

Continuing Education

Caring for the Pregnant Patient

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1. Which of the following is not recommended for a pregnant patient who is experiencing diarrhea?

- A. Diphenoxylate
- B. Pectin
- C. Loperamide
- D. Kaolin

2. What is the appropriate first line treatment for constipation?

- A. Senna
- B. Mineral oil
- C. Increasing dietary fiber
- D. Docusate sodium

3. Which of the following is an appropriate recommendation for a mother in her third trimester who complains of difficulty falling asleep for the last two nights?

- A. Temazepam
- B. Diphenhydramine
- C. Sleep Hygiene
- D. Zolpidem

4. Which commonly prescribed class of antibiotic can cause permanent discoloration of the teeth if used during the 2nd and 3rd trimester?

- A. Cephalosporins
- B. Tetracyclines
- C. Carbapenems
- D. Fluoroquinolones

5. Which of the following is not an appropriate over the counter option to recommend a pregnant patient for treatment of nausea and vomiting?

- A. Meclizine
- B. Pepto-Bismol
- C. Dimenhydrinate
- D. Doxylamine

6. A woman at 7 weeks gestation in her first pregnancy complains of occasional nausea with no vomiting. The best treatment to recommend at this time is:

- A. Lifestyle changes + doxylamine
- B. Lifestyle changes + ondansetron
- C. Lifestyle changes + pyridoxine
- D. Lifestyle changes only such as diet, avoiding stimulating odors, and rest

7. A pregnant woman in her 2nd trimester comes to your pharmacy counter and asks for a recommendation. She states that she is experiencing infrequent mild headaches and wants to know which medication she can take to alleviate her pain. She does not have any comorbid conditions or allergies to any medications. Which of the following would be the best first-line recommendation for this patient?

- A. Ibuprofen
- B. Morphine
- C. Aspirin
- D. Acetaminophen

8. Which of the following fetal risks is associated with long-term use of opioid analgesics in pregnancy?

- A. Spina bifida
- B. Renal toxicity
- C. Respiratory depression
- D. Cleft palate

9. What is the preferred nasal decongestant during the first trimester of pregnancy?

- A. Phenylephrine
- B. Loratidine
- C. Pseudoephedrine
- D. None of the above

10. Which antihistamine has the most data to support its use?

- A. Chlorpheniramine
 - B. Loratadine
 - C. Diphenhydramine
 - D. Cetirizine
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11. Which active ingredient in throat lozenges should be avoided during pregnancy if prolonged use is necessary?

- A. Camphor
- B. Benzocaine
- C. Menthol
- D. Cetylpyridinium

12. A woman who is at 30 weeks gestation with her first child comes up to your pharmacy counter and asks if there are any vaccinations she should get while she is pregnant. Which of the following would be the best recommendation for this patient at this time?

- A. Tdap
- B. Td
- C. HPV
- D. MMR

13. What would be the appropriate action to take if a patient is found to be pregnant after initiation of the HPV vaccination series?

- A. Continue the vaccination series
- B. Delay remaining doses until after pregnancy
- C. Administer next vaccination in series as soon as possible
- D. Recommend the patient terminate the pregnancy

14. When should a pregnant woman be tested for Zika virus if possibly exposed?

- A. Immediately
 - B. Weeks 27-36
 - C. 2-12 weeks after possible exposure
 - D. Not necessary since there is little risk to fetus
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1.	A	B	C	D
2.	A	B	C	D
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4.	A	B	C	D
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11.	A	B	C	D
12.	A	B	C	D
13.	A	B	C	D
14.	A	B	C	D

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| 1. Overall quality of the article | 1 | 2 | 3 | 4 |
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