



# SYRINGOMA

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A syringoma is a benign growth of the sweat gland. They appear as small brown, yellow, or pink 1-3 millimeter bumps (papules) that tend to occur in clusters. Syringomas typically arise around the eyes or on the neck. These growths less commonly involve the armpit (axillae), abdomen, and genitalia. Rare instances occur on the scalp such that hair loss is not uncommon. Pain and itching are uncommon. Typically syringomas are asymptomatic.

Women, especially of Japanese heritage, are affected more than men. Syringomas tend to first erupt in adolescence, but could start at any age. Younger individuals may be predisposed to "eruptive syringomas," where the growths occur with a more sudden onset.

Syringomas are not dangerous and in most cases are left alone. If they become cosmetically disturbing, destructive treatment options may be employed. These include measures such as **laser therapy**, dermabrasion, or electrosurgery. As is common when manipulating the skin, scarring is a possibility with these treatment options. Syringomas tend to recur.

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