<td>Cocculus</td>
<td>Lac caninum</td>
<td>Pyrogenium</td>
</tr>
<tr>
<td>Apis</td>
<td>Cocucus cacti</td>
<td>Lachesis</td>
<td>Ranunculus bulbosa</td>
</tr>
<tr>
<td>Argentum metallicum</td>
<td>Coffea</td>
<td>Latrodectus maculatus</td>
<td>Rhus toxicoedendron</td>
</tr>
<tr>
<td>Argentum nitricum</td>
<td>Colchicum</td>
<td>Laurocerasus</td>
<td>Rumex crispus</td>
</tr>
<tr>
<td>Arnica</td>
<td>Colocynthis</td>
<td>Lactum</td>
<td>Ruta gravadensis</td>
</tr>
<tr>
<td>Arsenicum album</td>
<td>Conium</td>
<td>Lilium tigrinum</td>
<td>Sabadilla</td>
</tr>
<tr>
<td>Arsenicum iodatum</td>
<td>Crocus sativus</td>
<td>Lobelia inflata</td>
<td>Sabina</td>
</tr>
<tr>
<td>Asafoetida</td>
<td>Crotalus horridus</td>
<td>Lycopodium</td>
<td>Sambucus nigra</td>
</tr>
<tr>
<td>Asarum</td>
<td>Cuprum</td>
<td>Lyssin</td>
<td>Sanguinaria</td>
</tr>
<tr>
<td>Aurum</td>
<td>Cyclamen</td>
<td>Magnesia carbonica</td>
<td>Sarsaparilla</td>
</tr>
<tr>
<td>Badiaga</td>
<td>Digitalis</td>
<td>Magnesia muriatica</td>
<td>Sepia</td>
</tr>
<tr>
<td>Baptisia</td>
<td>Drosera</td>
<td>Magnesia phosphorica</td>
<td>Silica</td>
</tr>
<tr>
<td>Baryta carbonica</td>
<td>Dulcamara</td>
<td>Mancinella</td>
<td>Spigelia</td>
</tr>
<tr>
<td>Belladonna</td>
<td>Elaps</td>
<td>Medorrhinum</td>
<td>Spongiosa tosia</td>
</tr>
<tr>
<td>Bellis perennis</td>
<td>Equisemum</td>
<td>Mercurius</td>
<td>Stannum</td>
</tr>
<tr>
<td>Berberis</td>
<td>Eupatorium perf.</td>
<td>Mercurius corr.</td>
<td>Staphysagria</td>
</tr>
<tr>
<td>Birra</td>
<td>Euphrasia</td>
<td>Mercurius iod. flavus</td>
<td>Stramonium</td>
</tr>
<tr>
<td>Bromium</td>
<td>Ferrum</td>
<td>Mercurius iod. ruber</td>
<td>Sulphur</td>
</tr>
<tr>
<td>Bryonia</td>
<td>Ferrum phos.</td>
<td>Mezerium</td>
<td>Sulphururum acidum</td>
</tr>
<tr>
<td>Cactus</td>
<td>Flourium acidum</td>
<td>Naja</td>
<td>Symphytum</td>
</tr>
<tr>
<td>Calcarea carbonica</td>
<td>Gambogia</td>
<td>Natrum arseniicum</td>
<td>Syphilinum</td>
</tr>
<tr>
<td>Calcarea florica</td>
<td>Gelsenium</td>
<td>Natrum carbonicum</td>
<td>Tabacum</td>
</tr>
<tr>
<td>Calcarea phosphorica</td>
<td>Glonoinum</td>
<td>Natrum muriaticum</td>
<td>Tarentul hispanica</td>
</tr>
<tr>
<td>Calcearea sulphurica</td>
<td>Graphites</td>
<td>Natrum phosphorium</td>
<td>Tarenula cuberea</td>
</tr>
<tr>
<td>Calendula</td>
<td>Hamamelis</td>
<td>Natrum sulphuricum</td>
<td>Thuja</td>
</tr>
<tr>
<td>Camphora</td>
<td>Helleborus</td>
<td>Nitricum acidum</td>
<td>Tuberculinum</td>
</tr>
<tr>
<td>Cannabis indica</td>
<td>Hepar sulph.</td>
<td>Nux moschata</td>
<td>Urtica urens</td>
</tr>
<tr>
<td>Cantharis</td>
<td>Hyoscyamus</td>
<td>Nux vomica</td>
<td>Veratum album</td>
</tr>
<tr>
<td>Capsicum</td>
<td>Hypericum</td>
<td>Opium</td>
<td>Viburnum</td>
</tr>
<tr>
<td>Carbo animalis</td>
<td>Ignatia</td>
<td>Palladium</td>
<td>Zincum metallicum</td>
</tr>
<tr>
<td>Carbo vegetabilis</td>
<td>Iodium</td>
<td>Petroleum</td>
<td></td>
</tr>
</tbody>
</table>

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Last updated: August 4, 2016  

List of Remedies for Study  
Page 1 of 1
PREVALENCE OF SODIUM CHLORIDE: (=MOST COMMON PATIENT TYPE)

NaCl

33%

67%

All Other Patient Types

Lycopodium
NaCO3
Sulfur
CaCO3
Pulsatilla
Sepia
Nux Vomica etc.

TO ACHIEVE CLINICAL RESULTS, WE STRIVE TO MATCH AS MANY CLINICAL CRITERIA OF THE HOMEOPATHIC REMEDY AS POSSIBLE WITH THE INDIVIDUAL PATIENT
HOM. SODIUM CHLORIDE – CLINICAL CRITERIA:

• RESERVED, HIDE THEIR EMOTIONS
• FASTIDIOUS, METICULOUS
• FEEL RESPONSIBLE FOR EVERYONE ELSE
• SADNESS (WANTS TO BE ALONE TO CRY)
• GUILT
• WORSE WITH CONSOLATION
• HIGHLY ETHICAL, HONEST, LOYAL, RESPONSIBLE
• DESIRE REVENGE (IF BETRAYED)
• OILY SKIN (esp. FACE)
• WARTS (PALMS, VOLAR, PERIUNGUAL)
• ECZEMA
• HERPES SIMPLEX
• INTOLERANCE TO SUNLIGHT / HEAT! (PHOTOPHOBIA, HEADACHES)
• CRAVE SALTY FOODS
Helpful Tips For Finding Sodium Chloride Patients:

• Loss manifests in a state of silent grief
• Pt. seeks solitude & desires to process loss alone
• Pt. carries a feeling of guilt (even if they didn’t actually have anything to do with loss)
• Pt. is generally worse from consolation (“No hugs, please leave me alone.”)
• Pt. often dwells on what happened and compound their grief and guilt around the situation.
• Silent rumination often progresses
  → feeling of anger over what happened
• Pt. may play sentimental music over and over (dwelling on their loss)
• Even when surrounded by loved ones during grief, Sodium chloride person feels alone & isolated.

Peter Swanz, ND: http://www.drswanz.com/2014/12/18/homeopathic-remedies-for-grief-and-a-broken-heart/
NEVER BEEN WELL SINCE...

• HELPFUL: RECALCITRANT DERM CASES
• “HOW LONG HAVE YOU HAD THIS DZ.?"
• “WHAT WAS GOING ON IN YOUR LIFE WHEN THIS SKIN DZ. OCCURRED?
  → “WHAT DID YOU FEEL?”
  → “WHAT DID YOU DO?”

• BASED ON THE PT’S. ANSWERS, WE CHOOSE THE MOST FITTING HOMEOPATHIC MEDICINE, WHICH SOMETIMES TREATS BOTH THE SKIN DISEASE AND THE EMOTIONAL COMPONENT

For example, when NaCl Pts feel hurt (grief or rejection):
  1. They feel better by themselves (being alone)
  2. They feel worse when others try to comfort them / give sympathy
  3. They don’t like to be pitied

Andre Saine, ND – *Materia Medica* (Natrum muriaticum)
How Do We Recognize Sodium Chloride Patient

*PATIENT SMILES WHEN TELLING ABOUT GRIEF (VALUABLE SIGN! → NaCl)*

“You ask, ‘When your mother died, how was it?’
They smile and say, ‘Not so bad’. It means not good.”

“…they smile when sad or
smile when crying or
smile when talking of serious matters”

* Andre Saine, ND – *Materia Medica* (Natrum muriaticum)
Homeopathic NaCl Clinical Criteria:

1. MIND - DWELLS - past disagreeable occurrences, on
2. MIND - LAUGHING - weeping - same time; weeping and laughing at the
3. MIND - LAUGHING - immoderately
4. MIND - WEEPING - admonition, from
5. MIND - WEEPING - pitied, if he believes he is
6. MIND - CONSOLATION - agg.
7. GENERALS - COLD - agg. COMBO AND WARM aggravates
8. GENERALS - AIR; IN OPEN - amel.
9. HEAD - PAIN - morning - comes and goes with the sun
10. EYE - LACHRYMATION - wind agg.
11. FACE - CRACKED - Lips - Lower - Middle of
12. MOUTH - CRACKED - Tongue fissured
13. EXTERNAL THROAT - EMACIATION

Reference: Tyler ML. Homeopathic Drug Pictures.

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TODAY WE REVIEWED A CASE SERIES (n=8): “SODIUM CHLORIDE”-TYPE PATIENTS TREATED WITH HOMEOPATHIC NaCl

Two Patients: Exposure to Prenatal Loss & Grief
• All 8 Cases (100%): Skin Diseases Improved
• All 8 Cases (100%): Other Medical Issues Also Improved:
  (Anxiety, Guilt, Constipation, Joint Pain, Insomnia, Thirst, Hyperhidrosis, Low Energy, Dysmenorrhea, Allergic Rhinitis, Obsessive Compulsive Disorder)
Note:
• homeopathic sodium chloride is available over-the-counter at health food stores.
• also available online at [www.boironusa.com](http://www.boironusa.com):
  - click shop online
  - click our medicines
  - click boiron single remedies
  - click natrum muriaticum (= the Latin name for sodium chloride)
  - click buy now
  - under “dilution” click: 30C (this is the “strength”)
  - usual starting dose: 2 pellets sublingually BID
• for **best clinical results**, should take a classical homeopathic medicine distance learning class:
  e.g. [http://www.bihint.com/course/foundations/](http://www.bihint.com/course/foundations/)
CLASSICAL HOMEOPATHIC MEDICINE
WHAT IS IT?
• NON-TOXIC, LOW COST NATURAL SYSTEM OF HEALING USED BY OVER 200 MILLION PEOPLE WORLDWIDE
CAN IT HELP PATIENTS WITH SKIN DISEASES OCCURRING AFTER LOSS / GRIEF?
• YES (If patient type matches remedy type!)
WHAT ARE ITS ADVANTAGES?
• SAFE, AFFORDABLE, & EFFECTIVE
• HELPS REDUCE STEROIDS / ANTIBIOTICS
• CONCURRENT MEDICAL ISSUES MAY ALSO IMPROVE
THANK YOU!

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