

24-Hour Nurse Line

With Blue Cross and Blue Shield of Alabama's 24-hour nurse line, an experienced nurse is a phone call away to help you with your healthcare questions. There is no cost to you for the nurse line, and you will have immediate access to a registered nurse 24 hours a day, 7 days a week, 365 days a year.

When you call the 24-hour nurse line, nurses provide information on:

- Effective home treatment and prevention
- When to call your physician
- Communicating effectively with your doctor
- Preparing for doctor visits
- Making wise decisions about tests, medications and surgeries
- Understanding prescription medications and how to make them work well for you
- Lifestyle choices to improve your health

The information you discuss with nurses may be printed and mailed to you, if you prefer.

Please use the attached card for quick, easy reference.

Talk to a nurse anytime

24-Hour Nurse Line
800 896-2724

My Doctor's Name and Number

Friend/Relative's Name and Number

FYH-216 (Rev. 6-2007)



*Care Management
Provided by
Blue Cross and Blue Shield
of Alabama*



**FOR YOUR
HEALTH**

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