Cosmetic Facial Surgery

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• No financial disclosures
Stars who have aged gracefully...
Others who have not...
What are the Elements of Aging?
Dr. Azzi’s “Triad of Aging”

- Textural changes: pigmentation and wrinkles
- Fat and bone re-absorption: loss of facial volume
- Gravity effects: sagging
As a baby, we have perfect skin....

- Plump (baby fat)
- Color and tone
- Texture and clarity
- Pore size
- Elasticity

...smooth as a baby’s butt.
WHY?
Sun, Environment, and Genetics =

- Uneven skin tone
- Wrinkles and fine lines - dynamic and at rest
- DEEP tissue moves lower with its skin envelope
- Volume loss (bone and soft tissue) with resultant “gaunt” appearance
Rule of Thirds

- Hairline
  1/3
- Glabella
  1/3
- Subnasal
  1/3
- Menton
Rule of Fifths
Treatment of the Aging Face

- Don’t Forget the Triad!
- Natural Results generally come from treating:
  - Texture with texture
  - Volume with volume
  - Gravity with gravity
Texture

• Resurfacing
  – Laser
  – Peels
  – Dermabrasion

• Prevention
  – Skin care
  – Neuromodulators
Volume

• Fat Grafting
• Implants
• Injectable Fillers
  – Choose the filler wisely
  – Choose the plane wisely
Gravity

• Lower Face and Neck
  – Deep-Plane Facelift
  – Platysmaplasty

• Eyes
  – Upper and Lower Blepharoplasty

• Lip
  – LipLift
Deep-Plane Facelift

• Natural appearance
• Long lasting
• Quicker recovery
• The actual SMAS and Platysma that have moved over time are addressed directly
Mini-Facelift

Before

After
Revisions
Blepharoplasty

• Upper
• Lower
  – Skin muscle flaps
  – Able to remove and sculpt 3 orbital fat pads
  – Can suspend the midface
  – Can transpose fat
  – Can tailor excess skin and muscle – be careful!
Upper Blepharoplasty

Before

After
Lower Blepharoplasty

Before

After
Upper & Lower Blepharoplasty

Before

After
Lower Blepharoplasty

Before

After
Lower Blepharoplasty

Before

After
Upper Blepharoplasty

Before

After
Lower Blepharoplasty

Before

After
Lower Blepharoplasty

Before

After
LipLift

• Relatively permanent
• Natural result
• Can tailor amount of desired lift
• Addresses the cupid’s bow and distance from nose to vermilion – things fillers cannot
Mission Trips

- Healing the Children Northeast
- HUGS – help us give smiles
- Colombia, Guatemala, Ecuador, Vietnam
- Adding Peru and India
- Microtia, Lips, Palates etc
Colombia
Colombia
Colombia
Colombia
Colombia
Colombia
Ecuador
Ecuador
Ecuador
Ecuador - Guayachil
Guatemala
Guatemala
Guatemala
Quito
Quito
Quito
Quito
Quito
Hanoi, Vietnam

• I can’t find any of my photos from this trip 😞
• So...
Vietnam
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